



SERVE TO CHANGE LIVES



Rotary



Club of Denver Mile High

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Inside this Issue:

President's Column 1

Word From the Editor
Woohoomanity Info 2

Upcoming Program
Details and Calendar 3

Inspirators, Greeters,
Hosts, Birthdays
Tip of the Week, Misc. 4

Help Needed Now
AmazonSmiles Program 5

Volunteer Opportunities 6

President's Column

Hello Denver Mile High Rotarians,

30 August 2021

I want to thank Annely for running the meeting last week in my absence. I heard she did an awesome job, as I knew she would. Thank you Annely!

I just got back from a long road trip out to Portland last week to move my son into college. It was a long drive, but a great experience. I am excited for him and his next chapter. I think Lewis & Clark College is a wonderful fit for him and he will thrive and grow.

I will follow up with Tom this week on our service projects. I am also looking forward to our call on Monday with Audrey to talk about WCS. Please join the call if you are available and interested.

Woohoomanity continues to gain momentum and everyone is doing an amazing job of fundraising. Let's keep it up and get to \$10,000+. And keep training, you who are riding (myself included)!

Remember to be constantly thinking of new members for our club. Always be recruiting and inviting them to a meeting or happy hour.

Good to be back home.....Love & Respect, Steve

ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

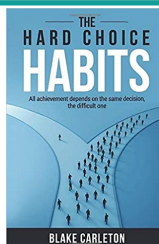
[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09)

[pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839

Great presentation this past Wednesday!

*The Hard Choice Habits:
All achievement depends on the same decision, the difficult one.*



Use the following
to contact the author, Blake Carleton:
Phone - 804-839-1537
blakecarleton@gmail.com
Linked In @BlakeCarleton
Twitter @BlakeCarleton

Please bring your September
donations to [Ronnie Weiss](#)
at Rotary meetings. —>

How are we doing?

Attendance:

28 Members at U-Club

6 Members on Zoom

1 Speaker on Zoom

18 Members missing

CALL FOR DONATIONS

Rotary Club of Five Points RiNo is sponsoring a toiletry shelf for the students of Manual High School. We are seeking new toiletry item donations for restocking the shelf. Contact us for questions or to schedule a pick-up!

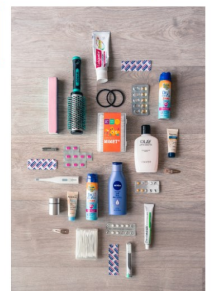
ITEMS NEEDED INCLUDE
(BUT ARE NOT LIMITED TO)

DEODORANT
SHAVING SUPPLIES
TOOTHBRUSHES/TOOTHPASTE
SHAMPOO/CONDITIONER
FEMININE PRODUCTS
SOAP/BODY WASH

Contact us at 5point Rotary@gmail.com



Five Points RiNo
Denver





SERVE TO CHANGE LIVES



Word from the Editor

A word from your editor

Dear fellow Rotarians,

I'm not really competitive, but...Woohoomanity is our first big fundraiser this year and this is where we stand:

1. Denver Southeast Club (which sponsors the Woohoomanity) has raised \$50,978 of a \$100,000 goal
2. Denver Mile High (that's us!) has raised \$1,945 of a \$10,000 goal
3. Denver Rotary (that's Club 31) has raised \$1,900 of a \$5,000 goal
4. Centennial Rotary (that's Diana's club from whom we were awarded the DEI) has raised \$1,725 of a \$5,000 goal
5. Smoky Hill Rotary has raised \$600 of a \$4,000 goal

Did you "catch" the "error" about the baseball game? Correction - I inadvertently said that it was the last chance to buy tickets to the September 26th Rockies vs. Giants game. There still is time to make your purchase...see page 4 for details.

See you Wednesday!

Annelly Noble, PE

M 303-842-8725

Annely.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.*

What are YOU contributing to Rotary?

And, for what are you waiting?



Woohoomanity Fundraiser - Just Do It!

Woohoomanity!

Team DMHR has raised already \$1,945, only \$8,055 to raise! Yes, that's right, our goal is to raise \$10,000 for the Club! [Please click here to donate](#); ninety-five percent (yes, that is 95%!) of your donation comes back to our club!

Last year's team has registered:

Melanie "Go Getter" Gentz,
Steve "Beat the Pack" Blazek,
Tom "Strides Ahead" Cella, and
Marty "Fast Flowing" Waters.

New rider additions registered for this year include:

Margaret "I'd rather be fishing" Van Vliet
Annelly "And, I thought this would be easy!" Noble
Robin "Rides Again" Springer
Debra "Low Flying" Flick



The following folks plan to sign up for the ride:

Charlene "Fly Girl" Porter

The more riders, the merrier, and the more funds!

[Click here to see the 25 mile route](#)...piece o' cake!

Link provided by rider **Marty Waters**.

But, if you choose not to ride, **please donate** to the DMHR riders. [Click here to donate, please do it now!](#)

You can choose to donate on behalf of a single rider, (just enter the rider's name in the fundraiser search bar), or the Denver Mile High Team of Riders, (either click on the DMHR icon or in the team search bar type in "Denver Mile High").



SERVE TO CHANGE LIVES



Calendar of Event and Presentation Details

August 30 - 4-5pm - World Community Service Committee meeting. Please contact [Audrey Leavitt](#) for Zoom info.

September 1 - Do not park on Sherman - street sweeping.

September 1 - Mark Bitterman - Stratolaunch - Stratolaunch designs, manufactures, and launches aerospace vehicles and technologies to fulfill several important national needs, including the need for reliable, routine access to space and the need to significantly advance the nation's ability to design and operate hypersonic vehicles.

September 8 - Brandon Lloyd - Careerwise - European-modeled apprentice system as an alternative to immediate post-high school college attendance. Ex-Bronco, Brandon Lloyd works with Careerwise, a national program, started in Denver by Noel Ginsburg, to provide an alternative path to a career through apprenticeships modeled on the Swiss apprentice model, allowing high school students a path to a career without having to load up on dubious debt for a four year degree.

September 14 - 4-5pm - DMHR Board Meeting. Contact Steve Blazek for Zoom info.

September 15 - Open date. If you know of a good speaker, please contact Adams Price.

September 22 - Jake Dresden - A Little Help Nonprofit - Challenges that citizens in elder community face and how A Little Help provides services. Jake Dresden is A Little Help's full-time Outreach and Development Director. Jake brings over two decades of experience at Graland Country Day School, where he most recently served as a dean and secondary school counselor. In his work at Graland, Jake was most driven to help kids grow and find their voices as members of a community. Jake will be reaching out in the community and building relationships with A Little Help's supporters of all kinds.

September 23 - 7:00am - Denver Mile High Foundation Board meeting - Contact [Tony Vaida](#) for details.

September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*. If you choose not to ride, consider sponsoring a rider from our club. Details on page 5.

September 26 - Go to a Colorado Rockies (vs. San Francisco Giants) game which begins at 1:10pm, with District 5450 Rotary members from all clubs. [Click here](#) to purchase tickets at only \$28 each. Profits to PolioPlus.

September 29 - Tentative Off-site meeting - Stay tuned for further details.

October 9 - Nine Health Fair at CEC High School - Details will follow from Audrey Leavitt and Linda Sue Shirkey

Do you have any leads for future speakers? Contact Adams Price: 303-570-3315 or adams.price@pmcf.com



Weekly Assignments and More

Date	Inspiration	Greeters	Host
September 1	Marty Waters	Amy Weed and Ronnie Weiss	Sonny Wiegand
September 8	Pat Barry	Andrew Bell and Amanda Biffle	Sharon (Roni) Cella
September 15	Tom Cella	Bob Connaghan and Alessandro Eichstadt	Debra Flick



August Birthdays

Sept 8 Roberta Simonton
Sept 22 Marty Waters
Sept 27 Jeff McAnallen

Mental Wellness
Tip of the Week
*Read old letters and cards and
cull your collection.*



Mental Wellness Tip brought
to you by a DMHR Rotarian!

District Information

The Rotary Book Group... All Welcome

Monday, October 11 at 4:30 pm
at Audrey Leavitt's home
8300 E Fairmount Dr, FF101
Denver 80247

The Four Winds by Kristin Hannah

is a captivating, heartbreaking tale of a family who will do anything for each other — and everything to survive. ... *The Four Winds* is also an ode to the strength and ferocity of mothers, and a declaration that sometimes, love is the only thing that holds us together.

Monthly District News

[Click here to go to the District 5450 website](#) to see August activities and information, and to listen to the August address by our 2021-22 District Governor, Ray Anderson

World Peace - Pipe Dream or Possibility?

Sep 02, 2021 6:30 – 7:30 PM

[Click here for more info and to register.](#)

Global Virtual Concert for Peace

Sep 18, 2021 7:00 – 9:00 AM

[Click here for more info and to register.](#)

Crucial Conversations

Sep 28, 2021 7:00 – 8:00 PM

[Click here for info and to register.](#)



Robin Springer and Amy Weed ran in to each other at a concert at the Denver Botanic Gardens last week! How good to see friends about town!
Photo compliments of **Robin**.

ROCKIES vs. GIANTS & ROTARY vs. POLIO

Help knock polio out of the park when you join District Governor Ray Anderson and your District Polio Committee who invite you, your family, and friends to join them at **Coors Field on Sunday, Sept 26**. Wear your Rotary best and make lots of noise - WE WILL HAVE A BLAST! [CLICK HERE TO BUY YOUR TICKETS NOW](#) for only \$28 each.

All funds earned from our tickets sales will go toward polio eradication.



SERVE TO CHANGE LIVES



Help Haiti, Help Afghani Refugees...

Easy Volunteering Opportunity to Help Afghani Families Soon Arriving in Denver

Very soon there will be a surge of Afghani families resettling in Denver. Denver Mile High is looking at a number of ways to assist them.

My daughter MC introduced me to a way in which we can help right now. A good friend of MC's works with Lutheran Family Services to help these families by furnishing their apartments.

Lutheran Family Services needs the following items. Used, and even open, items are okay, but all items need to be clean!

pots and pans
kitchen utensils
sheets and blankets - any size
towels
pillows
household cleaning and laundry supplies
personal care items for men and women
mattresses - twin, full or queen with no stains.
Pickup available, contact Alison to arrange.
Soccer balls - all sizes

Collections will be going on through September. Club members can drop bagged donations to the address below or reach out to **Alison Rabinoff at 303-999-6087 with questions. Her address is 6839 E Archer Dr, Denver, CO 80230.** Members can also contact me directly.

Our Club helped furnish refugee housing in the past and it is easy and makes such a difference to the families. I can vouch for Alison; my daughter has worked with her on a number of different projects.

Thanks for considering this opportunity.
Carolyn Schrader

Haiti Needs Rotarian Help

ShelterBox is able to provide immediate assistance to families in Haiti. Below is information from Kathleen Pierz, our local ShelterBox contact and Brighton Rotary Club president (kathleen.pierz@gmail.com):

A devastating 7.2 magnitude earthquake hit southwestern Haiti on Saturday morning at 8:30 (local time).

- Over 1,900 killed, nearly 10,000 injured, hundreds missing; more than 80,000 (37,300 homes destroyed, 46,000 damaged) homes have been damaged or destroyed. This number is still expected to rise.
- The earthquake was followed by Tropical Storm Grace, which brought heavy rains to Haiti.
- Hospital systems are overwhelmed with an abundance of COVID-19 patients and now injured victims.
- The country is extremely politically turbulent, and Haiti is one of the poorest countries in the Western Hemisphere

[Click Here for more information](#) and how to donate.

AmazonSmile Program Now a fundraiser for Denver Mile High Rotary!

Thanks to the diligent work of **Tony Vaida** with help from **Tom Giordano** we now have a way to raise funds through the **AmazonSmile Program!**

Get started with AmazonSmile, visit smile.amazon.com and sign in with your Amazon.com credentials. **Choose Rotary Club of Denver Mile High** to receive donations and start shopping!

To join AmazonSmile from the mobile app, open the app and find "Settings" in the main menu. Tap on "AmazonSmile" and follow the on-screen instructions to turn on AmazonSmile on your phone.



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Service Above Self



PROJECT WORTHMORE

Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. Please contact [Tom Cella](#) for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

When: The first Monday of every month.

10:30am - 12:30pm: Food Packaging. Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

12:30pm - 1:30pm: Deliver boxes of food to families within about a 3-mile radius of Project Worthmore.



CRAIG

NEUROREHABILITATION
& RESEARCH HOSPITAL

Craig Hospital - As COVID restrictions become relaxed, Denver Mile High Rotary will again participate at Craig hospital. For more information, please contact [Betty Speir](#) 303-489-0418



METRO CARING
ENDING HUNGER AT ITS ROOT

Volunteer for Metro Caring Provisioning Project:

LOCATION: 5200 Smith Road Suite 130 - west side entrance.

Choose your own time to volunteer by [clicking here](#).

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. Please see page 4 for updated information.



The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. Watch this space for opportunities. If you would like more information or to sign up, please contact [Ronnie Weiss](#).



Nine Health will again hold health fairs beginning this fall. Please contact [Linda Sue Shirkey](#) 303-946-3196 or [Audrey Leavitt](#) 610-805-7579 for more info.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.