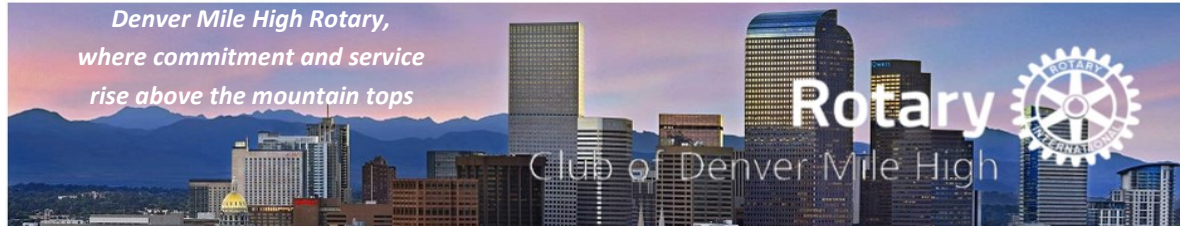




SERVE TO CHANGE LIVES



Rotary 
Club of Denver Mile High

President's Column

Denver Mile High Rotary on the Web:

[Denver Mile High Rotary](#)

[DMHR on Facebook](#)

[DMHR on LinkedIn](#)

[DMHR on Instagram](#)

[Rotary District 5450](#)

[Rotary International](#)

Inside this Issue:

President's Column	1
Word From the Editor Woohoomanity Info	2
Upcoming Program Details and Calendar	3
Inspirators, Greeters, Hosts, Birthdays Tip of the Week, Misc.	4
Member Contributions AmazonSmiles Program	5
Volunteer Opportunities	6

Dear Denver Mile High Rotarians,

23 August 2021

Thank you all for your hard work and input at our last meeting talking about community service projects. I am excited to read through the notes and move forward on some of the projects that were discussed. Now the real work starts...execution. We have a great Club and I know we can do it and serve our community.

Next up for further discussion will be fundraising. We will dedicate a meeting in the next few weeks and brainstorm on fundraising, as we have a big goal to hit there too. So be thinking of ways we can raise some funds from others, outside the club. Woohoomanity is underway, so that should be a big one for us.

Another happy hour coming up this week at Dan's house. Unfortunately, I am going to miss it, as I will be in Portland moving my son into his dorm room for college. I look forward to hearing about it and seeing pictures. Have fun! Thank you all for all you do. Have a great week!

Love & Respect,
Steve

ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09)

[pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839

Next DMHR Happy Hour!

August 24th (Tues) from 5-7p at the home of Dan and Leslie Himelspace, 5285 E. 6th Ave. Parkway - 6th and Glencoe. Wine, beer and appetizers will be provided.

Please [click here to r.s.v.p. to Dan](#), at your earliest convenience.

Please bring your September donations to [Ronnie Weiss](#) at Rotary meetings. —>

How are we doing?

Summer is a busy season...
Attendance at:

21 Members at U-Club
1 Guest at U-Club
5 Members on Zoom
28 Members missing

CALL FOR DONATIONS

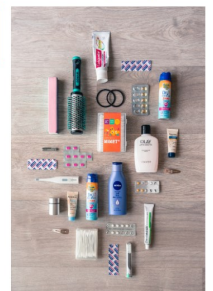
Rotary Club of Five Points RiNo is sponsoring a toiletry shelf for the students of Manual High School. We are seeking new toiletry item donations for restocking the shelf. Contact us for questions or to schedule a pick-up!

ITEMS NEEDED INCLUDE
(BUT ARE NOT LIMITED TO)

DEODORANT
SHAVING SUPPLIES
TOOTHBRUSHES/TOOTHPASTE
SHAMPOO/CONDITIONER
FEMININE PRODUCTS
SOAP/BODY WASH

Contact us at 5pointstorotary@gmail.com

Rotary  Five Points RiNo
Denver





SERVE TO CHANGE LIVES



Word from the Editor

A word from your editor

Good Monday morning, all,

Our club's first big fundraiser is the Woohoomanity Bike Ride. Please consider riding or supporting the existing Denver Mile High team, or you can choose to support individual riders. Please see below for details on how to donate. We have one month to raise funds, let's break the bank on this one! I've ridden 100 miles on my bike since last Thursday...training for the Woohoomanity...I begin fundraising this week! What will you do to support the Fundraiser????

Again, early delivery of the newsletter - grab your morning coffee or tea and catch up on DMHR functions and news.

See you Wednesday!

Annelly Noble, PE

M 303-842-8725

Annely.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.*

What are YOU contributing to Rotary?

And, for what are you waiting?



Woohoomanity Fundraiser - Just Do It!

Woohoomanity!

Team DMHR has raised already \$500, only \$9,500 to raise! Yes, that's right, our goal is to raise \$10,000 for the Club! [Please click here to donate](#); ninety-five percent (yes, that is 95%!) of your donations comes back to our club!

Last year's team has registered:

Melanie "Go Getter" Gentz,
Steve "Beat the Pack" Blazek,
Tom "Strides Ahead" Cella, and
Marty "Fast Flowing" Waters.

New rider additions for this year include:

Margaret "I'd rather be fishing" Van Vliet
Annely "No Fear - Not" Noble
Robin "Rides Again" Springer

The following folks plan to sign up for the ride:

Charlene "Fly Girl" Porter
Tom Gregory - still working on Tom's moniker!
Debra "Low Flying" Flick
The more riders, the merrier, and the more funds!



But, if you choose not to ride, please donate to the DMHR riders. [Click here to donate, please do it now!](#) You can choose to donate on behalf of a single rider, (just enter the rider's name in the fundraiser search bar), or the Denver Mile High Team of Riders, (either click on the DMHR icon or in the team search bar type in "Denver Mile High").



SERVE TO CHANGE LIVES



Calendar of Event and Presentation Details

August 23 - 4:30pm - DMHR Book Club meets at Sarah Hite's home. See page 4 for details.

August 24 - 5-7pm - DMHR Happy Hour - Back by popular demand! Join your fellow Rotarians at Dan and Leslie Himelpach's home at 5285 E. 6th Ave. Parkway - 6th and Glencoe. Wine, beer and appetizers will be provided. Please [r.s.v.p. to Dan](#) using this e-mail: dg13-14@DisputeManagementInc.com at your earliest convenience.

August 25 - Blake Carleton - Hard Choice Habits - Any significant level of achievement is directly correlated with the total number of HARD decisions a person is willing to make. The Hard Choice Habits is a belief that the highest levels of growth, prosperity, and advancement are earned through an accumulation of hard choices. The Hard Choice Habits are anchored in a binary framework of rules that creates a simple, repeatable processes that can be adapted to any situation.

August 26 - 8-9am - Communications Advisory Council - Please contact [Margaret VanVliet](#) for Zoom info.

August 30 - 4-5pm - World Community Service Committee meeting. Please contact [Audrey Leavitt](#) for Zoom info.
September 1 - Do not park on Sherman - street sweeping.

September 1 - Mark Bitterman - Stratolaunch - Stratolaunch designs, manufactures, and launches aerospace vehicles and technologies to fulfill several important national needs, including the need for reliable, routine access to space and the need to significantly advance the nation's ability to design and operate hypersonic vehicles.

September 8 - Brandon Lloyd - Careerwise - European-modeled apprentice system as an alternative to immediate post-high school college attendance. Ex-Bronco, Brandon Lloyd works with Careerwise, a national program, started in Denver by Noel Ginsburg, to provide an alternative path to a career through apprenticeships modeled on the Swiss apprentice model, allowing high school students a path to a career without having to load up on dubious debt for a four year degree.

September 14 - 4-5pm - DMHR Board Meeting. Contact Steve Blazek for Zoom info.

September 15 - Open date. If you know of a good speaker, please contact Adams Price.

September 22 - Jake Dresden - A Little Help Nonprofit - Challenges that citizens in elder community face and how A Little Help provides services. Jake Dresden is A Little Help's full-time Outreach and Development Director. Jake brings over two decades of experience at Graland Country Day School, where he most recently served as a dean and secondary school counselor. In his work at Graland, Jake was most driven to help kids grow and find their voices as members of a community. Jake will be reaching out in the community and building relationships with A Little Help's supporters of all kinds.

September 23 - 7:00am - Denver Mile High Foundation Board meeting - Contact [Tony Vaida](#) for details.

September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*. If you choose not to ride, consider sponsoring a rider from our club. Details on page 5.

September 26 - Go to a Colorado Rockies (vs. San Francisco Giants) game which begins at 1:10pm, with District 5450 Rotary members from all clubs. [Click here](#) to purchase tickets at only \$28 each. Profits to PolioPlus.

September 29 - Tentative Off-site meeting - Stay tuned for further details.

Do you have any leads for future speakers? Contact Adams Price: 303-570-3315 or adams.price@pmcf.com



SERVE TO CHANGE LIVES



Weekly Assignments and More

Date	Inspiration	Greeters	Host
August 25	Scott Smeester	Ann Tull and Tony Vaida	Bruce Ward
September 1	Marty Waters	Amy Weed and Ronnie Weiss	Sonny Wiegand
September 8	Pat Barry	Andrew Bell and Amanda Biffle	Sharon (Roni) Cella



August Birthdays

Aug 26 Ann Tull
Sept 8 Roberta Simonton
Sept 22 Marty Waters
Sept 27 Jeff McAnallen

Mental Wellness
Tip of the Week
Plan something for the day,
the week, the month,
to which to look forward.



Mental Wellness Tip brought
to you by a DMHR Rotarian!

District Information

The Rotary Book Group...

All Welcome - TODAY

Monday, August 23rd, at 4:30 pm
Sarah Hite's home
648 Humboldt, Denver

While Justice Sleeps - A Novel
By Stacey Abrams

A gripping thriller set within the halls of
the U.S. Supreme Court - where a young
law clerk finds herself embroiled in a
shocking mystery plotted by one of the
most preeminent judges in America.

Monthly District News

[Click here to go to the District 5450](#)
website to see August activities and
information, and to listen to the
August address by our 2021-22
District Governor, Ray Anderson

LAST CHANCE - ROCKIES vs. GIANTS & ROTARY vs. POLIO

Help knock polio out of the park when you join District Governor
Ray Anderson and your District Polio Committee who invite you, your
family, and friends to join them at Coors Field on Sunday, Sept 26. Wear
your Rotary best and make lots of noise - WE WILL HAVE A BLAST!
[CLICK HERE TO BUY YOUR TICKETS NOW](#) for only \$28 each.

All funds earned from our tickets sales will go toward polio eradication.

Culture and your Rotary Club

Zoom with Lee Mulberry
24 August - 7:00-8:00pm
What is your club's culture?
Do you want to change it?
Or need to change it to attract
and retain members?
[Register Now](#) and Attend for Free.

World Peace - Pipe Dream or Possibility?

Sep 02, 2021 6:30 – 7:30 PM

[Click here for more info and to register.](#)

Global Virtual Concert for Peace

Sep 18, 2021 7:00 – 9:00 AM

[Click here for more info and to register.](#)

Crucial Conversations

Sep 28, 2021 7:00 – 8:00 PM

[Click here for info and to register.](#)



SERVE TO CHANGE LIVES



Member Contributions and AmazonSmile Program



We are missing our illustrious member, **Carolyn Schrader**, but I think she is quite happy to be in Italy for a while! She writes... "images from our rooftop terrace in Petritoli, the small town where we have part ownership in a house. It is just gorgeous all year round, even when it snows."

My question is...how many bedrooms and when may we visit? 😊



Thanks to **Tony Vaida**, we have a lovely display of seasonal flowers to enjoy today. Tony has cultivated this large variety in his community garden. You are looking at marigolds, zinnias, roses, dahlias, snap dragons, and a sunflower. Doesn't that just make your day?

AmazonSmile Program Now a fundraiser for Denver Mile High Rotary!

Thanks to the diligent work of **Tony Vaida** with help from **Tom Giordano** we now have a way to raise funds through the **AmazonSmile Program!**

Tony had to do legal wrangling, getting the help of JDS, the Foundation accountants, dealing with IRS, and contacting Diana DeGette's office, no small feats!

To get started with AmazonSmile, visit smile.amazon.com on your web browser and sign in with your Amazon.com credentials.

Choose Rotary Club of Denver Mile High to receive donations and start shopping!

To join AmazonSmile from the mobile app, open the app and find "Settings" in the main menu. Tap on "AmazonSmile" and follow the on-screen instructions to turn on AmazonSmile on your phone.



SERVE TO CHANGE LIVES



Service Above Self



PROJECT WORTHMORE

Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. Please contact [Tom Cella](#) for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

When: The first Monday of every month.

10:30am - 12:30pm: Food Packaging. Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

12:30pm - 1:30pm: Deliver boxes of food to families within about a 3-mile radius of Project Worthmore.



CRAIG

NEUROREHABILITATION
& RESEARCH HOSPITAL

Craig Hospital - As COVID restrictions become relaxed, Denver Mile High Rotary will again participate at Craig hospital. For more information, please contact [Betty Speir](#) 303-489-0418



METRO CARING

ENDING HUNGER AT ITS ROOT

Volunteer for Metro Caring Provisioning Project:

LOCATION: **5200 Smith Road Suite 130 - west side entrance.**

Choose your own time to volunteer by [clicking here](#).

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please contact [Robin Springer](#) for additional information. Please see page 4 for updated information.



The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. Watch this space for opportunities beginning May and early June. If you would like more information or to sign up, please contact [Ronnie Weiss](#).



Nine Health will again hold health fairs beginning this fall. Please contact [Linda Sue Shirkey](#) 303-946-3196 or [Audrey Leavitt](#) 610-805-7579 for more info.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.