



Denver Mile High Rotary
where commitment and service
rise above the mountain tops



Denver Mile High
Rotary
Club



July 7, 2020

President's Column

Denver Mile High Rotary on the Web:

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Greetings Denver Mile Rotarians!

July 5, 2020

Amanda has lived in Colorado her whole life and had never been to the Sand Dunes, so we headed down there on Thursday for a couple of days of camping. I have been there a few times with my kids over the years, and thought it was high time that she check them out too. We found a really nice spot to camp, just down from Medano Pass, which is a 4x4 road that drops into the national park from the north. Dining al fresco, streamside the first night, we enjoyed a great steak, baked potatoes, and a salad, that all paired nicely with a glass of wine.

Day two, we drove into the park. For the second time, on my last two trips there, a flat-lander (this couple was from Wisconsin) thought their "all-wheel drive" vehicle could handle the 4x4 trail. They were stuck, buried in sand up to their axel, blocking the one lane trail. After some creative maneuvering to get them turned around, I towed them out of there, back to dry pavement. I think it was a humbling life lesson learned for them on Friday. Service above self was apparent with this exercise, as I added a few bonus points to the Karma bucket, as well.

After that fiasco, we explored the dunes by hiking on them for about an hour. In addition to the growing throngs of people, the temps were rising and were already in the 80's by mid-morning. We didn't stick around long, as we headed north and explored the mountains the rest of the day, ending our adventuresome day, in the national forest between Fairplay and Buena Vista.

After an uneventful drive back to Denver on Saturday morning, my birthday celebration was very low key, with a nice dinner at home, as I begin my 55th trip around the sun. I hope you all had a safe and fun 4th of July weekend and were able to spend time with people that you like!

Joke of the Week: What do you call a fake noodle? An impasta!

Stay well!
Brad Thompson



Denver Mile High Rotary Calendar of Events

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGMyNEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

July 8 - Road Trip! Denver author with Midwestern roots, **Allen Ferguson** on "Route 36: Ohio to Colorado" - America's Heartland Highway. Join us for an informative/educational trip down US Highway 36—it's so much more than the "Denver-Boulder Turnpike"!!

July 15 - Rhonda Hathaway - has been a **member of the Commerce City Rotary** for ten years, has been the Secretary for 9 years, and has served a term as the President; she is also the Adams City High School Interact Sponsor for the last six years. Today's presentation is the result of a \$10,000 grant awarded to the Adams City High School Interact Group from the Community First Foundation. The grant was to be used to try to eliminate the stigma around mental health and to begin having this conversation at an earlier age. This presentation is the end result; both the Interact Club of Adams City High School and the Commerce City Rotary are very proud of this presentation.

July 21 - DMHR Foundation Board Meeting - 7:00 am via call until further notice

July 22 - Portia Prescott - Racial Justice and Rotarian Involvement - Portia Prescott and her partner Mary Jefferson have partnered with dozens of non-profits and leaders in Colorado African-American communities. With over 40 years of experience between them, they are embedded in both the Community of Color and the Political Arena locally, statewide and nationally.

August 29 - Virtual District 5450 Conference. Additional information will follow as it becomes available.

A word from your editor...

Dear fellow Rotarians,

I'm sorry that DMHR has lost three members of our group, Mary Wuest, Sara Hanstad and Greg Thielen, but I am wishing that we will stay in touch with each of them in the hopes that when their lives transition from COVID-19 back to normal, they will be able to rejoin the club.

Stay well, stay healthy, stay sane.

Annely Noble
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Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
July 8	Bruce Ward	Amy Weed and Marty Waters	Ronnie Weiss
July 15	Sonny Wiegand	Chris Wong	Pat Gorman Barry
July 22	Jared Beach	Andrew Bell and Steven Blazek	Bob Connaghan
July 29	Diane Messamore	Alessandro Eichstaedt and Debra Flick	Kevin Gallaway

Upcoming July Birthdays

July 4 - Brad Thompson
July 8 - Dan Himelspace
July 19 - Annely Noble
July 23 - Jared Beach
July 24 - Betty Speir



From **Diane Messamore...**
Need she say more!



Mental Wellness Tip of the Week

Appreciate your
Freedoms

DMHR Year-At-A-Glance Calendar

JANUARY Write Valentine Cards for Seniors Mini-Dinner Fundraiser Rotary Awareness Month	FEBRUARY Craig Hospital Dinner New Member Orientation World Awareness Month	MARCH Mini-Dinner Fundraiser Literacy Month
APRIL Mile High Spring Swing RI Magazine Month	MAY Craig Hospital Dinner RYLA Interviews Promote International Convention Mth	JUNE River Rafting Rotary Fellowship Month
JULY Inner City Kids Hike/Rotary Peak RYLA Camp Literacy Month & New Rotary Year	AUGUST School Supplies Drive Past President's Party Membership and Extensions Month	SEPTEMBER Mini-Dinner Fundraiser New Member Orientation New Generations Month
OCTOBER 9 Health Fair Craig Hospital Dinner World Polio Day Event Vocational Service Month	NOVEMBER Write Holiday Cars for Active and Deployed Military Citrus Fundraiser Rotary Foundation Month	DECEMBER Holiday Party Toy Drive Family Month

DMHR Admin Information

Dues: c/o Kaili Purviance, Treasurer — treasurerdmh@gmail.com — Thank you!

Please use [the link below](#) to pay with credit card;
or reach out to the treasurer if you require
an invoice or would like to pay by check.

<https://rotary-club-of-denver-mile-high.square.site/product/drinks/2?cs=true>

Mail your dues checks to: Kaili at 3244 S. Holly St, Denver, CO 80223

DMHR Foundation: c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

Rotary Club of Denver Mile High Foundation or DMHR Foundation

Hand to Tom Giordano at a meeting or mail to:

Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224

Or... [please click here](#) to go directly to our secure online donation site.

You may make a one time or automatic monthly donations.

Contributions to DMHR Foundation

*Giving Generously
For the
Greater Good*

2019-2020 Individual Donors

Pat Gorman-Barry	Annely Noble	Mary Walta
Tom Cella	Adams Price	Ronnie Weiss
Melanie Gentz	Chuck Rudolph	Sonny Wiegand
Tom Giordano	Roberta Simonton	<i>Room for more...</i>
Tom Gregory	Robin Springer	<i>Will it be you?</i>
Bob Kemp	Michael Tapp	<i>Or you?</i>
Diane Messamore	Ann Tull	<i>Or you?</i>
Constance Mortell	Tony Viada	<i>Or who?</i>



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2019-2020 Corporate Sponsors





District Announcements

[Click here](#) for a link to District 5450 home page where you can see the district calendar, other club activities, etc.

[Click here](#) to hear **Bob Kemp's** message for July.

Transition for Rotary is a mix of preserving our core values, while we approach challenges in new and different ways. This is a time of unprecedented change - and we must adapt. Now is the time for all of us in Rotary to shine!

Let's prepare for a year of uncertainty by cultivating a spirit of flexibility and creativity. Let's try new things, let's do things differently, let's find ways to connect with people we wouldn't otherwise have connected with! Being socially distant doesn't mean being socially disconnected. Let the world see your smile – even if you are wearing a mask!

My personal best wishes for a great Rotary Year to all of us!

Bob Kemp

Rotary Club of Denver Mile High
District 5450 Governor 2020-21

District Highlights...

[Supporting the Environment](#) becomes a new area of focus.

[Epic Ethics](#)...calm in conflict celebrating our diversity.

[Woohoomanity Bike Challenge](#)...now scheduled for September 12th.

[Club membership and giving report](#)... June 2020

And so much more... Club connections... The Rotary Foundation... Upcoming Events and Training...

COVID Fund Recipient Project Update

Dear DMHR,

Thanks to your generosity, The Conflict Center is preparing 500 Peace Boxes for our community. After only a few weeks, we've had an overwhelming number of families reserve boxes. We're looking forward to when they come to pick up those boxes beginning July 23rd.

As part of your sponsorship of the event, you have the opportunity to include promotional materials in the boxes. **Is there anything you would like to include? If so, we would need that material no later than July 14th.** Please let me know how I can support you in this process if you decide you want to include something.

You are also entitled to a highlight in our newsletter. Could you send me some copy/a blurb about what you'd like us to let our community know about the work you do? **Please send at your earliest convenience.**

In addition, we are proud to acknowledge your generosity in the following ways:

1. At our check-in table
2. On the [event page](#) on our website
3. On our event banner
4. Your logo on the boxes that children will take home
5. recognition on social media.

Finally, here is the [link to our event page](#) with more information about Peace in a Box to share with your community. Please let me know if you have any questions!

Thank you,
Collin

COLLIN HENG-PATTON

[He/Him/His](#)

Operations Manager and Development Associate

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Stay in touch: [Instagram](#) | [Facebook](#) | [Twitter](#)



This has been brought to you by **Ronnie Weiss**, Director of Development at The Conflict Center

Service Above Self

Member Contributions

Have you ever left or lost something on an airline flight?
[Click here](#) to view a special service for those who travel...
contributed by **Constance Mortell**.

Tom Cella will be the new
Local Community Service Chair
for the 2020-2021 Rotary year.
Hip, hip, hooray!



Brad requested pictures of activities from members...
Camping with kids...never a dull moment...snake hunts;
making marshmallow roasting sticks with sharp knives;
building forts in the willows; fishing in the South Platte.
Contributed by **Geoff and Annely Noble**



Member Contributions

I am sending you this note to share some positive news about an important effort Denver Water is undertaking to keep our promise to protect water quality through our [Lead Reduction Program](#).

Denver Water is working on a neighborhood-by-neighborhood basis to replace customer-owned lead service lines, permanently removing this source of lead from our community. A service line is the pipe that brings water from the water main in the street to the plumbing on your property. This is an exciting project that will protect the health and well-being of our community now and in the future. It is quite possible that **this project eventually will impact members of our club, their families and friends** over the next 15 years.

As you can imagine, this is a complex topic and it is critically important that the public get the correct information from the right source. We are asking Mile High Rotary's help to get the word out about the program and share our website with the public. I want to let you know that we've added Rotary (but not individual members) to our e-mail list providing resources for your information, (e.g., templated newsletter articles, videos, social media content, linkable graphics). We hope you share this content on your organization's website and social media channels, and in your email updates. Perhaps we could even give a presentation about the program during an upcoming meeting.

Thank you, in advance, for your help. Please let me know if you have any questions.
Brian

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