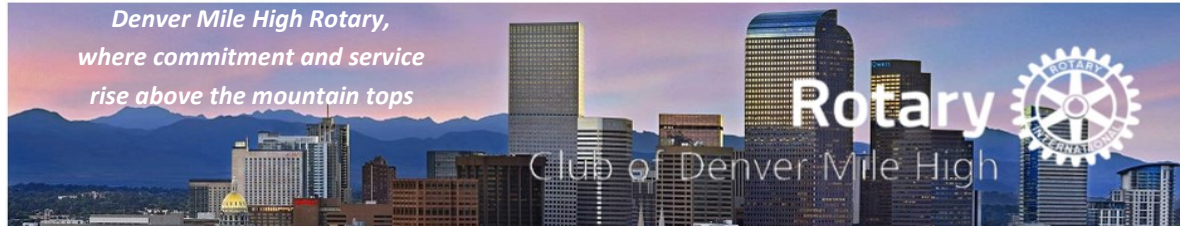




SERVE TO CHANGE LIVES



Rotary



Club of Denver Mile High

## Denver Mile High Rotary on the Web:

[Denver Mile High Rotary](#)

[DMHR on Facebook](#)

[DMHR on LinkedIn](#)

[DMHR on Instagram](#)

[Rotary District 5450](#)

[Rotary International](#)

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### Interesting Facts...

#### Attendance last week

53 Total membership

9 Zoom members

1 Zoom Speaker

24 Members at U-Club

1 Guest at U-Club

20 Members missing

What is  
Denver Mile High Rotary's  
Community Initiative?

## President's Column

Greeting Denver Mile High Rotarians!

9 August 2021

What a fun night at the Past President's Party honoring Brad. We had a great turnout and it was so good to see **Brad and Amanda** again. Thank you all who shared a kind word or jokes about Brad. We appreciate his year of service and we will miss him. We wish him and Amanda only the best. Thank you **Tom and Janis** for providing the beautiful setting and thank you **Betty** for organizing everything.

I cannot believe my first month as President is behind us. It has gone so fast and I have learned a lot. Thank you all for being so supportive and helpful. We truly have a wonderful Club.

With one month down, that leaves only 11 months to hit our goals for this year. Just a few reminders:

**Membership** - Please keep bringing your acquaintances, friends, and family to our meetings. As Tom Gregory has mentioned, we do really well on getting members to join once they attend one of our meetings or events. The goal is to get to 60 net members. If you have thoughts on how to get additional members please talk to myself or Tom.

**Fundraising** - Woohoomanity is under way and we are starting to get some donations. Keep thinking of other fundraising ideas that we can be doing throughout the year. Every little bit helps us to reach our goal. If you have thoughts or ideas, please let myself or Tom Giordano know.

**Service Projects** - I am excited for our club meeting on the 18th. We are dedicating that meeting to brainstorming on service projects. Please come prepared to participate and discuss how we can be making a difference in our community. Serve to change lives!

I was going to share a dumb dad joke in honor of Brad, but just couldn't do it. : )

Love & Respect,  
Steve

### ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

[pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839

### Note from Elle Sypek - last week's presenter

"Thank you so much for having me! I always leave these meetings with my cup so full of hope." [Click here](#) for a link to Elle's Power Point presentation.



SERVE TO CHANGE LIVES

**Rotary**  
Club of Denver Mile High



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## Word from the Editor

### A word from your editor

Dear Fellow Rotarians,

In Rotary, behind the scenes, so much work occurs of which we are never aware, for instance acquiring the IRS tax status required to become recipients of Amazon Smile Fundraising Program was achieved by **Tony Vaida** (with help from **Tom Giordano**) after much time and effort working with not only JDS, DMHR's accountants, but also with the IRS and even Diana DeGette's office. Thank you **Tony** for heading up the effort to get this SUSTAINABLE fundraiser active and earning the Foundation money! Similarly, please thank **Betty Spier** for planning, organizing, and delivering for the past president's party; for **Tom and Janis Cella** for hosting the party in front of his home; for **Melanie Gentz** for organizing DMHR's participation in Woohoomanity; for **Carolyn and Paul Schrader** for hosting the last happy hour at their home; and to all those who have had a hand in planning, organizing, bringing to fruition, following up, recording, etc. all the functions DMHR is involved in. Although I cannot list all of you in this short note, **you all are appreciated!** Keep up the great work, Denver Mile High Rotarians! So much of what Rotary does is selfless work so pat yourself on the shoulder and start the next good deed project! We Rotarians are people of action!

See you Wednesday!

Annelly Noble, PE

M 303-842-8725

[Annely.noble@comcast.net](mailto:Annely.noble@comcast.net)

*The more you contribute to your Rotary Experience,  
the more you benefit from your Rotary Experience.*

*What are YOU contributing to Rotary?*

*And, for what are you waiting?*



## Information to Know

**Colorado - Palisade Peaches - Pick up your peaches on Aug 14th**  
from 8 am-1 pm at the McAuliffe International School,  
2540 Holly St, Denver 80207. Need more details, please contact  
[Robin Springer](mailto:Robin.Springer@comcast.net) 303-910-7835 or 303-778-0858

Photos of Rotary project in Casper, WY,  
sent by **Amy Weed**, whose friend  
provided the pictures.





SERVE TO CHANGE LIVES



## Calendar of Event and Presentation Details

**August 11 - Greg Kingsley - Platte 15 Project and Cross Panel Timber movement**

**August 12 - 5-545pm - Community Initiative Zoom meeting** - for Zoom and more info, contact [Annely Noble](#).

**August 18 - Strategic Club Planning Session lead by President Steve Blazek.** What are our upcoming projects? Ideas for new projects, etc. **Brainstorming session!** Let's find a reason to wear our new shirts for a day of service.

**August 25 - Blake Carleton - Hard Choice Habits** - Any significant level of achievement is directly correlated with the total number of HARD decisions a person is willing to make. The Hard Choice Habits is a belief that the highest levels of growth, prosperity, and advancement are earned through an accumulation of hard choices. The Hard Choice Habits are anchored in a binary framework of rules that creates a simple, repeatable processes that can be adapted to any situation.

**August 26 - 8-9am - Communications Advisory Council** - Please contact [Margaret VanVliet](#) for Zoom info.

**September 1 - Do not park on Sherman - street sweeping.**

**September 8 - Brandon Lloyd - Careerwise** - European-modeled apprentice system as an alternative to immediate post-high school college attendance. Ex-Bronco, Brandon Lloyd works with Careerwise, a national program, started in Denver by Noel Ginsburg, to provide an alternative path to a career through apprenticeships modeled on the Swiss apprentice model, allowing high school students a path to a career without having to load up on dubious debt for a four year degree.

**September 22 - Jake Dresden - A Little Help Nonprofit** - Challenges that citizens in elder community face and how A Little Help provides services. Jake Dresden is A Little Help's full-time Outreach and Development Director. Jake brings over two decades of experience at Graland Country Day School, where he most recently served as a dean and secondary school counselor. In his work at Graland, Jake was most driven to help kids grow and find their voices as members of a community. Jake will be reaching out in the community and building relationships with A Little Help's supporters of all kinds.

**September 23 - 7:00am - Denver Mile High Foundation Board meeting** - Contact [Tony Vaida](#) for details.

**September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride** sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*. If you choose not to ride, consider sponsoring a rider from our club. Details on page 5.

**September 26 - Go to a Colorado Rockies (vs. San Francisco Giants) game** which begins at 1:10pm, with District 5450 Rotary members from all clubs. [Click here](#) to purchase tickets at only \$28 each. Profits to PolioPlus.

**Do you have any leads for future speakers?** Contact Adams Price: 303-570-3315 or [adams.price@pmcf.com](mailto:adams.price@pmcf.com)



## Weekly Assignments and More

Date	Inspiration	Greeters	Host
August 11	Carolyn Schrader	Linda Sue Shirkey and Roberta Simonton	Vas Sirpolaidis
August 18	Scott Smeester	Beau Smith and Betty Speir	Robin Springer
August 25	Michael Tapp	Ann Tull and Tony Vaida	Margaret Van Vliet



### August Birthdays

Aug 10 Tom Giordano  
Aug 14 Vass Sirpolaidis  
Aug 17 Ronnie Weiss  
Aug 18 Sarah Hite  
Aug 26 Ann Tull

Mental Wellness  
Tip of the Week

*Write and record your  
feelings in a great looking  
and also private journal.*

Denver Mile High  
**Rotary**  
Club

Mental Wellness Tip brought  
to you by a DMHR Rotarian!

### The Rotary Book Group...

#### All Welcome

Monday, August 23rd, at 4:30 pm  
Sarah Hite's home  
648 Humboldt, Denver  
**No July meeting.**

*While Justice Sleeps - A Novel*  
By Stacey Abrams

A gripping thriller set within the halls of  
the U.S. Supreme Court - where a young  
law clerk finds herself embroiled in a  
shocking mystery plotted by one of the  
most preeminent judges in America.

## District Information

### Monthly District News

[Click here to go to the District 5450](#)  
website to see August activities and  
information, and to listen to the  
August address by our 2021-22  
District Governor, Ray Anderson

### DMHR Rotarians— In Person Membership Summit

Sat. Aug. 21 - 8:30 to Noon  
Origins Hotel in Golden

[Click here for info and to register.](#)

### NEW MEMBERS - Rotary 101

Tues. Aug. 10 | 7:00 to 8:00 pm  
Via Zoom by the District Trainers  
[Click here for info and to register](#)

**Huge Thank You...** To **Betty Speir** for her work organizing and bringing food and refreshments to the Past President's Party; to **Tom and Janis Cella** for providing the lovely location, tables, chairs, trash cans and liners, etc. And, thank you to whoever provided and set up the canopy, provided coolers and ice, and all the things that make a party. And thank you to **Carolyn and Paul Schrader** for hosting the most recent happy hour. Kudos to all!

### Rotary and Metro Caring Provisioning Project

A message from your SignUp.com organizer, Denver Cherry Creek Rotary: Did you ever wonder what happened to those thousands of bags of food you repackaged in the warehouse? Here is your chance to see where the food went for distribution to families in need during the pandemic! **You are invited to a Metro Caring Open House to thank you** for your support over the last 14 months of food repackaging. Don't miss a tour of Metro Caring's newly re-opened Market from 5:45 - 6:15 pm! Light food and beverages will be provided.

[Click here to R.S.V.P.](#), do not register through Rotary.

**Date: Thursday, August 19**

**Time: 5:30 – 6:30 pm**

**Address: 1100 E. 18th Ave Denver, CO 80218**





SERVE TO CHANGE LIVES

## Rotary Club of Denver Mile High



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### Upcoming Fundraising Event Details, etc.

#### Let's all talk more about the Whoohoomanity

Brought to you by **Melanie Gentz**

This ride is tied in with the Denver Century Ride

<http://denvercenturyride.com/> - September 25th, 2021

You can choose....

25 miles

50 Miles

85 Miles

and 100 mile rides

If everyone does the 25 mile ride, I think it would be a BLAST!

Once you sign up for the Denver Ride you then sign up for the

[Fundraising portion](#)

<https://runsignup.com/Race/CO/Denver/WoohoomanityChallenge>

of course, choose "Denver Mile High Rotary"

**You must register no later than August 15th!**

*This is a fundraising event for not only the sponsoring club but for Denver Mile High Rotary as well. If you cannot ride, please consider pledging to one or all of the riders so that we can make this fundraiser a super success!*

[To sponsor or donate, click here and choose your riders!](#)

#### AmazonSmile Program

Now a fundraiser for

**Denver Mile High Rotary!**

Thanks to the diligent work of **Tony Vaida** with help from **Tom Giordano** we now have a way to raise funds through the **AmazonSmile Program!**

**Tony** had to do legal wrangling, getting the help of JDS, the Foundation accountants, dealing with IRS, and contacting Diana DeGette's office, no small feats!

To get started with AmazonSmile, visit [smile.amazon.com](https://smile.amazon.com) on your web browser and sign in with your Amazon.com credentials.

**Choose Rotary Club of Denver Mile High** to receive donations and start shopping!

To join AmazonSmile from the mobile app, open the app and find "Settings" in the main menu. Tap on "AmazonSmile" and follow the on-screen instructions to turn on AmazonSmile on your phone.

Please bring your donations to

[Ronnie Weiss](#) at Rotary meetings

by August 18th. Thank you!

### CALL FOR DONATIONS

Rotary Club of Five Points RiNo is sponsoring a toiletry shelf for the students of Manual High School. We are seeking new toiletry item donations for restocking the shelf. Contact us for questions or to schedule a pick-up!

**ITEMS NEEDED INCLUDE  
(BUT ARE NOT LIMITED TO)**

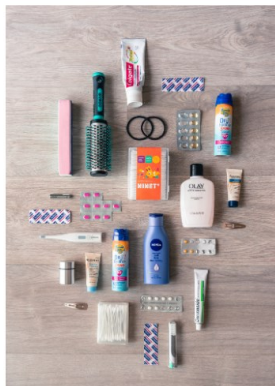
DEODORANT  
SHAVING SUPPLIES  
TOOTHBRUSHES/TOOTHPASTE  
SHAMPOO/CONDITIONER  
FEMININE PRODUCTS  
SOAP/BODY WASH

Contact us at [5pointsrotary@gmail.com](mailto:5pointsrotary@gmail.com)

Rotary



Five Points RiNo  
Denver



**INSTEAD OF  
FINDING A NEW  
FORM OF SOCIAL  
MEDIA, WE SHOULD  
ALL GO BACK TO  
BONFIRES,  
TAILGATE PARTIES,  
NIGHT FISHING,  
PORCH SITTING  
AND CRUISING  
WITH THE RADIO  
PLAYING.**



SERVE TO CHANGE LIVES



## Service Above Self



### PROJECT WORTHMORE

#### Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. Please contact [Tom Cella](#) for more information and to volunteer.

**Where:** Project Worthmore is located at 1666 Elmira Street, Aurora

**What:** They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

**When:** The first Monday of every month.

**10:30am - 12:30pm: Food Packaging.** Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

**12:30pm - 1:30pm: Deliver boxes** of food to families within about a 3-mile radius of Project Worthmore.



### CRAIG

NEUROREHABILITATION  
& RESEARCH HOSPITAL

**Craig Hospital** - As COVID restrictions become relaxed, Denver Mile High Rotary will again participate at Craig hospital. For more information, please contact [Betty Speir](#) 303-489-0418



### METRO CARING

ENDING HUNGER AT ITS ROOT

#### Volunteer for Metro Caring Provisioning Project:

LOCATION: **5200 Smith Road Suite 130 - west side entrance.**

Choose your own time to volunteer by [clicking here](#).

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please contact [Robin Springer](#) for additional information. Please see page 4 for updated information.



#### The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. Watch this space for opportunities beginning May and early June. If you would like more information or to sign up, please contact [Ronnie Weiss](#).



**Nine Health will again hold health fairs beginning this fall.** Please contact [Linda Sue Shirkey](#) 303-946-3196 or [Audrey Leavitt](#) 610-805-7579 for more info.



**Denver Kids** is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.