



Denver Mile High Rotary Grants Update

Carolyn Schrader

Diane Messamore and Pavel Reppo

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DMHR Grants Update (Part 1)

- DMHR Big Picture in 2022-2023—Carolyn
- Improved Mental Health Services through Community Health Workers in Uganda—Diane and Pavel
- Education Resources through Library Refurbishment in Zimbabwe—Carolyn

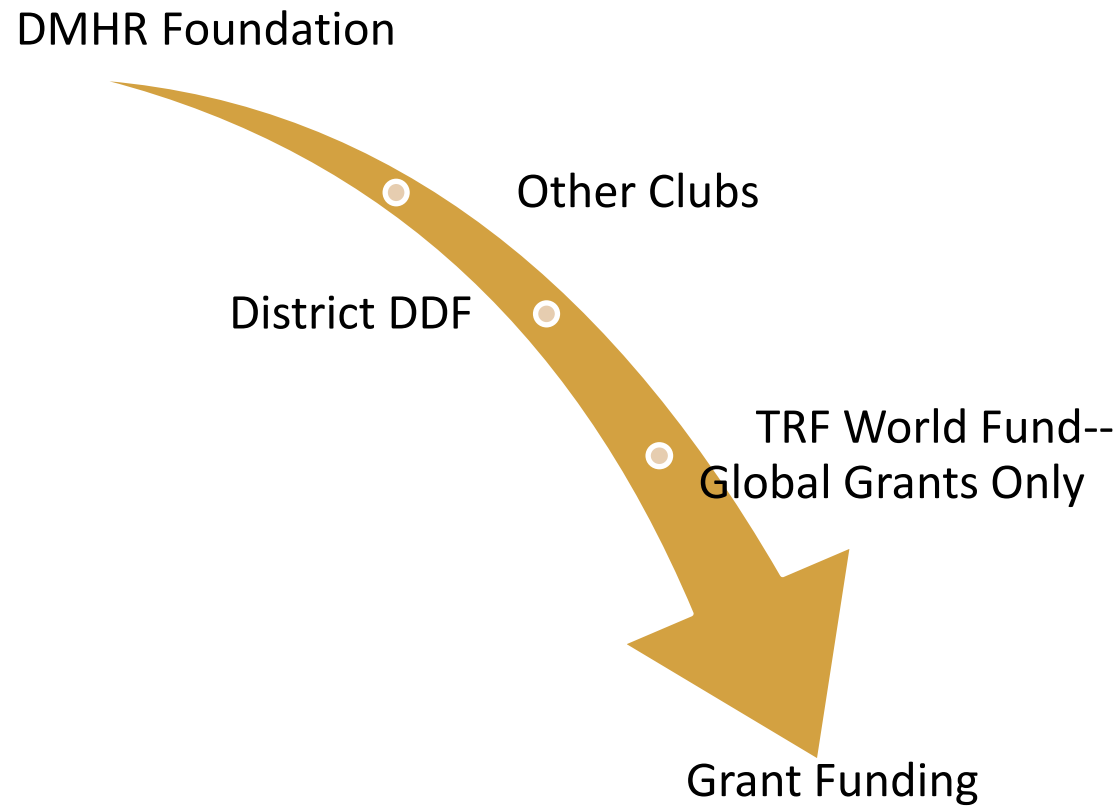
Grants Implemented in 2022-2023

We will be discussing projects with some

1. Club funds (without these funds there are no grants.)
2. Funding from other Clubs
3. Rotary Matching funds through
 1. The District or
 2. Directly from TRF (Global Grants only)

How it works?

It's all about Leverage



DMHR District Grants 2022-2023

Project	DMHR Cash	Other Club Funding	DDF from TRF	Total
Afghan Refugee Aid	\$2,000	\$3,000	\$5,000	\$10,000
Denver Tree Planting	\$2,000	\$3,250	\$2,250	\$7,500
Food: Project Worthmore	\$1,000	\$5,250	\$3,500	\$9,750
Zimbabwe Library	\$3,000	\$2,000	\$5,000	\$10,000
Ukraine Medical supplies	\$6,000	\$19,969	\$6,000	\$31,969
Total	\$14,000	\$33,469	\$21,750	\$69,219
**DDF is from The Rotary Foundation		Tree planting includes non-Rotary funds		

DMHR District Grants 2022-2023

- What do you notice?
- The DMHR cash is a more than the allocation from the Club Foundation for the year. It includes cash donated by members of the Club.
- There were other Clubs' contributions
- TRF funds for District Grants are in the form of DDF (District Designated Funds) transferred from TRF to the District. Contributions from District members to TRF 3 years earlier are the sources of DDF
- Bottom line: The ratio of DMHR cash to Total funds is almost 5 to 1

DMHR Global Grants 2022-2023

Project	DMHR Cash	Other Club Funding	TRF* Funds	Total
Uganda Mental Health	\$7,250	\$15,950	\$41,000	\$64,200
Nepal Cold Storage	\$7,000	\$17,300	\$30,600	\$54,900
Zimbabwe Economic Training	\$7,000	\$20,000	\$76,500	\$103,500
Total	\$21,250	\$53,250	\$148,100	\$222,600
**TRF is The Rotary Foundation and TRF Funds include DDF				

DMHR Global Grants 2022-2023

Things to Know

- The DMHR cash is more twice the annual allocation for the year. These amounts were allocated over a 2-year period. The total also includes some cash donated by Club members
- 27 District Clubs supported these 3 Grants
- 6 Clubs supported all 3 Grants
- 8 Clubs from outside the District supported one of these grants
- A few Clubs outside the District contributed DDF from their District.

The ratio of DMHR cash to total funds is over 10 ½ to 1 !!!!!!!!!!!!!!!

DMHR Global Grants 2022-2023

The ratio of DMHR cash to Total funds is over 10 ½ to 1.

Why? The supporting Clubs trust us to present high quality Grants for for support.

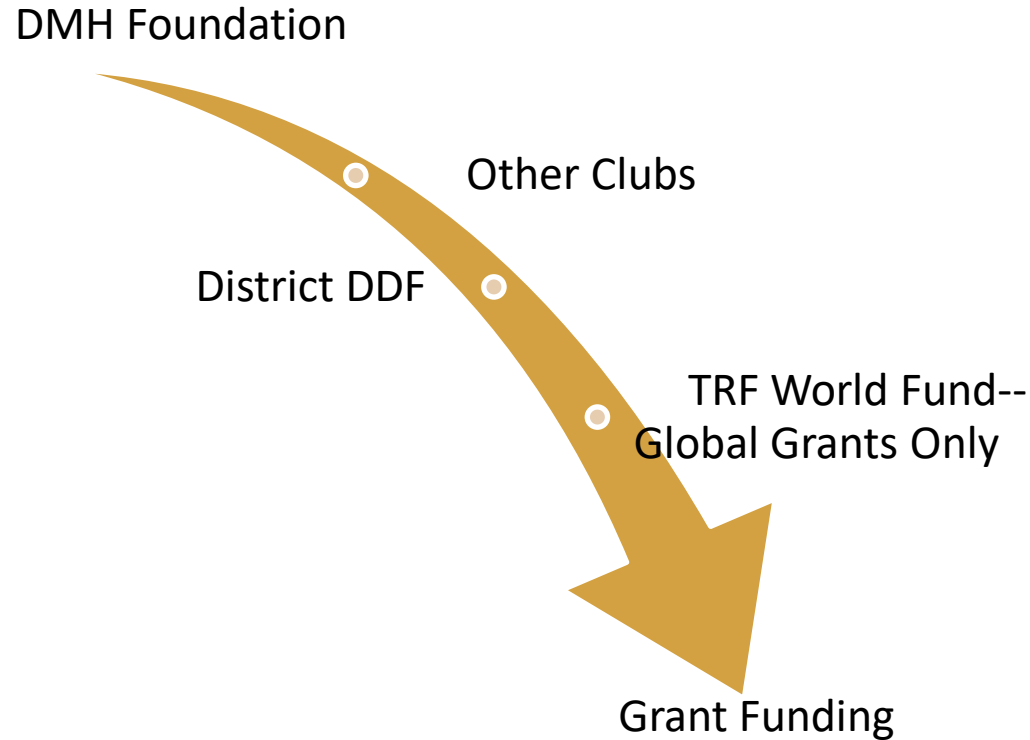
- Committed project champions
- Good relationships with our partners
- Projects that are well thought-out and attractive to other clubs
- Global Grants with measurable outcomes.
- Steady communications
- Good stewardship

What can we learn?

Dan Himelspanch calls our Club super users of Rotary Grants. The only way we can continue to be super users is to continue to rally support from ourselves and other Clubs. That requires:

- Maintaining relationships with our partners
- Communications: publicity
- And continued support for the Club Foundation. Without those funds, we cannot continue to sponsor the kinds of projects that change people's lives.

The Club Foundation is the source that makes our impact possible



Remember: Donations to the Club Foundation can multiply up to 10 times as grant funding.



Questions?

ROTARY GLOBAL GRANT

GG 2120182

Community Mental Health Services & Economic
Development in Uganda

UNITY IN PURPOSE

A collaborative effort between the Rotary Club of Denver Mile High and our esteemed partner clubs, Kampala-Munyonyo and Kitgum.

Our primary Cooperating Organization for most activities in Uganda was Finemind, while economic education was provided by The Whitaker Peace and Development Initiative.



PARTICIPATING CLUBS

- Denver Mile High
- Denver Northeast
- Greeley After Hours
- Denver Southeast
- Parker
- Denver
- Casper-Reveille
- Estes Valley Sunrise
- Summit County
- Durango Daybreak
- Colorado Springs
- Boulder
- Boulder Valley
- Smoky Hill
- Estes Park Longs Peak

FUNDING SUMMARY

• Club Cash Contributions	-	\$23,800
• DDF Contributions	-	\$20,500
• World Fund	-	\$20,500
• Total Funding	-	\$64,800



UGANDA'S MENTAL STRUGGLE

Over $\frac{1}{3}$ of **Ugandans** suffer from mental illness, while **5-10%** have access to services.

There are **50 psychiatrists** for the entire country of Uganda.

The center of our efforts has been the Agago District in northern Uganda.

AGAGO'S MENTAL HEALTH CRISIS

Legacy of trauma struggles resulting in deep intergenerational trauma

The year the war ended, northern Uganda had the highest rate of PTSD and depression ever recorded among displaced and conflict-affected populations anywhere

Mental health remains **unserved**.

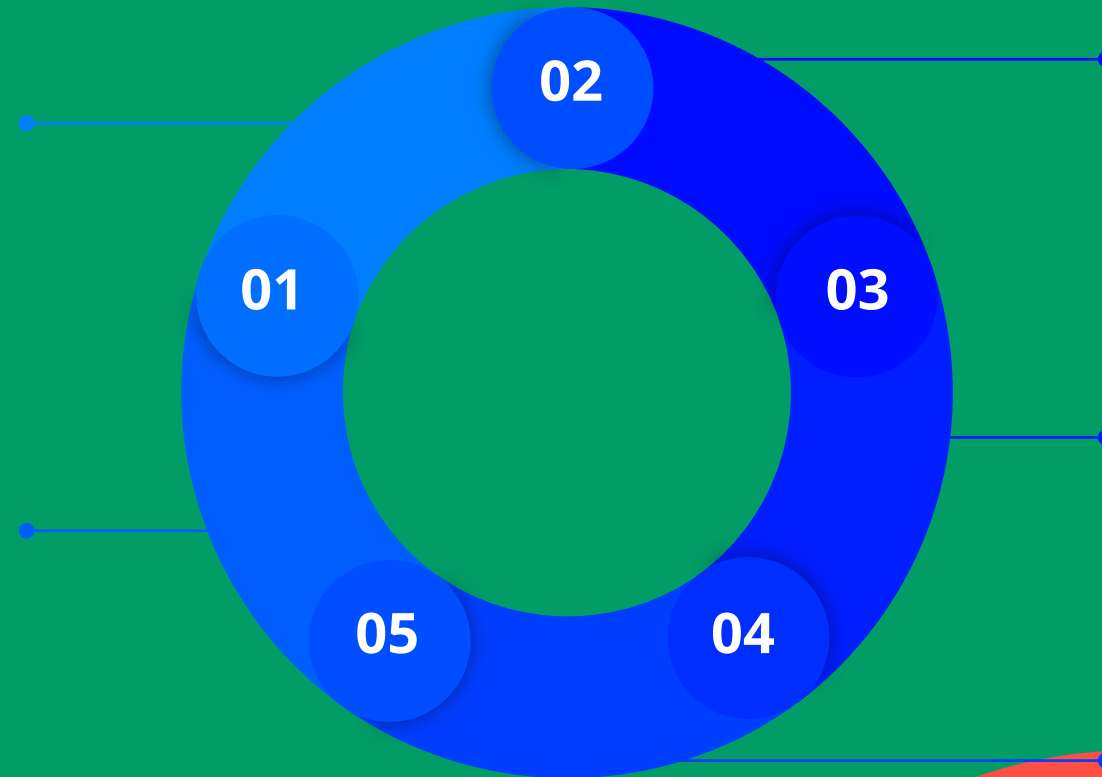
GRANT-ENABLED INTEGRATION

Training CHWs

We provide comprehensive training programs to equip CHWs with the necessary knowledge and skills to deliver effective counseling

Collaborating

We aim to advocate for the integration of mental healthcare within primary care services, leading to a more comprehensive approach to healthcare delivery.



Using stepped care

A progressive and personalized method that allows for a more efficient allocation of resources and ensures that the individuals receive the proper level of care

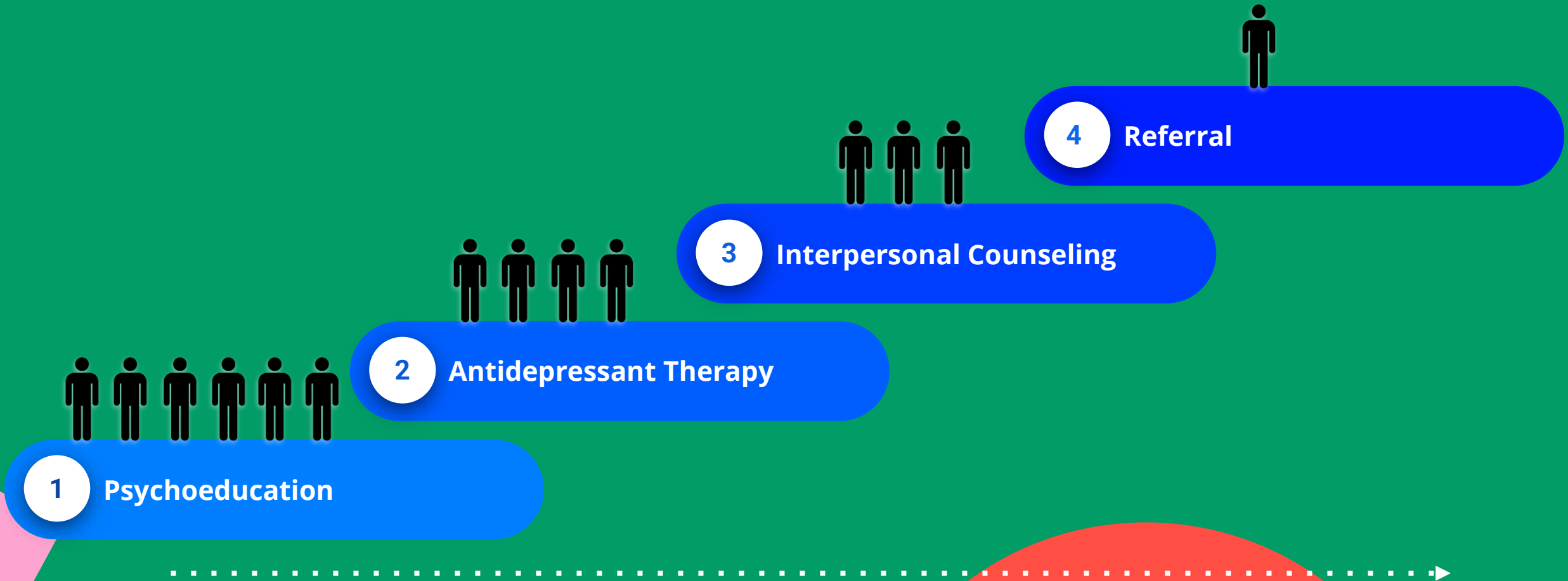
Health facilities

We ensure that individuals can access support more conveniently and without stigma. In addition, this allows for better coordination and collaboration.

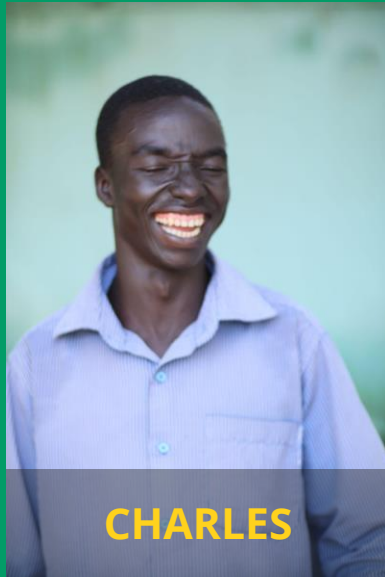
Awareness events

These campaigns aim to educate the community about mental health conditions, promote understanding, and encourage help-seeking behavior.

STEPPED CARE INTERVENTION



OUR TEAM



ECONOMIC UPLIFT

Finemind partnered with the **Whitaker Peace & Development Initiative** and **Street Business School** to upskill 100 young mothers.

With an average household size of approximately five persons in Uganda, our endeavors have indirectly touched the lives of an estimated 400 individuals.

A baseline survey revealed that the women aspired to establish individual businesses. Currently, they are managing stalls at community markets and utilizing the verandas of others' shops and homes for their operations. They sell common food items such as salt, sugar, soap, and vegetables. Additionally, smaller groups among them are operating a retail shop and a hair salon.



GRANT IMPACT

Our collective efforts yielded the following results

- **Trained** 10 new clinicians to provide quality mental health services
- **Benefited** 18 health facilities to add mental health servicing
- **Provided** a remarkable 2,977 counseling sessions
- **Offered** solace and support to 1,535 individuals
- **Treated** an astonishing 625 individuals
- **Broke** down barriers of mental health via 24 health educational campaigns
- **Invested** in the economic empowerment of 100 young mothers
- **Touched** the lives of 400 individuals

Avicenna Library

Refurbishing a dormant library that service a large rural area in Zimbabwe

- Complete renovation of the interior of the building
- Donations of large quantities of new and used books
- Catalogued all books
- New furniture
- Water tower added
- Library management software
- Librarians hired and funded
- Operating funds from adult membership payments



Avicenna Library

- Estimated 12,000 users in the adjacent communities
- Serves 5 previously unserved Council and independent Schools, with
 - No libraries
 - No classroom books
- \$10,000 budget
- \$3,000 funding from DMHR Foundation
- \$7,000 from other Clubs and District
- 8 Harare Central Rotarians participated
- More than 200 service hours
- Partnership with Harare Central Rotary Club
- Long standing relationship between Host Club and DMHR

Avicenna Library



Avicenna Library



Avicenna Library

Questions?

