



Denver Mile High Rotary
where commitment and service
rise above the mountain tops

Rotary
Club of Denver Mile High



Rotary

Club of Denver Mile High



President's Column

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Interesting Facts...

Attendance last week

54 Total membership

Zoom Attendance

10 Members, 1 speaker
and 2 club views

U-Club Attendance

25 Members, 3 guests

Members Missing

18 Members

Greetings Denver Mile High Rotarians!

June 21, 2021

Having spent a lot of time on the Highline Canal over the years walking, running, cycling, and cleaning up a section of it as a volunteer, it was really neat to learn more of its history and its future, at last week's meeting! What a tremendous resource it is for the Denver metro area.

For all of you dads out there, I hope you could celebrate our day of recognition with your kids and family members. We had a pretty quiet day overall, watched the US Open, and it's always nice to have an "excuse" to throw a couple of steaks on the Big Green Egg!

Joke of the Week: The Black Eyed Peas can sing us a tune, but the Chick Peas can only hummus one!

Be well and be safe,

Brad Thompson



ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

[pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839



Rocky Mountain RYLA

RYLA (Rotary Youth Leadership Awards) is a life-changing leadership training program where young people learn, develop, and enhance leadership skills and principles in an atmosphere of trust and respect. RYLA encourages and assists current and potential youth leaders in methods of responsible and effective leadership. Many past RYLarians claim, "It was the best week of my life!"

For 2021, Rocky Mountain RYLA is offering a **one day, virtual conference**. The conference will be held on Saturday, July 24, 2021- RYLA is open at no charge to all who wish to attend the one-day session. No interview is necessary this year.

[Click here](#) for more information and to register for RYLA.



Word from the Editor

A word from your editor

Good Monday morning, let's hope for rain!

What a great weekend for our dads this past one was, not quite as hot as the previous days. I accompanied Geoff on his fishing trip, this time to the Aurora Reservoir, where he caught a very big trout, 19 inches, which he plans to smoke when his supply warrants it. We also had fresh trout for dinner and shared a lovely day just being together. When the children are grown, gone, and have their own families, Father's Day becomes a day to reminisce those Father's Days when they were small and could wish dad good tidings in person; it's a time when parents are taken back to days prior to children, spending time alone together. No matter how you spent it, I hope you each had an equally great Father's Day. Life is what we make it, would you agree?

As June closes in on us, let us review the Rotary year through which our president, Brad, led us, a year of COVID, innovation, creativity, and introspection. For Denver Mile High Rotary, one of few clubs that had hybrid meetings most of the time...safely, it was a watershed year; we learned how resilient we could be, and are; we learned that perseverance is the key to success; we learned that keeping our spirits high is up to us; we learned that life goes on despite difficulties; we learned that it takes a village to hold meetings; we learned that the old way is not always the only (or the best) way; and we learned that Denver Mile High Rotary is a team that cannot be defeated!

See you Wednesday!

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*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.*

What are YOU contributing to Rotary?

And, for what are you waiting?



Diana Whye, 2020-21 President of the Rotary Club of Centennial, visited Denver Mile High Rotary this past Wednesday to present the well earned award from the Centennial Club's "Rotary Has a Dream" Diversity Contest to DMHR care of **Debra Flick**, who researched and wrote the winning application for our club. Not only did we receive a lovely statue but we also were awarded \$1500 to further our diversity, equity, inclusion and belonging work. Congratulations **Debra Flick** and congratulations Denver Mile High Rotary! And, thank you to Ms. Whye and members of the Centennial Rotary Club!

For more information, [please click here](#) and go to page 6.

Amazon Smiles Program

Ann Tull received the following information notifying her that this quarter, the AmazonSmile program made a charitable donation to **The Rotary Foundation of Rotary International**, in the amount of **\$3,230.79**, as a result of qualifying purchases made by her and other customers who had selected this charity as a recipient. Additionally, AmazonSmile's total impact to date to The RI Rotary Foundation has been... **\$61,429.91**.

**DMHR has members working on setting up
Denver Mile High Rotary as an
AmazonSmile recipient.**



Denver Mile High Rotary Calendar of Events

June 23 - Jonathan Pirillo and John Miller, Volunteers of America - Helping Homeless Veterans in the Denver Metro Area - Volunteers of America's Support Services for Veteran Families program helps veterans facing homelessness. Come learn about the challenges facing homeless veterans in our community, what VOA is doing about it, and how others in the community might be able to help.

June 30 - Passing the gavel! Honor outgoing president Brad Thompson and welcome new president, Steve Blazek.

July 7 - Gordon Close, Founder, Guitars for the Troops - presents in person a little guitar history and the benefits of providing guitars to service men and women. Harvest Guitars For The Troops is committed to providing quality guitar packages to service men and women around the world. Benefits of playing the guitar include musical enjoyment, education, music therapy and physical rehabilitation. DMHR recently contributed to a District Grant that contributed 45 guitars to this program.

July 13 - DMHR Board meeting - 4:00 pm - Contact Steve Blazek for Zoom details!

July 14 - Dr. Tanyss Munro, Executive Director of Amarok Society presents on Zoom about promoting literacy with some of the poorest mothers in the world. Dr. Tanyss Munro has spent her life, with her husband, best-selling author Gem Munro, to improving educational opportunities for vulnerable children and youth around the world.

July 27 - DMHR Happy Hour - 5-7pm at Carolyn and Paul Schrader's home, 407 Detroit St, Denver.

July 28 - Dr. Jason Williams, Clinical Director of Pediatric Mental Health Institute at Children's Colorado and Director of the PMHI Quality and Safety. A State of Emergency for Pediatric Mental Health: How COVID has made a serious problem worse.

August 4 - Speaker needed

August 8 - Past President's Party - Sunday 5-7pm - In the boulevard in front of Tom and Janis Cella's home, at 1739 Forest Parkway, Denver. Menu consists of burritos, guacamole, dessert, beer and wine. Bring your lawn chairs and a "roast" or a joke to share!

August 11 - Speaker needed

August 18 - Speaker needed

September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*. If you choose not to ride, consider sponsoring a rider from our club. Details will follow in August.

Do you have any leads for future speakers? Contact Adams Price: 303-570-3315 or adams.price@pmcf.com

Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
June 23	Sonny Wiegand	Pat Gorman Barry and Andrew Bell	Steve Blazek
June 30	Sharon (Roni) Cella	Bob Connaghan and Alessandro Eichstaedt	Debra Flick
July 7	Melanie Gentz	Tom Giordano and Brian Good	Tom Gregory



June Birthdays

June 6 - Steve Blazek
 June 11 - Bob Connaghan
 June 13 - Melanie Gentz
 June 29 - Linda Sue Shirkey

Mental Wellness Tip of the Week

Brew yourself a cup of coffee or tea, sit, and look out at the plants, the mountains, people going by, whatever you have available, and be thankful.



Mental Wellness Tip brought to you by a fellow Rotarian.

The Rotary Book Group...

All Welcome

Monday, **August 23rd**, at 4:30 pm
 Sarah Hite's home
 648 Humboldt, Denver

No July meeting.

While Justice Sleeps - A Novel
 By Stacey Abrams

A gripping thriller set within the halls of the U.S. Supreme Court - where a young law clerk finds herself embroiled in a shocking mystery plotted by one of the most preeminent judges in America.

Meet New Members



New Members!

Last week new member, **Amanda Biffle** was featured in the newsletter. This week we meet **Dan Hall**. Please see Dan's bio, introduce yourselves, and give him a hearty welcome to DMHR!

Dan Hall

Dan is the Vice President of Consulting Services for the National Center for State Courts. The purpose of this non-profit organization is to promote the rule of law and improve the administration of justice in the US state courts and in courts around the world. Dan and his wife Joan have grown up in Denver and have five sons, four daughters in law, and 5 grandchildren. He loves Colorado and all it has to offer. He notes that "we have travelled extensively in the US and throughout the world but there is no place like home!" Dan's goals and vision are closely aligned with the mission of DMHR and is looking forward to working with everyone.

Denver Mile High Scholarship Recipients

Hello! My name is **Joanna Padilla Zepeda**. I was born and raised in Colorado and I am a Hispanic female who aspires to become a Doctor and provide healthcare to those who can not attain it.

As I have grown up I have watched my community of minorities be neglected healthcare due to set policies that impede them from getting medical attention. Healthcare is a human right yet in this country and even around the world it is a privilege. Minorities are neglected from their rights simply because they do not have the money/insurance to pay for their medical costs, they are undocumented, or simply because of the color of their skin.

It does not matter if they come in with signs of heart failure, it doesn't matter if they come in with an infected wound. They will be turned away at the door because of their socioeconomic status. Society has created a hierarchy in who can attain healthcare. You must be Caucasian, wealthy, and prestigious. I am determined to become a doctor in order to break these standards and policies that the healthcare system has established which has cost them the lives of many minorities.

This fall I will be attending the University of Colorado Denver to major in Biology on the pre-med track. I was accepted into their BA/BS-MD healthcare program, being a part of the program means I have a reserved spot at the University of Colorado School of Medicine after successfully completing my undergraduate studies. I am very grateful for the generosity that the Denver Mile High Young Rotary Club has had with me. I am very eager to start this long journey and I can not wait to see what the future holds for me. Thank you.



Above - Joanna Padilla Zepeda

Below left - Roxette De Jesus Primero

Next week we learn a bit about the origin and the requirements of these scholarships.



Hello! My name is **Roxette De Jesus Primero** and I am the daughter of a single mother who immigrated from Mexico to the city I was born and raised in. Aurora, Colorado. I am a student at Aurora Central High School and for the past 18 years of my life I have been repeating the same couple of words: Porumb. Makai. Choclo. Elote. All of these words mean the same thing, corn. If you have not guessed it yet, yes, I am the neighborhood friendly elotera! Being an elotera has brought out the best traits I need to strive for in both my professional and academic lives but has also given me the opportunity to help my community.

Through my work, I've learned a variety of languages that have helped me get to know my customers better, but I've also observed how those languages may create barriers for newcomers to our nation. I've made it my mission throughout high school and as student body president to help out my community in any way I can. Aside from English and Spanish, I've translated our event posters into the top five languages spoken at our school to ensure a better reach to our rich and diverse community. Introducing them to things like food drives and school kickbacks. I will continue to make my mark on the next neighborhood and my new community which will now be the city of LA where I will be studying at the University of Southern California!

Service Above Self - Volunteer Opportunities



PROJECT WORTHMORE

Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

Where: Project Worthmore is located at 1666 Elmira Street, Aurora

What: They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

When: The first Monday of every month. **July 5th is the next Rotary designated volunteer date.**

10:30am - 12:30pm: Food Packaging. Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

12:30pm - 1:30pm: Deliver boxes of food to families within about a 3-mile radius of Project Worthmore.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.

9HealthFair is Becoming 9Health:365

[1139 Delaware Street, Denver 80204](#)

Volunteer dates TBD

Kudos to all who have volunteered at the vaccination test sites. Fifteen District 5450 clubs have helped in this effort. 9Health will be looking for additional volunteers as soon as sites are determined and plans are finalized; watch this newsletter for upcoming dates and times. The timing is flexible, but usually between 10am and 4pm. To volunteer, please call (610-805-7579), or e-mail [Audrey Leavitt](#).

Rotary
PEOPLE OF ACTION



METRO CARING
ENDING HUNGER AT ITS ROOT

Volunteer for Metro Caring Provisioning Project:

Thursday, July 8th is our next session.

TIME: 9:00am - 12:30pm

LOCATION: 5200 Smith Road Suite 130 - west side entrance.

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. [Click here for a June update](#) from Metro Caring.

Eviction Prevention by Colorado Legal Services

When: Monday 21, 2021 at 6 PM

Where: Zoom

Too many Coloradans struggle to afford the bedrock of their wellbeing - their home, or spend so much on their housing, that they don't have enough left to put food on the table for their families. Many Coloradans are facing eviction in the upcoming months as Federal and State moratoriums on evictions are coming to an end. Metro Caring is teaming up with Colorado Legal Services to host an Eviction Prevention Training. Join us for an online session of information and resources. Everyone is welcome to attend! [Click here to register for this class.](#)