



President's Column:

December 18, 2018

Denver Mile High
Rotary
Club



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Hi everyone,

Hope you all had a great week. For those who bought the grapefruit through our Citrus Sales, weren't they delicious?

Wednesday is our last meeting in 2018. We decided to celebrate with a fellowship meeting. This will be a chance to get to know each other better. There never seems to be enough time at the regular meetings.

So come prepared with your favorite Rotary and/or holiday stories. It'll be great fun.

We'll see you Wednesday. Carolyn



A Note from Greg Thielen

To everyone who donated citrus to Food for Thought - thank you so much! We distributed boxes of fruit to 10 different DPS elementary schools and three high schools. For many of our kids fresh fruit of any kind is a real treat. Often their families live in food deserts where the only food store is a 7-11. I wish I could show you the smiling faces of many of the kids as they learned that they could take 4-5 oranges home with them. They were so pleased and excited!



Over the last 4 years our club has worked hard to reduce childhood hunger through our partnership with Food for Thought. I am grateful every day for that long term support and commitment to the kids of Denver.

~ Greg

FAMILY OF ROTARY

DMHR Christmas Party! I am pretty certain that when Adams told Betty that he would host this year's DMHR Christmas party, he did not know that Holly and Corrine would be in London. But then, he did not know that he would make plans to go fishing in Chile, prompting them to plan their own get away.



Adams and Holly Price

Despite the Price family's travel commitments, Adams not only hosted the party, he left the next day for Chili! A big thank you to Adams for sharing your family's fabulous home with us. (And we know that Holly and Corinne were big help with preparations.) The house has a fascinating history on Denver's "Doctors' Block" and the beautiful front rooms were once used by the physician occupant for seeing some of "Denver's finest" as patients in the early 1900's. The setting was perfect for a large holiday gathering of DMHR members.

Tom Cella, Dan Himelspace and Pat Gorman Barry enjoyed the festivities and talked about a District Grant that Tom will submit for a 2019-2020 DMHR Local Community Service Project. The project involves training the counselors at Denver Kids, a Denver Public Schools program that provides long-term mentoring and counseling services to 1100 at-risk students. More to be announced on this later! The project will fund training 29 Denver Kids counselors and staff to teach BrainWise, a critical thinking skills program. Tom and Diane Messamore are the project's club champions, Pat is the author of BrainWise, and Dan is on the BrainWise Board of Directors.



Dan Himelspace, Pat Gorman Barry and Tom Cella



Adams Price and Charlene Porter



Betty Spier works her magic behind the scenes, organizing DMHR parties, recruiting volunteers, choosing venues, making arrangements for food and drink, and overseeing the many details that contribute to successful gatherings. She is a club treasure!



Here's a group picture of **Pam and Sonny Wiegand, Constance Mortell, Roberta Simonton, and Diane Messamore**. Diane was letting everyone know about the **January 8th District 5450**

State of the State Luncheon featuring Molly Bloom, author of the book turned Oscar nominated film, *Molly's Game*. Diane is an advocate for mental health, and serves on the board of the Jefferson Center for Mental Health and is on the Rotarians for Mental Health committee. Molly will talk about her battles with addiction, anxiety, and depression as she moved from an Olympic athlete to running one of the most exclusive high-stakes underground poker games in the world.



Back: **Constance Mortell, Roberta Simonton and Diane Messamore**

Front: **Pam and Sonny Wiegand**

Rotary



Denver Mile High Rotary Upcoming Programs

December 19th - Fellowship Meeting

Weekly Inspirators, Greeters & Hosts

December 19th

Inspiration - Heidi Buckhout

Greeters - Bob Connaghan and Brian Donan

Host - Alessandro Eichstaedt

January 9th

Inspiration - Jane Fisher

Greeters - Debra Flick and Mark Foseid

Host - Kevin Gallaway



December Birthdays

December 3rd - **Noreen Keleshian**

December 4th - **Tom Gregory**

December 13th - **Tom Cella**

December 16th - **Bob Kemp**



The Rotary Club Of Denver Southeast
And Rotary District 5450



PRESENT THE 12TH ANNUAL
STATE OF THE STATE LUNCHEON

TUESDAY, JANUARY 8, 2019

DENVER MARRIOTT TECH CENTER | 4900 SOUTH SYRACUSE STREET

Floyd Ciruli, Political Analyst, 9-KUSA TV, KOA Radio, and Denver Post

Floyd Ciruli is perhaps Colorado's best-known and well-respected pollster and political analyst. For 33 years he has led Ciruli Associates, a research and consulting firm specializing in public policy. Now that the mid-term elections are over, he will speak on what's ahead for Colorado.

Molly Bloom, Keynote Speaker

Molly Bloom is the author of the book-turned-Oscar-nominated film, *Molly's Game*. She went from Olympic athlete to student to accidental entrepreneur, running one of the most exclusive, high-stakes underground poker games in the world. She has battled addiction, anxiety, and depression, and has faced tough choices few can imagine.

Kim Christiansen, 9News, Emcee

SCHEDULE

8:30-11:20 am: Mental Health and Wellness Symposium*

10:00 -11:45 am: Mental Health & Wellness Expo**

10:00 -11:55 am: Lunch Registration

12:00 - 1:30 pm: Lunch Program

1:30 pm: Conclusion

* See back for additional details

** Visit more than 30 mental health organizations to learn about the many mental health and wellness resources available in the metro area.

Register at: sos.dserotary.org

Individual Luncheon Tickets \$60

For more information on Luncheon, Mental Health & Wellness Expo and Sponsorship opportunities: Larry Bass – larrybass50@gmail.com

For more information on Mental Health & Wellness Symposium:

Seth Patterson, Rotarians for Mental Health – seth@pattersoncompanyllc.com; R4MH.org

Denver Mile High Rotary Calendar

Be sure to check the calendar online for all events (meetings, happy hours, committee meetings)

December 20th - Help distribute toys with the Salvation Army (On the 17th we sorted for the families! You can volunteer to help distribute on the 20th!



January 8th - State of the State Luncheon and Mental Health Symposium - Register at <http://sos.dserotary.org>

January 14 - Rotary LCS Meeting 5:00p—6:30p - Michael Tapp's office located at 1700 Broadway, 10th Floor.

January 25th - Presidents Dinners - Don't miss out! [Register Now](http://www.rotary5450.org) for the Friday, January 25 event at www.rotary5450.org.

<http://denvermilehigh.org/Events/Calendar>

Planning Calls for the Spring Fling event will be 1st and 15th of every month from 8 a.m. to 8:30 a.m. If you are interested in helping, please join in on the planning calls.

Download the software to your computer or mobile device.

Log into www.zoom.us or download the software to your computer or app on your mobile phone before the call!

Then you click to JOIN the call at 720-219-8737.

Click on the video camera icon so we can see your bright and shining faces.. Or keep it off if you are just rolling out of bed and would rather not be seen! ;)

April 13th - Denver Mile High Rotary Spring Swing



Do Business with Fellow Rotarians!

Rotary
Club of Denver Mile High



Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to

Tom Giordano
7271 East Wesley Avenue
Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

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