



President's Column:

January 29, 2019



Hi everyone,

I am looking at the snow that appeared this morning on our balcony. Best snow of the year in Cherry Creek North. I hope you are all safe and dry.

Thanks to those of you who came to the RI President's dinner last Friday. It was a great time to visit with other Rotarians and hear what they are up to. And President Rassin was entertaining and to the point: be the inspiration. (That should be no problem for us—you are all inspiring to each other.) He also announced that The Bill and Melinda Gates Foundation is continuing its 2-to-1 match for contributions through Rotary.



This week our speaker will be **Cindy Skerjanec and her topic is the Time Organization of Groups**. Cindy conducts workshops on purpose and life/work balance. It should be very interesting.

See you all Wednesday.

Carolyn



High Rotary on the Web:

www.denvermilehigh.org

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FAMILY OF ROTARY



The joyful group of DMHR snowshoers above (see Melanie holding her pooch) are getting ready for the upcoming Mile High Rotary Snowshoeing event at Butler Gulch on February 2nd. Robin Springer, always an active participant, will be taking a raincheck because she had a recent downhill ski accident that will require surgery.

Robin has been recovering from a “first time in 35-years of skiing” fall that could have had more serious consequences. She was skiing her usual black diamond runs with Joel when she hit a patch of ice. Joel was by her side as help arrived and brought her down the slope for medical care. She has been bedridden while her medical team waited for the swelling to go down before deciding on the best treatment. Surgery was the recommendation. Robin is not thrilled, but realizes she has been blessed with many years of injury-free runs.



In the meantime, Robin attended last week’s meeting and it was great to hear her always relevant questions for our guest speaker. Showing her wide breadth of knowledge, Robin wanted to know if the speaker was familiar with new autism treatments. She was not, and thanked Robin for the information.

Welcome back, Robin! We know the upcoming surgery will get you back on the slopes, if not for this season, you will be ready for the next year! Cross country is always a safe back-up....

Technical Support STAT!!



Brian Duran

President Carolyn has plenty on her plate without worrying about the weekly speaker’s technical needs. DMHR has been fortunate to have club members who can help out, and last week, new member **Brian Duran** stepped up and resolved the speaker’s computer glitches and making sure that everything went smoothly.

Brian grew up in Pueblo and is the Regional Sales Manager for Synoptek, an IT Outsourcing and Cloud Services provider. Rotarians will recognize his smile and readiness to jump in and help. Welcome to Denver Mile High Rotary, Brian! Please tell us about yourself by letting Alex Orkow schedule you to give a vocational – a 5-10-minute presentation.





Denver Mile High Rotary Upcoming Programs

January 30th – Cindy Skerjanec—Time Organization of Groups - Cindy Skerjanec owns and operates 5280 Accelerator, a boutique marketing firm in Denver. She brings over 25 years of strategic and tactical marketing expertise to help small and medium-sized businesses and non-profits reach their objectives for growth. She's here today to talk with us about how to use the "agile" methodology of goal-setting to maximize your group and personal goals in 2019.

February 6th – Brooke Kent - The psychology of investing: Chicken vs. perfume

Which way do you think about buying stocks -- as buying perfume, or as buying chicken? Do you think about investments in the same way that Warren Buffett does? As we discuss the psychology of investing, we uncover common misconceptions and persistent psychological biases. In the final analysis, how well does your mindset about investing, align with the psychology of investors who exceed the market's average? ===== About the speaker: Founded in 2014, Cecropia Capital helps affluent clients pursue a concentrated, value-investing strategy through both a private investment fund and managed accounts. Cecropia's strategy is based on the conceptual framework of Warren Buffett, Benjamin Graham, Joel Greenblatt, David Tepper, and Monish Pabrai. Brooke Kent, the COO of Cecropia Capital, thrives on helping others communicate and connect effectively. A summa cum laude and Phi Beta Kappa graduate from Rice University, Brooke previously worked as a researcher at the White House Transition Project, as an executive writer at Los Alamos National Laboratory, and as a marketing director and writer for both corporate and private clients. Brooke lives with her husband and three children in Colorado Springs, where she enjoys hiking, kayaking, fly-fishing, and baking.

February 13th - Dan Bowdey—Exit Management

February 20th - Eva Doyle - The Reluctant Leader – Author

Rotary



Weekly Inspirators, Greeters & Hosts

January 30th

Inspiration - Noreen Keleshian

Greeters - Bob Kemp and Audrey Leavitt

Host - Kevin LeVezu

February 6th

Inspiration - Michaela Levine

Greeters - Jeff McAnallen and Constance Mortell

Host - Lawrence Mundy

February 13th

Inspiration - Carolyn Nobel

Greeters - Diane Messamore and Alex Orkov

Host - Karl Paulson

February 20th

Inspiration - Charlene Porter

Greeters - Adams Price and Kaili Purviance

Host - Heidi Resetarits-Buckhout

February Birthdays

February 8th - **Pat Gorman Barry**

February 11th - **Sonny Weigand**

February 13th - **Andrew Bell**

February 25th - **Adams Price**



Denver Mile High Rotary Calendar of Events

<http://denvermilehigh.org/Events/Calendar>

January 29th – WCS Committee will meet at 4:30PM in the conference room at Leonard Rice Engineers located at 1221 Auraria Pkwy, adjoining the Pepsi Center. This is Carolyn Nobel's workplace. Free parking is available at the back of the building. Enter from parking lot- rear door of building. Call in is available at 1-877-255-4121. No passcode required.

February 1st - Food Bag at Goldrick pack and distribute food bags for 350 elementary school students. Enter the school through the door on the southwest corner of the building.

February 2nd – Snowshoeing! More details to come on exact location and best snow, but dust off your snow shoes, we will be getting out for a hike.

February 6th - Volunteer at Craig Hospital—arrive between 4:30 and 5pm

February 9th - Rotary Ski Day! Meet at Vail at 10am at the Clock tower, contact Betty Speir for more details

February 19th - Rotary Monthly Happy Hour! 5pm—7pm at the DAC

March 1st – 3rd – PETS – Bob Kemp needs your help!

April 13th - Spring Fling Event – Get your tickets! SHARE – use the following link – [CLICK HERE](#)
www.Milehighspringswing.eventbrite.com

Contact Brad Thompson for more details - brad.thompson5280@gmail.com

June 22nd - Annual Rafting Trip - More details to come - Save the date Mile Hi Rafting – Contact Geoff Noble



This is a performance the Flatirons Jazz Orchestra did a few months ago for a local TV program called Denver Blues Roots.

<https://www.youtube.com/watch?v=kcUx8aDiYy0&feature=youtu.be>

Denver Mile High Rotary Presents Mile High Spring Swing!



APR
13

Denver Mile High Rotary
presents - Mile High Spring
Swing!

by Denver Mile High Rotary Club

\$100



Tickets

Description

Join Denver Mile High Rotary for a night of big band swing music and dancing with the Flatirons Jazz Orchestra, featuring vocalist, Deborah Stafford.

Proceeds from the event help the Denver Mile High Rotary club with projects that support children, education, and improving lives locally and around the globe. In addition, Rotary International is dedicated to eradicating polio. Our efforts have resulted in a tremendous impact in the world, but there is still more work to do. Your participation in our event will get us one step closer to our goal to make this happen!

Tickets include entrance to the event, two drinks and a variety of delicious appetizers provided by Indulge Bistro and Wine Bar.

Date And Time

Sat, April 13, 2019
6:00 PM – 10:00 PM MDT
[Add to Calendar](#)

Location

Industry at RiNo Station
3858 Walnut Street
Denver, CO 80205
[View Map](#)

[CLICK HERE TO Purchase your tickets](#)



JOIN THE ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 22ND



A \$5 DONATION IS INCLUDED IN THE COST OF EACH TRIP. ALL PROCEEDS GO TO SUPPORT THE WARRIORS ON CATARACT PROGRAM

SURE-SHOT - \$54 ADULTS, \$47 CHILD (13 AND UNDER)

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$62 ADULTS

Perhaps you've already been there and done that and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$84 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

Contact Melanie Gentz, Andrew Bell, Scott Smeester, or Geoff Noble at gtnoble@comcast.net

We can get a 10% rebate for a group that we book by March 1st

All rebates to be donated directly to the Colorado based non-profit program Warriors on Cataract

Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to

Tom Giordano

7271 East Wesley Avenue

Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

GIVING

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GIVING

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