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Denver Mile High Rotary

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*Denver Mile High Rotary where commitment and service rise above the mountain tops*

## President's Column:

April 12, 2016

Dear Friends,  
I hope everyone is enjoying spring in Colorado! Warm and sunny one day and cool and wet the next. Sometimes the difference isn't measured in days but in a few hours! As we all begin to spend more time outside please be mindful to take care of yourselves. Simple things like putting on some sunscreen can save considerable pain down the road. Be it getting out your bike, fly rod, golf clubs or hiking boots remember that you may be a tad rusty and proceed accordingly. The last thing we want to see is someone falling off a ladder while cleaning their gutters!

Last call for registration for the District Conference is this Friday, April 15th. This year's conference is April 22 to 24th. It will be held at the Beaver Run Resort in Breckinridge. Registration is al la carte so that those who can't attend for the entire weekend can still participate. Come up for the day. Come for the afterparty at A-Basin! Registration is available on the District 5450 website.

### Sunday Afternoon - After the District Conference

The satellite members of the Rotary Club of Summit County are pleased to invite all participants in the District 5450's annual conference to come prepared to have a little fun on **Sunday afternoon, April 24**, beginning as soon as the Conference has ended and continuing through mid afternoon. **Rotary's Second Annual Beach Party will happen at the base of the Arapahoe Basin ski area**, located on Highway 6 between Keystone and Loveland Pass in Summit County and on the way home to the Front Range communities. We have a double space reserved on A Basin's famous "beach", and will provide music, beverages, grilled burgers and sausage, and other snacks.

Drop by for a little optional skiing or riding. Hang out for lunch and relax with your fellow Rotarians. Beachwear costumes optional. See you there!

Other events to put on your calendar include the joint meeting with the CEC Interact Club on April 20th. We will have breakfast at CEC instead of our regular U-Club meeting format. The U-Club will be dark. This is our chance to meet the High Schoolers who make up the Interact Club. DMHR sponsors this club and we want everyone to get acquainted! We will be done by 8:30 AM for those with commitments.

Last – don't forget we have a Happy Hour Social planned for April 28th. We will visit the Infinite Monkey for this get together. Based on the turn out for our last happy hour we expect a good group. Friends and family are most emphatically invited!



Bob Kemp  
President Denver  
Mile High Rotary  
2015-2016

## Denver Mile High Rotary Upcoming Programs

**April 13th** - For many years Denver has owned an outstanding reputation for having one of the country's best library systems. With space limitations, advancing technologies, and increased populations libraries have changed to meet the needs of their citizens and Denver's Library system has adapted to meet those needs.

Our guest speaker will be Michelle Jeske, the Denver City Librarian. Ms. Jeske will talk about the History and current developments of the Denver Library System.

**April 20th** - We will be at the CEC located at 2650 Eliot St. for a breakfast with the wonderful InterAct students. Please plan on showing your support for these young people by attending.

**April 27th** - Our speaker for this date had to postpone. The Program Committee is working on finding a replacement.

### Denver Mile High Rotary Happy Hours

**April 28th** - **Infinite Money**

**May 26th** - **Alpine Dog Brewery**



## Weekly Inspirators, Greeters & Hosts

**April 13th-**

**Inspiration** - Geoff Noble

**Greeters** - Karl Paulson and Adams Price

**Host** - Heidi Resetarits

**Rotary Minute** - Chuck Rudolph

**April 20th-**

**Inspiration** - Carolyn Schrader

**Greeters** - Roberta Simonton and Vass Sirpolaidis

**Host** - Greg Smith

**Rotary Minute** - Linda Sue Shirkey

**April 27th-**

**Inspiration** - Betty Speir

**Greeters** - Robin Springer and Jeff Sprole

**Host** - Greg Thielen

**Rotary Minute** - Michael Tapp



## Rotary Bike Ride

We will meet at 10am on April 30th at REI by the bike stands near Starbucks - 1416 Platte St, Denver, CO for a fun Rotary Fellowship ride to kick off the year!

Ride South on the Platte Trail 13.5 miles to 2990 Brewery Lane, Littleton CO, - Farm House at Breckenridge Brewery - accessible right off the trail. Arriving around 11:15/11:30. Others can join for some fellowship, before riding back to REI. - 27 miles total.

Ride south 8.5 miles on the Platte - at River Point turn left over bridge crossing the Platte.

Continue riding South 5 Miles to the Reynolds Landing Sign. To the Left is Breckenridge Brewery. Ride toward the Farmhouse. We will hand out for about an hour.

If you don't want to ride, plan to meet us at the Breckenridge Brewery at 11:30 - 12:30. We will bike back about 1:30/1pm to REI.

Tickets can be purchased [here](#).



## Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

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### **Denver Mile High Rotary Calendar**

**April 22nd - 24th** - District Conference

**April 28th** - Denver Mile High Rotary Club Happy Hour at Infinite Monkey.

**May 26th** - Denver Mile High Rotary Club Happy Hour at Alpie Dog Brewery.

**May 28th - June 1st** - International Convention - Seoul, Korea

**July 9th** - Denver Mile High Rafting Trip

## Volunteer Opportunity!

### **Greenhouse Building Assembly 8-10 Volunteers Needed!**

Little Sisters of the Poor  
Mullen Home for the Elderly  
3629 W 29th Ave, Denver, CO 80211  
**Saturday, April 16th from 9 am to 1pm.**

Please wear work clothes and bring gloves. The Sisters have offered to provide lunch.





# CEC Interact Club Update

The CEC Interact Club is working on the following events:

Car Show and Community Carnival on May 14th

Three students will be volunteering at Cowell Elementary Students are working on individual community projects. Thirst project to raise funding for water.

## **CEC Interactors Teach "Be BrainWise with Food" at Cowell Elementary School.**

A successful collaboration with DMHR, Cowell Elementary School's Fit Fun program and CEC's Interact Club will be a model for future projects that reinforce the children's use of thinking skills. Led by Cowell social worker Abbe Montoya, CEC teacher Stacey Hervey, CEC school nurse Tess Callinicos, and Pat Gorman Barry, the high school students presented lessons to 4th and 5th graders on how use thinking skills when making decisions on food. Rotarians Terry Tomsick and Elizabeth Daigle supported CEC students/Interactors Brynn, Marcalino, Daniel and T. The rapt attention of the children says it all, and the teens are looking forward to their next presentation, either on "Be BrainWise with Money" or "Be BrainWise with Safety." The project is the result of a request from Abbe asking DMHR to help her get the BrainWise program into schools in Villa Park, starting with Cowell. CEC administrators are thrilled to have the high school students working with children in the nearby elementary school.



# Rotary Club Rafting Trip

Please join us on Saturday morning, July 9th to raft down Clear Creek to raise money to support the Colorado based non-profit Warriors on Cataract. To date, a group of 31 Rotarians, family, friends and INTERACT students have signed up for this adventure. Please make your checks payable to the Denver Mile High Rotary FOUNDATION, and give them directly to Geoff Noble. He will collect the payments and forward the checks to the Foundation Treasurer. You will receive a receipt that will identify what portion of your payment qualifies as a charitable contribution. If your plans change, and you would like to join us, there are still seats available. Half-day rafting trips for Beginner (\$47), Intermediate (\$57), or Advanced rafters(\$67) are still available. Included in your payment is a \$5,00 contribution directly to Warriors on Cataract. If rafting is not your thing, please consider joining this group for lunch at a local restaurant in Idaho Springs. (Lunch details are still being negotiated.) We are hoping that the restaurant owner will rebate a portion of what we spend for lunch to directly support Warriors on Cataract. If you have any questions, please contact Rotarian Geoff Noble at [gtnoble@comcast.net](mailto:gtnoble@comcast.net) or by phone at (303) 669-5281  
Thank you for your support.



**April 11th - Kim Gardener**

**April 13th - Gregory Smith**

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*M. Anthony Vaida, Attorney at Law*

### M. ANTHONY VAIDA, P.C.

Law Offices  
899 Logan Street, Suite 208  
Denver, CO 80203  
(303) 832-2100 Telephone  
(303) 861-3759 FAX  
(303) 204-1710 Cell  
[manthonyvaidapc@vaida.net](mailto:manthonyvaidapc@vaida.net)



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**Roberta Simonton**....DMHR member since 2009