



Be a gift to the world

Denver Mile High Rotary

High Rotary on the Web:

www.denvermilehigh.org

[Denver Mile High Rotary
on Facebook](#)

[Denver Mile High Rotary
on LinkedIn](#)

[Rotary District 5450 Web-
site](#)

[Rotary International Web-
site](#)

Inside this issue:

Weekly Programs 2

Greeters, Hosts,
Inpirators 3

Denver Mile High
Rotary Calendar 4

C.E.C Update 5

Rotary



Denver Mile High Rotary where commitment and service rise above the mountain tops

President's Column:

April 19, 2016

We will be meeting tomorrow at CEC High School which is at 2650 Eliot St. The school is located one block east of Federal next to the Safeway. Please park in the East Parking lot which is accessed from 27th St. Our meeting will be held in the school café which is located on the ground floor. Plan to arrive between 7 and 7:15 AM. A hot breakfast will be prepared by the culinary arts students. We will be adjourned by 8:30.

We will be meeting with the members of the CEC Interact Club. Interact is a Rotary affiliated program for high school youth. DMHR is the sponsoring Rotary Club of the CEC Interact Club. Historically, we meet twice a year with the Interact students in the hope of building a stronger relationship between our respective clubs. This will be your opportunity to meet the Interact kids and to hear about their activities. This will also be an opportunity for the kids to learn a little about us, our projects and our club. Although the current school year is winding down, it's time to plan for the next school year. There will be volunteer opportunities with the Interact Club beginning in August.

Please join us for breakfast, meet the kids and learn about their club! Help them to get to know us and our club.

Another Rotary activity that we haven't spent much time with as of late is **Shelterbox**. This morning's news is filled with accounts of the 7.8 magnitude earthquake in Ecuador that happened over the weekend. There are over 400 fatalities being reported currently with many thousands more injured. Extensive damage to homes, schools and infrastructure has occurred.

Shelterbox is the official Rotary Project Partner for disaster relief and the largest Rotary Club project – worldwide.

Shelterbox already has disaster relief teams on the ground in Ecuador and is mobilizing relief supplies that it had prepositioned in Columbia, Panama and Bolivia. The **Shelterbox** operating model is to provide emergency shelter in the form of tents, sleeping bags, cooking and water filtration equipment and hand tools to those displaced from their homes.

Shelterbox has roots in a Rotary Club project in Cornwall, England. From this simple beginning **Shelterbox** has grown into a major player in disaster relief - worldwide. The **Shelterbox** tie to Rotary has grown into a worldwide relationship. Our Denver Mile High Club has supported **Shelterbox** activity for a number of years, most recently after the earthquake in Nepal last year. Please check out the **Shelterbox** USA website for more information about our partners: <http://www.shelterboxusa.org/index.php> Be proud to know that our fellow Rotarians are already on the move to assist with disaster relief – this time in Ecuador.



Bob Kemp
President Denver
Mile High Rotary
2015-2016

Denver Mile High Rotary Upcoming Programs

April 20th - We will be at the CEC located at 2650 Eliot St. for a breakfast with the wonderful InterAct students. Please plan on showing your support for these young people by attending. **NOTE: This meeting is not at the U Club.**

April 27th - Lisa Dengerink from the Denver Public Library team will speak with us about early childhood learning and its importance in brain development.

May 4th - For over 100 years The National Western Stock Show and Rodeo have been an integral part of Colorado's history, economy, and culture. Our guest speaker will be Keith Fessenden. As the Historian and Archivist for the National Western, Keith will share some of the stories and legends from the National Western's past and perhaps give us some insight into the exciting plans to revitalize the National Western's site along I-70.

April Happy Hour and Community Service Project

We will be meeting April 26th from 5 - 6:30 at Patsy's Inn, 3651 Navajo St., Denver's oldest Italian restaurant. Greg will be there from Bienvenidos Food Bank to update us and collect our donations of the following, which are currently their most needed items:

Stews, soups & chili
Pasta & sauce
Canned fruit
Rice
Hamburger Helper
Canned tuna & chicken
Peanut butter & jelly
Shampoo & soap
Toothbrushes & toothpaste

We will also have a presentation from Susanne Rea who is visiting from England. She will be visiting a number of clubs in our district to update on her exciting polio eradication efforts.

Donation checks will be presented to both Greg and Susanne for their causes. We will also review other possible donations of our club funds to local and Rotary projects as well as discussing the idea of supporting the first months dues of any club members who wish to join a new club.

Please RSVP to Ronnie Weiss
The Conflict Center

Weekly Inspirators, Greeters & Hosts

April 20th-

Inspiration - Carolyn Schrader

Greeters - Roberta Simonton and Vass Sirpolaidis

Host - Greg Smith

Rotary Minute - Linda Sue Shirkey

April 27th-

Inspiration - Betty Speir

Greeters - Robin Springer and Jeff Sprole

Host - Greg Thielen

Rotary Minute - Michael Tapp



Rotary Bike Ride

We will meet at 10am on April 30th at REI by the bike stands near Starbucks - 1416 Platte St, Denver, CO for a fun Rotary Fellowship ride to kick off the year!

Ride South on the Platte Trail 13.5 miles to 2990 Brewery Lane, Littleton CO, - Farm House at Breckenridge Brewery - accessible right off the trail. Arriving around 11:15/11:30. Others can join for some fellowship, before riding back to REI. - 27 miles total.

Ride south 8.5 miles on the Platte - at River Point turn left over bridge crossing the Platte.

Continue riding South 5 Miles to the Reynolds Landing Sign. To the Left is Breckenridge Brewery. Ride toward the Farmhouse. We will hand out for about an hour.

If you don't want to ride, plan to meet us at the Breckenridge Brewery at 11:30 - 12:30. We will bike back about 1:30/1pm to REI.

Tickets can be purchased [here](#).



Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

April 22nd - 24th - District Conference

April 28th - Denver Mile High Rotary Club Happy Hour at Infinite Monkey.

May 26th - Denver Mile High Rotary Club Happy Hour at Alpine Dog Brewery.

May 28th - June 1st - International Convention - Seoul, Korea

July 9th - Denver Mile High Rafting Trip

Volunteer Opportunity!

**Greenhouse Building Assembly
8-10 Volunteers Needed!**

****Rescheduled****

Little Sisters of the Poor
Mullen Home for the Elderly
3629 W 29th Ave, Denver, CO 80211
Saturday, April 23th from 9 am to 1pm.

Please wear work clothes and bring gloves. The Sisters have offered to provide lunch.



CEC Interact Club Update

The CEC Interact Club is working on the following events:

Car Show and Community Carnival on May 14th

Three students will be volunteering at Cowell Elementary Students are working on individual community projects. Thirst project to raise funding for water.

CEC Interactors Teach "Be BrainWise with Food" at Cowell Elementary School.

A successful collaboration with DMHR, Cowell Elementary School's Fit Fun program and CEC's Interact Club will be a model for future projects that reinforce the children's use of thinking skills. Led by Cowell social worker Abbe Montoya, CEC teacher Stacey Hervey, CEC school nurse Tess Callinicos, and Pat Gorman Barry, the high school students presented lessons to 4th and 5th graders on how use thinking skills when making decisions on food. Rotarians Terry Tomsick and Elizabeth Daigle supported CEC students/Interactors Brynn, Marcalino, Daniel and T. The rapt attention of the children says it all, and the teens are looking forward to their next presentation, either on "Be BrainWise with Money" or "Be BrainWise with Safety." The project is the result of a request from Abbe asking DMHR to help her get the BrainWise program into schools in Villa Park, starting with Cowell. CEC administrators are thrilled to have the high school students working with children in the nearby elementary school.



Rotary Club Rafting Trip

Please join us on Saturday morning, July 9th to raft down Clear Creek to raise money to support the Colorado based non-profit Warriors on Cataract. To date, a group of 31 Rotarians, family, friends and INTERACT students have signed up for this adventure. Please make your checks payable to the Denver Mile High Rotary FOUNDATION, and give them directly to Geoff Noble. He will collect the payments and forward the checks to the Foundation Treasurer. You will receive a receipt that will identify what portion of your payment qualifies as a charitable contribution. If your plans change, and you would like to join us, there are still seats available. Half-day rafting trips for Beginner (\$47), Intermediate (\$57), or Advanced rafters(\$67) are still available. Included in your payment is a \$5,00 contribution directly to Warriors on Cataract. If rafting is not your thing, please consider joining this group for lunch at a local restaurant in Idaho Springs. (Lunch details are still being negotiated.) We are hoping that the restaurant owner will rebate a portion of what we spend for lunch to directly support Warriors on Cataract. If you have any questions, please contact Rotarian Geoff Noble at gtnoble@comcast.net or by phone at (303) 669-5281
Thank you for your support.



A Note About Make-Ups:

Did you know that if you miss a regular weekly meeting you can make-up the missed meeting by engaging in another rotary activity within two weeks before or after the scheduled meeting? Lots of different activities can be counted as a makeup - for example, volunteering at Harrington Elementary, attending a Rotary bike ride, or attending a different Rotary meeting. If you miss a meeting and have a makeup to report, please email it to Kim Gardner, the Club Secretary, so that she can get it in the system. You can reach her at KimKGardner@gmail.com.

Denver Mile High Rotary Sponsors

The Gregory Group



Global Wealth Management

370 17TH STREET
Suite 5500
DENVER, CO 80202
[Get directions](#)

Phone: (303) 446-5692
Email: Thomas.F.Gregory

- *Customized portfolio management
- *Retirement planning
- *Liability management
- *Estate planning management
- *Banking
- *Insurance
- *Pre and post sale strategies for business owners

Your finances. Your future. *Our focus.*

NewBridge Wealth Management

Financial Advisors
370 17th Street, Denver, CO 80202

ubs.com/team/newbridge/



©UBS 2013. All rights reserved. UBS Financial Services Inc. is a subsidiary of UBS AG. Member SIPC. D-UBS-FCC1D90A

Proud Sponsor of the Rotary. Proud Steward of Our Clients' Futures.

- Business Law
- Estate Planning
- Probate & Trust
- Financial Planning
- Elder Money Management
- Income Tax for Businesses & Individuals

www.legacyfamilyofficellc.com



M. Anthony Vaida, Attorney at Law

M. ANTHONY VAIDA, P.C.

Law Offices
899 Logan Street, Suite 208
Denver, CO 80203
(303) 832-2100 Telephone
(303) 861-3759 FAX
(303) 204-1710 Cell
manthonyvaidapc@vaida.net



WIEGAND
ATTORNEYS & COUNSELORS LLC
Navigating Your Future Success



Denver: 280 E 20th Ave 303-741-6410
Breckenridge: 291 Gold King Wy 970-390-6587 WiegandAttorneys.com

Matching sponsor of Chris Wong ~ Encana is a leading North American Energy producer that is focused on growing its strong portfolio of diverse resource plays producing natural gas, oil and natural gas liquids. By partnering with employees, community organizations, other businesses, Encana contributes to the strength and sustainability of the communities where it operates.



Personal Sponsors of the Denver Mile High Rotary Foundation

Michael Tapp...DMHR member since 2000, Chairman Local Community Service

Roberta Simonton....DMHR member since 2009