



ROTARY:
MAKING A
DIFFERENCE

Denver Mile High
Rotary
Club



March 20h, 2018

President's Column:

High Rotary on the Web:

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Howdy. Sitting in SFO awaiting my plane. United. Apparently the airline to superheroes. Whatever that means. Great time with Corinne, though. Fun to run around a strange city with your daughter, discovering new things together! Anyway, as spring verifiably unfolds, lots going on in the world of Rotary. Here is a run-down, probably "including, but not limited to": The Interact Club is gearing up for a busy Spring! They will be going to Keystone on April 7 for a day of mountain fun including tubing at the top of the mountain. Then they off with Trips for Kids for a day of entry level mountain biking at Bear Creek Lake Park in Morrison on April 21. Mountain bikes available for Rotarians who wish to join from 10-2 pm. The Interactors will also be going to Estes Park to stay in cabins at KOA on June 2. Ice cream social and pancake breakfast included. Rotarians and family are invited to join all of these events with the Interactors. It is not just the activities that are a great influence to them, but interacting with DMHR members as role models as well. Whoever can make any of these will be greatly appreciated!

Don't forget the float trip coming up in early June for Warriors on Cataract. We went last June and it was a great time! Only a handful of us got dunked! Check it out. Either Melanie or the wayward Geoff Noble, whom I think is soon returning from his lake-bound sojourn, can give you the details. On the Geoff note, I sent him an email asking for pictures of giant fish so I could pass them on to you in the newsletter. I have not received anything yet, so I guess he is still working on his fish stories... Also, I have a few requests from Mike Oldham of District 5450 fame: There is an All West Native American Basketball Tournament coming up April 6 and 7, between 10:00 and 2:00. They need help keeping score or running the clock so the regular scorekeepers and clock operators can take periodic breaks. It is at the Gold Crown Event Center in Lakewood. This is a phenomenal tournament involving 100 teams of high school boys and girls from Indian Reservations in the western part of the U.S. Rotarians have helped at this event for three previous years. If anyone can help, email Mike at meoldham@msn.com and let him

know the day and time you can work or call him at 303-453-9067. Details also at the tournament web site: <http://www.amerindrisk.org/event/33rd-annual-amerind-west-native-american-100-basketball-classic/> Also, DMHR club has previously had a member, Joe Pahl, on the District American Indian Committee. Any club member interested in being part of this district committee? They meet once a month. If interested call/email Mike for details. You could attend one to see what it is about and decide from there. I have been involved in District committees for a while and they are a great way to get to know members across other clubs, hear ideas on different club activities and of course meet new people. It is a brave, big world out there in District land! Ok, flight is called. See you Wednesday.

Adams

Adams Price
President

Denver Mile High Rotary



Denver Mile High Rotary Upcoming Programs

March 21st - Last November, Denver voters approved a \$937 million general obligation bond for city projects. Join us as staff from Denver Public Works describe the implementation of the bond-supported projects.

March 28th - Our speakers will be Beverly Orton Jones and John Mullin from Volunteers of America will present on the Disaster Preparedness Program. They will cover local risks and ways to prepare yourself, your family, and your community should a disaster occur. The goal of the presentation is to provide basic disaster preparedness information that will help audiences be better able to cope and minimize any anxiety and losses.

March Birthdays



2nd - Audrey Leavitt

3rd - Karl Paulson

8th - Michael Tapp

14th - Geoff Noble

*If you would like your birthday listed be sure to update your member-



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Weekly Inspirators, Greeters & Hosts

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March 21st

Inspiration - **Robin Springer**

Greeters - **Jeff Sprole and Michael Tapp**

Host - **Greg Thielen**

Rotary Minute - **Andy Thompson**

March 28th

Inspiration - **Ann Tull**

Greeters - **Tony Vaida and Michael Tapp**

Host - **Ronnie Weiss**

Rotary Minute - **Sonny Wiegand**

BETHE
CHANGE
YOU WISH TO SEE IN
THE WORLD
-MAHATMA GANDHI

Rotary 

ROTARY CONVENTION
TORONTO, ONTARIO, CANADA
23-27 JUNE 2018



King Soopers Cards

Remember to keep using your King Soopers cards. 5% of every dollar loaded spent goes towards the club! If you don't have one yet, contact Sarah Hite to get one (schite2000@yahoo.com).



Denver Mile High Rotary Calendar

Be sure to check the calendar online for all events (meetings, happy hours, committee meetings)

<http://denvermilehigh.org/Events/Calendar>



Want to Get Involved?

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Here is who to contact for committees

President - Adams Price -

adams.price@ekshca.com

Rotary International Foundation

Noreen Keleshian—noreenkeleshian@gmail.com

Kevin LeVezu - levezu@yahoo.com

Denver Mile High Rotary Foundation

Chair: Tony Vaida - tony@vaida.net

Youth Programs/CEC Interact

Bruce Ward -

bruceward1@gmail.com

Local Community Service

Chair: Michael Tapp

Michael.Tapp@wellsfargo.com

Programs

Chair - Kevin Gallaway

kgallaway@copera.org

PR/Website -

Heidi Resetarits - heidi.rr@gmail.com

World Community Service

Chair: Bob Kemp

rkemp10453@aol.com

Club Bulletin/Newsletter

If you have something you would like to be in the newsletter - submit to

Chris Wong

Chris Wong - clw2782@gmail.com

Polio Plus Committee

Audrey Leavitt Audleav2@aol.com

Fundraising/Sponsorships

Chair: Roberta Simonton

simontonroberta@gmail.com

Citrus Sales

Scott Smeester

scott@smeester.com

Hearts for Humanity

Audrey Leavitt Audleav2@aol.com

Heidi Resetarits - heidi.rr@gmail.com

Membership

Chair: Tom Gregory

gregory-t@comcast.net

Historian – Carolyn Schrader

schrader407@gmail.com

Fellowship/Party Planning

Chair: Betty Speir

bspeirsells@comcast.net

Veterans Service Committee

Geoff Noble

gtnoble@comcast.net

Rafting - gtnoble@comcast.net

Rotary Scholars - Ann Tull

anntull@comcast.net

Social Impact

Kaili Purviance

kaili.purviance@nm.com



New Member Orientation
February 5th, 2018

Rotary Half Day Rafting Trip

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JOIN THE ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 9TH.

A \$5 DONATION IS INCLUDED IN THE COST OF EACH TRIP. ALL PROCEEDS GO TO SUPPORT THE WARRIORS ON CATARACT PROGRAM

THANKS TO A DONATION, THE COST BELOW WILL BE REDUCED BY \$33/PERSON FOR THE FIRST 30 PEOPLE WHO SIGN UP!!!

SURE–SHOT - \$52 ADULTS, \$45 CHILD

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$62 ADULTS

Perhaps you've already been there and done that, and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$82 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

**Contact Melanie Gentz at melanie.gentz@gmail.com
or Geoff Noble at gtnoble@comcast.net**

We can get a 20% rebate for a group of over 40 rafters

All rebates to be donated directly to the Colorado based non-profit program Warriors on Cataract



Update from Warriors on Cataract

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(Newsletter #60)

Greetings all of you supporters,

We're approaching the May-June Colorado River launches.

Last Thursday three Air Force Pararescue (PJs) were killed in a Pave Hawk helicopter crash in Afghanistan. PJs are a small close knit band with personal relationships, so they take such things hard. We are trying to recruit more PJs to gather for the May 18 Cataract launch - we have room for 9 more in the Manifest, and have 4 PJs who have rafted with us before calling out to other PJs.

You may recall that much liked 2/7 Marine Corpsman Doc Gwinn was killed in a motorcycle crash last July, and so the May 25 launch (which spans Memorial Day) is the Doc Gwinn Cataract Run. Another Corpsman who was a close buddy of Doc Gwinn's is now in a deep reclusive funk, so we are flying him to Denver where he will be met by another 2/7 to get him to Moab and back.

This is turning out to be a big year with heavy bookings, overbookings on some trips. With the loss of the PJs and Doc Gwinn, the turnout on those two trips is expected to be great.

And word on the All Female trip is getting around, so we have overbooked that September trip already, will have a service dog and perhaps two wheelchairs. We will have five TAPS (Tragedy Assistance Program for Survivors) women on the All Female trip who have lost spouses in the Military. We will also have some single mom vets aboard. Our great and wonderful lead therapist Karen House will lead two other outdoor recreation therapists in activities for the women.



Several weeks ago I received an email from a 2015 participant - he said if it weren't for the raft trip, he would no longer be here. We often hear such results, from some participants as well as from the VA. We also hear from vets of self-weaning from substance abuse, cutting back on VA-prescribed pharmaceuticals, getting back into their marriages, happy, employed or in school, not having the night terrors, not carrying a side arm everywhere. The support networks that these trips spawn seem to be a large component in these recoveries.

We are very gratified and thankful we can furnish these raft trips. Thanks for your help, you are part of these successes.

Best regards,

Fred Solheim

Information about RYLA

RYLA was created in 1959 in Queensland, Australia, as a festival highlighting local youth organized in honor of a royal visit by Princess Victoria. It was officially adopted by Rotary International (RI) in 1971

Rotary Youth Leadership Awards (RYLA) is an intensive training program, often a camp about a week long, that brings together youth nominated by local Rotary clubs to further develop character and leadership skills, offer the opportunity to build self-confidence, gain exposure to a variety of issues and people, meet active community leaders, and learn valuable information and career skills while exposing them to Rotary's values of service, high ethical standards, and peace. In so doing it can bring new energy to a Rotary district, inspire ideas for service, and develop future Rotarians

Each RYLA shares the following program objectives:

- To demonstrate Rotary's respect and concern for youth
- To encourage and assist young people in responsible and effective leadership
- To foster continued and stronger leadership of youth by youth
- To publicly recognize the many young people who are rendering service to their communities as youth leaders

Group work is the cornerstone of any RYLA. It encourages young people to voice their opinions, take initiative, and put their leadership skills into practice.

Socializing and networking

Most successful programs include time for informal socializing and networking activities that allow participants to interact in different settings: a morning warm-up, such as yoga or hiking; a quiz show, or talent night,

Experiential learning

For younger students experiential learning complements the messages of informative speakers while also serving as icebreakers for a group of strangers who need to become acquainted in a short period of time. By including activities such as group tasks or role-playing scenarios, participants also practice the skills they have learned in a supportive environment. This experiential program is the model for Young RYLA.

Diane Kessle, with the help of Jim Hoops and Junior Weed-Zigler, developed Young RYLA in Colorado in 2001. The only Young RYLA camps are in Australia, Canada and ours in Colorado.

Please think of any students who might be the right age and benefit from attending RYLA this year. They will need to log onto www.rmryla.org to apply. They also need to "choose" Denver Mile High as their sponsoring Rotary club.

This year the 2 RYLA camps for current Sophomores or Juniors are July 15-20 and July 22-27

The 2 Young RYLA camps for current 7th graders are: July 22-27 and July 29-Aug. 3



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