



Denver Mile High Rotary
where commitment and service
rise above the mountain tops

Rotary
Club of Denver Mile High



Rotary

Club of Denver Mile High



President's Column

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Greetings Denver Mile High Rotarians!

June 14, 2021

Happy Flag Day! I hope you all are flying the stars and stripes proudly today! I remember learning about our nation's flag, the respect it deserves and "Good flag practices," as a young boy from my dad, who was an Eagle Scout as well as a veteran from WWII. Being born on the 4th of July, I have always been patriotic and respect our flag for what it represents. I ordered a new flag yesterday, because my previous flag was worn and starting to tear. I am proud to fly our flag, daily, with many of my new neighbors doing the same, here in Fernandina Beach. It brings me a silent pride and feeling of gratitude, for living in the United States of America. What does our flag mean to you?

Joke of the Week: I knew a guy in high school whose name was Hunter.
Because he was a vegetarian, his nickname was "Gatherer!"

Be well and be safe,

Brad Thompson



ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFRzZ3bnBRdz09)
[pwd=aXZsTXRiZzJLZEVLN2RFRzZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFRzZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839



Rocky Mountain RYLA

RYLA (Rotary Youth Leadership Awards) is a life-changing leadership training program where young people learn, develop, and enhance leadership skills and principles in an atmosphere of trust and respect. RYLA encourages and assists current and potential youth leaders in methods of responsible and effective leadership. Many past RYLarians claim, "It was the best week of my life!"

For 2021, Rocky Mountain RYLA is offering a **one day, virtual conference**. The conference will be held on Saturday, July 24, 2021- RYLA is open at no charge to all who wish to attend the one-day session. No interview is necessary this year.

[Click here](#) for more information and to register for RYLA.

Interesting Facts...

Attendance last week

54 Total membership

Zoom Attendance

13 Members, 1 speaker
and 2 club views

U-Club Attendance

31 Members, 1 guests

Fewest Ever Missing!

7 Members



Word from the Editor

A word from your editor

Monday Morning, so good to me...*!

Brad asks such a good question in his column on page 1, "What does our flag mean to you?" As an immigrant whose parents came to the U.S. from war torn countries, Germany and Poland, via Australia in 1956, I remember distinctly how my dad ALWAYS reminded us the importance of freedom (he was in a concentration camp for 10 months just before the war ended), and how often he said that the United States of America is the BEST country in the world. We proudly fly our flag! Please take a moment to consider what our flag does mean to you...do you appreciate your freedoms, your right to earn a living and raise a family without threats of war, etc.? It is worth consideration!

If you are new to Rotary or just looking for a new activity, why not check out the Rotary Fellowships featured on page 62 of the June 2021 Rotary Magazine? Fellowships as diverse as 'Beard and Moustache', 'Gin', 'Palmwine', and 'Go' are listed, along with about any other activity you can imagine! Life is too short to not be involved. And, thinking of that, to what are you looking forward today, this week, this month?

See you Wednesday!

Annely Noble

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*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.*

What are YOU contributing to Rotary?

And, for what are you waiting?

* Who remembers The Mamas and The Papas?



Smart kids and their parents...



Have you heard?

DMHR Club applied for the Englewood Rotary Literacy Award and WON! The application focused on our partnership with The Conflict Center and the Reading for Peace program. Patricia Burnett of the Englewood Club will present the award at one of our meetings. Patricia Burnett wrote: "We appreciate how you have been dedicated to Reading for Peace for several years and managed to continue this special service in the year of the pandemic."

This is very exciting!

As a follow up to our speaker from this past Wednesday, Karlynn Cory, NREL Group Manager, the photo on the left of goats (sheep?) gathering in the shade of the wind turbine, is compliments of DMH Rotarian:

Carolyn Nobel, PhD, PE, PMP

Chief Operating Officer

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Denver Mile High Rotary Calendar of Events

June 14 - DMHR Book Club meets TODAY at Tom Giordano's home and via Zoom. See page 4 for more details.

June 16 - DMHR Happy Hour - 5:00pm at Postino's, reservation is under Betty Speir. Come one, come all, inside!

June 16 - Harriet Crittenden LeMair, Executive Director, High Line Canal Conservancy - The Conservancy was formed in 2014 by a passionate coalition of private citizens to provide leadership and harness the region's commitment to protecting the future of the High Line Canal. With support from each jurisdiction and in partnership with Denver Water, the Conservancy is connecting stakeholders in support of comprehensive planning to ensure that the Canal is protected and enhanced for future generations. The mission of the Conservancy is to preserve, protect and enhance the 71-mile legacy Canal — in partnership with the public.

June 23 - Jonathan Pirillo and John Miller, Volunteers of America - Helping Homeless Veterans in the Denver Metro Area - Volunteers of America's Support Services for Veteran Families program helps veterans facing homelessness. Come learn about the challenges facing homeless veterans in our community, what VOA is doing about it, and how others in the community might be able to help.

June 30 - Passing the gavel! Honor outgoing president Brad Thompson and welcome new president, Steve Blazek.

July 7 - Gordon Close, Founder, Guitars for the Troops - presents in person a little guitar history and the benefits of providing guitars to service men and women. Harvest Guitars For The Troops is committed to providing quality guitar packages to service men and women around the world. Benefits of playing the guitar include musical enjoyment, education, music therapy and physical rehabilitation. DMHR recently contributed to a District Grant that contributed 45 guitars to this program.

July 13 - DMHR Board meeting - 4:00 pm - Contact Steve Blazek for Zoom details!

July 14 - Dr. Tanyss Munro, Executive Director of Amarok Society presents on Zoom about promoting literacy with some of the poorest mothers in the world. Dr. Tanyss Munro has spent her life, with her husband, best-selling author Gem Munro, to improving educational opportunities for vulnerable children and youth around the world.

July 28 - Dr. Jason Williams, Clinical Director of Pediatric Mental Health Institute at Children's Colorado and Director of the PMHI Quality and Safety. A State of Emergency for Pediatric Mental Health: How COVID has made a serious problem worse.

August 4 - Speaker needed

August 8 - Past President's Party - In the boulevard in front of Tom Cella's home. Details to follow soon.

August 11 - Speaker needed

August 18 - Speaker needed

September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters. If you choose not to ride, consider sponsoring a rider from our club. Details will follow in August.

Do you have any leads for future speakers? Contact Adams Price: 303-570-3315 or adams.price@pmcf.com

Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
June 16	Bruce Ward	Marty Waters and Amy Weed	Ronnie Weiss
June 23	Sonny Wiegand	Pat Gorman Barry and Andrew Bell	Steve Blazek
June 30	Sharon (Roni) Cella	Bob Connaghan and Alessandro Eichstaedt	Debra Flick



June Birthdays

June 6 - Steve Blazek
June 11 - Bob Connaghan
June 13 - Melanie Gentz
June 29 - Linda Sue Shirkey



Mental Wellness Tip of the Week

*Give several persons you see
today genuine compliments.*

Denver Mile High
Rotary
Club

Mental Wellness Tip brought to you
by a well balanced Rotarian. 😊



District News Day of Service Video

Our club is in this - Watch it!
[Click here to see the video!](#)

The Rotary Book Group...

All Welcome

Discussions begin at 6:00 pm
Monday, June 14th

TODAY

*A Woman of No Importance:
The Untold Story of the American Spy
Who Helped Win WWII*
by Sonia Purnel

The meeting will be at Tom Giordano's
home on June 14 at 6:00 pm.

His address is 7271 East Wesley Ave.
Denver, CO 80224

Pizza, wine and NA bevs will be served!
We also will hold a hybrid Zoom meeting
so those who are not able to attend in
person still will be able to participate.

More Grand Lake Fire relief efforts - Volunteer to help

Wed., June 16 | 8:30 am to ?? Pm

Grand Lake Cemetery - Pre-register by contacting Mandy Hanifen 970-531-6558 or mmhanifen@hotmail.com

The Mennonite Disaster Services (US & Canada) are providing a large chipper, some volunteers, continental breakfast and lunch for another project. 20 volunteers (pre-registered for the event) need to show up at 8:30 for a safety orientation and to start working at 9am. The project for the day is distributing a great deal of chipped material in designated areas, back filling burnt root holes with dirt, continued cleaning of monuments, and back filling sunken graves. Tools & safety equipment will be provided; as always, if you have your own work gloves bring them! This will be a day where several different types of rakes and wheel-barrows are needed, participants bringing these items would be very helpful. Please make sure your items are marked. Thanking you in advance.

Meet New Members

New Members!

New member sponsors **Pat Barry** and **Tom Cella** with DG **Bob Kemp**, PE **Steve Blazek**, and **Tom Gregory**, induct and welcome new members, **Amanda Biffle** and **Dan Hall**. Please see Amanda's bio below, Dan's photo and info will be in next week's issue. Please introduce yourselves and give them a hearty welcome to DMHR!



Amanda Biffle

After living in various locales from Spain to Charleston, South Carolina, Amanda moved to Colorado in 2016 and never looked back. She currently works as a residential Realtor with Madison and Company Properties. Amanda is fluent in Spanish and is a certified yoga instructor. She is also an active member of RMA Children's Foundation, a local non-profit run by budding female philanthropists with a mission to improve the lives of impoverished Denver-area children. In her free time Amanda enjoys yoga, attending concerts and being active.



Pedal for Parkinson's
L —> R Marty Waters, Melanie Gentz, and Tom Cella pedaled 40 miles for Parkinson's this past Saturday. Rock and Rollers!

Service Above Self - Volunteer Opportunities



PROJECT WORTHMORE

Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

When: The first Monday of every month. **July 5th is the next Rotary designated volunteer date.**

10:30am - 12:30pm: Food Packaging. Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

12:30pm - 1:30pm: Deliver boxes of food to families within about a 3-mile radius of Project Worthmore.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.

9HealthFair is Becoming 9Health:365

[1139 Delaware Street, Denver 80204](#)

Volunteer dates TBD

Kudos to all who have volunteered at the vaccination test sites. Fifteen District 5450 clubs have helped in this effort. 9Health will be looking for additional volunteers as soon as sites are determined and plans are finalized; watch this newsletter for upcoming dates and times. The timing is flexible, but usually between 10am and 4pm. To volunteer, please call (610-805-7579), or e-mail [Audrey Leavitt](#).



METRO CARING
ENDING HUNGER AT ITS ROOT

Volunteer for Metro Caring Provisioning Project:

Thursday, July 8th is our next session.

TIME: 9:00am - 12:30pm

LOCATION: 5200 Smith Road Suite 130 - west side entrance.

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. [Click here for a June update](#) from Metro Caring.



The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. If you would like more information or to sign up, please contact [Ronnie Weiss](#). [Click here](#) to view the background check form.