



The Rotary Club of Boulder Valley - March 31, 2026

Our Fifth Tuesday will be at noon on March 31st, 2026. We will be visiting the new Boulder Fire Station #3. The address is 2967 Bluff (near 30th and Valmont).

Mark Burnett, Our President 2025 - 2026

Fellow Rotarians,

I recently spoke with a Rotary friend, outside of our club, about whether her presence would make a difference. She was concerned that simply attending a meeting might be a waste of her time. After a short conversation with her, she decided to attend. However, I often have similar thoughts myself. As someone who gets involved in various activities and frequently holds leadership positions, I sometimes question whether just attending is sufficient. This feeling isn't limited to Rotary — I have similar thoughts in regards to other contexts, such as attending church, networking meetings, Chamber events, or community gatherings

If any of you are having similar thoughts, here are a few reasons why your presence always matters, regardless of the circumstances.

First, your presence signals commitment. There is something quietly powerful about showing up. When you walk through the door — week after week, year after year — you send a message to every person in that room: *this matters to me*. You don't have to give a speech or chair a committee to communicate that. Consistency is its own form of leadership. People notice who is there, and who isn't, even when nothing is said about it.

Second, you never know whose week you're changing. We tend to measure our impact by what we do — the projects we lead, the funds we raise, the hands we shake. But sometimes the most meaningful thing you offer is simply your face across the table. The member who is quietly wrestling with doubt, or the newer member still wondering if they belong — your familiar presence may be exactly the anchor they need. You may never know it happened, and that's okay.

Third, presence builds the culture that action grows from. Organizations don't just run on initiatives and events. They run on trust, familiarity, and shared identity — things that are built slowly, in the ordinary moments between the big ones. When you show up regularly, you are contributing to something less visible but deeply essential: the sense that this group is real, that it is consistent, that it is worth belonging to. That foundation is what makes great service possible.

Finally, consider what your absence communicates. This is the harder truth. When we step back — even with the best of intentions, even telling ourselves we'll re-engage when we have more to offer — we quietly withdraw the very thing that others were counting on. Presence is a form of generosity. Absence, over time, becomes a kind of subtraction from the whole.

So if you've been asking yourself whether simply attending is enough — I'd gently push back on the question itself. Showing up *is* doing something. It is, in fact, the foundation of everything else.

Mark Burnett



Please send JPG photos only (no PDFs) and copy NOT attached to a string of previous comments.

The necessary information is swallowed whole and can't be accessed.

Joan Scott is assisting with the Newsletter and can receive information to be published through leacachjs@gmail.com.

Posts circulated via Clubrunner are provided by our club members who should be consulted regarding any comments or questions regarding the contents. Please read to the bottom of each post for contact information.

For the Speaker, please send a photo, brief biography, and topic description to me for the newsletter!

Articles of interest for our club and Rotarians are gratefully accepted.

I am merely the messenger.

RCBV Anniversary Party Date and Location TBD.

The New Boulder Fire Station #3, Fifth Tuesday



Our next Fifth Tuesday will be at noon on March 31st, 2026. We will be visiting the new Boulder Fire Station #3. The address is 2967 Bluff (near 30th and Valmont). We will be hosted by the Fire Chief. Please let me know your choice of a boxed lunch brought to you by the Community Table Kitchen...

Turkey club

Spicy Chicken wrap

Salad

Salad w/ Chicken

Please pay **ATTENTION** to the following parking guidelines...

Parking On Site:

- In a marked space in front of Station 3. **Please do not park in the road in front of (south) Station 3** as our fire apparatuses use that space often throughout the day.
- Park in the gravel lot in front of (south) of Station 3. The entrance to this lot is off of 30th just past Bluff St.

cj

cjmj12.msn.com@clubrunner.email

An Invitation from RISE Against Suicide

We're so excited to invite your Rotary group to volunteer with Rise Against Suicide for a hands-on project supporting youth mental health in our community.

On **Thursday, April 16 from 11:00 AM – 2:00 PM**, we'll be gathering at our office to paint, decorate, and write affirmations on our giant Jenga blocks. This will become an interactive activity we bring to our upcoming Emerge event, as well as community events and presentations across the county.

It's a simple, creative project, but one that carries real impact. The words your group writes could be exactly what a young person needs to hear in a tough moment.

We'll provide all materials and lunch. It's a relaxed, come-as-you-are environment, and we'll be gathering together from 11:00 AM to 2:00 PM.

Please RSVP to Jane Engel if you are able to attend. janeengel8@gmail.com or text to 720-936-3525. I will send you directions for parking.

Rise Against Suicide Office

1415 Arapahoe Ave, Boulder

Our project for Rotary's EPIC Day of Service

2025 GLOBAL IMPACT
5 Continents
8 Countries
20 States
57 Districts
539 Clubs
613 Projects
6,557 Volunteers
\$151,197 Raised

PUT YOUR CLUBS ON THE MAP!

SAVE THE DATE MAY 16, 2026 PLAN YOUR PROJECT

The infographic features a world map with red location pins indicating participating areas. A callout box shows a detailed view of the United States with many pins. The EPIC Day of Service logo is in the bottom right corner.



What if all 45,000 Rotary Clubs worldwide... all did any project they like... all on the same day? Imagine the...

IMPACT... 1.2 M Rotarians 🏆 plus community volunteers

REACH... build awareness 🏆 a membership magnet

ENGAGE... energize service 🏆 retain members

ADAPT... a new fundraising tool 🏆 top club did \$98,000



Sound like a Rotary Action Plan? It can help!
Unite for good on May 16, 2026 – or as near then as possible – to show the world what we can do.
Have Fun – Make a Difference – Be EPIC!



epicdayofservice.org

organized by Rotary Clubs for communities worldwide

Our project for Rotary's **EPIC Day of Service** is now live, and members can sign up to participate.

This year, we will be volunteering at the food bank at the Emergency Family Assistance Association (EFAA) in Boulder. During the project, volunteers will help sort, inspect, and organize

approximately **20,000 pounds of donated food** so it can be prepared for distribution to local families experiencing food insecurity.

EFAA plays a vital role in the Boulder community by providing food, housing stabilization, and other essential services to individuals and families in need. By helping process these donations, our volunteers will directly support EFAA's ability to ensure that nutritious food reaches households that need it most.

No prior experience is required. Volunteers should be comfortable standing, lifting light to moderate boxes, and working as part of a team.

We hope you will join us for this meaningful day of service.

Sign up today to participate.

- <https://www.epicdayofservice.org/clubs/united-states-5450-boulder-valley/projects/sort-and-prepare-food-donations-at-ffa-b858cb282>

L'Shawn Howard

BV Rotary Upcoming Service Projects



Upcoming Service Projects

We have a lot of opportunities to support our local community with the upcoming service projects! Please bring friends and enjoy this time to work with fellow Rotarians. More information will be coming. If you have questions, contact the person listed.

Ongoing – Harvest of Hope Food Pantry – sign up on your own or with a few friends, see message from Andrea

Sunday, March 29 at 12:30 – 3:00– Sister Carmen Food drive, 655 Aspen Ridge Dr., Lafayette - Jeff

April 8 – Sister Carmen – building garden planting boxes, 12:30 – 2:30 – check with Jeff if interested in helping

May 3 – Rise Against Suicide 5k race support

May 10 – tentative- PLAN Boulder Tree planting at New Vista High School with students and their mothers, Caroline (will be part of Caroline's Canopy)

May 13 - Epic Day of Service at EFAA (L'Shawn and Epic Day website to register)

May 16 – BCIS/High Peaks School – tree planting with PLAN Boulder and Caroline's Canopy, let Caroline know if you plan to attend

May 25 – Bolder Boulder Aide Station, 6 -11 am – Jeff *May 30* – The Family Learning Center – tree planting with PLAN Boulder and Caroline's Canopy

June 6 – Habitat for Humanity - our rescheduled work day for the Habitat MOD site is June 6, Saturday. The time is 9-3 and the location is 6500 Arapahoe. No construction experience is needed and any required tools will be provided. You must register to volunteer. *Use the link: bloomerang.co* This link will allow you to navigate the site, here are the steps: First choose individual volunteer, then choose MOD site April to June, Then scroll down to June 6 with the red line and click the box. It says Boulder Valley Rotary. You then will be sent to the page to complete your personal info including adding a photo of your drivers license. Once completed you can go back to the June 6 signup day and click "add to cart". Within a minute or 2 you will get a confirmation of your volunteering for that day. Any questions direct to Jeff Strobel. Strobeljeff@gmail.com

June 15 – 19 – Autism Society bike training camp – Rex

June 26 – Planned

Caroline Himes

District 5450 Rotarians - *Great Networking Opportunities*



Dear District 5450 Rotarians - see below for great training/networking opportunities. All Zoom sessions will be recorded and posted on the [District website Training page](#).

Save the Date!

AT THE TABLE WITH DR. KING

Saturday, April 4 | 3:00 pm at the EPIC Campus

TURNING CONFLICT INTO COLLABORATION

Saturday, April 18 | 8:30 am to 3:00 pm

EPIC Campus, Littleton, CO - space is limited

LEADERSHIP LAB

Saturday, May 2 | 8:30 am to 12:30 pm

Front Range Community College

WOMEN POWERING CHANGE

Thursday, May 7 | 4:00 to 7:00 pm

University Memorial Center, Boulder, CO

EPIC DAY OF SERVICE

Saturday, May 16 - is your club project registered?

GRANTS QUALIFICATION TRAINING

Saturday, May 30 | 8:30 am to 12:30 pm

SAVE THE DATE - registration will open soon

[RI CONVENTION TAIPEI, TAIWAN](#)

June 13-17, 2026

There's still time to register!

***** [CLICK HERE TO VIEW CLUB EVENTS!](#) *****

[JOIN OUR UPDATED FACEBOOK PAGE!!!](#)

Interested in becoming an event sponsor? [Click here for more info!](#)

Bev -

Beverly Mendel

District Operations Manager

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