



SERVE TO CHANGE LIVES



Rotary



Club of Denver Mile High

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President's Column

Good morning, fellow Rotarians,

5 July 2021

Happy Independence Day! I love the 4th of July. It is a great time to reflect and be thankful for this wonderful country we live in and the freedoms we sometimes take for granted. It is a fun time to spend with family and friends and enjoy each other's company. I hope you all had a wonderful day celebrating!

Not only do we celebrate our Country's birthday, but we also get to celebrate Brad Thompson's birthday on the 4th day of July. It also gives me a moment to thank Brad again for his leadership and all he has done for DMHR. Thank you for your service and guidance throughout last year. Wow! What a great year it was with so many accomplishments, awards, service projects and achievements. Thank you again Brad and thank you to all the members of our awesome club.

I am really excited about this upcoming year. I am nervous, but most of all I am honored that you have chosen me to serve the club as your President. I will do my best "not to screw it up". I will listen, work hard and help make this club the best club it can be. We have a lot of great momentum starting this next year and I know as a group we can achieve all of our goals and even greater things and do so much good for our community and the communities around the world.

Love and respect,
Steve

ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

<https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFRzZ3bnBRdz09>

Meeting ID: 812 9479 1259 Passcode: 903839

Monthly District News

[Click here to go to the District 5450](#)
website to see July activities,
additional information, and
to listen to **our new District Governor,**
Ray Anderson (2021-22)

"Simplify, slow down, be kind.
And don't forget to have art
in your life - music, paintings,
theater, dance, and sunsets."

-Eric Carle



SERVE TO CHANGE LIVES



Word from the Editor

A word from your editor

Dear Fellow Rotarians,

I hope that you notice the change in design of the newsletter which reflects the theme of Shekar Mehta, the 2021-22 Rotary International President; [click here](#) to view the theme address by the incoming president. Please note his "everyone bring one" mantra, and consider what this could do for our club's membership if we took it to heart and practiced it!

Although we always desire new members, let us not forget that *what our current members accomplish is as important as gaining new members*. Let's show our guests what this club has and continues to accomplish in order to entice them to join our ranks. Seeing is believing!

As a reminder, the club is in need of a treasurer, a newsletter editor, a website editor, Foundation board members (at large), and committee members for DEI&B, Membership, Fundraising and the Mile High Swing Fling Event.

See you Wednesday!

Annely Noble

M 303-842-8725

Annely.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.*

What are YOU contributing to Rotary?

And, for what are you waiting?



Mini-Dinner Brunch

The last of the 2020-21 Mini-Dinners was held at Margaret Van Vliet's home last Sunday. Ten Rotarians and partners gathered for brunch outdoors on the top of Margaret's apartment building overlooking the city and mountains. If you have not yet participated in a mini-dinner function, you are missing out! What a great way to get to know your fellow Rotarians and to celebrate life, not to mention, to add to the DMHR Foundation coffers..



Attending (bottom L and going counter clockwise), were **Marcus Hanlon** and wife **Christine**, **Linda Sue Shirkey**, **Audrey Leavitt**, **Annely Noble**, **Chuck Rudolph**, **Margaret Van Vliet**, **Amy Weed** and partner, **Sabin**.





SERVE TO CHANGE LIVES



Calendar of Event and Presentation Details

July 7 - Gordon Close, Founder, Guitars for the Troops - presents in person a little guitar history and the benefits of providing guitars to service men and women. Harvest Guitars For The Troops is committed to providing quality guitar packages to service men and women around the world. Benefits of playing the guitar include musical enjoyment, education, music therapy and physical rehabilitation. DMHR recently contributed to a District Grant that contributed 45 guitars to this program.

July 13 - DMHR Board meeting - 4:00 pm - Contact Steve Blazek for Zoom details!

July 14 - Dr. Tanyss Munro, Executive Director of Amarak Society presents on Zoom about promoting literacy with some of the poorest mothers in the world. Dr. Tanyss Munro has spent her life, with her husband, best-selling author Gem Munro, improving educational opportunities for vulnerable children and youth around the world.

July 15 - DMHR Foundation Board meeting - Please call Tony Vaida for call information or to volunteer to become a member at large on the Foundation Board.

July 21 - George N. Chapar. PhD, of Yale New Haven Health, Greenwich Hospital - The psychology, disruption, resilience and recovery of individuals as a result of COVID.

July 27 - DMHR Happy Hour - 5-7pm at Carolyn and Paul Schrader's home, 407 Detroit St, Denver.

July 28 - Dr. Jason Williams, Clinical Director of Pediatric Mental Health Institute at Children's Colorado and Director of the PMHI Quality and Safety. A State of Emergency for Pediatric Mental Health: How COVID has made a serious problem worse.

July 30 - Denver Children's Advocacy in City Park Pavilion. [Click here](#) to sign up to volunteer. For more information, contact [Marty Waters](#).

August 4 - Don't park on Sherman (street sweeping) - Speaker needed

August 8 - Past President's Party - Sunday 5-7pm - In the boulevard in front of Tom and Janis Cella's home, at 1739 Forest Parkway, Denver. Menu consists of burritos, guacamole, dessert, beer and wine. Bring your lawn chairs and a "roast" or a joke to share!

August 11 - Speaker needed

August 18 - Speaker needed

September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*. If you choose not to ride, consider sponsoring a rider from our club. Details will follow in August.

September 26 - Go to a Colorado Rockies (vs. Saints) game which begins at 1:10pm, with district 5450 Rotary members from all clubs. [Click here](#) for info and to purchase tickets at special price of \$28 each. Profits to PolioPlus.

Do you have any leads for future speakers? Contact Adams Price: 303-570-3315 or adams.price@pmcf.com



Weekly Assignments and More

Date	Inspiration	Greeters	Host
July 7	Melanie Gentz	Tom Giordano and Brian Good	Tom Gregory
July 14	Marcus Hanlon	Dan Himelspace and Sarah Hite	Noreen Keleshian
July 21	Janine Kempfer	Audrey Leavitt and Susanne Lorenz	Jeff McAnallen



July Birthdays

July 4 Brad Thompson
July 8 Dan Himelspace
July 15 Roni Cella
July 19 Annely Noble
July 23 Jared Beach
July 24 Betty Speir

Mental Wellness Tip of the Week

Call someone elderly who is not mobile and help them spend an hour in cheerful conversation.



Mental Wellness Tip brought to you
by a fellow Rotarian

The Rotary Book Group... All Welcome

Monday, August 23rd, at 4:30 pm
Sarah Hite's home
648 Humboldt, Denver
No July meeting.

While Justice Sleeps - A Novel
By Stacey Abrams

A gripping thriller set within the halls of the U.S. Supreme Court - where a young law clerk finds herself embroiled in a shocking mystery plotted by one of the most preeminent judges in America.

Woohoomanity

Endorsed by Greg E. Podd, for info, call him at 303-330-0096
Honorary Chair Woohoomanity Challenge
RI Vice President 2015 - 2016 and RI Director 2014 - 2016

Make a Big Difference

- It's easy... just sign up, then send friends the email asking for support of your club service projects
- Low-Cost... only 1% expense and a typical credit card processing fee of 4%
- Last year a club had 80% participation and raised \$70,000... their best fundraiser ever
- Have a Ton of Fun
- The Woohoo piggybacks on the Denver Century Ride... routes start at an easy 25 miles
- Not just for riders... you can Volunteer, Do It Yourself, or Fundraise/Donate Only
- Enjoy a glorious Colorado day in the fellowship of your friends

Learn more and SIGN UP NOW at www.woohoomanity.org. Your proceeds will go to your club even if it hasn't joined the Woohoo... but clubs that do join will raise a LOT more!



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District 5450 information

Colorado Rockies vs. The Saints

September 26 - District 5450 event

Help knock polio out of the park when you join District Governor Ray Anderson and your District Polio Committee who invite you, your family, and friends to join them at Coors Field on Sunday, September 26, 2021. Wear your Rotary best and make lots of noise WE WILL HAVE A BLAST! [BUY YOUR TICKETS](#) EARLY for only \$28 each at www.rockies.com/ROTARY. All funds earned from our tickets sales will go toward polio eradication.

Monthly District News

[Click here to go to the District 5450](#) website to see July activities and additional information, and to listen to our new District Governor, Ray Anderson (2021-22)

Stay informed - DMHR Foundation Information

Foundation Chair	Tony Vaida (2022)*	At Large Members
Vice-Chair	Vacant	Vacant
Secretary	Carolyn Schrader (2023)	Linda Sue Shirkey (2022)
Treasurer	Josh Peck (2021)	Mary Walta (2023)*
Fundraising Chair	Tom Giordano	Bruce Ward (2023)*
Club Past President	Vacant (Was Brad Thompson) (2022)	Bob Kemp* (Term?)
Club President	Steve Blazek	Tom Cella (2023)
Club President Elect	Annely Noble	Adams Price (2022)
		* In second 3 year term

JANUARY

Write Valentine Cards for seniors from your home and mail to the senior living facility of your choice.
Rotary Awareness Month

FEBRUARY - See note below*

Craig Hospital Card Writing
Wine and Chocolate Tasting
New Member Orientation
Peacebuilding & Conflict Prevention Month

MARCH

Connect4 - Each Rotarian calls 4 Rotarians during March. Get to know each other better!
Literacy Month

APRIL

Mile High Spring Swing - TBD
Earth Day - 4/22
RI Magazine Month

MAY

Craig Hospital Dinner & RYLA Interviews
District 5450 Conference
Promote International Convention Month

JUNE

River Rafting
Rotary Fellowship Month

JULY

Inner City Kids Hike/Rotary Peak CXld
RYLA Camp - virtual only - July 24th
Literacy Month & New Rotary Year

AUGUST

School Supplies Drive
Past President's Party
Membership and Extensions Month

SEPTEMBER

Mini-Dinner Fundraiser
New Member Orientation
New Generations Month

OCTOBER

9Health Fair & Craig Hospital Dinner
World Polio Day Event
[Economic & Community Development](#)
And Vocational Service Month

NOVEMBER

Write Holiday Cards for Active and Deployed Military
Citrus Fundraiser
Rotary Foundation Month

DECEMBER

Holiday Party
Toy Drive
Family Month



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Service Above Self



PROJECT WORTHMORE

Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

When: The first Monday of every month.

10:30am - 12:30pm: Food Packaging. Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

12:30pm - 1:30pm: Deliver boxes of food to families within about a 3-mile radius of Project Worthmore.

Help Wanted! Metro Caring...

The turnout at last month's Metro Caring Provisioning Project was sparse. This month both **Annelly Noble** and **Noreen Keleshian** will not be able to attend. Will you be available and would you consider filling in for these folks? The project is to breakdown 50 lb sacks of food (oatmeal, rice, flour, beans) into 1.5 lb bags. Noreen and Annelly average 450-500 lbs per Thursday....no pressure though! Hours and location below. Please call **Annelly** 303-842-8725, if you are able to help out.



METRO CARING
ENDING HUNGER AT ITS ROOT

Volunteer for Metro Caring Provisioning Project:

Thursday, July 8 is our next session.

TIME: 9:00am - 12:30pm

LOCATION: 5200 Smith Road Suite 130 - west side entrance.

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. Click here for a July update from Metro Caring.



The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. Watch this space for opportunities beginning May and early June. If you would like more information or to sign up, please contact **[Ronnie Weiss](#)**.



If you wish to volunteer at any of the 9 Health Vaccination Sites, please contact [Audrey Leavitt](#) 610-805-7579. Audrey suggests you invite a friend as there is plenty of volunteer work to go around. Additionally, your friend will be introduced to Rotary's Service Above Self and even may be motivated to become a Rotarian!

[1139 Delaware Street, Denver 80204](#)



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring **[Denver Kids](#)**. Training for volunteering begins this spring.



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DMHR Admin Info

How to pay... DMHR Club Dues

c/o Carolyn Schrader, Treasurer,
schrader407@gmail.com

Please make out checks to:

Rotary Club of Denver Mile High or DMHR

- Mail check to Carolyn Schrader at 407 Detroit St. Denver CO 80206 OR
- Bring a check on Wednesday, give to Tom Cella or Carolyn
- Pay by credit card - [Click here](#) or use <https://rotary-club-of-denver-mile-high.square.site/>
- Pay by credit card using the link on your invoice
- Pay by Zelle®. Please see the following page for instructions.
- If all else fails, contact Carolyn, schrader407@gmail.com

DMHR Foundation Donations

c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

**Rotary Club of Denver Mile High Foundation
or DMHR Foundation**

- Hand check to Tom Giordano at a meeting; or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224;
- Or... [please click here](#) to go directly to our secure online donation site, make a one time donation or set up automatic monthly donations.

Using Zelle® to pay by check without mailing!

Several members have expressed interest in paying dues with **Zelle®**, a service that allows Club members to send dues payments electronically to DMH Rotary. There is no charge and the transaction occurs in only a few minutes. And, the sender can choose the amount to send. Below is information about signing up for **Zelle®** and setting up the payment information for Denver Mile High Rotary.

Enroll with Zelle®

(your bank must offer **Zelle®** as a service)

1. Sign into Online Banking or mobile banking on your electronic device
2. Go to "Send Money with Zelle®" in Online Banking or the **Zelle®** tab in the Mobile app.
3. Agree to terms and conditions.
4. Enroll your account.
5. Verify security code.
6. You're ready to start sending/receiving payments through your bank account using **Zelle®**.

How to send money to Denver Mile High Rotary

1. Enter rotarydmh@gmail.com as the unique identifier for the Rotary Club of Denver Mile High. You can use DMHR as the name of the Club.
2. Enter the amount of the payment and an optional memo. (e.g., invoice number)
3. Review your payment. Make sure that you've entered the correct email address for the Club; then hit "Send."
4. Your payment will appear with your name on the Club's bank statement.

Thanks to our interim treasurer,
Carolyn Schrader
for this informative item.