



Denver Mile High Rotary
where commitment and service
rise above the mountain tops



August 31, 2020



President's Column

Greetings Denver Mile Rotarians!

Aug 31, 2020

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I hope this week's letter finds you all doing well and feeling great. It was so fun to see so many of our DMHR club members turn out for the Past President's Party on Saturday. It was really fun to celebrate Scott Smeester and his tenure in his 2019-2020 term. Thank you, Betty and Mary, for all of your work on organizing the event. Thanks to Tom Cella for offering up his open parkway to allow us all to safely gather, too.

I don't know where the summer went and can't believe September is nearly here. I love fall, and all things autumnal; cooler weather, changing colors in the leaves, pumpkin spice, spawning brown trout and more. With every season, there is something to look forward to, especially during these unprecedented times. What are you looking forward to this fall?

Joke of the week: Why should you never spell "part" backwards? Because it's a trap! 😊

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

Contributed by **Brad Thompson**.

If I've learned anything from life, it's that sometimes, the darkest times can bring us to the brightest places.

I've learned that what seems like a curse in the moment can actually be a blessing, and that **what seems like the end of the road is actually just the discovery that we are meant to travel down a different path.**

I've learned that **no matter how difficult things seem, there is always hope.**

And I've learned that **no matter how powerless we feel or how horrible things seem, we can't give up.** We have to keep going. Even when it's scary, even when all of our strength seems gone, we have to keep picking ourselves back up and moving forward, because whatever we're battling in the moment, it will pass, and we will make it through.

We've made it this far.
We can make it through whatever comes next.

Daniell Koepke

ThePurple

Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGM5NEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

If you are participating via ZOOM next week and beyond, here's what you can expect:

7:00 - Dial into the call and chat amongst yourselves, mute and unmute yourselves to mix and mingle.

7:15 - Ding, Ding! Everyone mute. Brad will go live and call the meeting to order, announce guests, inspiration and pledge.

7:20 - Brad will mute his phone to prevent audio feedback, all Zoom participants can unmute and chat amongst yourselves again. We will try to have some cameo appearances by our "in person" members, walk by, wave, and say hello via my computer with the audio on. We'll see if that works next week.

7:40 - Everyone mute yourselves; the meeting announcements/presentation will begin.

8:25 - Q&A

8:30 - 4 way test and end the meeting. Ding, Ding!

A word from your editor...

Dear fellow Rotarians,

Beginning September, next week, our newsletter will take on a new format. The month's first issue will be the full version with all pertinent information regarding every aspect of your DMHR club world, however subsequent issues in the month will be abbreviated versions. Each mid-month issue will have a link to the initial monthly newsletter for your convenient reference. Please voice your opinions regarding your recommendations for our upcoming newsletter format change. Thank you!

It is not too late to donate to the Woohoomanity riders' fund by [clicking here](#), or by simply writing a check to the DMHR Foundation and handing to Tom Giordano at the next Rotary meeting.

Be sure to check out the next book, Freeman by Leonard Pitts, Jr., featured at the Rotary book club meeting on September 29th. And, watch for the evite to upload your childhood photo for our interesting December club event! See details on page 4 of this newsletter. Reminder - it's time to pay your quarterly dues.

Believing in the power of Rotary to improve the world...together we can achieve...

Annelly Noble

M 303-842-8725

Annelly.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary experience.
What are YOU contributing to Rotary?*



Denver Mile High Rotary Calendar of Events

September 2 - Street sweeping on Sherman, please park on another street. Please pay your quarterly dues instead of parking fines!

September 2 - DMHR Budget Overview - Past President Scott Smeester will recap how we ended his year as President, and current President Brad Thompson will give an overview of where things are YTD.

September 8 - Local Community Service Meeting - 7:30am - Details to follow from Chair, Tom Cella

September 8 - DMHR Board meeting - 4-5pm - Watch the newsletter for meeting information.

September 9 - Dave Ventimiglia, CEO of The [Tipi Raisers](#). This organization is a 501(c)(3) that has been actively working to better the lives of the Lakota People of Pine Ridge Indian Reservation since 2009. Dave actually has been working with the Lakota People since 1990

September 12 - Woohoomanity Challenge [Use this link](#) to support DMHR riders. Details on page 5.

September 16 - Barbara McFarlane - A Mother's Journey with an Autistic Son

September 17 - DMH Rotary Foundation Meeting. Contact [Tony Vaida](#) for details and phone connection info.

September 23 - Ann Tull, Carolyn Schrader and Elaine Love - The Rotary Foundation and DMHR Foundation - What are they, how does the magic work, and how have our club and projects benefitted?

September 29 - 4:00pm - DMHR Book Group discusses [Freeman](#) by Leonard Pitts, Jr. More info to follow.

September 30 - Steve O'Dorisio, Adams County Commissioner - Updates on development around DIA/DEN. Updates include the 2015 deal with Denver-Adams, Opportunity Zones, Colorado Air & Space Port, Aerotropolis Regional Transportation Authority, and more.

October 7 - Street sweeping on Sherman, park on another street

October 7 - Annual Message and Update from the Rotary District 5450 Governor; our very own, BOB KEMP!!!

October 13 - DMHR Board meeting - 4-5pm - Watch the newsletter for meeting information.

October 14 - Frank Anello, Executive Director Project Worthmore and Rebecca Thomas, Cherry Creek Rotar
We will learn how Project Worthmore serves an international community of refugees in Colorado. In addition to their English program, Project Worthmore operates a dental clinic, a community farm and a food share program. Ms. Thomas will share how Cherry Creek Rotary is involved with this "worth"y cause.

October 21 - Amanda Thompson will share how Emotional Intelligence (your EQ) helps you always and especially during times of crisis, how EQ can support yourself and others, and how to "read" those close to you.

October 28 - Available for a program. Please call Brian Good with your thoughts, ideas and speaker suggestions.

November 4 - Street sweeping on Sherman, park on another street.

November 4 - DMHR Club Activity - Writing cards to our deployed military. Time also available for a vocational talk.

November 11 - Available for a program. Please call Brian Good with your thoughts, ideas and speaker suggestions.

November 18 - Available for a program. Please call Brian Good with your thoughts, ideas and speaker suggestions.

November 25—CLUB DARK - THANKSGIVING.

Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
Sept 2	Charlene Porter	Adams Price and Kaili Purviance	Carolyn Schrader
Sept 9	Linda Sue Shirkey	Roberta Simonton and Vass Sirpolaidis	Scott Smeester
Sept 16	Betty Speir	Robin Springer and Michael Tapp	Tony Vaida
Sept 23	Mary Walta	Bruce Ward and Marty Waters	Amy Weed



Mental Wellness brought to you by **Diane Messamore**

Mental Wellness Tip of the Week

Plan something to which you look forward!



September Birthdays
 Sept 8 - Robert Simonton
 Sept 22 - Marty Waters
 Sept 27 - Jeff McAnallen

December Project - "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help between now and October. Janine Kempfer, our newest member, is helping to put this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you. Janine's email is janine@primemortgage.biz.

Can't wait to see those cute mugshots!



District Announcements

LAST CHANCE TO DONATE!



Woohoomanity Challenge...what is it?

A Rotary wide bike ride for all levels of riders, and open to all individuals who would like to [register and ride](#).

Four of our DMH Rotary members are riding and they invite you to pledge your [support by clicking here](#).

Our DMHR Team consists of:

Melanie "Go Getter" Gentz,

Steve "Beat the Pack" Blazek,

*Tom "Strides Ahead" Cella
and*

*Marty "Way Out in Front" Waters.
Go Team!*

Donations in any and all amounts are greatly appreciated; **funds go directly to the DMHR Foundation!**

**Your donation is the easy part,
the riders have the difficult job,
each will be riding 100 miles
on September 12th!**

For details, [click here](#).
To donate, [click here](#).

Upcoming District events - sign up now!

Sunday, November 1 - 12:00 noon to 1:00 pm

Virtual Lunch with Rotary International
President Holger Knaack & Polio Update
Save the Date! More information &
registration available August 30

For more information, please contact:

Beverly Mendel
District Operations Manager
303-477-0654
office@rotary5450.org

[Click here](#) for a link to the District 5450 home page
where you can see the district calendar,
other club activities, etc.

[Click here](#) to see and hear
DG **Bob Kemp's** message for August.

Peace Workshop - Let's Talk

[Click here](#) for a link to more information and for registration
for this upcoming District 5450 event.

Presented by Randall Butler (J.D. and CEO of the Institute for Sustainable Peace, and International Mediation Trainer), this experiential learning workshop will focus on the difficulties we face in simple conversations. We'll have teach-ins and group exercises that cover simple principles and practices that make constructive conversations possible again.

WHEN? Saturday, September 26, 9 am – 5 pm by ZOOM

COST? Free. You must register (space is limited to 100)

QUESTIONS? Jim Halderman, Chair, District 5450

Peace Committee,

D5450PeaceCommittee@gmail.com or (303) 564-3315



Member Contributions



A sincere thank you to all who contributed bras and camisoles to the [Free The Girls](#) organization, and additionally to those who have or would like to contribute to the cost which **Linda Sue Shirkey** incurred to purchase brand new bras at a local store closing sale, (please give funds directly to Linda Sue). In total we collected 65 items. You have helped a former victim of sex trafficking establish a business selling these under garments, which will help her maintain her independence and sustain herself and her family. COVID-19 has caused additional hardships for these victims seeking independence; you may help by making a donation at the Free The Girls website, www.freethegirls.org, or by [clicking here](#).

World Community & Local Community Service Committees

would like to report that the following funds are available for grants for the 2020-21 Rotary year.

\$10,254 - World Community Service (includes carry over from previous year)
\$ 8,000 - Local Community Service

Education Opportunity

The Denver Department of Human Services and CTAT, LLC (Coaching, Training, and Transformation) would like to make us aware of an opportunity for training via ZOOM, regarding including individuals with Intellectual and Developmental Disabilities (I/DD) in the Denver Metro community. The classes are at no cost and each class has a presentation, and then a panel of individuals who experience I/DD who are fabulous spokespeople. The next class "Inclusion and Engagement in Community Life" is September 10th, 10-11:30 am. Please [click here](#) for detailed information and to register for this opportunity.

Additionally, you may contact Gayann Brandenburg at gbrandenburg@ctatllc.com or 303.349.4058.

Leader in the Making

Brittney "Bert" Woodrum, our speaker on August 19th, and the young lady climbing all of Colorado's Fourteeners this summer, in order to bring awareness to Shelter Box, is now a feature in *People Magazine*! [Click here](#) to see the article about this amazing young person and her ambitious endeavor.

Thank you to **Melanie Gentz** for bringing this to our attention.

Rotary Book Group

As fall approaches and the weather allows you to sit comfortably on your patio, porch or balcony, please consider reading the next book, **Freeman** by **Leonard Pitts, Jr.**, and joining the Rotary book club discussion on September 29th at 4:00 pm. Contact **Linda Sue Shirkey** to be included in the Zoom link distribution. The group will decide closer to the date whether this will be an "in person" or strictly Zoom event, or both.

Don't let anyone tell you to not put a fork in an electrical socket.



IT'S YOUR RIGHT.
More people are killed by the flu anyway.



DMHR Year-At-A-Glance Calendar

JANUARY Write Valentine Cards for Seniors Mini-Dinner Fundraiser <i>Rotary Awareness Month</i>	FEBRUARY Craig Hospital Dinner New Member Orientation <i>World Awareness Month</i>	MARCH Mini-Dinner Fundraiser <i>Literacy Month</i>
APRIL Mile High Spring Swing <i>RI Magazine Month</i>	MAY Craig Hospital Dinner RYLA Interviews <i>Promote International Convention Mth</i>	JUNE River Rafting <i>Rotary Fellowship Month</i>
JULY Inner City Kids Hike/Rotary Peak RYLA Camp <i>Literacy Month & New Rotary Year</i>	AUGUST School Supplies Drive Past President's Party <i>Membership and Extensions Month</i>	SEPTEMBER Mini-Dinner Fundraiser New Member Orientation <i>New Generations Month</i>
OCTOBER 9 Health Fair Craig Hospital Dinner World Polio Day Event <i>Vocational Service Month</i>	NOVEMBER Write Holiday Cars for Active and Deployed Military Citrus Fundraiser <i>Rotary Foundation Month</i>	DECEMBER Holiday Party Toy Drive <i>Family Month</i>

DMHR Admin Information

Please note that Kaili, our treasurer, will invoice dues on the first of January, April, July, and October. He asks that you pay within 30 days after receiving your invoice for the quarter.

DMHR Dues: Kaili Purviance, Treasurer — treasurerdmh@gmail.com — Thank you!
Please make out dues checks to *Rotary Club of Denver Mile High*

- **Mail** a check to the Tom Cella (Sargent at Arms) 1739 Forest Parkway, Denver CO 80220
- **Bring** a check to a Club meeting and give it to Tom Cella or Kaili Purviance, Treasurer, or
- **Pay by credit card** - [Click here](#) or use the following link
<https://rotary-club-of-denver-mile-high.square.site/>

DMHR Foundation: c/o Tom Giordano — 303-263-5091 — Thank you!
Please make out contribution checks to:
Rotary Club of Denver Mile High Foundation* or *DMHR Foundation

- Hand to Tom Giordano at a meeting or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224
- **Or... [please click here](#) to go directly to our secure online donation site.**
 You may make a one time donation or set up automatic monthly donations.

Contributions to DMHR Foundation

Giving Generously
 For the
 Greater Good

2020 - 2021

Individual Donors

Pat Gorman-Barry	Carolyn Nobel	Tony Vaida
Tom Cella	Annely Noble	Mary Walta
Melanie Gentz	Adams Price	Marty Waters
Tom Giordano	Chuck Rudolph	Ronnie Weiss
Tom Gregory	Roberta Simonton	Sonny Wiegand
Bob Kemp	Robin Springer	<i>Room for more, will it be you?</i>
Diane Messamore	Michael Tapp	<i>Or you?</i>
Constance Mortell	Ann Tull	<i>Or who?</i>



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2020-2021

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