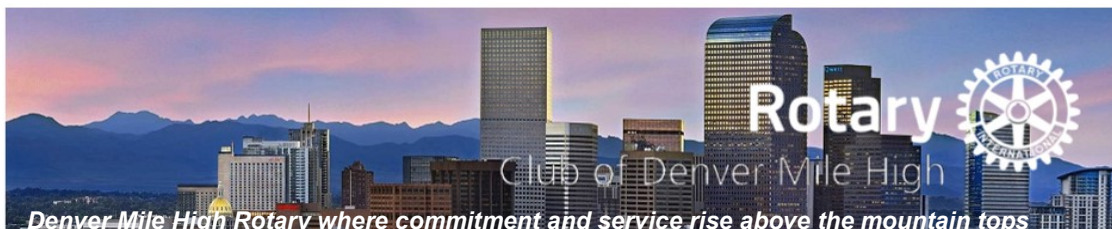




Denver Mile High
Rotary
Club



President's Column:

February 26, 2019

Hi everyone,

Was that not the most beautiful snow Friday evening? It did have a pretty powerful impact, though. Our granddaughter spent the night at DIA because her flight had been cancelled. Other people, especially those in the mountains, experienced tunnel closures and lots of re-routing and slow going.

I will not be at the Club meetings this week and next. Paul and I are heading off to New York City. We are planning to meet up with Constance Mortell and see her place in the city. Constance promises that she will be back in Denver in March. We have been missing her. From NYC we will go on to Italy. We'll have great internet but spotty phone service.

Scott Smeester will host the meeting on Wednesday and Brad Thompson will do the same on March 6. Thanks to both of them for volunteering.

As you know, our dues increased January 1 because of the meals increase costs by the U Club. We didn't reach a final agreement until the first part of January and, as a result, invoices were a bit late. So if you have not yet paid your dues for this quarter, or paid less than the full amount, please make your dues payment as soon as possible.

This week our speaker will be Garrett Reppenhagen, who will speak about Vet Voice Foundation, which mobilizes veterans to become leaders in our nations' democracy. It should be a very interesting presentation.

I hope you enjoyed the Assembly last week and learned a few interesting things about our newer members. We have one of the best groups of members in the District and should be proud of our unique and valuable skills and experiences.

We are looking for recommendations for off-site visits. We would like to schedule two before June 30, so please send a quick email to Anson anson@thethompsonsgroup.net and Robin 2respri@gmail.com with your ideas. In addition, Tom Cella is trying to organize another visit to CEC, to meet with the Interact kids, and enjoy a great breakfast.

Good luck on the tickets sales to the Spring Swing.

Have a great week. Carolyn

High Rotary on the Web:

www.denvermilehigh.org

[Denver Mile High Rotary on Facebook](#)

[Denver Mile High Rotary on LinkedIn](#)

[Denver Mile high Rotary on Instagram](#)

[Rotary District 5450 Website](#)

[Rotary International Website](#)

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FAMILY OF ROTARY



International Family Connections. **Alessandro Eichstaedt** has been in Brazil last week where his family has businesses in three different fields: mining, textile, and finances. It was not all work as he visited his family, including his parents and 95-year-old grandmother.

Alessandro and his wife, Taciane, are the proud parent of Luiza, in pre-kindergarten at Graland Country Day School, and 12-year-old Guilherme, a student at the International School of Denver in Lowry. Guilherme is fluent in Portuguese, and soon will add Spanish as another language of fluency. Like father, like son?



Beautiful Family Picture! Taciane, Guilherme, Alessandro, and Luiza Eichstaedt



Stacey Hervey, MS, CEC Interact Sponsor, Teacher, and MSU Instructor

CEC Interact Club. CEC criminal justice teacher and MSU instructor **Stacey Hervey** is also the sponsor of CEC's Interact Club. This school year, none of the Interactors were in her classes and communication with them was difficult. Club members have tried to meet and work on projects, but participation has dropped considerably. President Carolyn and Tom Cella are making arrangements for a future breakfast at CEC's student restaurant for a future club meeting. The remaining Interactors will graduate this year, and we will recognize their works.



Stacey is committed to starting the 2019-2020 school year with a drive that promotes Interact and recruits new members and leaders. Tom Cella has offered to be the DMHR sponsor. Bruce Ward will continue to offer the Interactors outdoor activities and Pat Gorman Barry will offer CEC students BrainWise mentoring projects at Eagleton Elementary School. As always, eligible Interactors will be encouraged to attend RYLA.

CEC students as BrainWise Mentors at Eagleton Elementary

School. This semester, Stacey recruited four CEC students, including DMHR-sponsored RYLA graduate Blake French, to lead BrainWise Practice Activities with 42 fourth graders at Eagleton Elementary School. The teens will earn credit in Stacey's classes by teaching



four sessions that reinforce BrainWise lessons the children have learned in class. The monthly sessions include 1) Techniques to teach Stop and Think; 2) Spongebob Squarepants Constellation of Support; 3) Red Flags and Fake News; and 4) BrainWise Jeopardy. Eagleton principal Lee Rains-Thomas, school psychologist Cassie Thompson, restorative justice coordinator Ray Simmons and the staff and faculty are integrating BrainWise concepts inside and outside the classrooms. Tom Cella and Pat Gorman Barry are supporting the teens.

Pat Barry and Tom Cella

Rotary



Denver Mile High Rotary Upcoming Programs

February 27th—Garett Reppenhagen US Army 1st Infantry Division
OIF Veteran Rocky Mountain West Coordinator Vet Voice Foundation

March 6th - Tom Giordano—FDR and Polio—In August 1921, Franklin Delano Roosevelt, aspiring politician, contracted polio. As a result, was paralyzed from his waist down for the remainder of his life. Tom Giordano discusses his overcoming his disability to become one our most consequential presidents, the impact of polio on his life and health, and how his illness led to the eventual development of vaccines to combat this crippling disease.

Tom Giordano, retired chemist and environmental professional, facilitates history classes at DU's OLLI Program. He recently taught a class on The Big Three, Churchill, Roosevelt, and Stalin.

March 13th— Ron Baker—Colorado Public Employees Retirement Association (PERA)

March 20th - Jen Landers - Colorado Young Leaders

March 27th - Jim Rohrer—What happened to SEARS

April 3rd - Charlene Porter - World Icon, Colorado Unknown – Hattie McDaniel

April 10th - Suzi Stolte—Opioid Interaction Awareness Alliance

February Birthdays

February 8th - **Pat Gorman Barry**

February 11th - **Sonny Wiegand**

February 13th - **Andrew Bell**

February 25th - **Adams Price**



Denver Mile High Rotary Calendar of Events

<http://denvermilehigh.org/Events/Calendar>

March 1st – 3rd – PETS – (President Elect Training Seminar) thanks to all those who have signed up to volunteer to help Bob Kemp.

March Happy Hour—Shells and Sauce, 5– 7 pm - Date - TBD

March 16-17th - PeaceJam Youth Leadership Conference—
www.peacejam.org

April 13th - Spring Fling Event – Get your tickets! SHARE – use the following link – [CLICK HERE](#)

Milehighspringswing.eventbrite.com

Contact Brad Thompson for more details - brad.thompson5280@gmail.com

April 27th - District Conference - [REGISTER NOW](#) - A one-day conference to inspire, connect and re-energize! Highlights include a focus on Mental Health, club projects, youth, and a Connections Cafe. *Only \$125 for the full conference, with special pricing for first time attendees and Rotaract*



June 22nd - Annual Rafting Trip - More details to come - Save the date Mile Hi Rafting – Contact Geoff Noble

This is a performance the Flatirons Jazz Orchestra did a few months ago for a local TV program called Denver Blues Roots.

<https://www.youtube.com/watch?v=kcUx8aDiYy0&feature=youtu.be>

Weekly Inspirators, Greeters & Hosts

February 27th

Inspiration - Chuck Rudolph

Greeters - Linda Sue Shirkey and Roberta Simonton

Host - Vass Sirpolaidis

March 6th

Inspiration - Pat Gorman Barry

Greeters - Andrew Bell and Steven Blazek

Host - Bob Connaghan

March 13th

Inspiration - Greg Thielen

Greeters - Anson Thompson and Brad Thompson

Host - Ann Tull

March 20th

Inspiration - Tony Vaida

Greeters - Mary Walta and Bruce Ward

Host - Amy Weed

March 27th

Inspiration - Ronnie Weiss

Greeters - Sonny Wiegand and Chris Wong

Host - Louis Wyman

February Birthdays

February 8th - **Pat Gorman Barry**

February 11th - **Sonny Wiegand**

February 13th - **Andrew Bell**

February 25th - **Adams Price**





MILE



HIGH

Spring Swing

Music by The Flatirons Jazz Orchestra

Featuring Vocalist Deborah Stafford

APRIL 13, 2019

6:00 to 10:00 PM

INDUSTRY RiNO STATION

3858 Walnut Street

Denver, CO 80205

Snazzy Casual Attire

Catering by INDULGE Bistro + Wine Bar



Proceeds Benefit Local, Regional, & Global Efforts Supported By **Rotary**
Club of Denver Mile High



A Special Thank You to Our Sponsors



NEW DAY CRAFT
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INTERGRO



RIVER NORTH
BREWERY

PROMOTING THE MILE HIGH SPRING SWING EVENT

Explain what we do at Rotary, locally and globally. (no need to do this first step if you are visiting and promoting to another club; however, you should share some information about our club's projects over the years).

The MHSS is our BIG fund-raising event to help us raise more money for our foundation to help us do more good in the world.

What is the MHSS? It's going to be SO MUCH FUN! We have an amazing 18-piece big band called the Flatiron's Jazz Orchestra, there's going to be music, dancing (if you want to) great food catered by Indulge Bistro and Wine Bar, we have a variety of beverage sponsors and a ton of fun people to meet and get to know!

When is it? Saturday April 13, 2019. From 6 pm to 10 pm

Where is it? – 3858 Walnut St, Denver. It's a really cool new office building called Industry at RiNo Station. If you haven't seen it yet, you'll definitely want to check it out!

How many people are going to be there? We are shooting for 300+

Tickets are \$100 each. Here's a great offer that several businesses and individuals are taking advantage of: Buy 5 get one FREE! So, you get 6 tickets for \$500. Bring friends, colleagues or clients!

Where can I get my tickets today you ask? Go to: milehighspringswing.eventbrite.com

Don't delay...tickets are selling fast and we'd hate to have you miss out!

Pass out the fliers. Point out the Eventbrite link at the bottom of the page.

Any questions you can't answer, collect their name and number and send them to Brad Thompson at brad.thompson5280@gmail.com or 303-478-5729 and I will be happy to call them and answer them!

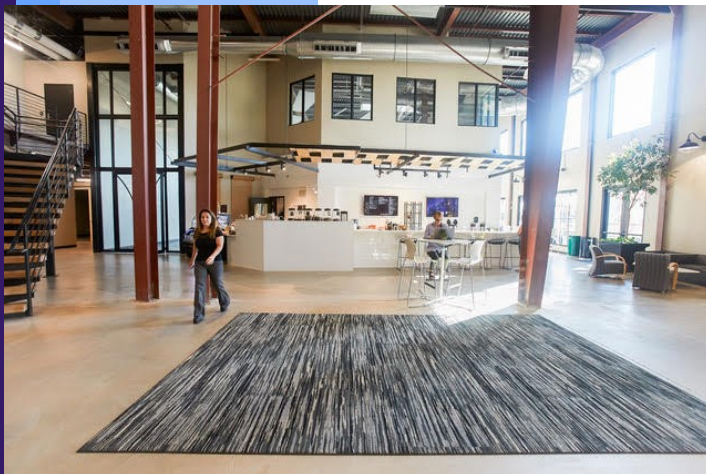
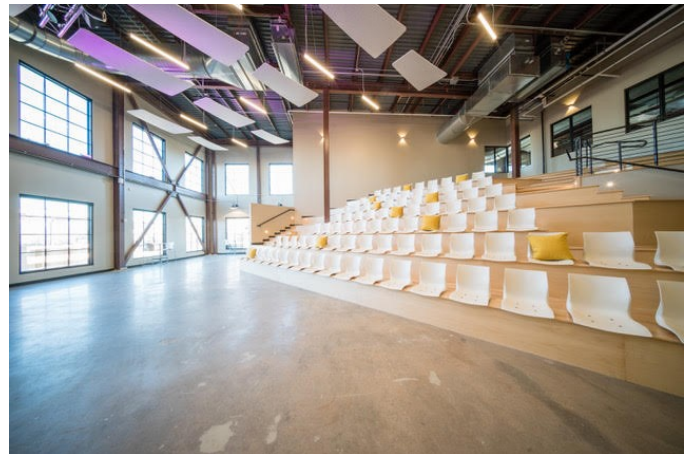
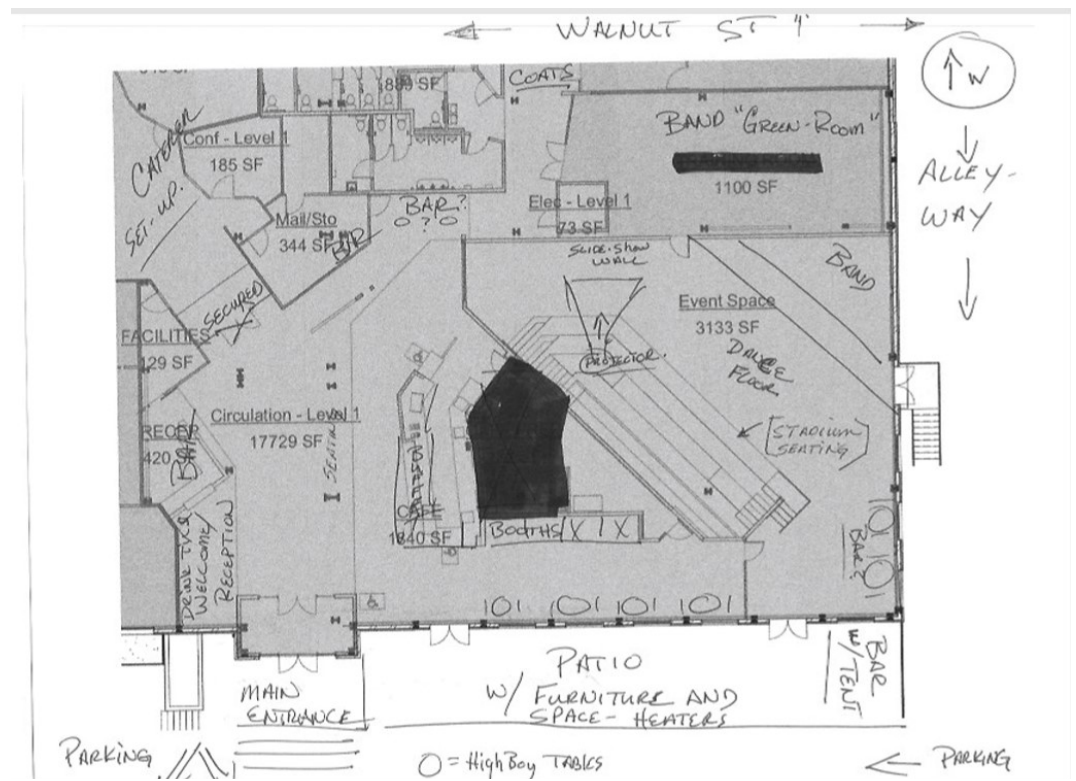
Remember....your enthusiasm will be contagious so be super excited whenever you are sharing information about the MHSS!

Thank you!

Take 20% off one ride to or from Industry at RiNo Station for Mile High Spring Swing!

<https://www.lyft.com/invite/MHSS19>





JOIN THE ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 22ND



A \$5 DONATION IS INCLUDED
IN THE COST OF EACH TRIP.
ALL PROCEEDS GO TO SUPPORT
THE WARRIORS ON CATARACT
PROGRAM

SURE–SHOT - \$54 ADULTS, \$47 CHILD (13 AND UNDER)

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$62 ADULTS

Perhaps you've already been there and done that and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$84 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

**Contact Melanie Gentz, Andrew Bell, Scott
Smeester, or Geoff Noble at
gtnoble@comcast.net**

We can get a 10% rebate for a

Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to

Tom Giordano

7271 East Wesley Avenue

Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

GIVING

2017-2018 Individual Sponsors

VIRGINA AUGUSTITUS	TOM BROMBERG	TOM CELLA
DAVID DAY	ALESSANDRO EICHSTAEDT	
MELANIE GENTZ	TOM GIORDANO	TOM GREGORY
PAULA GUDDER	DAN HIMELSPACH	SARAH HITE
BOB KEMP	DIANE MESSAMORE	CAROLYN NOBEL
CONSTANCE MORTELL	LESLIE PATTON	ADAMS PRICE
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CAROLYN SCHRADER	ROBERTA SIMONTON	ROBIN SPRINGER
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SONNY WIEGAND	RONNIE WEISS	



GIVING

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