



August 10, 2020



President's Column

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Denver Mile High Rotary on the Web:

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Inside this issue:

President's Column 1

Zoom Link 2
Word from your editor

Upcoming Program
Details and Calendar

3

Inspirators, Greeters,
Hosts, Birthdays
Meet New Member!

Service Above Self 5

District Announcements 6 and Woohoomanity

Member Feature 7

Calendar-at-a-Glance 8
DMHR Admin Info

DMHR Foundation 9

Greetings Denver Mile Rotarians!

August is Rotary Membership month! Wahoo! I am excited that we'll be inducting Janine Kempfer into our club this week, so make sure to give her a warm welcome. Our Zoom meetings are easy and great to invite people to, if they are seeking connections to great people. Try to share the link with 2-3 friends the next few weeks and have them join us!

I was able to scoot up to Piney Lake, north of Vail, with my youngest son Alec for a couple of days of social distancing and hiking. It was a quick trip, but a fun one. There were more cars with out-of-state plates than Colorado plates and there were literally, dozens of people on the trail, which was contrary to what we were hoping for on our trip to the mountains. It was still nice though.

Joke of the week: Why don't ants ever get sick? Because they have little antibodies!

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

Please note...being the DMHR President is an important job and we celebrate our past president, Scott Smeester for his great contributions to the lives of DMH Rotarians.

August 29 - Past President's Party - Saturday, 5-7pm - 1739 Forest Parkway - This is Tom Cella's house, but we will celebrate across the street in the huge grassy parkway; bring your own lawn chairs. Rain or shine - canopies will be set up.

Wear your mask and we will be social distancing.

Menu consists of Santiago's burritos with individually wrapped servings of guacamole, chips, dessert, wine, and beer.

A great big thank you to Betty Spier and Mary Walta for organizing this event.





Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

https://zoom.us/j/317120546?pwd=ZjZKeGMyNEFQU2pTSXErZUpUa0Z3UT09

Meeting ID: 317 120 546 Password: DMHR2020

If you are participating via ZOOM next week and beyond, here's what you can expect:

- 7:00 Dial into the call and chat amongst yourselves, mute and unmute yourselves to mix and mingle.
- **7:15** Ding, Ding! Everyone mute. Brad will go live and call the meeting to order, announce guests, inspiration and pledge.
- **7:20** Brad will mute his phone to prevent audio feedback, and all Zoom participants can unmute and chat amongst yourselves again. We will try to have some cameo appearances by our "in person" members, walk by, wave, and say hello via my computer with the audio on. We'll see if that works next week.
- 7:40 Everyone mute yourselves; the meeting announcements/presentation will begin.
- 8:25 Q&A
- 8:30 4 way test and end the meeting. Ding, Ding!

A word from your editor...

Dear fellow Rotarians,

Despite the Coronavirus, the Denver Mile High Rotary is humming along, with programs scheduled for weeks to come, committee meetings, past president's party (see page 1), supporting our Woohoomanity riders (see pages 5&6), collecting bras (yes, you heard that right, see page 5), and planning for the holiday season. At the same time, we are celebrating our members and their accomplishments, starting with Sarah Hite's story earlier this year and now sharing Chuck Rudolph's story. And, to top off all that, August is Rotary's New Member month and we have a new member to celebrate, Janine Kempfer (see page 4); please welcome her at our next meeting.

Believing in the power of Rotary to improve the world...

Annely Noble

M 303-842-8725

Annely.noble@comcast.net

The more you contribute to your Rotary Experience, the more you benefit from your Rotary experience. What are YOU contributing to Rotary?







Denver Mile High Rotary Calendar of Events

August 11 - DMHR Board Meeting - 4:00 pm - details to follow. Contact Brad Thompson for information.

August 12 - Gloria Price, VP for Development, Metro Denver YMCA, will provide an overview of the Denver YMCA and their COVID-19 Relief Project (funding to which DMH Rotary contributed; see thank you document on page 11 of this newsletter) . **Via Zoom**

August 24 - World Community Service Meeting - In person, please contact Audrey Leavitt for information.

August 26 - Kimba Langas, co-founder of Free The Girls, likes to refer to herself as an "accidental abolition-ist." An Emmy-award winning producer and 20+year veteran of the television and video production industry, Kimba has always had a passion for storytelling. In early 2010, as a new mother and freelancer, the story of modern-day slavery and sex trafficking wasn't even on her radar. When her friend Dave approached her as a partner for a new organization he wanted to form to empower survivors of sex trafficking, she was intrigued. Little did she know how the issue would grab her heart and never let go.

August 29 - Virtual District 5450 Conference. Additional information will follow as it becomes available.

August 29 - Past President's Party - Saturday, 5-7pm - 1739 Forest Parkway - this is Tom Cella's house, but we will be across the street in the huge grassy parkway; bring your own lawn chairs.

Rain or shine - canopies will be set up. Wear your mask and we will be social distancing.

Menu consists of Santiago's burritos with individually wrapped servings of guacamole, chips, dessert, wine, and beer. A great big thank you to Betty Spier and Mary Walta for organizing this event.

September 2 - DMHR Budget Overview - Past President Scott Smeester will recap how we ended his year as President, and President Brad Thompson will give an overview of where things are YTD.

September 9 - **Dave Ventimiglia, CEO of The <u>Tipi Raisers</u>**. This organization is a 501(c)(3) that has been actively working to better the lives of the Lakota People of Pine Ridge Indian Reservation since 2009. Dave has actually been working with the Lakota People since 1990

September 12 - Woohoomanity Challenge <u>Use this link</u> to support DMHR riders; go to pages 5 and 7 for more information. In addition to donating to support our riders and the DMHR Foundation, you can go to the ride to cheer them on! Wear your mask and bring a picnic.

September 16 -

September 17 - DMH Rotary Foundation Meeting. Contact <u>Tony Vaida</u> for details and phone connection info. **September 23 -**

September 25 - DMH Rotary Book Club. Contact <u>Linda Sue Shirkey</u> for details. Read <u>Lady in the Lake</u> by Laura Lippman for this meeting.

September 30 -

October 7 - Annual Message and Update from the Rotary District 5450 Governor; our very own, BOB KEMP!!!





Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
August 12	Dan Himmelspach	Sarah Hite and Noreen Keleshian	Audrey Leavitt
August 19	Ted Hendryx	Kevin LeVezu and Susanne Lorenz	Jeff McAnallen
August 26	Constance Mortell	Carolyn Nobel and Annely Noble	Volunteer needed
Sept 2	Charlene Porter	Adams Price and Kaili Purviance	Carolyn Schrader

Upcoming August Birthdays

August 10 - Tom Giordano

August 14 - Vass Sirpolaidis

August 17 - Ronnie Weiss

August 18 - Sarah Hite

August 21 - Brian Good

August 26 - Ann Tull

August 27 - Chris Wong

Make sure you stretch out your special day!



Meet our new Rotarian! Janine Kempfer

I am excited to become a member of Rotary. I have a yearning to make a difference in people's lives and this group gives me an opportunity to do that. As a 24 year veteran of the real estate/mortgage industry, I've gotten to know our community well and look forward to helping bring about positive change.

My hobbies include acting and physical fitness. I have done stage acting as well as local and national television commercials. Physical fitness is very important to me. One of my biggest accomplishments is completing an Ironman Triathlon.

I live in Lone Tree with my husband of 14 years. Combined, we have three adult children and 5 grandchildren.

Janine Kempfer

President - Mortgage Broker 303-587-7775

Prime Mortgage, LLC janine@primemortgage.biz"







Service Above Self

Brittney "Bert" Woodrum is climbing all of Colorado's 14ers to raise awareness of and money for ShelterBox.

She is now nearly half way there!
Go to the website for much more amazing information and photos of her progress. Bert is available to Zoom meet with our club!

Watch her interview on FOX News.

<u>Click here</u> to see and hear about Summit Daily. <u>Click here</u> to see and hear about Rotary Peak.

This information brought to you by **Melanie Gentz** and David R. Addor, ShelterBox Ambassador Rotary Club of Aurora Fitzsimons

Time sensitive OPPORTUNITY!

Our August 26th Rotary program features Kimba Langas, cofounder of Free The Girls, a non-profit organization that frees women from enslavement in sex trafficking by establishing them in small busi-

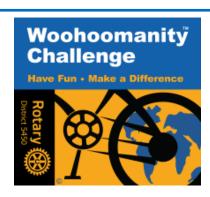


nesses in which the women support themselves by selling donated brassieres. The bras are donated by individuals and by organizations such as Rotary.

Free the Girls accepts all bra shapes and sizes, colors and styles. They accept regular bras, sports bras, camisoles, and nursing/maternity bras. Condition should be new or gently used, but folks shouldn't worry too much about that because FTG has partnerships to donate "too gently used" bras to a clothing recycler and sizes that won't work in the program to a couple women's prisons.

Please bring your contributions to the Sargent at Arms table at the Rotary breakfast meetings beginning August 5th, someone will be there to collect them. We will collect through August 26th. THANK YOU!

Annely Noble



Woohoomanity Challenge...what is it?
A Rotary wide bike ride for all levels of riders, and open to all individuals who would like to register and ride.
Four of our DMH Rotary members are riding and they invite you to pledge your support by clicking here.

Our DMHR Team consists of:

Melanie "Go Getter" Gentz,

Steve "Beat the Pack" Blazek.

Tom "Strides Ahead" Cella

and

Marty "Way Out in Front" Waters.

Go Team!

Donations in any and all amounts are greatly appreciated; funds go directly to the DMHR Foundation!

Your donation is the easy part, the riders have the difficult job, each will be riding 100 miles on September 12th! Let's support them with funds, and with your presence at the event! For details, click here.





District Announcements

Click here for a link to District 5450 home page where you can see the district calendar, other club activities, etc.

<u>Click here</u> to see and hear DG **Bob Kemp's** message for August.

In case you missed it earlier in the newsletter... To donate to our Denver Mile High Woohoomanity Riders, click here;

Our DMHR Team consists of

Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, Marty "Way out in front" Waters.

Go Team!

Funds raised go to The DMHR Foundation!



Need Rotary mask?

<u>Brad Thompson</u> is ordering more.

Please contact him if you would like one.

Cost - \$10.00 per mask, \$5 of which is
donated to the DMH Rotary Foundation.

Upcoming District events - sign up now!

Tuesday, August 18 - 7:00 to 8:00 pm

Membership Webinar Everyone is encouraged to attend this free event
Register Now!

Saturday, August 29 - 9:00 to 11:45 am | 1:00 to 3:00 pm

2020 Virtual District Conference -

Only \$22 per person, with \$20 donated to End Polio Click Here to see the Agenda, Speakers & to Register Now!

Sunday, November 1 - 12:00 noon to 1:00 pm

Virtual Lunch with Rotary International President Holger Knaack & Polio Update Save the Date! More information & registration available August 30

For more information, please contact:

Beverly Mendel
District Operations Manager
303-477-0654
office@rotary5450.org

Mental Health Note brought to you by **Diane Messamore**



Mental Wellness Tip of the Week

Savor your next meal







Member Feature

Pat Barry provided the following information about our esteemed member,

Chuck Rudolph, who has been "locked away" at his residence since mid-March,
but not forgotten by his DMH Rotary Club!

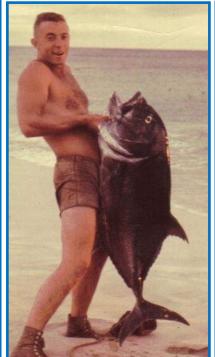
Chuck Rudolph

Renaissance Man - Esteemed Rotarian

Chuck's accomplishments as a dedicated Rotarian and leader of numerous global water, sanitation, and health projects fly under the radar because he quietly raises money, writes grants and recruits volunteers for projects. He also is a prime recruiter of new members for DMHR, recently nominating Margaret VanVliet.

Chuck is reluctant to talk about these and his many other talents. However, club members who have traveled with him have learned about his remarkable life on the fishing treks he hosts to raise funds for DMHR or on the humanitarian projects he champions.







Chuck is California born and raised, where he grew up on the Southern coast and earned three degrees at Stanford. A life-long fisherman, he set the bar high when he was skin diving (!!) and caught an Ulua, a member of the Pompano family.

- Proof of Chuck's Bragging Rights

His love of water was not limited to fishing for West Coast lobster, abalone and Ulua. Chuck also dedicated ten years to surfing and skin diving. When he was drafted in the early nineteen sixties, he signed up for the Navy and received a commission and training in finding and detonating explosives throughout U.S.A. Pacific Territories. This allowed him to live at the famed surfing village in Makaha, Hawaii, which (at that time) was the surfing capitol of the world. It was a young man's dream. He said, "When the surf was up I surfed, when the surf wasn't up, I could dive."

Chuck modestly does not want to talk about his talents as a surfer and diver, but reading between the lines indicates that his younger self's extreme thrill level was quenched by diving to detonate bombs and surfing. At the time, Makaha was renowned for having some of the highest waves in the world and hosted the International Surfing Championships. If you google "Makaha Surfing sixties," you will find videos and stories of the amazing events that took place during his residence there.

However, Chuck is quick to point out that he was not in the league of extreme surfers, but was "adequate." This may be why he was able to commit to a serious relationship with Charla and leave Makaha and embark on a life as a beloved husband, father and successful business entrepreneur.

A few years after Chuck left, Makaha surfer Greg Noll set a record -- still unbroken -- for riding "The Biggest Wave Ever Ridden." It is our good fortune that Chuck never looked back and chose to channel his enormous talents to service above self.





DMHR Year-At-A-Glance Calendar

JANUARY	FEBRUARY	MARCH
Write Valentine Cards for Seniors	Craig Hospital Dinner	Mini-Dinner Fundraiser
Mini-Dinner Fundraiser	New Member Orientation	
Rotary Awareness Month	World Awareness Month	Literacy Month
APRIL	MAY	JUNE
Mile High Spring Swing	Craig Hospital Dinner	River Rafting
	RYLA Interviews	
RI Magazine Month	Promote International Convention Mth	Rotary Fellowship Month
JULY	AUGUST	SEPTEMBER
Inner City Kids Hike/Rotary Peak	School Supplies Drive	Mini-Dinner Fundraiser
RYLA Camp	Past President's Party	New Member Orientation
Literacy Month & New Rotary Year	Membership and Extensions Month	New Generations Month
OCTOBER	NOVEMBER	DECEMBER
9 Health Fair	Write Holiday Cars for Active and	Holiday Party
Craig Hospital Dinner	Deployed Military	Toy Drive
World Polio Day Event	Citrus Fundraiser	
Vocational Service Month	Rotary Foundation Month	Family Month

DMHR Admin Information

DMHR Dues: Kaili Purviance, Treasurer — treasurerdmh@gmail.com — Thank you!

Ways to pay...

- Mail a check made out to "Rotary Club of Mile High Denver" to the Tom Cella, Sargent at Arms:
 Tom Cella 1739 Forest Parkway, Denver CO 80220
- Bring a check to a Club meeting and give it to Tom Cella or Kaili Purviance, Treasurer
- Pay by credit card—Tom Cella will use the app "Square" to process your card

Click here or use the following link

https://rotary-club-of-denver-mile-high.square.site/

DMHR Foundation: c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

Rotary Club of Denver Mile High Foundation or DMHR Foundation

Hand to Tom Giordano at a meeting or mail to:

Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224

Or... please click here to go directly to our secure online donation site.

You may make a one time donation or set up automatic monthly donations.





Contributions to DMHR Foundation

2020 - 2021

Individual Donors

Giving Generousky For the Greater Good

Pat Gorman-Barry Carolyn Nobel Tony Vaída Tom Cella Annely Noble Mary Walta Melanie Gentz Adams Price Marty Waters Tom Giordano Chuck Rudolph Ronnie Weiss Tom Gregory Roberta Simonton Sonny Wiegand Bob Kemp Robin Springer

Diane Messamore Michael Tapp

Constance Mortell Ann Tull

Room for more, will it be you? Or you?

Or who?



2019-2020 Corporate Sponsors

Corporate Generosity



