





Denver Mile High Rotary on the Web

Denver Mile High Rotary

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Rotary District 5450

Rotary International

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President's Column

Dear fellow Rotarians,

4 September 2022

I hope you are enjoying our wonderful Labor Day holiday, celebrating with family, friends and pets. Labor Day pays tribute to the contributions and achievements of American workers, was created by the labor movement in the late 19th century and became a federal holiday in 1894. Employed or retired, we are thankful for the opportunities we have in this country!

It's all about woo, I mean you! Who? I mean hoo! **Woohoomanity** is what I mean, our biggest fundraiser for the year. Please consider sharing the info with your family and friends and let's raise some money. Afterall, the riders, Geoff, Marty, Steve, David & son Spencer, Dan Hall and Annely, are doing all the work riding the bikes. Please help us raise funds so that we can work our Rotary projects. See page 5 for donation details.

Service Above Self...... Annely (Just filling in on newsletter for Amanda this week)

ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15. <u>Click here to join the Zoom Meeting</u> or use the following URL: <u>https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLR1N2RFZ3bnBRdz09</u>

Meeting ID: 812 9479 1259 Passcode: 903839

Who is this Party Crasher!?

As you know, **Dan Himelspach** has undergone treatment for multiple myeloma and has lost his handsome shock of white hair. Jokingly, Annely told him at the last meeting that she would bring him a wig. Little did Dan know it was a red wig. What a terrific sport Dan was to "play around" with it to the surprise and friendly laughter of his fellow Rotarians! Dan, you not only rock that wig, you just plain rock!

As you also may know, **Bruce Ward** has just finished treatment for lymphoma and is doing terrifically, but is still in an immune compromised state so opted not to attend the Triple P (Past President's Party), instead heading for a wonderful week in Ouray. We missed seeing you, Bruce, but we understand that you need to guard your health. We can't wait to see you at the U Club or the next fellowship event when the time is right. Do you need the wig?

Finally, it was great to see **Paul Schrader** at the party after his medical treatments and subsequent COVID outbreak. He celebrated the outing by driving his snazzy new all electric vehicle despite the rain! Unfortunately, days after the party he had a reoccurrence of COVID but he's on the mend again but quarantined.

Your fellow Rotarians wish each of you the speediest and fullest of recoveries.







Calendar of Events and etc.

Sept 6 - 4:00 pm - Denver Mile High Rotary Board meeting. Annely Noble will send details.

Sept 7 - Ryan Frazier - ESG. Environmental, Social, Governance. Everyone is talking about it. But who is really practicing it and who is just greenwashing. Ryan Frazier will tell us about the practice of ESG, what it means in the ever-evolving business and government ecosytems and how it can impact us as business people, community leaders and citizens of the state and country. Ryan is at the forefront of the ESG movement and implementation of ESG programs across the nation for companies and governments big and small. He will provide us a practical perspective of its use and its future.

Sept 14 - What do you really, really want??? Internal club planning and goal setting session 2. Amy Weed, Marty Waters and Annely Noble

Sept 15 - 7:30 am - Denver Mile High Foundation Board meeting. Mary Walta, chair, will send details.

Sept 19 - 4:00pm - World Community Service Meeting. Chair, Audrey Leavitt will send details.

Sept 21 - Lori Cloutier—ESRAG - Environmental Sustainability Action Group - Rotary acts for the environment. ESRAG is the catalyst. Together we protect the planet.

Sept 24 - Woohoomanity Bike Ride and Fundraiser - <u>click here to donate</u> and select "Denver Mile High Team" or <u>donate to one of our club riders</u> or fundraisers: Geoff Noble, Marty Waters, David Abrahams, Annely Noble, Dan Hall, Melanie Gentz, Steve Blazek. **For more details, see page 5.**

Sept 28 - Eric Lazarri, Civic Center Conservancy - Subject to change. Civic Center Park, between the state capitol and the Denver City and County Building has gone through a lot of phases, from grand central gathering place for Denver citizens, to derelict man camp and back again. It appears that renovations, new care and restoration and a concerted effort to bring it back to its origins are winning the day. Hear what the Civic Center Conservancy sees as the current and future state of the park.

Oct 27 - Happy Hour at Noreen Keleshian's home - Details to follow.

Please contact <u>Adams Price</u> if you have ideas for presentations, or can recommend speakers.

AmazonSmiles Upon Rotary International Foundation

This is the quarterly notification to inform you that AmazonSmile has made a charitable donation to the charity you've selected, **The Rotary Foundation of Rotary International, in the amount of \$3,286.24** as a result of qualifying purchases made by customers who have selected this charity.



Now, let us have AmazonSmile Upon our Denver Mile High Rotary CLUB Foundation AmazonSmile Program is now a fundraiser for Denver Mile High Rotary!

Get started with AmazonSmile, visit smile.amazon.com and sign in with your Amazon.com credentials. *Choose Rotary Club of Denver Mile High* to receive donations, and start shopping!

To join AmazonSmile from the mobile app, open the app and find "Settings" in the main menu. Tap on "AmazonSmile" and follow the on-screen instructions to turn on AmazonSmile on your phone.





Weekly Assignments and More

Date	Inspiration	Greeters	Host
Sept 7	Mary Hall	Marcus Hanlon and Dan Himelspach	Sarah Hite
Sept 14	Jeff McAnallen	Constance Mortell	Charlene Porter
Sept 21	Adams Price	Chuck Rudolph and Carolyn Schrader	Linda Sue Shirkey



To see Kevin's inspirational video, please click here.

No Barriors Summit 2021 Celebration.

We need volunteers to arrange off-site meetings for thefirst Wednesday of each month; call Annely 303-842-8725:October 5November 2JanuaryFebruaryAprilMayJune

September Birthdays

4 Sept - Amanda Biffle

- 8 Sept Roberta Simonton
- 22 Sept Marty Waters
- 27 Sept Jeff McAnallen

ROTARY LITERACY CONFERENCE SATURDAY, Sept 17, 2022, 8:30 am to 4:00 pm (continental breakfast 8:15 and light lunch at 12:15) IN-PERSON CONFERENCE AT RED ROCKS COMMUNITY COLLEGE Community Room See details and registration link on page 7.

PROJECT WORTHMORE

PROJECT WORTHMORE

Denver Mile High Rotary partners with Cherry Creek Rotary

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless delivery. When: The first Monday of every month:

- **10:30am 12:00pm: Food Packaging.** Two volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.
- **12:00pm 2:30/3:00pm: Deliver boxes** of food to families within a 3-mile radius of Project Worth more. Maps will come with food but GPS navigation recommended.

Needed: A minimum of 2 baggers and 3 drivers each first Monday of the month. Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. Denver Mile High Rotary (through our Local Community Service Committee) has signed up to volunteer the **first Monday of each month** to help with food packaging and/or contactless deliveries.

Please contact <u>Tom Cella</u> (303-981-1222) to volunteer for Project Wothmore or

for the Village Exchange Center.







Word from the Editor

A word from your editor

Dear fellow Rotarians,

I'm filling in for Amanda this week as she is on a Cozumel vacay. I'm using the old newsletter template since I don't have time to figure out Amanda's system.

See you Wednesday! Annely Noble, President M 303-842-8725 Annely.noble@comcast.net

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The more you contribute to your Rotary Experience,

What are YOU contributing to Rotary?

And, for what are you waiting?

the more you benefit from your Rotary Experience.



News Worth Knowing

Watch for your second quarter dues invoice e-mail. Dues payments are due no later than 10 days after the start of each quarter: April 10; July 10; October 10; January 10 Book Club is reading... <u>The Authenticity Project</u> by Clare Pooley September 15 at 4:30pm At Noreen Keleshian's home 3220 S Locust St Denver, CO 80222

Woohoomanity! WE DID IT IN 2021!

Team DMHR EXCEEDED its 2021 goal of raising \$10,000 for the Club! However, why stop now while we're on a roll... there's no limit to how much we can raise! It's not too late to sign up to ride in the 2022 Woohoomanity. <u>Click here to register</u>, and be sure to link to "Denver Mile High Rotary"

Sign into Woohoomanity to begin fundraising.



Check out the Rotary plaque Debra Flick found on one of her training rides last year! ->

<— The Hewkos are riding in the 2022 Woohoomanity; come ride with the Hewkos... John Hewko is the general secretary and chief executive officer of Rotary International and The Rotary Foundation. Margo Hewko, his partner, was the President of Rotary One Club in Chicago.





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The Woohoomanity Challenge Bike ride

is coming up on **September 24th**. It is not too late to enter to ride (25 miles, 50 miles, 85 miles, or 100 miles). If you're not up for the physical challenge, **please consider donating funds to sponsor one of our riders.**

President Annely is committed to riding 100 miles. To show your support for her, please <u>click here</u> to see the <u>Woohoomanity</u> challenge.

Honorary Rotarian, Geoff Noble is committed to ride 25 miles and already has raised over \$2,100 for the cause. This past week he completed a 17 mile training ride!!! Please click on a name below to donate on behalf of that rider. We are a team, you can donate to any of us for the credit of Denver Mile High Rotary

David Abrahams and son Spencer

Melanie Gentz

<u>Dan Hall</u>

Annely Noble

Geoff Noble

Marty Waters





Warriors On Cataract

Greetings,

On May 18 we launched the 4 day SEALs trip on Cataract Canyon with WorldWide River Expeditions. On board were 18 SEALs and one Pararescue troop. World Wide was the commercial outfitter. Below is the SEALs group at the Potash put-in.

On May 25 we launched the Open Manifest trip, all branches, all conflicts, both sexes. This was also a 4 day Cataract Canyon trip, run by Navtec River Expeditions. We had two disabled British Royal Marines on board, one who went through 10 hours of brain surgery from a traumatic brain injury - the Brits are always a great addition to the manifest. Raven's Rim ziplined the Brits. Below is the group at the top of the Cataract Rapids. Lew Kleinhans ran these first two trips for Warriors on Cataract as Fred was ordered by his doc to stay in port because of surgery.

Lead therapist Karen House just concluded the last trip of this year with Sheri Griffith Expeditions, the 2nd All Female Trip. It may have been the best of **All** of our trips based on feedback, 48 trips to date!! This trip was a 5 day on Desolation Canyon of the Green River, a more docile and suitable river than Cataract Canyon. Each off these two All Female trips was 15 veterans and several service dogs. We have pared down the number of participants for a more cohesive and impactful experience. This is a large improvement. Getting ready to board for the flight to Sand Wash below. A number of the women vets ziplined at Raven's Rim thanks to Casey and Emily Bynum.

RDOUS RAPIDS REQUIRED FROM

Rotary

Club of Denver Mile High

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Karen came down with Covid on river day 2, even though she is vaxed and boosted. So she had to be sequestered for the remainder of the trip. But we had backup counselors in Rene McMinn and Michele Mummert and Linnea Delucchi, who did a splendid job filling in for Karen. It all worked out just fine.

That is it for this year's raft trips. Thanks for all of your support. Best regards, Fred Solheim, Founder Karen House Lew Kleinhans











ROTARY DISTRICT 5450 LITERACY CONFERENCE 2022 ~ Various Perspectives on Literacy & Basic Education for Colorado and the World ~

SATURDAY, Sept 17, 2022, 8:30 am to 4:00 pm (continental breakfast 8:15 and light lunch at 12:15) IN-PERSON CONFERENCE AT RED ROCKS COMMUNITY COLLEGE Community Room

This Conference will be an exciting opportunity for Rotarians to learn about different approaches to improving literacy and how basic literacy education changes lives, both in Colorado and around the world. You will also hear from outstanding educational organizations and educators in our community as well as what other clubs are doing so that new club partnerships can be forged.

Speaker Topics include:

Creative Story-Telling, a pre-cursor for children's literacy Early Reading: Imagination Library Program & Opportunities Reading Partners Program CELL Terrorism Awareness Amarok Society in Bangladesh World Affairs School Challenge Program Marijuana Dangers for the Developing Mind Adult Literacy: Generations Exchange Digital Literacy for Adults Club sharing about other Literacy Initiatives

Learn about what clubs are or can do to improve literacy in our community and around the world because learning to read is critical to enable reading to learn!

WHO SHOULD ATTEND?

All Rotarians in District 5450 interested in various programs in literacy and basic education, both locally and around the world. Try to send at least <u>one member</u> from your club to learn about new directions in literacy that create opportunities to change lives! Light breakfast and lunch will be provided.

REGISTRATION AND INFORMATION www.rotary5450.org

(To better protect yourself and others, masks are encouraged when you are not speaking or eating.)

If your club wishes to "pitch" its literacy initiatives in the afternoon session, please contact Karen Loeb, District 5450 Literacy Chair, directly at <u>kcloeb@gmail.com</u> or 303-475-5796 (cell)