



SERVE TO CHANGE LIVES

Denver Mile High Rotary,
where commitment and service
rise above the mountain tops



Rotary



Club of Denver Mile High

President's Column

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Inside this issue:

President's Column 1

Word From the Editor
Info to know 2

Upcoming Program
Details and Calendar 3

Inspirators, Greeters,
Hosts, Birthdays 4
Tip of the Week, Misc.

Items of Interest to DMHR 5

Volunteer Opportunities 6

Hello Fellow Rotarians,

2 August 2021

Thank you again Carolyn and Paul for hosting our happy hour last week. We had a great turn out and the fellowship and conversation were awesome.

I had a really good lunch with Tom Giordano last week and we talked about fundraising. We have a lofty fundraising goal this year for our Foundation and I know we can accomplish our goal. Tom has some great ideas but we encourage and welcome any thoughts or ideas for fundraising. Please contact Tom or myself if you have any questions or want to discuss fundraising ideas.

Woohoomanity is gaining momentum. We have four signed up with Woohoo and others who are going to sign up and/or thinking about it. This can be our largest fundraiser of the year. I will be talking more about this at our upcoming meetings. If you have any questions please contact myself or Tom C., Melanie or Marty. Looking forward to September 25th for the ride. It will certainly be a fun day of riding and fellowship.

We have been having really strong turnouts for our weekly meetings. Great to see you all at the U-Club and on Zoom.

Love & Respect,

Steve

ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?
pwd=aXZsTXRiZzJLZEVLN2RlZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RlZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839

Rockies Game - Rotary Function September 26 - \$28 per ticket

Rotary members have purchased almost 300 tickets for the [Colorado Rockies vs. San Francisco Giants game](#).

District Governor Ray Anderson will be on the field to share about Rotary, so let's get out there and support him and our cause. **All profits go to PolioPlus.**

[Click here to purchase tickets so Rotary gets PolioPlus credit.](#)

Wear your Rotary gear... you all have your new DMHR Rotary T-shirts.

Interesting Facts...

Attendance last week

53 Total membership

6 Zoom members

34 Members at U-Club

2 Speakers at U-Club

0 Guests at the U-Club

13 Members missing

What is
Denver Mile High Rotary's
Community Initiative?

Speaking of T-shirts...

If you have not received your DMHR t-shirt, please pick it up at next week's meeting. If you will be absent for a while, please contact [Annely Noble](#) (303-842-87250) to arrange to receive it.



SERVE TO CHANGE LIVES

Word from the Editor

A word from your editor

Dear Fellow Rotarians,

The new Denver Mile High Rotary Club **T-shirts are in** and I will be distributing the rest this coming Wednesday! So when is our next service day? Come to the August 18th meeting to help brainstorm our upcoming projects.

Our RI President would like our club to grow, our District Governor would like our club to grow, and our President, Steve would like our club to grow...so what's next? I hope you have a chance to read the article that begins on page 30 of the August 2021 *Rotary Magazine* about a club in Plano, TX that went from 20 members to 60 in a very short time by merely serving its community. Rotary's product is "service," so we should commit to doing "service." The Denver Mile High Community Initiative, of which you will hear more in coming weeks, is working to determine the needs of our club meeting location's surrounding community so that we can work on making service to this community a priority, which will not only give us an identity in the city but also will bring in new members. Well, that's the plan anyhow! Stay tuned for more information, and if you would like to be involved in this planning, please let me know!

See you Wednesday!

Annelly Noble, PE
M 303-842-8725

Annelly.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.
What are YOU contributing to Rotary?
And, for what are you waiting?*



Information to Know

Colorado - Palisade Peaches

Cherry Creek Rotary is again selling peaches - 10 lb boxes for \$27.

Please order online by [clicking here](#).
Order by August 3rd—TOMORROW!

You pick up August 14th
from 8 am-1 pm at

the McAuliffe International School,
2540 Holly St, Denver 80207.

Need more details, please contact
[Robin Springer](#) 303-910-7835 or 303-778-0858

From our Wednesday speaker on the Youth Mental Health Crisis...

We thank you for the opportunity to present on this most important topic. You have a great club, and it was a pleasure meeting your members!

For some additional resources, please see the resources tab on the Partners for Children's Mental Health; <https://pcmh.org/>

Please let me know if we can do anything else for the Club. All good wishes, Les

Leslie Lee | Philanthropy Fellow
[Children's Hospital Colorado Foundation](#)
Anschutz Medical Campus | 13123 E. 16th Ave., B045 | Aurora, CO 80045
Phone: 720-777-1708 Cell 720-635-0603
lle@childrenscoloradofoundation.org



SERVE TO CHANGE LIVES



Calendar of Event and Presentation Details

August 4 - Do not park on Sherman...street sweepers may sweep away your car, or worse, you may be ticketed.

August 4 - Elle Sypek, Denver Mile High and District 5450 World Peace Fellowship nominee, will be speaking about Aarti for Girls, (a not for profit in Kadapa, India that works to end gender discrimination and the abuse of women and children), and specifically about a grass root, community level approach to change and how this has cultivated a comprehensive, positive impact for the physical and mental health, education, and livelihood of women and children.

August 8 - Past President's Party - Sunday 5-7pm - In the boulevard in front of Tom and Janis Cella's home, at 1739 Forest Parkway, Denver. Menu consists of burritos, guacamole, dessert, beer and wine. Bring your lawn chairs and a "roast" or a joke to share!

August 10 - 4-5pm - Denver Mile High Rotary Board Meeting - Contact President Steve Blazek for Zoom info, etc.

August 11 - Greg Kingsley - Platte 15 Project and Cross Panel Timber movement

August 12 - 5-545pm - Community Initiative Zoom meeting - for more info contact Annely Noble.

August 18 - Strategic Club Planning Session lead by President Steve Blazek. What are our upcoming projects? Ideas for new projects, etc. **Brainstorming session!** Let's find a reason to wear our new shirts for a day of service.

August 25 - Blake Carleton - Hard Choice Habits - Any significant level of achievement is directly correlated with the total number of HARD decisions a person is willing to make. The Hard Choice Habits is a belief that the highest levels of growth, prosperity, and advancement are earned through an accumulation of hard choices. The Hard Choice Habits are anchored in a binary framework of rules that creates a simple, repeatable processes that can be adapted to any situation.

August 26 - 8-9am - Communications Advisory Council - Please contact Margaret VanVliet for Zoom info.

September 1 - Do not park on Sherman - street sweeping.

September 8 - Brandon Lloyd - Careerwise - European-modeled apprentice system as an alternative to immediate post-high school college attendance. Ex-Bronco, Brandon Lloyd works with Careerwise, a national program, started in Denver by Noel Ginsburg, to provide an alternative path to a career through apprenticeships modeled on the Swiss apprentice model, allowing high school students a path to a career without having to load up on dubious debt for a four year degree.

September 22 - Jake Dresden - A Little Help Nonprofit - Challenges that citizens in elder community face and how A Little Help provides services. Jake Dresden is A Little Help's full-time Outreach and Development Director. Jake brings over two decades of experience at Graland Country Day School, where he most recently served as a dean and secondary school counselor. In his work at Graland, Jake was most driven to help kids grow and find their voices as members of a community. Jake will be reaching out in the community and building relationships with A Little Help's supporters of all kinds.

September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*. If you choose not to ride, consider sponsoring a rider from our club. Details will follow in August.

September 26 - Go to a Colorado Rockies (vs. San Francisco Giants) game which begins at 1:10pm, with district 5450 Rotary members from all clubs. [Click here](#) to purchase tickets at only \$28 each. Profits to PolioPlus.

Do you have any leads for future speakers? Contact Adams Price: 303-570-3315 or adams.price@pmcf.com



SERVE TO CHANGE LIVES

Weekly Assignments and More

Date	Inspiration	Greeters	Host
August 4	Josh Peck	Charlene Porter and Adams Price	Chuck Rudolph
August 11	Carolyn Schrader	Linda Sue Shirkey and Roberta Simonton	Vas Sirpolaidis
August 18	Scott Smeester	Beau Smith and Betty Speir	Robin Springer



Mental Wellness
Tip of the Week
Bake cookies for your neighbors or coworkers!
Denver Mile High
Rotary
Club

Mental Wellness Tip brought to you by a baking Rotarian!

Please ask **Ann Tull** about the special effects birthday greeting Rotary International sent her this month!

**The Rotary Book Group...
All Welcome**
Monday, **August 23rd**, at 4:30 pm
Sarah Hite's home
648 Humboldt, Denver
No July meeting.

While Justice Sleeps - A Novel
By Stacey Abrams

A gripping thriller set within the halls of the U.S. Supreme Court - where a young law clerk finds herself embroiled in a shocking mystery plotted by one of the most preeminent judges in America.

August Birthdays

Aug 10 Tom Giordano
Aug 14 Vass Sirpolaidis
Aug 17 Ronnie Weiss
Aug 18 Sarah Hite
Aug 26 Ann Tull

District Information

Monthly District News

[Click here to go to the District 5450 website](#) to see August activities and information, and to listen to the August ([august?](#)) address by our new District Governor, Ray Anderson (2021-22)

**NEW MEMBERS
Rotary 101**
Tues. Aug. 10 | 7:00 to 8:00 pm
Presented by the District Trainers via Zoom
[Click here for more info and to register](#)

**All DMHR Rotarians
Membership Summit**
**Sat. Aug. 21
8:30 to Noon**
In Person - Origins Hotel in Golden
[Click here for more information and to register.](#)

Metro Caring Provisioning Project

The Provisioning Project is brought to you by the Rotary Club of Cherry Creek. One of their members co-owns and donates the warehouse in which the work is done, and the club counts on volunteers to rebag 50 lb bags of flour, rice, oatmeal, and beans into 1.5 lb bags for Metro Caring. Several of our club members and their spouses have volunteered their time routinely the second Thursday of each month, from 9:00-12:30pm.

At this time, our club will no longer be responsible for filling the Thursday time slot. However, there still is a need for volunteers; you may sign up for any day convenient for you when the warehouse is open.
[Click here to sign up to volunteer.](#)

Please contact [Robin Springer](#) 303-778-0858, if you have questions.

This is a great way to volunteer, do good, and get to know each other better!



SERVE TO CHANGE LIVES



Upcoming Fundraising Event Details, etc.

Let's all talk more about the Whoohoomanity

Brought to you by **Melanie Gentz**

This ride is tied in with the Denver Century Ride
<http://denvercenturyride.com/> - September 25th, 2021

You can choose....

25 miles

50 Miles

85 Miles

and 100 mile rides

If everyone does the 25 mile ride, I think it would be a BLAST!
Once you sign up for the Denver Ride you then sign up for the

[Fundraising portion](#)

<https://runsignup.com/Race/CO/Denver/WoohoomanityChallenge>

of course, choose "Denver Mile High Rotary"

You must register no later than August 15th!

This is a fundraising event for not only the sponsoring club but for Denver Mile High Rotary as well. If you cannot ride, please consider pledging to one or all of the riders so that we can make this fundraiser a super success!

[To sponsor or donate, click here and choose your riders!](#)

Messy Fingers

A poem by Debra S. Higginbotham

Inspiration presented by

Diane Messamore

at last week's meeting.

Sticky fingers, tangled hair,
scattered crayons everywhere.

Fancy artwork on the wall
drawn by little ones three feet tall.

Tell me why and tell me how.

That was mine, I want it NOW!

Fix my bike. Buy me gum.

If you have it, I want some.

Dirty faces, grass-stained knees,
learning words like pretty please.

Endless hugs and goofy wet kisses,
learning respect with 'Mr.' & 'Mrs.'

Scraped-up hands from falling down.

Tender tugs - - on my night gown.

Need more paper for Santa's letter?
I wasn't so bad, but I've been better.

Watching a movie again and again.

Mommy, please put the tape back in.

Messy fingers, hair gone wild,
all in the life of a precious child!

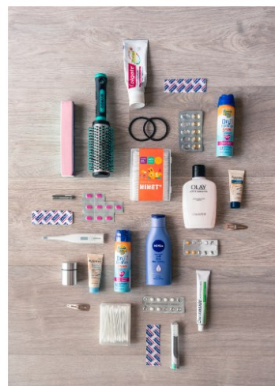
CALL FOR DONATIONS

Rotary Club of Five Points RiNo is sponsoring a toiletry shelf for the students of Manual High School. We are seeking new toiletry item donations for restocking the shelf. Contact us for questions or to schedule a pick-up!

**ITEMS NEEDED INCLUDE
(BUT ARE NOT LIMITED TO)**

- DEODORANT
- SHAVING SUPPLIES
- TOOTHBRUSHES/TOOTHPASTE
- SHAMPOO/CONDITIONER
- FEMININE PRODUCTS
- SOAP/BODY WASH

Contact us at 5point Rotary@gmail.com



← Please bring your donations to

[Ronnie Weiss](#) at Rotary meetings

by August 18th. Thank you!



SERVE TO CHANGE LIVES

Service Above Self



PROJECT WORTHMORE

Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

When: The first Monday of every month.

10:30am - 12:30pm: Food Packaging. Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

12:30pm - 1:30pm: Deliver boxes of food to families within about a 3-mile radius of Project Worthmore.



CRAIG

NEUROREHABILITATION & RESEARCH HOSPITAL

Craig Hospital - As COVID restrictions become relaxed, Denver Mile High Rotary will again participate at Craig hospital. For more information, please contact [Betty Speir](#) 303-489-0418



METRO CARING
ENDING HUNGER AT ITS ROOT

Volunteer for Metro Caring Provisioning Project:

LOCATION: 5200 Smith Road Suite 130 - west side entrance.

Choose your own time to volunteer by [clicking here](#).

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. Please see page 2 for updated information.



The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. Watch this space for opportunities beginning May and early June. If you would like more information or to sign up, please contact [Ronnie Weiss](#).



Nine Health will again hold health fairs beginning this fall. Please contact [Linda Sue Shirkey](#) 303-946-3196 or [Audrey Leavitt](#) 610-805-7579 for more info.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.