

## President's Column

### Denver Mile High Rotary on the Web:

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Dear Fellow Rotarians,

7 June 2021

Paraphrased for Brad from his text to Annely Noble. Annely may have taken some literary license...



I happen to be having so much fun traveling cross country with my two sons that we have decided to extend our trek. Sadly, I do not have my laptop in order to write this installment. The two boys and I are hitting some "high spots" on our road trip, literally climbing mountains! I did forget to take the ShelterBox with me, otherwise you know I would be hauling it to the peaks as our speaker, Bert Woodrum did. I'll provide details of our trip upon my return, depending upon if we decide to reenter real life!



Joke of the week: Tell you a joke about sodium?  
Na!

Be safe and be well,

Brad Thompson

### ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

[pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLRLN2RFZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839

This is an abbreviated version of the newsletter. For more information regarding paying dues, giving to the Foundation (both RI and DMHR), club sponsorship, or other matters, please contact [Carolyn Schrader](#) or [Annely Noble](#). Information will be available on the website soon via links on newsletters.

### Note to New Members

The Rotary 101 Class is available and well worth the time to attend (virtually). [Click here](#) to register.

### Interesting Facts...

**Attendance last week**

51 Total membership

**Zoom**

10 Members, 2 club views

**U-Club attendance**

22 Members, no guests  
or speakers

**Missing**

20 Members



## Word from the Editor

### A word from your editor

Another Monday, hooray!

After four days in the mountains *with* grandsons, and *without* cell phone reception, camping by the stream, wading, swimming, fishing, cooking in a Dutch oven on a camp fire, it is time to return to e-life and real responsibilities. I embrace both options e-life and free of "e", as both enrich my life and make memories. What are you embracing and why?

It was a busy weekend...as soon as we cleaned off "camp dirt", we celebrated a neighbor and friend's 65th birthday and retirement. I'm going to invite her to join me at Rotary one day soon, perhaps she would like to join? Who do you know who is newly retired who would love to be a Rotarian?

See you Wednesday!

Annely Noble

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*The more you contribute to your Rotary Experience,  
the more you benefit from your Rotary Experience.  
What are YOU contributing to Rotary?*



### Breaking News!

At the end of April of this year, Carolyn Schrader suggested the DMHR Club apply for the Englewood Rotary Literacy Award. The application focused on our partnership with The Conflict Center and the Reading for Peace program. And WE WON! Congratulations to the Conflict Center and Reading for Peace! Amy Weed is working with Patricia Burnett of the Englewood Club to schedule a time at one of our meetings when she can present our Club with the Englewood Rotary Literacy Award plaque. This is very exciting!

Patricia Burnett wrote: We appreciate how you have been dedicated to Reading for Peace for several years and managed to continue this special service in the year of the pandemic.

### Inspiration from Marcus Hanlon, from last Wednesday

"Dogs are how people would be if the important stuff is all that mattered to us." – Ashly Lorenzana  
 "Every dog has his day, unless he loses his tail, then he has a weak-end." – June Carter Cash  
 "Dogs leave pawprints on our hearts" – Author unknown  
 "Dogs are wise. They crawl away into a quiet corner and lick their wounds and do not rejoin the world until they are whole once more." – Agatha Christie  
 "If a dog will not come to you after having looked you in the face, you should go home and examine your conscience." – Woodrow Wilson

Share your summer activities with photos.

**Geoff and Annely Noble** took their three local grandsons camping this past week. About 40 minutes into the CO Trail they came across an abandoned quartz mine!





## Denver Mile High Rotary Calendar of Events

**June 7 - TODAY - Project Worthmore - Volunteer to pack food or to deliver it.** Please see page 5 of this newsletter for more information, or contact Tom Cella. 10:30am - 12:30pm: Food Packaging. 12:30pm - 1:30pm: Deliver boxes.

**June 8 - 4:00pm - DMH Rotary Board Meeting.** Contact Brad Thompson for Zoom link.

**June 9 - Karlynn Cory, NREL Group Manager - Project Development and Finance** - Transforming Energy through American Innovation - Karlynn will provide an overview about renewable energy and the activities that NREL participates in from research to commercialization of technologies.

**June 10 - 9am-1230pm - Metro Caring Provisioning Project** - 5200 Smith Road Suite 130 - west side entrance. See page 5 of this newsletter for details.

**June 12 - 6a-4p - Pedaling 4 Parkinson's** - Patricia Fiske has asked DMHR to consider participating in this fundraiser for Parkinson's. [Click here for details](#). Several of our members will be riding.

**June 14 - DMHR Book Club meets at Tom Giordano's home.** See page 4 for more details.

**June 16 - Harriet Crittenden LeMair, Executive Director, High Line Canal Conservancy** - The Conservancy was formed in 2014 by a passionate coalition of private citizens to provide leadership and harness the region's commitment to protecting the future of the High Line Canal. With support from each jurisdiction and in partnership with Denver Water, the Conservancy is connecting stakeholders in support of comprehensive planning to ensure that the Canal is protected and enhanced for future generations. The mission of the Conservancy is to preserve, protect and enhance the 71-mile legacy Canal — in partnership with the public.

**June 23 - Jonathan Pirillo and John Miller, Volunteers of America** - Helping Homeless Veterans in the Denver Metro Area - Volunteers of America's Support Services for Veteran Families program helps veterans facing homelessness. Come learn about the challenges facing homeless veterans in our community, what VOA is doing about it, and how others in the community might be able to help.

**June 30 - Passing the gavel!** Honor outgoing president Brad Thompson and welcome new president, Steve Blazek.

**July 7 - Gordon Close, Founder, Guitars for the Troops** - presents in person a little guitar history and the benefits of providing guitars to service men and women. Harvest Guitars For The Troops is committed to providing quality guitar packages to service men and women around the world. Benefits of playing the guitar include musical enjoyment, education, music therapy and physical rehabilitation. DMHR recently contributed to a District Grant that contributed 45 guitars to this program.

**July 14 - Dr. Tanyss Munro, Executive Director of Amarok Society** presents on Zoom about promoting literacy with some of the poorest mothers in the world. Dr. Tanyss Munro has spent her life, with her husband, best-selling author Gem Munro, to improving educational opportunities for vulnerable children and youth around the world.

**August 8 - Past President's party**

**September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride** sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*.

**Do you have any leads for future speakers? Call Brian at 303-994-6609, or e-mail [Brian Good](#).**

## Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
June 9	Ann Tull	Tony Vaida and Margaret Van Vliet	Mary Walta
June 16	Bruce Ward	Marty Waters and Amy Weed	Ronnie Weiss
June 23	Sonny Wiegand	Pat Gorman Barry and Andrew Bell	Steve Blazek



### Mental Wellness Tip of the Week

Do take time to stop and smell not only the roses, but also the tulips, lilies, phlox, hyacinths, and others!



Mental Wellness Tip brought to you by a well balanced Rotarian. 😊

### June Birthdays

June 6 - Steve Blazek  
June 11 - Bob Connaghan  
June 13 - Melanie Gentz  
June 29 - Linda Sue Shirkey



### The Rotary Book Group... All Welcome

Discussions begin at 6:00 pm  
Monday, June 14th

*A Woman of No Importance:  
The Untold Story of the American Spy  
Who Helped Win WWII*  
by Sonia Purnel

The meeting will be at Tom Giordano's home on June 14 at 6:00 pm.  
His address is 7271 East Wesley Ave.  
Denver, CO 80224

Pizza, wine and NA bevs will be served!  
We also will hold a hybrid Zoom meeting so those who are not able to attend in person still will be able to participate.

### More Grand Lake Fire relief efforts - there is a different sign-up for each date!

**Sat., June 12 | 9:30 am**

**Summer Clean-Up**

[https://etfadoptafamily.com/spring\\_clean-up/](https://etfadoptafamily.com/spring_clean-up/)

Volunteers are needed to help clear lots damaged by the East Troublesome Fire. This is a Grand Lake Rotary club project in conjunction with Adopt-A-Family. Flyer with more info is attached.

**Wed., June 16 | 8:30 am to ?? Pm**

**Grand Lake Cemetery** Pre-register by contacting Mandy Hanifen 970-531-6558 or [mmhanifen@hotmail.com](mailto:mmhanifen@hotmail.com)

The Mennonite Disaster Services (US & Canada) are providing a larger chipper, some volunteers, continental breakfast and lunch for another project. 20 volunteers (pre-registered for the event) need to show up at 8:30 for safety orientation and we start working at 9am. The project for the day is distributing a great deal of chipped material in designated areas, back filling burnt root holes with dirt, continue cleaning of monuments, back filling sunken graves. Tools & safety equipment will be provided, as always if you have your own work gloves bring them! This will be a day where several different types of rakes and wheel-barrels are needed, if you can bring these items that will be helpful. Please make sure your items are marked.

## Service Above Self - Volunteer Opportunities



### PROJECT WORTHMORE

#### Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

**Where:** Project Worthmore is located at 1666 Elmira Street, Aurora

**What:** They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

**When:** The first Monday of every month.

**10:30am - 12:30pm: Food Packaging.** Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

**12:30pm - 1:30pm: Deliver boxes** of food to families within about a 3-mile radius of Project Worthmore.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.

### 9HealthFair is Becoming 9Health:365

[1139 Delaware Street, Denver 80204](#)

**Volunteer dates TBD**

Kudos to all who have volunteered at the vaccination test sites. Fifteen District 5450 clubs have helped in this effort. 9Health will be looking for additional volunteers as soon as sites are determined and plans are finalized; watch this newsletter for upcoming dates antimes. The timing is flexible, but usually between 10am and 4pm. To volunteer, please call (610-805-7579), or e-mail [Audrey Leavitt](#).



**METRO CARING**  
ENDING HUNGER AT ITS ROOT

**Volunteer for Metro Caring Provisioning Project:**

**Thursday, June 10th** is our next session.

**TIME: 9:00am - 12:30pm**

**LOCATION: 5200 Smith Road Suite 130 - west side entrance.**

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. [Click here for a June update](#) from Metro Caring.



### The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. If you would like more information or to sign up, please contact [Ronnie Weiss](#). [Click here](#) to view the background check form.

## Volunteer Opportunity

Following is the current list of vaccine sites. For additional information, please contact [Audrey Leavitt](#) (610-805-7579).

Day of Week	Clinic Name	City	Volunteer Needs
Sundays	Barnum Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Saturdays (only May 9th)	St Cajetans	Denver	Medical Observer, Non-Med, Interpreters
Mondays	Swansea Rec Center	Denver	Medical, Non-Med, Interpreters
Monday (only May 10th)	Denver Red Shield	Denver	Medical Observer, Non-Med, Interpreters
Monday (only May 10th)	Emergency Disaster Services	Denver	Medical Observer, Non-Med, Interpreters
Tuesdays	MLK Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Tuesdays	Stride in Hyatt Regency	Aurora	Vaccinators, Non-Medical
Tuesdays	Stride in RTD Parking	Lakewood	Non-Medical
Wednesdays	Barnum Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Wednesdays	Crossroads Church Testing Site	Northglenn	Medical Testers, Greeters, Ambassadors
Thursdays	Village Exchange	Aurora	Vaccinators, Medical Observers, Non-Med
Thursdays	Stride in Hyatt Regency	Aurora	Vaccinators, Non-Medical
Thursdays	Stride in RTD Parking	Lakewood	Non-Medical
Friday (only May 14th & June 4th)	Housing Now	Denver	Medical Observer, Non-Med, Interpreters
Friday (only May 14th)	Colorado Springs Corps	Colorado Springs	Medical Observer, Non-Med, Interpreters
Fridays	Fort Lupton Rec Center	Fort Lupton	Medical Observer, Non-Med, Interpreters
Fridays	Arvada Covenant Testing Site	Arvada	Medical Testers, Greeters, Ambassadors
Saturdays	MLK Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Saturdays (only May 8th)	St Cajetans	Denver	Medical Observer, Non-Med, Interpreters
Saturday (only May 15th & June 5th)	Coal Creek Canyon	Golden	Medical Observer, Non-Medical
Saturday (only 5/15, 5/29, 6/12, 6/26)	Center for African American Health	Denver	Medical Observer, Non-Medical
Any Week Day	Stride Call Center	Remote	Remote / Virtual Opportunity
Any Week Day	Denver Indian Call Center	Denver	Volunteer has isolated office space at clinic

## Club Calendar Year-At-A-Glance

**Please note:** Due to pandemic restrictions, some events will not be held.  
Please contact the club president for further information regarding events.

<b>JANUARY</b> Write Valentine Cards for seniors from your home and mail to the senior living facility of your choice. <b>Rotary Awareness Month</b>	<b>FEBRUARY - See note below*</b> Craig Hospital Card Writing Wine and Chocolate Tasting New Member Orientation <b>Peacebuilding &amp; Conflict Prevention Month</b>	<b>MARCH</b> Connect4 - Each Rotarian calls 4 Rotarians during March. Get to know each other better! <b>Literacy Month</b>
<b>APRIL</b> Mile High Spring Swing - Next year! Earth Day - 4/22 <b>RI Magazine Month</b>	<b>MAY</b> District 5450 Conference Craig Hosp Dinner & RYLA Interviews-cxld <b>Promote International Convention Month</b>	<b>JUNE</b> River Rafting - not this year <b>Rotary Fellowship Month</b>
<b>JULY</b> Inner City Kids Hike/Rotary Peak-cxl RYLA Camp—Canceled for 2021 <b>Literacy Month &amp; New Rotary Year</b>	<b>AUGUST</b> School Supplies Drive Past President's Party <b>Membership and Extensions Month</b>	<b>SEPTEMBER</b> Mini-Dinner Fundraiser New Member Orientation <b>New Generations Month</b>
<b>OCTOBER</b> 9Health Fair & Craig Hospital Dinner World Polio Day Event <b>Vocational Service Month</b>	<b>NOVEMBER</b> Write Holiday Cards for Active Duty and Deployed Military Citrus Fundraiser <b>Rotary Foundation Month</b>	<b>DECEMBER</b> Holiday Party Toy Drive <b>Family Month</b>