



## President's Column:

April 23, 2019

Hi everyone,

I hope you all had a Happy Easter, with or without an Easter Egg Hunt. I visited my brother in Phoenix and enjoyed wonderful spring weather, AZ style. We visited the Desert Botanic Gardens—a great place to be if the temp is below 90 degrees. The Butterfly Pavilion was fabulous.

We will not be at the U Club this week. Instead, we will be meeting at CEC (Career Education Center Early College) at 2650 Eliot St. DMHR has for a number of years sponsored an Interact Club at the school. We have also been fortunate to have CEC members participating in two Local Community Service projects: BrainWise with Denver Kids and Reading for Peace. This is a great opportunity to take a break from the U Club and to get to know some of these great kids.

The breakfast will be served later than normal, around 8am. But there will be coffee available when we arrive at 7:15. Those of you who are not on the meal plan but want to eat, please leave a contribution for your meal.



A special shoutout to Chuck Rudolph. Pat Gorman Barry wrote a great article in the Newsletter last week about Chuck in his young days. If you missed it, check out the story in the Newsletter on the Club website. It is worth a read.

We expect to get a final accounting soon for the revenue from the Spring Swing. Thanks to all of you who supported the event. Net proceeds are deposited into the Club's Foundation and will be used for our service activities next Rotary year.

See you all Wednesday. Have a wonderful week.  
Carolyn



### High Rotary on the Web:

[www.denvermilehigh.org](http://www.denvermilehigh.org)

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[Rotary District 5450 Website](#)

[Rotary International Website](#)

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# FAMILY OF ROTARY

## Heidi and Joel's Great Adventure Via RI

**Heidi Resetaritis** has been involved in numerous global and local DMHR projects, and many members know that she was introduced to Rotary when she was awarded an Ambassadorial Scholarship. She shares with us the charming story of when she and her then boyfriend, Joel, attended the 2015 Rotary International Conference in São Paulo, Brazil. The trip included a stop in Manaus, where they stayed on the Amazon River and visited Jenni, an alumni and Rotary friend of Heidi's.



Heidi and Joel on the Amazon

She says, "The conference was a life-changing event for me. Not only was I able to speak about engaging young people in Rotary, I was also able to connect with Rotarians from all over the world. It was incredible."

Heidi spoke at the conference on two panels addressing Rotary Alumni engagement. They toured the House of Friendship and enjoyed interacting with DMHR and other Rotary friends.



Heidi and Joel at RI's House of Friendship



After the conference, Heidi and Joel took an overnight bus to Rio de Janeiro to visit all the famous sites. Heidi had been to Rio before, and had told Joel it was her favorite place in the world. On one of the final days of the trip, Heidi and Joel took a city tour that ended up at the Christ the Redeemer statue overlooking the beautiful city. To Heidi's surprise, Joel dropped to one knee, and proposed marriage to her in front of all of the tourists and even a few other Rotarians. Of course, Heidi said, "YES!" [He had even asked someone to catch it on video, too.](#)





They feel blessed to have the support of the Denver Mile High Rotary Club and Rotary International which helped Joel create a once-in-a-lifetime experience for them to start their lives together. Heidi and Joel were married in 2016 in Sayulita, Mexico. The theme of their wedding was "Love & Adventure." Joel continues to help Heidi in all of her Rotary endeavors. Most recently, Heidi, Joel, Heidi's three sisters, and other friends and relatives supported the club's Spring Swing Dance. More proof that their "love and adventure" continues!

**Julia, Heidi and Melody at DMHR's Spring Swing**

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**Greg Thielen photobombs Heidi's Family Picture**

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## Enrolling in DMH Rewards Program with King Soopers Stores

For several year members of Denver Mile High Rotary have helped support the Club by using King Soopers gift cards that provided cash rewards to our Club. King Soopers has now eliminated that program.

### **IF YOU HAVE ANY GIFT CARDS WITH CREDIT, YOU CAN STILL USE THOSE CARD AND WON'T LOSE THAT CREDIT.**

Instead, they adopted a new, much easier program called King Soopers Community Rewards. The new program is linked with the rewards (discount) cards that all grocery stores now have. Every time you use your rewards card or enter your rewards number), our Club will benefit.

Everything is spelled out at their website: <https://www.kingsoopers.com/>

If you already have a rewards card with King Soopers, log in with your user name (generally your email address). Once you are signed in, on the right side next to shopping cart, you will see your name and "My Account"

Hover over "My Account" and it will open. On left side of the screen is "Community Rewards." Click on that.

You will have a chance to select the organization that will be credited based on your expenditures. You can enter "Rotary Club of Denver Mile High" or enter our code: DM464.

Then hit "enroll" and you will be enrolled and will not need to do anything further.

The Club will receive rebates quarterly based on our collective expenditures.

If you don't have a King Soopers rewards card but would like to support the Club, go to the website <https://www.kingsoopers.com/> You will be able to create an account and then follow the instructions above to link our Rotary Club with the rewards.

## Denver Mile High Rotary Calendar of Events

<http://denvermilehigh.org/Events/Calendar>

**April 27th** - District Conference - [REGISTER NOW](#) - A one-day conference to inspire, connect and re-energize! Highlights include a focus on Mental Health, club projects, youth, and a Connections Cafe. *Only \$125 for the full conference, with special pricing for first time attendees and Rotaract*

### **Saturday, April 27, 2019 – Rotary Book Club**

Time: 1:30 pm

Place: Mary Walta's, 2458 S. Josephine St., Denver 80210

Book: Red Notice by Bill Browder.

Contact: RSVP. (505) 629-6376

**April 30th** - Join leaders from across our city at the Mental Health Center of Denver's Speakers Forum – [“Writing the Story of Well-Being Innovation.”](#)

Experiential Cocktail Reception: 5 - 6 pm

Program: 6 - 7:30 pm

Where: [Catalyst HTI](#) at [3513 Brighton Blvd.](#)

Contact Diane Messamore for more details

**May 4th** - Rotary Hike with CEC Interact—meet at 8:30am at CEC High School then will head to trail head. Trail - Royal Arch Trail near Boulder—

<https://www.alltrails.com/trail/us/colorado/royal-arch-trail>

**May 9th** - Happy Hour at the Acoma 5-7pm - 816 Acoma - we will have a keg of beer, feel free to bring wine or if you prefer something other than beer, or an app.

**June 22nd - Annual Rafting Trip** - More details to come - Save the date Mile Hi Rafting – Contact Geoff Noble



April monthly Happy Hour!

## Denver Mile High Rotary Upcoming Programs

**April 24th** - Meet at Colorado Early College. This is your chance to learn about our club's involvement and opportunities at this incredible high school.

Meet our club sponsored Interact Club and eat the great food at Eliot Cafe at 7 a.m.

**2650 Eliot St, Denver, 80211**

**May 1st** - Nhi Aronheim - a Vietnamese refugee who escaped Vietnam, grown up here and will speak about her experience

**May 8th** - DMH Celebration - 30<sup>th</sup> Year Anniversary

**May 15th** - Tim Portz - Cryptocurrency

Rotary



## **Weekly Inspirators, Greeters & Hosts**

### **April 24th**

Inspiration - Sarah Hite

Greeters - Noreen Keleshian and Bob Kemp

Host - Audrey Leavitt

### **May 1st**

Inspiration - Kevin LaVezu

Greeters - Michaela Levine and Jeff McAnallen

Host - Constance Mortell

Vocational - Michaela Levine

### **May 8th -**

Inspiration - Carolyn Nobel

Greeters - Geoff Noble and Karl Paulson

Host - Charlene Porter

### **May 15th**

### **May 22nd -**

Inspiration -

Greeters -

Host -

Vocational - Amy Weed

### **April Birthdays**

April 5th - **Brian Duran**

April 14th - **Mary Walta**

April 15th - **Jane Fisher**

April 15th - **Charlene Porter**



## JOIN THE ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 22<sup>ND</sup>



A \$5 DONATION IS INCLUDED  
IN THE COST OF EACH TRIP.  
ALL PROCEEDS GO TO SUPPORT  
THE WARRIORS ON CATARACT  
PROGRAM

### **SURE-SHOT - \$54 ADULTS, \$47 CHILD (13 AND UNDER)**

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

### **BLAST (INTERMEDIATE HALF DAY) - \$62 ADULTS**

Perhaps you've already been there and done that and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

### **KAMIKAZE (ADVANCED HALF DAY) - \$84 ADULTS**

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

**Contact Melanie Gentz, Andrew Bell, Scott  
Smeester, or Geoff Noble at  
[gtnoble@comcast.net](mailto:gtnoble@comcast.net)**

**All rebates to be donated directly to the Colorado based non-profit  
program Warriors on Cataract**



## Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to

Tom Giordano

7271 East Wesley Avenue

Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

GIVING

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GIVING

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