



SERVE TO CHANGE LIVES

Denver Mile High Rotary,
where commitment and service
rise above the mountain tops



Rotary



Club of Denver Mile High

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Interesting Facts...

Attendance last week

53 Total membership

8 Zoom members

1 Zoom camera of U-Club

24 Members at U-Club

2 Speakers at the U-Club

21 Members missing

President's Column

Dear fellow Rotarians,

July 12, 2021

My first live "concert" since the pandemic! That was awesome to be entertained by Gordon and Debra at Wednesday's meeting and to hear about the history of guitars and the great work they are doing with Harvest Guitars For The Troops. I firmly believe in the healing power of music so it was good to hear about the music therapy and physical rehabilitation that the guitars are providing to our service men and women.

I am excited about the discussions we are having around our community initiative and look forward to the further development of that initiative. It will help with identifying local community service projects as well as memberships. Speaking of memberships, Tom Gregory is doing an excellent job and I want to thank him for all of his efforts and for all he is doing. As I mentioned, I would like to get a couple of other Membership Committee members to help Tom with membership engagement/retention as well as recruiting new members. If you are interested please let myself or Tom know.

For the most part, I have flexibility in my schedule throughout the week, so if any of you have thoughts, ideas or just want to talk I am always open to have coffee or tea and chat. I think open and honest communication is a key to any successful relationship and leadership position, so I welcome those opportunities.

Love & Respect,
Steve

ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

<https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09>

Meeting ID: 812 9479 1259 Passcode: 903839

Rockies Game - Rotary Function

September 26 - \$28 per ticket

Rotary members already have purchased 200+ tickets for the Rockies versus Saints Game on September 26 at 1:10pm. The area where Rotarians will sit is supposed to be shaded in the afternoon. District Governor Ray Anderson will be on the field to share about Rotary, so let's get out there and support him and our cause. **All profits to PolioPlus.**

Wear your Rotary gear... you will have your new Rotary T-shirts before then.



SERVE TO CHANGE LIVES

Word from the Editor

A word from your editor

Dear Fellow Rotarians,

I will be in the mountains early this week directing a family summer camp with Geoff, so **Melanie Gentz** has graciously distributed this newsletter for me; thank you, Melanie! Although I love producing the newsletter, I would be very happy to show another member or two how to use the Publisher program. Surely in our membership is another person who would like to use his or her creativity to bring you Rotary news. Variety is the spice of life, an old cliché but very true - others could bring creative and refreshing new outlooks to the newsletter. If you have any interest at all in being the newsletter editor, let's meet for coffee and make a plan.

See you Wednesday!
Annely Noble
M 303-842-8725
Annely.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.
What are YOU contributing to Rotary?
And, for what are you waiting?*



Debra Jessop and Gordon Close from *Harvest Guitars for the Troops* gave a presentation at Rotary this past Wednesday, which included relaxing guitar music as well as information regarding several types of guitars as well as about the non-profit organization which is housed at [Harvest Guitars](#) at 3535 S Irving St, Englewood, CO 80110. **Pat Gorman Barry**, who organized the presentation said that visiting their facility is like being in a museum. [Click here](#) to learn more about Harvest Guitars for the Troops and about its founder, Gordon Close.

Woohoomanity - September 25th
Big bike ride - Saturday
[Click here](#) to sign up for Woohoomanity!
If you don't want to ride, consider pledging your support for one of our club's riders. **Last year's team was**
Melanie "Go Getter" Gentz,
Steve "Beat the Pack" Blazek,
Tom "Strides Ahead" Cella, and
Marty "Fast Flowing" Waters.
A portion of all funds pledged comes back to Denver Mile High Rotary!
[Help Make a Difference!](#)



SERVE TO CHANGE LIVES



Calendar of Event and Presentation Details

July 13 - DMHR Board meeting - 4:00 pm - Contact Steve Blazek for Zoom details!

July 14 - Dr. Tanyss Munro, Executive Director of Amarak Society presents on Zoom about promoting literacy with some of the poorest mothers in the world. Dr. Tanyss Munro has spent her life, with her husband, best-selling author Gem Munro, to improving educational opportunities for vulnerable children and youth around the world.

July 21 - Dr. George Chapar - The psychology, disruption, resilience and recovery of individuals as a result of COVID

July 27 - DMHR Happy Hour - 5-7pm at Carolyn and Paul Schrader's home, 407 Detroit St, Denver.

July 28 - Dr. Jason Williams, Clinical Director of Pediatric Mental Health Institute at Children's Colorado and Director of the PMHI Quality and Safety. A State of Emergency for Pediatric Mental Health: How COVID has made a serious problem worse.

July 30 - Denver Children's Advocacy in City Park Pavilion. [Click here](#) to sign up to volunteer. For more information, contact [Marty Waters](#).

August 4 - Do not park on Sherman...street sweepers may sweep away your car, or worse, you may be ticketed.

August 4 - Tentative - Peace Scholar care of Ann Tull.

August 8 - Past President's Party - Sunday 5-7pm - In the boulevard in front of Tom and Janis Cella's home, at 1739 Forest Parkway, Denver. Menu consists of burritos, guacamole, dessert, beer and wine. Bring your lawn chairs and a "roast" or a joke to share!

August 11 - Greg Kingsley - Platte 15 Project and Cross Panel Timber movement

August 18 - Tentative - Offsite at the Byron White U.S. Courthouse (still confirming date)

September 1 - Do not park on Sherman - street sweeping.

September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*. If you choose not to ride, consider sponsoring a rider from our club. Details will follow in August.

September 26 - Go to a Colorado Rockies (vs. Saints) game which begins at 1:10pm, with district 5450 Rotary members from all clubs. [Click here](#) for info and to purchase tickets at special price of \$28 each. Profits to PolioPlus.

Do you have any leads for future speakers? Contact Adams Price: 303-570-3315 or adams.price@pmcf.com



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Weekly Assignments and More

Date	Inspiration	Greeters	Host
July 14	Marcus Hanlon	Dan Himelspach and Sarah Hite	Noreen Keleshian
July 21	Janine Kempfer	Audrey Leavitt and Susanne Lorenz	Jeff McAnallen



Mental Wellness
Tip of the Week

Photos in a shoebox can give you wonderful memories... take time to sort them into an album.

Denver Mile High
Rotary
Club

**The Rotary Book Group...
All Welcome**

Monday, **August 23rd**, at 4:30 pm
Sarah Hite's home
648 Humboldt, Denver
No July meeting.

While Justice Sleeps - A Novel
By Stacey Abrams

A gripping thriller set within the halls of the U.S. Supreme Court - where a young law clerk finds herself embroiled in a shocking mystery plotted by one of the most preeminent judges in America.

July Birthdays

July 4 Brad Thompson
July 8 Dan Himelspach
July 15 Roni Cella
July 19 Annely Noble
July 23 Jared Beach
July 24 Betty Speir

Mental Wellness Tip brought to you by a well-balanced fellow Rotarian!

District info and More

Colorado Rockies vs. The Saints - September 26 - District 5450 event

Help knock polio out of the park when you join District Governor Ray Anderson and your District Polio Committee who invite you, your family, and friends to join them at Coors Field 1:10 pm on Sunday, September 26, 2021. Wear your Rotary best and make lots of noise - WE WILL HAVE A BLAST! [BUY YOUR TICKETS](#) EARLY for only \$28 each at www.rockies.com/ROTARY. All funds earned from our tickets sales will go toward polio eradication.

Monthly District News

[Click here to go to the District 5450](#) website to see July activities and information, and to listen to our new District Governor, Ray Anderson (2021-22)

Did you know?

Our club is in District 5450
DMHR is in **Area 1 of District 5450**
Clubs in Area 1 include:

Denver Mile High Rotary Cherry Creek Rotary
Five Points RiNo Rotary Denver LoDo Rotary
Denver Rotary (aka Club 31)



SERVE TO CHANGE LIVES

Service Above Self



PROJECT WORTHMORE

Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

When: **The first Monday of every month.**

10:30am - 12:30pm: Food Packaging. Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

12:30pm - 1:30pm: Deliver boxes of food to families within about a 3-mile radius of Project Worthmore.



CRAIG

Craig Hospital - As COVID restrictions become relaxed, Denver Mile High Rotary will again participate at Craig hospital. For more information, please contact [Betty Speir](#) 303-489-0418

NEUROREHABILITATION & RESEARCH HOSPITAL



METRO CARING
ENDING HUNGER AT ITS ROOT

Volunteer for Metro Caring Provisioning Project:

Thursday, August 12th is our next session.

TIME: 9:00am - 12:30pm

LOCATION: 5200 Smith Road Suite 130 - west side entrance.

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. Click here for a July update from Metro Caring.



The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. Watch this space for opportunities beginning May and early June. If you would like more information or to sign up, please contact [Ronnie Weiss](#).



Nine Health will again hold health fairs beginning this fall. Please contact [Linda Sue Shirkey](#) 303-946-3196 or [Audrey Leavitt](#) 610-805-7579 for more info.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.



SERVE TO CHANGE LIVES



DMHR Admin Info - Dues are due

How to pay... DMHR Club Dues

c/o Carolyn Schrader, Treasurer,
schrader407@gmail.com

Please make out checks to:

Rotary Club of Denver Mile High or DMHR

- Mail check to Carolyn Schrader at 407 Detroit St. Denver CO 80206 OR
- Bring a check on Wednesday, give to Tom Cella or Carolyn
- Pay by credit card - [Click here](#) or use <https://rotary-club-of-denver-mile-high.square.site/>
- Pay by credit card using the link on your invoice
- Pay by Zelle®. Please see the following page for instructions.
- If all else fails, contact Carolyn, schrader407@gmail.com

DMHR Foundation Donations

c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

**Rotary Club of Denver Mile High Foundation
or DMHR Foundation**

- Hand check to Tom Giordano at a meeting; or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224;
- Or... [please click here](#) to go directly to our secure online donation site, make a one time donation or set up automatic monthly donations.

Using Zelle® to pay by check without mailing!

Several members have expressed interest in paying dues with Zelle®, a service that allows Club members to send dues payments electronically to DMH Rotary. There is no charge and the transaction occurs in only a few minutes. And, the sender can choose the amount to send. Below is information about signing up for Zelle® and setting up the payment information for Denver Mile High Rotary.

Enroll with Zelle®

(your bank must offer Zelle® as a service)

1. Sign into Online Banking or mobile banking on your electronic device
2. Go to "Send Money with Zelle®" in Online Banking or the Zelle® tab in the Mobile app.
3. Agree to terms and conditions.
4. Enroll your account.
5. Verify security code.
6. You're ready to start sending/receiving payments through your bank account using Zelle®.

How to send money to Denver Mile High Rotary

1. Enter rotarydmh@gmail.com as the unique identifier for the Rotary Club of Denver Mile High. You can use DMHR as the name of the Club.
2. Enter the amount of the payment and an optional memo. (e.g., invoice number)
3. Review your payment. Make sure that you've entered the correct email address for the Club; then hit "Send."
4. Your payment will appear with your name on the Club's bank statement.

Thanks to our interim treasurer,
Carolyn Schrader
for this informative item.