



Be a gift to the world

Denver Mile High Rotary

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Denver Mile High Rotary where commitment and service rise above the mountain tops

President's Column:

December 1st, 2015

Hopefully everyone had a wonderful and safe Thanksgiving. The holiday season is now in full swing with a full slate of parties, dinners and get-togethers. Not to be left out, Denver Mile High Rotary has a full schedule of activities this month. Our Club Holiday Party will be held this Sunday, December 6th. Sarah Hite will be our gracious hostess for a fun get together. Please see either Sarah or Betty Speir for details.

We will have our regularly scheduled monthly Board Meeting on December 8th. We will meet at Jeff McAnallen's office in the Wells Fargo Building at 4:30.

On December 10th the annual State of the State luncheon will be held in the Denver Tech Center. This is an opportunity to learn about Rotary activity in the area of Mental Health. The Mental Health Expo will feature 30 different mental health providers from a variety of specialties. Please see Pat Gorman Barry with questions.

A World Community Service Committee meeting will be held on December 15th. Chuck Rudolph can provide details for those interested in attending.

Please bear in mind that we will be dark at the University Club on December 23rd and 30th. Our regular meetings will resume on January 6th.

As you go about your holiday adventures please remember to travel safe. Icy roads, cold temperatures and short days make driving more difficult. Consider throwing a blanket, jumper cables and a shovel in the trunk of your car. Be aware that there are more impaired drivers on the road than usual and drive defensively. Last consider your own driving - decide on a designated driver when celebrating or spring for a cab ride home. Thanks for everything you do to support our Club,

Bob Kemp
President
Denver Mile High Rotary
2015-2016



Rotary



WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT

SERVICE ABOVE SELF

Denver Mile High Rotary Upcoming

Programs

December 2nd - "To Kill a Killer" Everyone in our club is aware of Rotary International's long term commitment to end polio worldwide. With that goal finally within our reach, our own Dan Himelspace, End Polio Now Zone 27 Coordinator, will show us where we are now and what Rotary International plans to do to help finally eradicate this devastating disease.

December 9th - Dr. Li Xin Zhang will be our guest speaker. Dr. Zhang is one of the most renowned expert in the world on acupuncture. While some of us have experienced acupuncture treatments, many have not. Dr. Zhang will enlighten us by addressing some of these common question: "What is Acupuncture?", "How does it work?", "What causes humans to be sick and why?", "What is the great part of Western medicine?", "What kind of problems can be helped with Acupuncture?", "Why Acupuncture is so good in healing." "How to have a better and healthy life."

December 16th - Our last meeting of the year is a perfect opportunity to learn more about some of the amazing global service projects that our club sponsors and supports. Carolyn Shrader and her team will get us in the holiday spirit by showing us the impact that we have far from home.

December 23rd - No meeting. Dark for Holiday Break.

December 30th - No meeting. Dark for Holiday Break.

Here are some creative ways to use it your King Soopers Card:

- Buy it as a gift: College kids, newlyweds and new parents appreciate groceries!
- Use it to buy supplies for special events; like bbq, mini-dinners or fundraisers.
- Purchase two, one for you and your spouse so that you always have it handy.
- Leave it in your car next to your re-usable bags, so you can grab both on the way out!



Every little bit adds up to funds that our club can use to treat guests or have events.

Thanks for your support!

Contact Sarah Hite at schite2000@yahoo.com or

Heidi Restarits at Heidi.rr@gmail.com

By using our King Soopers gift cards the month of October, our treasurer Adams deposited \$367.81 for our Club! Thank you all. It's such a great money maker and so easy to use. I have more cards to sell. Although they have \$5.00 on them, add more, and they become a fantastic Christmas present either for a family member or for a casual gift!!



Weekly Inspirators, Greeters & Hosts

December 2nd -

Inspiration - Linda Sue Shirkey

Greeters - Roberta Simonton and Vass Sirpolaidis

Host - Greg Smith

Rotary Minute - Betty Speir

December 9th -

Inspiration - Jeff Sprole

Greeters - Robin Springer and Michael Tapp

Host - Greg Thielen

Rotary Minute - Ann Tull

December 16th -

Inspiration - Tony Vaida

Greeters - Sonny Wiegand and Diane Wilson

Host - Chris Wong

Rotary Minute - Paul Anderson

December 23rd -

Dark -Holiday Break

December 30th -

Dark -Holiday Break



Be a gift to the world

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

December 6th - Holiday Party at Sarah Hite's home.

December 10th - State of the State Luncheon: Rotary and Mental Health

January 9th - Presidents Dinner

January 16th - Grants Qualification Training

February 6th - Rotary Leadership Institute

March 11th - 13th - PETS

April 2nd - Rotary Leadership Institute

April 22nd - 24th - District Conference

May 28th - June 1st - International Convention - Seoul, Korea

State of the State Luncheon

December 10th 12-1:30 PM

Hyatt Regency Denver Tech Center



Colorado Rotary District 5450 and the Rotary Club of Denver Southeast invite Rotarians, Guests, Business Leaders, Elected Government Officials, and Prospective Members



Speakers Include:

John Hickenlooper, Colorado Governor (Invited Honorary Chair)
Katherine Switz, Senior Program Advisor for the Bill and Melinda Gates Foundation
Katherine will share her experiences living with mental health conditions while serving in management and senior executive positions with McKinsey & Company, General Electric, Unitus, and the Initiative for Global Development.
Cheryl Preheim, Channel 9 News, Emcee

Thursday, December 10, 2015 | 12:00pm - 1:30pm

Hyatt Regency Denver Tech Center

Registration: 11:30am - 12:00pm | Lunch and Program: 12:00pm - 1:30pm |

Mental Health Expo 11am - 11:55am and 1:30pm - 2:30pm

Registration Information to follow

This year's luncheon, emceed by Cheryl Preheim Channel 9 News, will include a report on the State of the State, with a focus on the challenges mental illness creates in our community, and what can be done to address these challenges.

For more information:
John Hughes - J.hugh63@gmail.com
Cheryl Radke - radke6775@msn.com

PRESENTED BY
ROTARY CLUB OF DENVER SOUTHEAST
ROTARY DISTRICT 5450

This year's luncheon, emceed by Cheryl Preheim Channel 9 News, will include a report on the State of the State, with a focus on the challenges mental illness creates in our community, and what can be done to address these challenges.

Before and after the event the Rotary Mental Health Expo (information booths). It is a great opportunity to see what our Mental Health Community is doing today, and also an opportunity for us, and our fellow club members, to look for possible Club projects that can further Mental Health awareness and wellness.

For more information:

John Hughes – J.hugh63@gmail.com

Cheryl Radke – radke6775@msn.com

RI President's Dinner & Polio Plus Fundraiser

January 9, 2016

District 5450 invites you to hear Rotary International President K.R. "Ravi" Ravindran speak on the **2015-2016 Rotary Theme "Be a Gift to the World"**. In addition Rachel Lonsdale with the Bill & Melinda Gates Foundation will give an update on their **Polio eradication efforts**.

The event will be a fundraiser for the **End Polio Now** campaign, and all net proceeds from the dinner and additional contributions will be matched \$2 to \$1 by the Bill and Melinda Gates Foundation.

Individuals can register for the dinner for \$65 per person, and tables of 10 can be reserved for \$650. Click on the ["Register for the Dinner"](#) link below.

We are asking that everyone make an additional donation to Polio when you register for the dinner. You will be given individual and club credit for your donation.

If you choose to not attend the dinner (or your Club registers for a table) you can still make a donation to end Polio. Just click on the ["Donate to end Polio"](#) link below.

Thank you for supporting this event and helping Rotary achieve it's number one goal:
End Polio Now!

[Register For the Dinner](#)

[Donate to End Polio Now!](#)



December 3rd - Noreen Keleshian

December 4th - Tom Gregory

December 13th - Thomas Cella

December 16th - Bob Kemp

December 30th - Jeff Sprole

Denver Rescue Mission Adopt-A-Family Sponsorship.



In lieu of our Villa Park Holiday Party, and in the spirit of the Holidays, this year the Denver Mile High Rotary Club will adopt a family through the Denver Rescue Mission to provide presents and traditional holiday items to a homeless or struggling family identified through the Denver Rescue Mission. This will be the 24th year that the Denver Rescue Mission has run the program where its most trusted members step forward to nominate needy families to receive Christmas (or other holiday) gifts from generous sponsors, like Denver Mile High Rotary. We have requested a large family, because they are the hardest to place with a sponsor.

The Family: The Nellis - Martinez family was nominated by a social worker at Whittier Elementary School as a family in need of help this Holiday season. This family has 2 adults and 5 children ages 13 years to 7 months.

How you can help:

- 1) We are asked to deliver 2 or more gifts per family member (a clothing item and another item).
- 2.) Please sign up to purchase and wrap one or more gifts for members of our adopted family. You can sign up for more than one item, if you would like. The requested items are pretty simple and available at most department or discount stores.
- 3.) **Be sure to e-mail Michael Tapp at michael.tapp@wellsfargo.com which gift(s) you are committing to purchase, wrap and bring to an early December Rotary meeting. Michael will coordinate who is buying what for whom, so we do not duplicate gifts for any single family member and lack a gift for someone else.**
- 4.) Please use the NellisFamilyWishlist as a guide for what each family member would like to receive. It includes detailed descriptions of each family member and their desired gift to help you purchase exactly what is needed.
- 5.) Please neatly WRAP your gift and label it with the appropriate name of the recipient.
- 6.) Michael Tapp will collect the wrapped gifts at our regular meetings on December 2nd and 9th; you can also bring them to our Holiday party on December 6th at Sarah Hite's home.
- 7.) We will deliver the gifts to the Nellis-Martinez family on December 12th (time to be determined). If you are available to help deliver our gifts, please let Michael Tapp know. We have a Santa suit available for anyone interested in playing that role. It would be great to see the expression on the kids' faces when Santa arrives with presents for all!

Please see November 18th email for WishList and Sponsor obligations.

Denver Mile High Rotary Sponsors

The Gregory Group



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Personal Sponsors of the Denver Mile High Rotary Foundation

Michael Tapp...DMHR member since 2000, Chairman Local Community Service

Roberta Simonton....DMHR member since 2009