



Denver Mile High
Rotary
 Club



President's Column:

April 16, 2019

Hi everyone,

Wow! HUGE! Fantastic!!! How else could anyone describe the first annual Spring Swing Event? I have never seen such joy on people's faces at any other Rotary event. A gigantic thank you goes to Brad Thompson for his masterful organization and coordination. A big thank you to Brad's wife Amanda as well.

And to Adams, who decide two years ago that we needed a signature event, and he rounded up the brightest and best in the Club to get it done.

Thanks to Anson, who actually brought a bunch of friends from Indy, in addition to doing a lot of other things. And to Robin, for putting together an incredible Powerpoint of our accomplishments. And so many others who helped: Melanie, Amy, Mary, Jeff, Brian Good, Tom Giordano... Thanks to everyone who helped, big and small.

The venue was great, the food was fantastic, and the music divine. We will be talking about this event for a long time. Another benefit of the Spring Swing was that it brought Geoff and Annely Noble back to Colorado

Brad will report out the details about the event at the meeting this week and sharing the financial results.

The Program this week will be the second half of our focus on Opioid Crisis, presented by Suzi Stole.

Don't forget the Local Community Service Committee will meet on Tuesday, April 16th at 5:00 p.m. We will be discussing possible hands-on replacements for Food for Thought. The meeting will be at Michael Tapp's office located in the Wells Fargo Tower, 10th Floor.

If you are interested in supporting another fundraising activity of the Club by purchasing a copy of Boldfaced Lies, Tom Giordano will be collecting orders this week and next. We will have a copy of the book for you to look at the front table.

Just a reminder that, on April 24, we will be meeting at CEC (Career Education Center Early College) at 2650 Eliot St. DMHR sponsors an Interact Club at the school. We have also been fortunate to have CEC members participating in two Local Community Service projects: Brain-Wise with Denver Kids and Reading for Peace. This is a great opportunity to take a break from the U Club and to get to know some of these great kids. Most will be first generation college students.

See you all Wednesday. Have a wonderful week.
 Carolyn

High Rotary on the Web:

www.denvermilehigh.org

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FAMILY OF ROTARY

Chuck Rudolph – Renaissance Man

Chuck's accomplishments as a dedicated Rotarian and leader of numerous global water, sanitation, and health projects fly under the radar because he quietly raises money, writes grants and recruits volunteers for projects. He also is a prime recruiter of new members for DMHR.

Chuck is reluctant to talk about these and his many other talents. However, club members

who have traveled with him have learned about his remarkable life on the fishing treks he hosts to raise funds for DMHR or on the humanitarian projects he champions.

Chuck is California born and raised, where he grew up on the Southern coast and earned three degrees at Stanford. A life-long fisherman, he set the bar high when he was skin diving (!!) and caught an Ulua, a member of the Pompano family.

His love of water was not limited to fishing for West Coast lobster, abalone and Ulua. Chuck also dedicated ten years to surfing and skin diving. When he was drafted in the early nineteen sixties, he signed up for the Navy and received a commission and training in finding and detonating explosives throughout U.S.A. Pacific Territories. This allowed him to live at the famed surfing village in Makaha, Hawaii, which (at that time) was the surfing capitol of

the world. It was a young man's dream. He said, "When the surf was up I surfed, when the surf wasn't up, I could dive."

Chuck modestly does not want to talk about his talents as a surfer and diver, but reading between the lines indicates that his younger self's extreme thrill level was quenched by diving to detonate bombs and surfing. At the time, Makaha was renowned for having some of the highest waves in the world and hosted the International Surfing Championships. If you google "Makaha Surfing sixties," you will find videos and stories of the amazing events that took place during his residence there.



Proof of Chuck's Bragging Rights



However, Chuck is quick to point out that he was not in the league of extreme surfers, but was “adequate.” This may be why he was able to commit to a serious relationship with Charla and leave Makaha and embark on a life as a beloved husband, father and successful business entrepreneur.

A few years after Chuck left, Makaha surfer Greg Noll set a record -- still unbroken -- for riding “The Biggest Wave Ever Ridden.” It is our good fortune that Chuck never looked back and chose to channel his enormous talents to service above self.



Greg Noll Riding Makaha, December 1969

Enrolling in DMH Rewards Program with King Soopers Stores

For several year members of Denver Mile High Rotary have helped support the Club by using King Soopers gift cards that provided cash rewards to our Club. King Soopers has now eliminated that program.

IF YOU HAVE ANY GIFT CARDS WITH CREDIT, YOU CAN STILL USE THOSE CARD AND WON'T LOSE THAT CREDIT.

Instead, they adopted a new, much easier program called King Soopers Community Rewards. The new program is linked with the rewards (discount) cards that all grocery stores now have. Every time you use your rewards card or enter your rewards number), our Club will benefit.

Everything is spelled out at their website: <https://www.kingsoopers.com/>

If you already have a rewards card with King Soopers, log in with your user name (generally your email address). Once you are signed in, on the right side next to shopping cart, you will see your name and "My Account"

Hover over "My Account" and it will open. On left side of the screen is "Community Rewards." Click on that.

You will have a chance to select the organization that will be credited based on your expenditures. You can enter "Rotary Club of Denver Mile High" or enter our code: DM464.

Then hit "enroll" and you will be enrolled and will not need to do anything further.

The Club will receive rebates quarterly based on our collective expenditures.

If you don't have a King Soopers rewards card but would like to support the Club, go to the website <https://www.kingsoopers.com/> You will be able to create an account and then follow the instructions above to link our Rotary Club with the rewards.

Denver Mile High Rotary Calendar of Events

<http://denvermilehigh.org/Events/Calendar>

April 16th - The Local Community Service Committee will meet on Tuesday, April 16th at 5:00 p.m. We will meet in Michael Tapp's office located in the Wells Fargo Tower, 10th Floor. The call in number for the meeting is 1-888-549-3557. The pass code is 8636752.



April 18th - Rotary Monthly Happy Hour—University Club 5pm—7pm—Free Beer—
Hosted by U Club member - Sonny Wiegand

April 27th - District Conference - [REGISTER NOW](#) - A one-day conference to inspire, connect and re-energize! Highlights include a focus on Mental Health, club projects, youth, and a Connections Cafe. *Only \$125 for the full conference, with special pricing for first time attendees and Rotaract*

Saturday, April 27, 2019 – Rotary Book Club

Time: 1:30 pm

Place: Mary Walta's, 2458 S. Josephine St., Denver 80210

Book: Red Notice by Bill Browder.

Contact: RSVP. (505) 629-6376

April 30th - Join leaders from across our city at the Mental Health Center of Denver's Speakers Forum – [“Writing the Story of Well-Being Innovation.”](#)

Experiential Cocktail Reception: 5 - 6 pm

Program: 6 - 7:30 pm

Where: [Catalyst HTI](#) at [3513 Brighton Blvd.](#)

Contact Diane Messamore for more details

May 4th - Rotary Hike with CEC Interact—meet at 8:30am at CEC High School then will head to trail head. Trail - Royal Arch Trail near Boulder—

<https://www.alltrails.com/trail/us/colorado/royal-arch-trail>

May 9th - Happy Hour at the Acoma 5-7pm - 816 Acoma - we will have a keg of beer, feel free to bring wine or if you prefer something other than beer, or an app.

June 22nd - Annual Rafting Trip - More details to come - Save the date Mile Hi Rafting – Contact Geoff Noble

Denver Mile High Rotary Upcoming Programs

April 17th -Suzi Stolte - Opioid Interaction Awareness Alliance
- Board of Directors JP Opioid Interaction Awareness Alliance Director of Communications and Marketing. Suzi's youngest daughter, Heidi, died in May 2011 after taking a prescribed benzodiazepine along with a prescribed opioid. Heidi's death came only six months before the Centers for Disease Control and Prevention declared opioid deaths an epidemic.

April 24th - CEC High School - Eliot Café—2650 Eliot St, Denver 80211

May 1st - Nhi Aronheim - a Vietnamese refugee who escaped Vietnam, grown up here and will speak about her experience

May 8th - DMH Celebration - 30th Year Anniversary

May 15th - Tim Portz - Cryptocurrency

Rotary



Weekly Inspirators, Greeters & Hosts

April 17th

Inspiration - Brad Thompson

Greeters - Tom Gregory and Ted Hendryx

Host - Dan Himelspach

April 24th

Inspiration - Sarah Hite

Greeters - Noreen Keleshian and Bob Kemp

Host - Audrey Leavitt

May 1st

Inspiration - Kevin LaVezu

Greeters - Michaela Levine and Jeff McAnallen

Host - Constance Mortell

May 8th -

Inspiration - Carolyn Nobel

Greeters - Geoff Noble and Karl Paulson

Host - Charlene Porter

April Birthdays

April 5th - **Brian Duran**

April 14th - **Mary Walta**

April 15th - **Jane Fisher**

April 15th - **Charlene Porter**



A few photos from Saturday Night!!

Spring Swing Event!

More to come!! We will send out an album!

Thanks Robin for taking photos!



MILE HIGH SPRING SWING
EVENT SURVEY
APRIL 17, 2019

(please fill out and return to Brad Thompson) - email is

What did you like best about the Mile High Spring Swing?

What is one thing you would like to see changed or to be different next year?

Please rank the following from 1 to 5, with 1 being Terrible and 5 being Excellent.

Venue		1	2	3	4	5
Caterer	1	2	3	4	5	
Band/Music	1	2	3	4	5	
Price/Value	1	2	3	4	5	

In a sentence or two, if you were telling a friend about your experience at the Mile Hight Spring Swing, what would you say to them?

Based on your experience, if you do this event next year, do you think you could personally promote and sell two to four more tickets than you did this year?

YES or NO

Any other comments or suggestions?

JOIN THE ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 22ND



A \$5 DONATION IS INCLUDED
IN THE COST OF EACH TRIP.
ALL PROCEEDS GO TO SUPPORT
THE WARRIORS ON CATARACT
PROGRAM

SURE–SHOT - \$54 ADULTS, \$47 CHILD (13 AND UNDER)

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$62 ADULTS

Perhaps you've already been there and done that and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$84 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

**Contact Melanie Gentz, Andrew Bell, Scott
Smeester, or Geoff Noble at
gtnoble@comcast.net**

**All rebates to be donated directly to the Colorado based non-profit
program Warriors on Cataract**

Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to

Tom Giordano

7271 East Wesley Avenue

Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

GIVING

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GIVING

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