



Denver Mile High Rotary  
where commitment and service  
rise above the mountain tops



## President's Column

Greetings Denver Mile High Rotarians!

March 29, 2021

It was incredible to see the work that Dr. Bertz and his colleagues have done and continue to do around the globe. The lives they have changed are forever thankful and his comments about his support and appreciation for Rotarians did not fall on deaf ears. It simply shows how we all can have such an impact on others, locally and around the globe.

Joke of the Week: Do you know why you should never run and play the bag pipes at the same time? If you were to trip and fall, you could put "aye" out, or worse yet...be kilt!

Be well and be safe,

Brad Thompson

### Denver Mile High Rotary on the Web:

[Denver Mile High Rotary](#)

[DMHR on Facebook](#)

[DMHR on LinkedIn](#)

[DMHR on Instagram](#)

[Rotary District 5450](#)

[Rotary International](#)

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### ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09)  
[pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLN2RFZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839

### Uplift Internationale

[Uplift Internationale](#) is a Colorado-based international nonprofit corporation chartered in 1989 to provide medical, dental, surgical, nursing and speech services for children with cleft lips and palates.

We thank Dr. Jim Bertz for a superb presentation at last week's Rotary meeting. Our UI Zoom guests last Wednesday included: Jaime Yrastorza, Uplift Founder  
Gerald Capoot, Former Uplift President  
Elliot DuBoys, Current Uplift President

Thank you to [Margaret Van Vliet](#) for providing this speaker to [Brian Good](#), who schedules our presenters.

### Interesting Facts...

#### Attendance last week

52 Total membership  
16 Zoom mbrs attending  
3 Zoom guests  
2 Zoom cameras at U-Club  
1 Speaker at the U-Club  
21 Members at U-Club  
15 Members missing

## Word from the Editor

### A word from your editor

Happy Monday morning, fellow Rotarians,

Spring is in the air and harbingers of warmer weather are popping from the cold soil to bring us joy. Check out our members' photos of springtime joy on the last page of this newsletter.

A Rotary sign of spring is the [District Conference](#) lead by our own Bob Kemp, District Governor. Thank you to all who have answered the call for help, who will work as sergeants at arms and at the registration table. Please register as soon as possible by [clicking this link](#), as *in-person attendance is limited to the first 150 registrants* due to COVID safety requirements. May 6, 7, and 8. Please see page 5 for additional details as well as hotel and registration links.

You have something to which to look forward! Place August 8th on your calendar for the past president's party!

Remember that all new items are bounded by RED boxes for your ease in quickly reading the newsletter.

Annely Noble  
M 303-842-8725

[Annely.noble@comcast.net](mailto:Annely.noble@comcast.net)

*The more you contribute to your Rotary Experience,  
the more you benefit from your Rotary Experience.  
What are YOU contributing to Rotary?*



## CALL FOR DONATIONS

Rotary Club of Five Points RiNo is sponsoring a toiletry shelf for the students of Manual High School. We are seeking new toiletry item donations for restocking the shelf. Contact us for questions or to schedule a pick-up!

**ITEMS NEEDED INCLUDE  
(BUT ARE NOT LIMITED TO)**

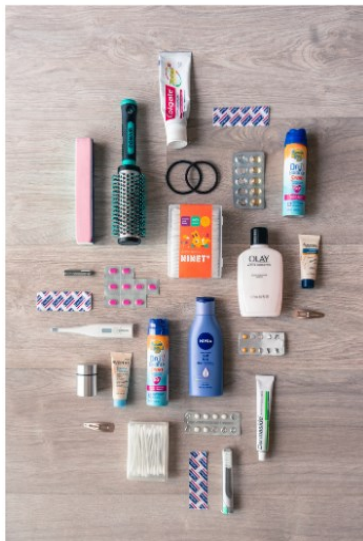
DEODORANT  
SHAVING SUPPLIES  
TOOTHBRUSHES/TOOTHPASTE  
SHAMPOO/CONDITIONER  
FEMININE PRODUCTS  
SOAP/BODY WASH

Contact us at [5pointslotary@gmail.com](mailto:5pointslotary@gmail.com)

**Rotary**



Five Points RiNo  
Denver



### New Partnership Project

← brought to you by  
**Ronnie Weiss** and the  
Local Community Service  
Committee (LCS).  
Please bring supplies to the  
U-Club the second Wednesday  
of the month beginning  
April 14.  
Thank you!

### Help Wanted

The Denver Mile High Rotary  
Foundation Board would like  
to fill the vacancy left by  
Kevin Leveseu who has  
resigned from the  
Foundation and the Club.  
If you are interested in filling  
this vacancy and being part  
of something vital to the  
club,  
please contact [Tony Vaida](#),  
303-204-1710.

## Denver Mile High Rotary Calendar of Events

**March 31 - Chris Akers, State Demography Office. Colorado's Changing Demographics and What That Portends for the Future.** Chris has been an Economist with the State Demography Office for the past 6 years. He is an economist by training and a demographer by association.

**April 1 - Pay Rotary Club dues**

**April 5 - Volunteer for Project Worthmore** - See page 6 for details.

**April 7 - Street Sweeping Commences** on Sherman Street in front of the U-Club. Park carefully.

**April 7 - Joel Bacon, C-SPAN** - Learn How C-SPAN provides a window into Washington with access to public officials working on the issues facing our nation - like the coronavirus pandemic and the volatile economy. C-SPAN will also share how its nonpartisan mission guides its coverage of the political process and how its TV, online and radio resources can help you stay informed.

**April 8 - Metro Caring - Provisions re-bagging - 9:00a-12:30p** - Contact Robin Springer for information or see volunteer opportunity page of this newsletter.

**April 12 - Rotary Book Club - 4:30pm - *That Used to Be Us*** - Book by Michael Mandelbaum and Thomas Friedman. Please contact [Linda Sue Shirkey](#) to be placed on the Zoom link for this group.

**April 13 - 4-5p - Denver Mile High Rotary Board meeting**

**April 14 - Past Zimbabwe District Governor Stella Dongo - News** about the COVID situation in Zimbabwe, Rotary, and politics as well as an update about the DMHR grant that has been approved in Harare, the capital.

**April 21 - Tom Giordano, DMHR Rotarian and History Scholar** speaks on the "Over-rated President".

**April 22 - 7-8a - Denver Mile High Rotary Foundation Board meeting** - this is also Earth Day - Restore our Earth.

**April 28 - Liz Adams, National Western Complex Redevelopment and Jocelyn Hittle, CSU's new Spur Research Campus.** Jocelyn Hittle is primarily focused on helping to create the CSU System's new Spur campus at the National Western Center, and on supporting campus sustainability goals across CSU's campuses.

**May 5 - Stacia Sellers, Communications Director, Central I-70 Project.** After two years of construction, the construction team on the I-70 project is preparing to move traffic off the viaduct and into the new lowered section of I-70 between Brighton and Colorado boulevards, and commence the subsequent demolition of the 57-year-old viaduct this spring and summer! Join us for a virtual update to get the inside scoop on these massive changes!

**May 6-8 - District 5450 Conference** - Thursday evening - Virtual; Friday evening - in-person dinner and virtual option. Saturday will be a Day of Service. [Click here to register](#) or see page 8 of this newsletter for details.

**May 12 - Jennifer Riley-Chetwynd, Denver Botanic Gardens - Director of Marketing and Social Responsibility** - What's New at Denver Botanic Gardens? Things you may not know and things to get excited about this year!

**May 19 - Carol Bowar, Executive Director, Girls Athletic Leadership School (GALS)**

**May 26 - Speaker slot available.**

**June 2 - DMHR Budget Overview.** Overview of club finances and status of Local and World Community Service projects.

**June 9 - Speaker slot available.**

**June 16 - Harriet Crittenden LeMair, Executive Director, High Line Canal Conservancy**

**June 23 - Speaker slot available**

**June 30 - Passing the gavel!** Honor outgoing president Brad Thompson and welcome new president, Steve Blazek.

**Do you have any leads for future speakers? Call 303-994-6609, or e-mail [Brian Good](#).**



## Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
March 31	Sonny Wiegand	Pat Gorman Barry	Andrew Bell
April 7	Noreen Keleshian	Janine Kempfer and Audrey Leavitt	Susanne Lorenz
April 14	Sharon Cella	Bob Connaghan and Alessandro Eichstaedt	Debra Flick



### April Birthdays

April 11 Susanne Lorenz  
April 11 Margaret Van Vliet  
April 14 Mary Walta  
April 15 Charlene Porter

### Signs of spring...puppies

Brad Thompson and  
8 week-old Ole!  
Pronounced "oh-lee".



### The Rotary Book Group... All Welcome

Discussions begin at 4:30 on:  
Monday, April 12th  
***That Used to Be Us***  
Book by Thomas L. Friedman and  
Michael Mandelbaum  
and Thomas Friedman

### Mental Wellness Tip of the Week

Eat well to get healthy and  
ready for outdoor activities!

Denver Mile High  
**Rotary**  
Club



Mental Wellness Tip  
brought to you by a  
Golden High School Student

### Save the Date August 8, 2021

In keeping with tradition and  
because Denver Mile High Rotarians  
like to have fun, please save the  
date for the Past President's Party.  
This is when we wish Brad Thomp-  
son well as the outgoing president  
and welcome Steve Blazek as the  
incoming president.

Food and refreshments? You bet!  
And, as usual, a  
"roast" will be served!

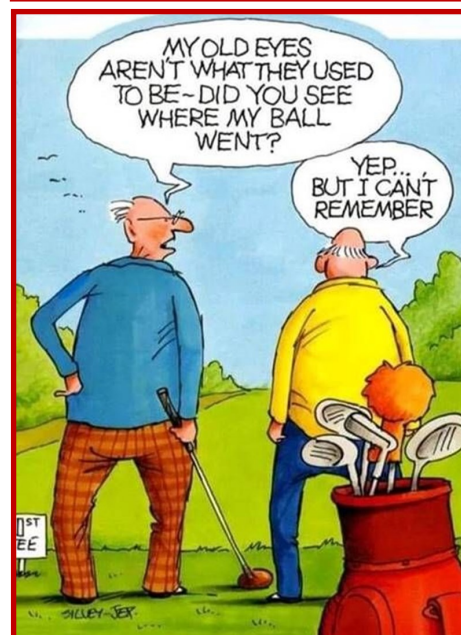
### Meeting Leader Calendar...

**Brad Thompson will be leading  
meetings via Zoom with  
in-person assistance from:**  
Mar 31 Adams Price

### Have you read your April Rotary Magazine?

- What does B.R.E.W. stand for? Pg 16.
- What do railroads have to do with Rotary? What is the IFRR? See page 20.
- When is Earth Day and what does RI President Knaack say about it? See pg 1.
- How was the word 'vaccination' coined? See page 42 under 1796.

A bit of non-COVID humor brought  
to you by **Constance Mortell!**





## District info and more...



### District 5450 Conference!

The annual District Conference is now available for registration.  
**In-person attendance** is limited to the first 150 participants  
so do not delay,  
[register today!](#)

For conference details, [click here](#).  
To view the menu, [click here](#).  
For hotel details and registration, [click here](#).

### Help Wanted

The Denver Mile High Rotary Foundation Board would like to fill the vacancy left by Kevin Leveseu who has resigned from the Foundation and the Club.

If you are interested in filling this vacancy and being part of something vital to the club, please contact [Tony Vaida](#), 303-204-1710.



### "The Company We Keep"

Denver Mile High Rotary has formed a committee to address Diversity, Equity and Inclusion, DEI for short. **Debra Flick** is the chair of this group and will provide details regarding their progress. Initially, our club will work on publicly showing that we are an inclusive group by placing a placard over the "members only" sign that currently graces the University Club entrance. This will be placed before our meetings and removed after our meetings. Additionally, we will place a sidewalk sandwich sign stating when we meet and that all are welcome; again, this will be placed and removed before and after our meetings. There are additional initiatives in the works, details of which will be shared as they are finalized.

Rotary International is heavily invested in confronting this same issue, as seen in the side bar and the article "The Company We Keep" beginning on page 14, of the April 2021 Rotary Magazine. [Please click here](#) to see Rotary International's DEI statement.

If you would like to be a part of this impactful committee, please contact [Debra Flick](#), 303-949-8826.

#### JANUARY

Write Valentine Cards for seniors from your home and mail to the senior living facility of your choice.  
**Rotary Awareness Month**

#### APRIL

Mile High Spring Swing - TBD  
Earth Day - 4/22  
**RI Magazine Month**

#### JULY

Inner City Kids Hike/Rotary Peak  
RYLA Camp  
**Literacy Month & New Rotary Year**

#### OCTOBER

9Health Fair & Craig Hospital Dinner  
World Polio Day Event  
[Economic & Community Development](#)  
**And Vocational Service Month**

#### FEBRUARY - See note below\*

Craig Hospital Card Writing  
Wine and Chocolate Tasting  
New Member Orientation  
**Peacebuilding & Conflict Prevention Month**

#### MAY

Craig Hospital Dinner & RYLA Interviews  
District 5450 Conference  
**Promote International Convention Month**

#### AUGUST

School Supplies Drive  
Past President's Party  
**Membership and Extensions Month**

#### NOVEMBER

Write Holiday Cards for Active and Deployed Military  
Citrus Fundraiser  
**Rotary Foundation Month**

#### MARCH

Connect4 - Each Rotarian calls 4 Rotarians during March. Get to know each other better!  
**Literacy Month**

#### JUNE

River Rafting  
**Rotary Fellowship Month**

#### SEPTEMBER

Mini-Dinner Fundraiser  
New Member Orientation  
**New Generations Month**

#### DECEMBER

Holiday Party  
Toy Drive  
**Family Month**

## Service Above Self - Volunteer Opportunities



### PROJECT WORTHMORE

#### Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may volunteer any Monday during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

**Where:** Project Worthmore is located at 1666 Elmira Street, Aurora

**What:** They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

**When:** The first Monday of every month.

**10:30am - 12:30pm: Food Packaging.** Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

**12:30pm - 1:30pm: Deliver boxes** of food to families within about a 3-mile radius of Project Worthmore.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.



[1139 Delaware Street, Denver 80204](#)

#### Volunteer dates TBD

Kudos to all who have volunteered at the vaccination test sites. Fifteen District 5450 clubs have helped in this effort. 9Health will be looking for additional volunteers as soon as sites are determined and plans are finalized; watch this newsletter for upcoming dates antimes. The timing is flexible, but usually between 10am and 4pm. To volunteer, please call (610-805-7579), or e-mail [Audrey Leavitt](#).



**METRO CARING**  
ENDING HUNGER AT ITS ROOT

#### Volunteer for April 8th - 9:00 am-12:30 pm

Metro Caring Provisioning Project:

**Thursday, April 8th** is our next session.

**TIME: 9:00am - 12:30pm**

**LOCATION: 5200 Smith Road Suite 130 - west side entrance.**

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. [Click here](#) for a February update from Metro Caring.



#### The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. Watch this space for opportunities beginning May and early June. If you would like more information or to sign up, please contact [Ronnie Weiss](#).

**If you wish to volunteer at any of the 9 Health Vaccination Sites, please contact [Audrey Leavitt](#) 610-805-7579.**

Audrey suggests you invite a friend as there is plenty of volunteer work to go around.

Additionally, your friend will be introduced to Rotary's Service Above Self and even may be motivated to become a Rotarian!





## DMHR Admin Information

### How to pay...

#### DMHR Club Dues

c/o Carolyn Schrader, Treasurer, [schrader407@gmail.com](mailto:schrader407@gmail.com)

Please make out checks to:

***Rotary Club of Denver Mile High or DMHR***

- Mail a check to Carolyn Schrader at 407 Detroit St. Denver CO 80206 OR
- Bring a check on Wednesday, give to Tom Cella or Carolyn
- Pay by credit card - [Click here](#) or use <https://rotary-club-of-denver-mile-high.square.site/>
- Pay by credit card using the link on your invoice
- Pay by Zelle®.
- If all else fails, contact Carolyn, [schrader407@gmail.com](mailto:schrader407@gmail.com)

#### DMHR Foundation Donations

c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

***Rotary Club of Denver Mile High Foundation  
or DMHR Foundation***

- Hand check to Tom Giordano at a meeting; or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224;
- Or... [please click here](#) to go directly to our secure online donation site, make a one time donation or set up automatic monthly donations.
- Please contact Tom Giordano for instructions to set up a Zelle payment for your donation to the Club Foundation.

Please see the **Denver Mile High Foundation Donation** page to see the updated list of donors. Are you on the list? If you are not on the list and should be, please contact [Tom Giordano](#), 303-263-5091.

## Contributions to DMHR Foundation

*Giving Generously  
For the  
Greater Good*

### *Denver Mile High Rotary Foundation Donors*

Pat Gorman-Barry	Janine Kempfer	Vass Sirpolaidis
Steve Blazek	Audrey Leavitt	Betty Speir
Tom Cella	Kevin LeVisu	Robin Springer
Bob Connaghan	Diane Messamore	Michael Tapp
Alessandro Eichstaedt	Constance Mortell	Brad Thompson
Patricia Fiske	Carolyn Nobel	Ann Tull
Melanie Gentz	Annely Noble	Tony Vaida
Tom Giordano	Josh Peck	Bruce Ward
Tom Gregory	Charlene Porter	Marty Waters
Marcus Hanlon	Adams Price	Amy Weed
Dan Himelspach	Chuck Rudolph	Ronnie Weiss
Sarah Hite	Carolyn Schrader	Sonny Wiegand
Noreen Keleshian	Linda Sue Shirkey	
Bob Kemp	Roberta Simonton	

The  
**Rotary**  
Foundation



Doing Good In The World



*Corporate  
Generosity*

### *2020-2021 Corporate Sponsors*



Rotary



**TAIPEI**  
2021





## The Penultimate Word...

### A Message from the Rotary International President, Holger Knaack...

Dear club presidents,

In these difficult days, we are so heartened to receive such uplifting reports on the unrelenting efforts of our Rotary members who have responded in their communities against the COVID-19 pandemic.

Today, the single question we hear time and again is, “Are we getting involved with COVID vaccination?”

The answer is yes.

This does not mean we will deviate from our commitment to eradicating polio, which remains our highest priority and continues to be our only corporate program. Polio vaccinations must continue unabated, as must our effort to raise \$50 million per year for this effort.

But now, COVID-19 vaccines are becoming available around the world, and our members have an important role to play.

We ask you to encourage your club to:

- Use Rotary’s knowledge of vaccine safety and efficacy based on our polio eradication experience to support vaccination efforts in your communities. This will need to be tailored to local contexts to address unique cultural and regional needs.
- As vaccine distribution begins in your country, partner with local organizations or health authorities to offer your club’s support with vaccination efforts as required.
- Help combat the powerful, growing force of vaccine resistance and misinformation. Advocacy in our communities is critical — we need to spread the message about the power of vaccines to protect lives.
- Stop the spread of COVID-19 by continuing to engage in projects supporting mask-wearing, distancing, proper hygiene practices, and donations of personal protective equipment — before and after vaccination.

Please take a moment to view the above [video message](#), and share with your networks. As your club gets involved with local vaccination or COVID-19 prevention efforts, please add your project on Rotary Showcase (please log in to My Rotary first, and navigate to Rotary Showcase).

We look forward to learning how your club is working to support vaccination efforts in order to bring the COVID-19 pandemic to an end.

Thank you.

Holger Knaack  
President, Rotary International

K.R. Ravindran  
Chair, The Rotary Foundation

## The Last Word...



**Glorious signs of spring!**  
**Linda Sue Shirkey's** new baby chicks, about two weeks old!  
**On the right**, Linda Sue's grandson, Noah, cradling one of the baby chicks..."chick therapy" he calls it!



**Below**, spring-time in Florida where **Geoff and Annely Noble** spent time with all the grand-kids, here hiking in the local woods. Got ticks?



First signs of spring...crocus, or is that croci?  
The dictionary says croci and crocuses are both acceptable spellings.

You aren't seeing life in your garden yet? Enjoy the indoor plants we grow during the winter. See top left.

**Below**, pasque flowers emerge in the mountains in early May.

Fun over spring break at the lake. One of Geoff and Annely Noble's grandsons kayaking.

