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2

3

4

6

Denver Mile High



President's Column:

March 19, 2019

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Hi all,

I want to thank each of you who braved the weather forecast last Wednesday. We had 23 members attending; not bad if you consider the impending bomb cyclone (which I had never heard of until last week.)

And the Colorado sunshine quickly melted the snow on Thursday, so the storm was just a diversion.

There will be a World Community Service Committee meeting on March 26 at Linda Sue Shirkey's house at 4pm. Please contact Audrey Leavitt for more information. The Local Community Service Committee will meet in early April—exact date has not yet been determined.

Several Club members attended the memorial service on Sunday for former member Peggy Houser; it was a lovely tribute to a great lady. At the

service were Ann Tull, Pat Gorman Barry, Dan Himelspach and Leslie Lawson, Chuck Rudolph, Linda Sue Shirkey, Paul and myself, as well as former members Terry and Patricia Fiske and Doug Seagren. We shared some fellowship and had an opportunity to visit with Jack Houser, who is also a former member of the Club.



A special shout-out to our Club's corporate sponsors: Wiegand Attorneys and Counselors, EKS&H Capital Advisors LLC, and Wells Fargo Home Mortgage. Your support helps fund our many service activities.

Don't forget to invite friends and colleagues to the Spring Swing on April 13. It will be a fabulous fun event.

Have a wonderful week. Carolyn

inside tins issue.
Upcoming Programs
Family of Rotary
Inspirators Greeters

DMHR Calendar

Sponsors

FAMILY OF ROTARY



DMHR members love their pets and have great stories to tell about them. Cooper is **Amy Wood's** rescue dog, and the story she shares is heartwarming. It also reaffirms what we already know about Amy – she gives 100% to help others, be it students or furry friends.

"Sabin and I adopted Cooper from Old Soul Rescue, in October of 2016. I've always had rescue dogs, but never one as challenging as Cooper. Cooper came to us from a terrible animal shelter in Texas and was in very bad

shape emotionally, and physically. We adopted him when he was two years old and learned that we were his 7th owners.



Cooper Knows He is at His Forever Home

Cooper On His Best Behavior

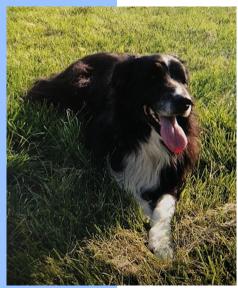
It was an incredi-

bly rough start with our new family member. Cooper had so much anxiety and was so damaged that he would bark all night long. He didn't trust humans. Sabin and I were sleep deprived for months! We weren't sure this was going to work out!

We worked with our vet and tried different medications to help with his anxiety and immediately hired a dog trainer who specialized in working with challenging dogs. Cooper also came to us from Texas with heartworm. That was a really difficult situation for all of us for many, many, months! With a lot of love, hard work, resources and perseverance, we are happy to report that Cooper is doing amazing! He finally has a family that he trusts, he is happy and loved and has finally found his forever home."



Cataracts are an affliction many of us have experienced or will experience, and our cherished pets are no different. Dan and Leslie's beloved Jack is enjoying his new 20/20 vision and back to work being a greeter, pool dog, and best friend to everyone following the removal of his cataracts.



It is hard to believe that Jack was named "Jack the Maniac" by his first owners. Leslie said they got rid of him because they were unable to manage his energy and intelligence. Jack was destined for greater things, and It worked out as he is a perfect fit for the unstoppable Himelspach/Lawson family.



Jack Dressed for the Holidays

Jack Resting after Work

Vass Sirpoladis gives us an update on his beloved Beagle, Henry. Henry's hips were giving out and he needed surgery. Going under anesthesia and having a complex, lengthy operation was worrisome, and the family was anxious and stressed. Fortunately, all worked out and Henry is once again doing his "dog job" of keeping the extended Sirpoladis family in great spirits. Who wouldn't feel rewarded if they received affection from a sweetheart like Henry?



It's Exhausting Being Cute and Lovable

Page 3





ROTARY DISTRICT 5450 LITERACY CONFER-ENCE 2019

~ New Perspectives on Literacy & Basic Education for Colorado and the World ~

> SATURDAY, MARCH 30, 2019, 8:00 am to 3:30 pm Joy Burns Center at the Hospitality School – University of Denver 2044 E. Evans Avenue, Denver, CO 80208

This Conference will be an exciting opportunity for Rotarians to learn about different approaches to improving literacy and how basic education changes lives, both in Colorado and around the world. You will also hear from outstanding educational organizations and educators in our community as well as what other clubs are doing so that new club partnerships can be forged.

Speaker Topics (Subject to Change) Poetry Literacy in Schools Child Abuse Prevention Immunization Literacy Early Learning Reading & Literacy Global Literacy Challenges Terrorism Literacy Human Trafficking Literacy Engagement in Science Literacy

<u>Time permitting, there will short pitches from clubs about their literacy projects and how you can join them in improving literacy here and around the world.</u>

WHO SHOULD ATTEND?

All Rotarians in District 5450 interested in various NEW programs in literacy and basic education, both locally and around the world. Try to send at least <u>one member</u> from your club to learn about new directions in literacy.

REGISTRATION AND INFORMATION available at www.Rotary5450.org/events

\$45.00 per participant, includes continental breakfast, lunch, and parking Please carpool and park in lot at Evans and High Street (SE corner)

SPACE IS LIMITED, SO PLEASE REGISTER EARLY! If your club wishes to "pitch" its literacy initiatives in the afternoon session, please contact Karen Loeb ASAP directly at <u>kcloeb@gmail.com</u> or 303-475-5796 (cell)

Denver Mile High Rotary Calendar of Events

http://denvermilehigh.org/Events/Calendar



March Happy Hour—Tuesday, March 19th Shells and Sauce, 5– 7 pm 2600 E 12th Ave, Denver, CO 80206

March 16-17th - PeaceJam Youth Leadership Conference www.peacejam.org

March 23rd - Rotary Book Club at 1:30 PM. The location is Mary Walta's, 2458 S. Josephine St., Denver 80210. The book we will discuss is *Red Notice* by Bill Browder. It received 4.8 Stars from over 3,500 Amazon reviewers. All readers are wel-

come. Call Mary, 505-629-6376, if you need directions.

March 26 - World Community Service meeting @4:00 at Linda Sue Shirkey's house -1717 S. Clarkson St. Call in # is 1-877-255-4121. No pass code required.

 April 13th - Spring Fling Event – Get your
 tickets! SHARE – use the following link

 –
 <u>CLICK HERE</u>

Milehighspringswing.eventbrite.com

Contact Brad Thompson for more details - brad.thompson5280@gmail.com

April 18th - Rotary Monthly Happy Hour—University Club 5pm—7pm—Free Beer—Hosted by U Club member - Sonny Wiegand

April 27th - District Conference - <u>**REGISTER NOW</u></u> - A one-day conference to inspire, connect and re-energize! Highlights include a focus on Mental Health, club projects, youth, and a Connections Cafe.** *Only \$125 for the full conference, with special pricing for first time attendees and Rotaract***</u>**

June 22nd - Annual Rafting Trip - More details to come - Save the date Mile Hi Rafting – Contact Geoff Noble



Denver Mile High Rotary Upcoming Programs

March 20th - Jen Landers - Colorado Young Leaders— What the Future of Leadership Looks Like

One of the most important responsibilities we have is to help the students of today become leaders who will transform our world and lead us boldly into the future. Join me, Jennifer Landers Colorado Young Leaders Executive Director, to discuss the four critical reasons why we must engage young people as soon as possible and hear some inspiring stories of how high schoolers in our area are stepping up to the challenge. I am eager to share with you how Colorado Young Leaders is inspiring youth leadership and to explore how Rotary can engage with us to raise up the next generation of leaders who have both the skills and the heart to lead.

March 27th - Jim Rohrer—What happened to SEARS

April 3rd - Charlene Porter - World Icon, Colorado Unknown – Hattie McDaniel

April 10th - Suzi Stolte—Opioid Interaction Awareness Alliance

April 17th - Jaime Feld - Colorado Consortium for Prescription and Drug Abuse



Weekly Inspirators, Greeters & Hosts

March 13th Inspiration - Greg Thielen Greeters - Anson Thompson and Brad Thompson Host - Ann Tull

March 20th Inspiration - Tony Vaida Greeters - Mary Walta and Bruce Ward Host - Amy Weed

March 27th Inspiration - Ronnie Weiss Greeters - Sonny Wiegand and Chris Wong Host - Louis Wyman

March Birthdays

March 2nd - Audrey Leavitt March 3rd - Karl Paulson March 8th - Michael Tapp March 13th - Michaela Levine March 14th - Geoff Noble March 23rd - Constance Mortell





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CUTWATER SPIRITS



RIVER NORTH BREWERY

PROMOTING THE MILE HIGH SPRING SWING EVENT

- Explain what we do at Rotary, locally and globally. (no need to do this first step if you are visiting and promoting to another club; however, you should share some information about our club's projects over the years).
- The MHSS is our BIG fund-raising event to help us raise more money for our foundation to help us do more good in the world.
- What is the MHSS? It's going to be SO MUCH FUN! We have an amazing 18-piece big band called the Flatiron's Jazz Orchestra, there's going to be music, dancing (if you want to) great food catered by Indulge Bistro and Wine Bar, we have a variety of beverage sponsors and a ton of fun people to meet and get to know!

When is it? Saturday April 13, 2019. From 6 pm to 10 pm

Where is it? – 3858 Walnut St, Denver. It's a really cool new office building called Industry at RiNo Station. If you haven't seen it yet, you'll definitely want to check it out!

How many people are going to be there? We are shooting for 300+

Tickets are \$100 each. Here's a great offer that several businesses and individuals are taking advantage of: Buy 5 get one FREE! So, you get 6 tickets for \$500. Bring friends, colleagues or clients!

Where can I get my tickets today you ask? Go to: milehighspringswing.eventbrite.com

Don't delay...tickets are selling fast and we'd hate to have you miss out!

- Pass out the fliers. Point out the Eventbrite link at the bottom of the page.
- Any questions you can't answer, collect their name and number and send them to Brad Thompson at <u>brad.thompson5280@gmail.com</u> or 303-478-5729 and I will be happy to call them and answer them!

Remember....your enthusiasm will be contagious so be super excited whenever you are sharing information about the MHSS!

Thank you!

Take 20% off one ride to or from Industry at RiNo Station for Mile High Spring Swing!



https://www.lyft.com/invite/MHSS19



JOIN THE ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 22ND



A \$5 DONATION IS INCLUDED IN THE COST OF EACH TRIP. ALL PROCEDES GO TO SUPPORT THE WARRIORS ON CATARACT PROGRAM

SURE-SHOT - \$54 ADULTS, \$47 CHILD (13 AND UNDER)

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$62 ADULTS

Perhaps you've already been there and done that and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$84 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

Contact Melanie Gentz, Andrew Bell, Scott Smeester, or Geoff Noble at

gtnoble@comcast.net

All rebates to be donated directly to the Colorado based non-profit program Warriors on Cataract

Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to Tom Giordano 7271 East Wesley Avenue Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

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