



Denver Mile High Rotary  
where commitment and service  
rise above the mountain tops

Rotary  
Club of Denver Mile High



Rotary



Club of Denver Mile High

## President's Column

### Denver Mile High Rotary on the Web:

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[Rotary District 5450](#)

[Rotary International](#)

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This is an abbreviated version of the newsletter. For more information regarding paying dues, giving to the Foundation (both RI and DMHR), club sponsorship, or other matters, please contact [Carolyn Schrader](#) or [Annely Noble](#). Information will be available on the website soon via links on newsletters.

Greetings Denver Mile High Rotarians!

May 31, 2021

I am on a camping, hiking, backpacking road trip with my two boys right now. We left Orange, CA on Saturday night May 22. More updates to follow, as I am actually writing this before I started my trip. I hope you are enjoying your Memorial Day weekend!

Joke of the Week: Why did the crossed-eyed teacher lose his job?  
Because he couldn't control his pupils!



Be well and be safe,

Brad Thompson

### ZOOM LINK

In addition to in-person meetings, we will continue Zoom meetings. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

Join Zoom Meeting

[https://us02web.zoom.us/j/81294791259?](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLR1N2RFZ3bnBRdz09)  
[pwd=aXZsTXRiZzJLZEVLR1N2RFZ3bnBRdz09](https://us02web.zoom.us/j/81294791259?pwd=aXZsTXRiZzJLZEVLR1N2RFZ3bnBRdz09)

Meeting ID: 812 9479 1259 Passcode: 903839

### Pedaling 4 Parkinson's

[Click here for more information](#)

on this fundraising ride, which Patricia Fiske, former DMHR member has asked us to consider supporting. Brought to you by your DMHR Local Community

### Rotary International Virtual Convention

[Click here](#) for more information and to register for the June 12-14, 2021 convention that **was** scheduled to occur in Taiwan.

### Interesting Facts...

#### Attendance last week

51 Total membership

#### Zoom

6 Members, 2 club views

#### U-Club attendance

27 Members, 2 guests

1 speaker

#### Missing

18 Members

### We are still looking for...

A permanent club treasurer for the upcoming year. Please contact incoming president [Steve Blazek](#), or [Carolyn Schrader](#), interim treasurer

### Note to New Members

The Rotary 101 Class is available and well worth the time to attend (virtually). [Click here](#) to register.



## Word from the Editor

### A word from your editor

Happy Veterans' Day, fellow Rotarians,

Is it Monday? All morning I thought it was Sunday, so this newsletter is late and also very short! I apologize!  
Please see information on RYLA on page 5.

See you Wednesday!

Annely Noble

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*The more you contribute to your Rotary Experience,  
the more you benefit from your Rotary Experience.  
What are YOU contributing to Rotary?*



## Denver Mile High Rotary Calendar of Events

**June 2 - Rotary Meeting - DMHR Budget Overview.** Overview of club finances and status of Local and World Community Service projects.

**June 8 - 4:00pm - DMH Rotary Board Meeting.** Contact Brad Thompson for Zoom link.

**June 12 - 6a-4p - [Pedaling 4 Parkinson's](#)** - Patricia Fiske has asked DMHR to consider participating in this fundraiser for Parkinson's. [Click here for details.](#)

**June 9 - Karlynn Cory, NREL Group Manager - Project Development and Finance** - Transforming Energy through American Innovation - Karlynn will provide an overview about renewable energy and the activities that NREL participates in from research to commercialization of technologies.

**June 16 - Harriet Crittenden LeMair, Executive Director, High Line Canal Conservancy** - The Conservancy was formed in 2014 by a passionate coalition of private citizens to provide leadership and harness the region's commitment to protecting the future of the High Line Canal. With support from each jurisdiction and in partnership with Denver Water, the Conservancy is connecting stakeholders in support of comprehensive planning to ensure that the Canal is protected and enhanced for future generations. The mission of the Conservancy is to preserve, protect and enhance the 71-mile legacy Canal — in partnership with the public.

**June 23 - Jonathan Pirillo and John Miller, Volunteers of America** - Helping Homeless Veterans in the Denver Metro Area - Volunteers of America's Support Services for Veteran Families program helps veterans facing homelessness. Come learn about the challenges facing homeless veterans in our community, what VOA is doing about it, and how others in the community might be able to help.

**June 30 - Passing the gavel!** Honor outgoing president Brad Thompson and welcome new president, Steve Blazek.

**August 8 - Past President's party**

**September 25 - Woohoomanity Challenge - DMHR Club fundraiser bike ride** sponsored by Denver Southeast Rotary and piggybacking on the Denver Century Ride. For more information, [click here](#). Last year's team was *Melanie "Go Getter" Gentz, Steve "Beat the Pack" Blazek, Tom "Strides Ahead" Cella, and Marty "Fast Flowing" Waters*.

**Do you have any leads for future speakers?** Call Brian at 303-994-6609, or e-mail [Brian Good](#).

## Weekly Inspirators, Greeters & Hosts, etc.

Date	Inspiration	Greeters	Host
June 2	Scott Smeester	Betty Speir and Robin Springer	Michael Tapp
June 9	Ann Tull	Tony Vaida and Margaret Van Vliet	Mary Walta
June 16	Bruce Ward	Marty Waters and Amy Weed	Ronnie Weiss



Mental Wellness  
Tip of the Week  
*Avoid overreactions.*

Denver Mile High  
**Rotary**  
Club



Mental Wellness Tip brought to you  
by a Golden High School Student.

### June Birthdays

June 6 - Steve Blazek  
June 11 - Bob Connaghan  
June 13 - Melanie Gentz  
June 29 - Linda Sue Shirkey

### Rotary Meeting Hosts at U-Club

June 2 Zoom - Brian Good  
June 2 Club - TBD



### Who knew?

That Tony Vaida is such an  
incredible horticulturist?  
Ask him about his garden  
plots some time, you may  
be further surprised!

### The Rotary Book Group... All Welcome

Discussions begin at 6:00 pm  
Monday, June 14th

*A Woman of No Importance:  
The Untold Story of the American Spy  
Who Helped Win WWII*  
by Sonia Purnel

The meeting will be at Tom Giordano's  
home on June 14 at 6:00 pm.  
His address is 7271 East Wesley  
Denver, CO 80224

We also will hold a hybrid Zoom meeting  
so those who do not want to attend in  
person will still be able to participate.

9HealthFair is Becoming  
**9Health:365**



## Denver Mile High Rotary Inspiration

### FOCUS

ON ISSUES AND PROJECTS THAT  
MATTER MOST TO YOUR COMMUNITY

### GATHER

BEFORE-AND-AFTER DATA FOR  
YOUR PROJECTS

### SHARE

STORIES OF THE MEASURABLE  
DIFFERENCE YOU'RE MAKING

### COMMIT

TO IMPROVING THOSE PROJECTS  
OVER TIME

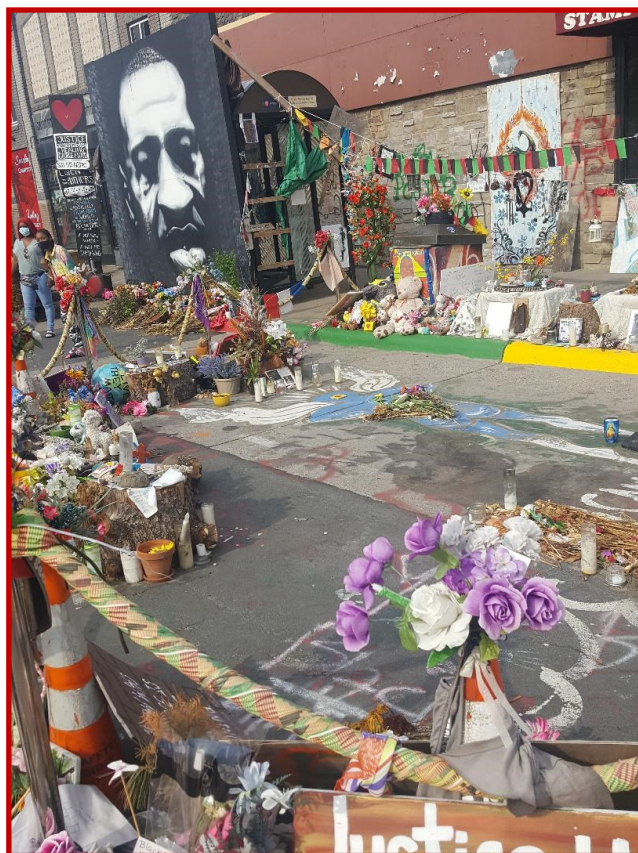
**Want to know more?**

Read the full Action Plan at [rotary.org/actionplan](https://rotary.org/actionplan)



### What Can Our Club Do?

The diagram on the left is from the April 2021 *Rotary Magazine* (page 27), and illustrates how Rotary is trying to increase its impact in the world, using documentation to leave a lasting legacy. [Click here](#) for further information.



### History... An Individual Remembered!

**Charlene Porter** provided the above photo of the location where George Floyd was killed last year. Let us never forget, thank you, Charlene.



## Rotary Youth Leadership

### Virtual RYLA – bring on the applicants!

Everything Students need to know is on [www.rmRYLA.org](http://www.rmRYLA.org).  
[Flyer for Virtual RYLA here.](#)

Details and Reminders:

**One day event - Virtually - Saturday, July 24, 2021**

For more information, please contact [Linda Sue Shirkey](#) - 303-946-3196

- Presenters include:  
Cory Ciocchetti – [DU professor, many-time keynote speaker at RYLA, top-rated by RYLarians](#)  
Gitanjali Rao – [Time Magazine's first-ever Kid of the Year!](#)
- Applications – the process is much simpler for the applicants (no questions to answer other than their basic info):  
**Send potential applicants to [www.rmRYLA.org](http://www.rmRYLA.org) to apply.**
  - ⇒ Eligibility: ALL high school students (those currently completing 9<sup>th</sup>-12<sup>th</sup> grade)
  - ⇒ Please share with schools, Rotarians and anyone else you'd like!
  - ⇒ Registration will be open until June 30 or until full (first-come, first-serve)!
  - ⇒ We will inform you about your applicants shortly after they apply.
- **Interviews:** You are welcome to (and encouraged to) interview your applicants, but interviews are not required:
  - ⇒ As always, the interview is a great opportunity to meet (virtually) your applicants and introduce them to the incredible world of Rotary and service.
- **Cost: \$0 (free)!**  
Donations from Rotary Clubs are welcomed, though (to help offset our very real expenses). [Click here](#) and scroll down for info on where to send your check.

## Volunteer Opportunity

Following is the current list of vaccine sites. For additional information, please contact [Audrey Leavitt](#) (610-805-7579).

Day of Week	Clinic Name	City	Volunteer Needs
Sundays	Barnum Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Saturdays (only May 9th)	St Cajetans	Denver	Medical Observer, Non-Med, Interpreters
Mondays	Swansea Rec Center	Denver	Medical, Non-Med, Interpreters
Monday (only May 10th)	Denver Red Shield	Denver	Medical Observer, Non-Med, Interpreters
Monday (only May 10th)	Emergency Disaster Services	Denver	Medical Observer, Non-Med, Interpreters
Tuesdays	MLK Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Tuesdays	Stride in Hyatt Regency	Aurora	Vaccinators, Non-Medical
Tuesdays	Stride in RTD Parking	Lakewood	Non-Medical
Wednesdays	Barnum Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Wednesdays	Crossroads Church Testing Site	Northglenn	Medical Testers, Greeters, Ambassadors
Thursdays	Village Exchange	Aurora	Vaccinators, Medical Observers, Non-Med
Thursdays	Stride in Hyatt Regency	Aurora	Vaccinators, Non-Medical
Thursdays	Stride in RTD Parking	Lakewood	Non-Medical
Friday (only May 14th & June 4th)	Housing Now	Denver	Medical Observer, Non-Med, Interpreters
Friday (only May 14th)	Colorado Springs Corps	Colorado Springs	Medical Observer, Non-Med, Interpreters
Fridays	Fort Lupton Rec Center	Fort Lupton	Medical Observer, Non-Med, Interpreters
Fridays	Arvada Covenant Testing Site	Arvada	Medical Testers, Greeters, Ambassadors
Saturdays	MLK Rec Center	Denver	Medical Observer, Non-Med, Interpreters
Saturdays (only May 8th)	St Cajetans	Denver	Medical Observer, Non-Med, Interpreters
Saturday (only May 15th & June 5th)	Coal Creek Canyon	Golden	Medical Observer, Non-Medical
Saturday (only 5/15, 5/29, 6/12, 6/26)	Center for African American Health	Denver	Medical Observer, Non-Medical
Any Week Day	Stride Call Center	Remote	Remote / Virtual Opportunity
Any Week Day	Denver Indian Call Center	Denver	Volunteer has isolated office space at clinic

## Club Calendar Year-At-A-Glance

**Please note:** Due to pandemic restrictions, some events will not be held.  
Please contact the club president for further information regarding events.

<b>JANUARY</b> Write Valentine Cards for seniors from your home and mail to the senior living facility of your choice. <b>Rotary Awareness Month</b>	<b>FEBRUARY - See note below*</b> Craig Hospital Card Writing Wine and Chocolate Tasting New Member Orientation <b>Peacebuilding &amp; Conflict Prevention Month</b>	<b>MARCH</b> Connect4 - Each Rotarian calls 4 Rotarians during March. Get to know each other better! <b>Literacy Month</b>
<b>APRIL</b> Mile High Spring Swing - Next year! Earth Day - 4/22 <b>RI Magazine Month</b>	<b>MAY</b> District 5450 Conference Craig Hosp Dinner & RYLA Interviews-cxld <b>Promote International Convention Month</b>	<b>JUNE</b> River Rafting - not this year <b>Rotary Fellowship Month</b>
<b>JULY</b> Inner City Kids Hike/Rotary Peak-cxl RYLA Camp—Canceled for 2021 <b>Literacy Month &amp; New Rotary Year</b>	<b>AUGUST</b> School Supplies Drive Past President's Party <b>Membership and Extensions Month</b>	<b>SEPTEMBER</b> Mini-Dinner Fundraiser New Member Orientation <b>New Generations Month</b>
<b>OCTOBER</b> 9Health Fair & Craig Hospital Dinner World Polio Day Event <b>Vocational Service Month</b>	<b>NOVEMBER</b> Write Holiday Cards for Active Duty and Deployed Military Citrus Fundraiser <b>Rotary Foundation Month</b>	<b>DECEMBER</b> Holiday Party Toy Drive <b>Family Month</b>



## Service Above Self - Volunteer Opportunities



### PROJECT WORTHMORE

#### Project Worthmore - Volunteer anytime

Project Worthmore is a local non-profit that serves the refugee community in the Denver metro area by providing a dental clinic, language classes, food for their community, as well as other services. We may **volunteer any Monday** during the entire month to help with food packaging and/or contactless deliveries. **Please contact [Tom Cella](#)** for more information and to volunteer.

**Where:** Project Worthmore is located at 1666 Elmira Street, Aurora

**What:** They need a total of 8 volunteers - 3 to help with packaging and 5 to help with contactless deliveries.

**When:** The first Monday of every month.

**10:30am - 12:30pm: Food Packaging.** Three volunteers will work in a well-ventilated room to put together boxes of food for the refugee families.

**12:30pm - 1:30pm: Deliver boxes** of food to families within about a 3-mile radius of Project Worthmore.



Denver Kids is part of a cooperative with Denver Public Schools. Watch this spot for volunteer opportunities for mentoring [Denver Kids](#). Training for volunteering begins this spring.



[1139 Delaware Street, Denver 80204](#)

**Volunteer dates TBD**

Kudos to all who have volunteered at the vaccination test sites. Fifteen District 5450 clubs have helped in this effort. 9Health will be looking for additional volunteers as soon as sites are determined and plans are finalized; watch this newsletter for upcoming dates antimes. The timing is flexible, but usually between 10am and 4pm. To volunteer, please call (610-805-7579), or e-mail [Audrey Leavitt](#).



**METRO CARING**  
ENDING HUNGER AT ITS ROOT

**Volunteer for Metro Caring Provisioning Project:**

**Thursday, June 10th** is our next session.

**TIME: 9:00am - 12:30pm**

**LOCATION: 5200 Smith Road Suite 130 - west side entrance.**

You will be repackaging bulk food into portions appropriate for individuals and families for distribution through the Metro Caring Food Bank. All volunteers will receive introductory training before beginning work. Gloves will be provided, and appropriate social distancing will be maintained between individual workstations. Masks or face coverings are required to enter the facility. If possible, please wear your own mask or face-covering, but one will be provided if necessary. If you'd like to bring a spouse or other family member, please do!

Please **contact [Robin Springer](#)** for additional information. [Click here](#) for a February update from Metro Caring.



#### The Conflict Center

The Conflict Center is always looking for volunteers to do a variety of tasks. If you would like more information or to sign up, please contact [Ronnie Weiss](#). [Click here](#) to view the background check form.