

Denver Mile High  
**Rotary**  
Club



**Denver Mile High  
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## President's Column

Greetings Denver Mile High Rotarians!

Feb 1, 2021

I saw my first wild 'gator a couple weeks ago at the Okefenokee National Wildlife Refuge. It's about an hour away from where we live. Supposedly it is home to 13,000+ alligators and I only saw one, so I will have to go back to see a few more soon.

Our Hybrid meetings will resume this week on Wednesday. Please be patient with our meeting leaders and potential technology challenges we may have on any given week. I am sure we'll get everything humming along again soon.

Joke of the Week: You know, having horses can be pretty scary...  
sometimes a real nightmare!



Be well and be safe,

Brad Thompson

## ZOOM LINK

**Until further notice and due to the latest COVID-19 restrictions,**  
the Denver Mile High Rotary will have only Zoom conferencing available.  
The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

**To join the Zoom meeting, click on the following link:**

<https://zoom.us/j/317120546?pwd=ZjZKeGM5NEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

### Last week's Rotary Inspiration...

To view **Amanda Gorman's poem** from which **Brian Good** read an excerpt for this past week's inspiration, [click here](#). To be able to close your eyes and listen to the poem being read to you, [click here](#).

### Last week's Rotary Program...

To view the website of our Temple Buell scholar, **Jay Arehart**, who gave last week's presentation, [click here](#). There you may also read more about Project Draw Down. For a link to view the website Jay started for Engineers in Action, which offers courses on engineering projects, please [click here](#).

### Interesting Facts...

#### Attendance last week

51 Total membership  
37 Zoom members attending  
1 Zoom speaker attending  
2 Guest attending  
11 Members missing



## Word from the Editor, District News and more

### A word from your editor

Dear fellow Rotarians,

The theme of the District Conference this May will be *Member Engagement and Service*. Why not get a jump start by practicing the in-person “service” aspect by volunteering for one of the following projects now available:

**Project Worthmore Food Packing and Delivery - First Monday** of each month. 1030a-1230p and/or 1230-130p. Call (303-778-0858) or e-mail [Robin Springer](#); see page 6 of this newsletter for details.

**The Conflict Center Auction - Volunteers needed Feb , 2, 5, 7, 8, 11, 12.** Details on page 7. Contact [Ronnie Weiss](#).

**9 Health - 4-8 volunteers needed on February 3** to pack 800 give away bags. Call or e-mail [Audrey Leavitt](#)

**Metro Caring Rebagging - Second Thursday** of each month, 9a-1230p. Call (303-778-0858) or [email Robin Springer](#).

Studies have shown that those who volunteer lead fuller, richer lives, feel more satisfied with their lives, and are happier. Specifically, volunteering helps counteract the effects of stress, anger, and anxiety. The social contact aspect of helping and working with others can have a profound effect on your overall psychological well-being.

The week of the anniversary of Rotary’s founding, 23 February,  
shall be known as **World Understanding and Peace Week**.

**One of the greatest gifts you can give is your time, and,  
as Albert Einstein once said, “Only a life lived for others is worth living.**

Annely Noble  
M 303-842-8725  
[Annely.noble@comcast.net](mailto:Annely.noble@comcast.net)

*The more you contribute to your Rotary Experience,  
the more you benefit from your Rotary Experience.  
What are YOU contributing to Rotary?*



### In Memorium...

**Michael Tapp’s** mother, Barbara, died suddenly last week (1/24/21) at age 81. **Michael Tapp** says, “Barbara Tapp was a wonderful woman full of love for everyone whose life she touched. She was also a very proud Rotary-Ann supporting my father, **Robert (Bob) Tapp**, who was a long-time member of the University Hills Rotary Club, from which DMH Rotary was founded.”

To send a condolence:  
Mr. and Mrs. Michael and Betsy Tapp  
10503 Oakmoor Lane  
Parker, CO 80134



**Save the Date...**  
**September 25th**  
**2nd Annual**  
**Woohoomanity™ Challenge**  
Saddle up (on your bike)  
and put in some training miles!  
For more information contact  
Pat McGuckin  
[pat@mcguckins.net](mailto:pat@mcguckins.net)

### It is not too early...

to consider being the newsletter editor! **Annely Noble** loves having this task, but as incoming PE, it is important for her to have a backup and then as President, to relinquish the role. Annely uses Publisher, part of Microsoft Office, a very intuitive program, and will always be available to help with questions. If you feel called to carry out this integral club duty, please contact [Annely](#) so you can begin to learn the ropes. 303-842-8725

## Denver Mile High Rotary Calendar of Events

# 2021

**February 3 - We begin meeting in person at the U-Club**, although Zoom will always be available as well.

**February 3 - Charlie Hunt and Tilyian Phannenstiel - Partnership between Rotary and the Peace Corps.** An incredible partnership agreement was formally created in 2015 and renewed in 2018. The partnership came about because a group of Rotarians in District 5450 helped both agencies realize that they do the same work but from different points of execution. Collaboratively, both could have greater projects and this would only happen with a greater awareness of the partnership at the grassroots level.

**February 8 - 4:30 - Rotary Book Group meets.** Contact **Linda Sue Shirkey** for the Zoom link.

**February 9 - DMHR Board Meeting - 4-5 pm MST.** [Click here](#) for the Zoom link for all DMHR board meetings.

**February 10 - Julie Topeka and Doug Jackson share how Project Cure in Centennial** is the world's largest distributor of donated medical relief. Project Cure routinely provides over \$50 million annually in donated medical equipment and supplies from six distribution centers in major U.S. cities and smaller collection centers around the country. With COVID-19, Project Cure pivoted to meet needs domestically.

**February 11 - Volunteer for Metro Caring** - [Click here](#) and see page 5 for details.

**February 11 - Wine and Chocolate Tasting!** - Early evening event - time will be available see page 5 for details. Jon Schlegel and his company Attimo Winery are on board. Jon will be the sommelier. Eventbrite signup link on pg 5.

**February 17 - Rick Ergle presents "A Fresh Look at the Rotary Four-Way Test."** Rick Ergle is a Rotarian and member of the Keystone Heights Rotary Club in Florida. In this day and age of "fake news" and political polarization, Rick will share an updated and refreshing look at the Rotary 4-Way Test.

**February 23 - World Understanding and Peace Week.** February 23 marks the day Rotary was founded.

**February 24 - Debra Fine - Beyond Texting: The Fine Art of Small Talk and Big Talk.** Author of the [Fine Art of Small Talk](#) and [The Fine Art of the Big Talk](#). Local Rotarian/author!

**March 3 - DMHR Budget, LCS and WCS Projects Overview** - Translation...how and what your club is doing.

**March 10 - Ms. Maro Casparian, Director Community Engagement, Denver District Attorney's Office** - Consumer Scams and Fraud: From Bad to Worse during COVID-19 and How to Protect Yourself.

**March 17 - Larry Rykman, Founder and Editor, The Colorado Sun** - Current State and Future of Print Journalism.

**March - PETS Training, virtually via Zoom.** March 19 beginning at noon, and March 20, 7:15am to about 3:00pm.

**March 24 - Dr. Jim Bertz - Pediatric Cleft Palate Missions Around the World** - Dr. James Bertz is a renowned Maxillo-facial surgeon who has served on pediatric cleft palate missions around the world. A long-standing volunteer with Uplift, Jim has been on several trips to the Philippines and worked with Dr. Jamie Yrastorza, founder of Uplift and a fellow Rotarian from Wheat Ridge. Dr. Bertz practices in Scottsdale, AZ.

**March 31 - Elizabeth Garner, State Demographer - Colorado's Changing Demographics** and What That Portends for the Future.

## Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
January 27	Brian Good	Tom Gregory and Marcus Hanlon	Dan Himelspace
February 3	Sarah Hite	Noreen Keleshian and Bob Kemp	Janine Kempfer
February 10	Audrey Leavitt	Kevin LeVezu and Susanne Lorenz	Jeff McAnallan



### February Birthdays

Patricia Barry 8-Feb  
Robert Wiegand 11-Feb  
Andrew Bell 13-Feb  
Marvin Thomas 24-Feb  
Adams Price 25-Feb

Mental Wellness Tip  
brought to you by a  
Golden High School Student

### Meeting Leader Calendar

Feb 3 Adams Price  
Feb 10 Scott Smeester  
Feb 17 Steve Blazek  
Feb 24 Scott Smeester  
Mar 3 Melanie Gentz  
Mar 10 Steve Blazek  
Mar 17 Melanie Gentz  
Mar 24 TBD  
Mar 31 Adams Price

Mental Wellness  
Tip of the Week  
**Smiling changes your  
mindset...try it!**

Denver Mile High  
**Rotary**  
Club



**The Rotary Book Group...**  
**Discussions begin at 4:30  
on the following day:**

**February 8, Monday -**

Broken For You

by Stephanie Kallos

Broken for You is the story of  
two women in self-imposed exile  
whose lives are transformed  
when their paths intersect.

### Communications Committee

This committee is looking for a member of the club who can routinely update the club's social media sites such as Facebook, Instagram and Twitter. The goal is to increase the awareness of the club's activities and impact, potentially also increasing membership. If you are interested in taking on this task either alone or with the assistance of another, please contact [Margaret Van Vliet](#). Thank you!

### Crazy fact...

With the Super Bowl being played on February 7, folks have been trying to buy chicken wings at their local stores with no luck! A friend of Brad Thompson's, Scott, who is the poultry buyer for all Safeway/Albertson stores nationally, sent information saying that last week small wings were trading at *\$0.30/lb. higher* than ever recorded and quick service restaurants are paying \$0.80 to \$.90/lb. *over market price* just to secure product. What a fowl deal!

## Denver Mile High Rotary Foundation Fundraiser

### Penultimate call...



**Are you registered, yet?**  
**Time is running out!**

**Wine and Chocolate Tasting**  
**Thursday Feb. 11th 6-8 PM**

Featuring  
**Jon Schlegel, sommelier,**  
**and his company Attimo Winery**

[Please click here to sign up](#) and  
for additional details of the event.

**What are you doing for your Valentine's Day?**  
**Why not this?**



### Penultimate call...fundraiser to benefit the DMHR Foundation

#### You asked, we answered...

We frequently talk about the significant impact of our donations to the Denver Mile High Rotary Foundation, The Rotary Foundation, and PolioPlus. We want you to know how easily you can make those donations. Denver Mile High Rotary Foundation - **Tom Giordano** is the treasurer of our Club Foundation. You can write a check made out to DMHR Foundation and mail it to Tom at 7271 E. Wesley Ave., Denver 80224, or donate online at [www.denvermilehigh.org](http://www.denvermilehigh.org). Just scroll to the bottom of the home page.

The Rotary Foundation (TRF) - **Noreen Keleshian** processes our Club contributions to The Rotary Foundation. You can write a check to The Rotary Foundation and mail it to Noreen at 3220 S. Locust St., Denver 80222. You can also donate online at [www.rotary.org](http://www.rotary.org). Your personal donations to The Rotary Foundation earn credit towards achieving the Paul Harris Fellow designation. Our Club will match your donations with additional credits to help you become a first time or multiple Paul Harris Fellow faster. If you donate online, please notify Noreen by email at [noreenkeleshian@gmail.com](mailto:noreenkeleshian@gmail.com) so she can process your credit appropriately.

PolioPlus - PolioPlus donations are also sent to The Rotary Foundation and must be designated for Polio. Audrey periodically collects cash or checks for PolioPlus. You can also mail a check to Noreen or donate online. Your personal donations to PolioPlus earn Paul Harris Fellow credit, but do not qualify for a Club match. If you have any questions or need additional information, please ask **Noreen, Tom or Audrey**. Thank you.



## Service Above Self

### Volunteer Opportunity - Project Worthmore - Volunteer for February 1 and/or every first Monday of the month

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, providing food in their community, as well as other services.

They have established the **first Monday of every month as an opportunity for Rotary members to volunteer** to help with food packaging and/or contactless deliveries.

**Where:** Project Worthmore is located at 1666 Elmira Street, Aurora

**What:** They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

**When:** The first Monday of every month.

**10:30am - 12:30pm: Food Packaging.** Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

**12:30pm - 1:30pm: Deliver boxes** of food to families within about a 3-mile radius of Project Worthmore.

Please call (303-778-0858), or e-mail [Robin Springer](mailto:Robin.Springer@denverrotary.org) if you are interested in volunteering Monday, February 2nd. You can choose either activity (packaging or delivery or both).

## 9Health

[1139 Delaware Street, Denver 80204](https://www.9health.org/locations/1139-Delaware-Street-Denver-80204)

### Volunteer for February 3

9Health is looking for 4-8 volunteers for February 3, at their office (address above), to pack 800 giveaway bags for participants who will be coming to the 9Health vaccination sites next week. The timing is flexible, but preferably between 10am and 4pm. With enough volunteers, the packing of the flyers should go quite fast. To volunteer, please call (610-805-7579), or e-mail [Audrey Leavitt](mailto:Audrey.Leavitt@9health.org).



To all members who volunteered for the Metro Caring Provisioning Project:

**Thursday, February 11** is our next session.

TIME: **9:00am - 12:30pm**

LOCATION: **5200 Smith Road Suite 130 - west side entrance.**

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please contact [Robin Springer](mailto:Robin.Springer@denverrotary.org) for additional information. [Click here](#) for a general update from Metro Caring.



### The Conflict Center Auction - Volunteer Opportunity details on following page

Beginning Friday, February 5th and ongoing through the week leading up to Valentine's Day, The Conflict Center will host its second annual **In Your Element skill-building auction**. TCC will be auctioning a number of exciting classes with skilled community members. We will give people the chance to get further in their element by participating virtually in four unique live experiences throughout the week. Please see the next page of the newsletter for details regarding volunteering to help with this event. For more information about the auction, [click here](#).

## Service Above Self



### The Conflict Center Volunteer Opportunity

As mentioned on the previous page, The Conflict Center (TCC) is excited to bring this event back for its second year and we need your help to make it a success! Please e-mail [Ronnie Weiss](mailto:ronnie.weiss@conflictcenter.org) to volunteer.

#### We need in-person volunteers in three areas as follows:

**Party Pack Assembly** - We need 3-5 folks for the following dates and times:

**February 5, 9:00 am - noon**

**February 8, 9:00 am - noon**

**February 11, 9:00 am - noon**

Packaging will be done at The Conflict Center following all COVID safety guidelines.

**Party Pack Delivery** - We need folks who can deliver the Party Packs, the same days as above, in the morning as packs are assembled and throughout the day.

**Tech Support** - We need a few people who are great at Zoom to assist with the following special virtual events:

**February 7, from 2:30 - 5:00** Sunday afternoon

**February 12, from 6:30-9:00** Friday evening

If you would like to participate as a bidder in the auction you can [click here](#) or use this link: <https://conflictcenter.org/in-your-element-2021/> to view and bid on the special virtual events and auction items.

Please contact me at [ronnie.weiss@conflictcenter.org](mailto:ronnie.weiss@conflictcenter.org) and let me know if you would like to volunteer for any of these opportunities. I look forward to hearing from you and working with you on this fun and creative event!

Thank you!

**Ronnie Weiss**



### The Spirit of Service Above Self

There was a farmer who grew excellent quality corn. Every year he won the award for the best grown corn. One year a newspaper reporter interviewed him and learned something interesting about how he grew it. The reporter discovered that the farmer shared his seed corn with his neighbors. "How can you afford to share your best seed corn with your neighbors when they are entering corn in competition with yours each year?" the reporter asked.

"Why sir," said the farmer, "Didn't you know? The wind picks up pollen from the ripening corn and swirls it from field to field. If my neighbors grow inferior corn, cross-pollination will steadily degrade the quality of my corn. If I am to grow good corn, I must help my neighbors grow good corn."

So is with our lives... Those who want to live meaningfully and well must help enrich the lives of others, for the value of a life is measured by the lives it touches. And those who choose to be happy must help others find happiness, for the welfare of each is bound up with the welfare of all...

Brought to you by **President Brad Thompson**  
who hails from Iowa, corn capital of the world.

## DMHR Admin Information

### DMHR Club Dues

**Carolyn Schrader, Treasurer** [schrader407@gmail.com](mailto:schrader407@gmail.com)

**Please make out checks to: *Rotary Club of Denver Mile High***

- Mail a check to Carolyn Schrader at 407 Detroit St. Denver CO 80206
- Bring a check to a Club meeting and give it to Tom Cella or Carolyn
- Pay by credit card - [Click here](#) or use <https://rotary-club-of-denver-mile-high.square.site/>
- Pay by credit card using the link on your invoice
- If you would like to pay in a different way or have questions, contact Carolyn - [schrader407@gmail.com](mailto:schrader407@gmail.com)

### DMHR Foundation

**Tom Giordano — 303-263-5091 — Thank you!**

**Please make out contribution checks to:**

***Rotary Club of Denver Mile High Foundation or DMHR Foundation***

**You may also use Zelle to pay your dues,**

**like a check but nothing to mail. See page 2 or 4.**

- Hand to Tom Giordano at a meeting or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224
- **Or... [please click here](#) to go directly to our secure online donation site.**  
You may make a one time donation or set up automatic monthly donations.



## DMHR Year-At-A-Glance Calendar

<b>JANUARY</b> Write Valentine Cards for seniors from your home and mail to the senior living facility of your choice. <b>Rotary Awareness Month</b>	<b>FEBRUARY - See note below*</b> Craig Hospital Card Writing <b>Wine and Cheese Tasting</b> New Member Orientation <b>World Awareness Month</b>	<b>MARCH</b> Mini-Dinner Fundraiser - TBD Up-in-the-air <b>Literacy Month</b>
<b>APRIL</b> Mile High Spring Swing - TBD <b>RI Magazine Month</b>	<b>MAY</b> Craig Hospital Dinner RYLA Interviews <b>Promote International Convention Mth</b>	<b>JUNE</b> River Rafting <b>Rotary Fellowship Month</b>
<b>JULY</b> Inner City Kids Hike/Rotary Peak RYLA Camp <b>Literacy Month &amp; New Rotary Year</b>	<b>AUGUST</b> School Supplies Drive Past President's Party <b>Membership and Extensions Month</b>	<b>SEPTEMBER</b> Mini-Dinner Fundraiser New Member Orientation <b>New Generations Month</b>
<b>OCTOBER</b> 9 Health Fair & Craig Hospital Dinner World Polio Day Event <b><a href="#">Economic &amp; Community Developmt</a> Month</b> <b>Vocational Service Month</b>	<b>NOVEMBER</b> Write Holiday Cards for Active and Deployed Military Citrus Fundraiser <b>Rotary Foundation Month</b>	<b>DECEMBER</b> Holiday Party Toy Drive <b>Family Month</b>

\*FEBRUARY - The week of the anniversary of Rotary's founding (23 February) shall be known as World Understanding and Peace Week.



## Contributions to DMHR Foundation

### *Denver Mile High Rotary Foundation Donors*

*Giving Generously  
For the  
Greater Good*

Pat Gorman-Barry	Carolyn Nobel	Tony Vaida
Tom Cella	Annely Noble	Mary Walta
Melanie Gentz	Adams Price	Marty Waters
Tom Giordano	Chuck Rudolph	Ronnie Weiss
Tom Gregory	Roberta Simonton	Sonny Wiegand
Bob Kemp	Robin Springer	<i>Room for more, will it be you?</i>
Diane Messamore	Michael Tapp	
Constance Mortell	Ann Tull	

The  
**Rotary**  
Foundation



Doing Good In The World



*Corporate  
Generosity*

### *2020-2021 Corporate Sponsors*



## The Last Word...

### Wild Animal Sanctuary celebrates 40th Anniversary

Dear Rotarian friends,

It was a pleasure presenting to your organization and sharing information about The Wild Animal Sanctuary.

Since there seemed to be a good deal of interest in the Sanctuary by the questions and follow-up emails I received, I wanted to let you know about a recently published book that we're all very excited about: *Forever Wild, Forever Home: The Story of The Wild Animal Sanctuary of Colorado*, which was written by two Sanctuary volunteers, Melanie and Mark Shellenbarger.

For more information on this book, [please click here](#). And to see the latest press releases, [click here](#).

Sincerely,

Kent Drotar  
Public Relations Director

303-536-0118  
[kent@WildAnimalRefuge.org](mailto:kent@WildAnimalRefuge.org)

Editor's note...Kent Droher has previously provided the DMHR a presentation (in person).

