

Nov 2, 2020

Denver Mile High  
**Rotary**  
Club



## President's Column

### Denver Mile High Rotary on the Web:

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[DMHR on Facebook](#)

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[Rotary District 5450](#)

[Rotary International](#)

### Inside this issue:

President's Column and Zoom Link	1
Holiday Project Kickoff Word from your editor	2
Upcoming Program Details and Calendar	3
Inspirators, Greeters, Hosts, Birthdays Tip of the Week	4
Citrus Sales Information	5
Nov 4 Meeting Details	6
District News	7
Warriors on Cataract Update & Thank You	8
The last Word...	9
DMHR Admin and Calendar at a Glance	10
DMHR Foundation	11

Greetings Denver Mile Rotarians!

Nov 2, 2020

My thoughts will be brief this week, as moving has consumed most of my time. Loved our presentation last week! What a great story, project and impact the homemade boat competition had on those kids! So cool.

By the time this is published, I expect to be in St. Simons Island, Georgia recovering from our 3-day road trip. More on that next week.

Joke of the week: I had a happy childhood. My dad used to put me in an old tire and roll me down the hill in our backyard. Those were Goodyears!

Stay well and see you on Zoom on Wednesday!

Brad Thompson

## ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGM5NEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

### Interesting Facts...

#### Attendance last week

52 Total membership  
20 - Attending in person  
2 - Speakers on Zoom  
2 - Guests on Zoom, Lilly and Sarah  
16 - Members on Zoom  
10 - Members missing  
2 - Zoom club views



Our Polio Plus Yellow Bag collection raised \$378 over October, which was Polio Plus month! **Zoom attendees, have you contributed yet?** Mail checks to Tom Giordano or Carolyn Schrader.





## Holiday Gift Giving Project Kickoff...

### Holiday Gift Giving Project for Covenant Cupboard Food Pantry Client Children

It is time for the holiday toy drive for Covenant Cupboard Food Pantry. This is the organization that Denver Mile High Rotary supported at the onset of COVID-19. We will join with other organizations to provide toys/gifts for the children of the clients who regularly visit this food pantry on Fridays. Our Rotary has been assigned 22 children as seen in the sign up below.

If you would like to "adopt" a child, children or family, [please click here](#) to go to the sign up location. If you would like to adopt all the children in a family, please make sure you check all the children listed who have the same "Family Number".

Please place all the gifts for your child, children, or family in a large, new trash bag, tie the top so it can be opened and added to, label it with the Family Number and bring it to a Rotary meeting\* no later than Wednesday, November 18th. Including wrapping paper and tape is greatly appreciated. \*If you are unable to deliver the bag to a Rotary meeting, please call Annely Noble (303-842-8725) to arrange for a pick up from your home.

On November 18th, Annely Noble will deliver all the DMH Rotary bags to St. Peter Lutheran Church, Englewood, where they will be opened and additional items included to round out the holiday joy.

[Click here to go directly to the signup site](#), and begin playing holiday music to be in the spirit! Please don't hesitate to contact Annely (303-842-8725 or [Annely.noble@comcast.net](mailto:Annely.noble@comcast.net)) if you have questions.

Stay safe and enjoy being the holiday elves for Covenant Cupboard Food Pantry children.

### A word from your editor...

Dear fellow Rotarians,

- Bring your favorite pen to write a heartfelt greeting to our military service members this Wednesday. Are you a veteran, do you have military veterans in your family, or do you know any veterans? Any good stories to share in the cards? See details on page 6. **Poppies for Veteran's Day** will be available on Nov 11.
- Page 4 has all the details you need to send photos of yourself at age 10 or younger to Janine Kempfer for the *Days of Old project*; please do it now. *Show us how cute you were!*
- Buy some grapefruit so you can "pucker up" under the mistletoe! "Orange" you looking forward to receiving citrus on December 12th? See the order form and details on page 5.
- *Holiday Gift Giving Project* - We have a 2 1/2 week window to accomplish this so please check the info above and bring it on! Join another Rotarian and adopt a family for this project. Limited time opportunity!
- Please volunteer with your fellow Rotarians to be a *Scoop Trooper for Metro Caring*, see details on page 9.

Believing in the power of Rotary to improve the world...together we can achieve...  
See you Wednesday!

Annely Noble  
M 303-842-8725  
[Annely.noble@comcast.net](mailto:Annely.noble@comcast.net)

*The more you contribute to your Rotary Experience,  
the more you benefit from your Rotary Experience.  
What are YOU contributing to Rotary?*



## Denver Mile High Rotary Calendar of Events

**November 4 - Final 2020 street sweeping on Sherman**, park on another street.

**November 4 - DMHR Club Activity - Writing cards to our deployed military.** Time also available for a vocational talk. See page 6 for details, particularly if you are a Zoom attender or want to send additional cards.

**November 11 - Heather Potters, Pharmajet - relays her story of discovering need and inventing the solution, specifically...Polio eradication!**

**November 11 - Poppies for Veterans** - trade your change for poppies and remember/honor our veterans. All proceeds go to the DMHR Foundation.

**November 18 - Sara Dawson (in person) - Researching the History of Your Home.** Sara Dawson researches older homes to discover the historic significance of the people, place, architecture, and events that took place there to assist homeowners and associations applying for historic designations. What's in your home?

**November 18 - Final day to turn in your Holiday Gifts** for Covenant Cupboard Food Pantry. See Annely Noble.

**November 19 - DMH Rotary Foundation Board Meeting - 7:00am** - Contact Tony Vaida for call-in information.

**November 23 - Last day to order Citrus—Contact Amy Weed**

**November 25 - CLUB DARK - THANKSGIVING.**

**November 30 - World Community Service meeting.**

**December 2 - Parking on Sherman - No restrictions.** Street sweeping runs April through November.

**December 9 - Pem Dorjee Sherpa - From Everest ascents to a home in the US, to Projects Back in his native Nepal.** Aside from his mountaineering achievements, Dorjee has worked on improving the quality of life in his home village of Chayangba. Dorjee has organized service projects such as dental, eye, and other health projects, as well as funding to build libraries, schools, and drinking water systems in his village and other remote villages in Nepal.

**December 12 - Pick up Citrus orders** at 1600 W. Colfax; details will follow.

**December 16 - Back in the Day - DMHR Rotarians' Childhood photos and memories;** can you identify our members from their 10 year old or younger photos? Or from their stories? See next page for more information.

**December 23 - Club Dark**

**December 30 - Club Dark**

**January 1 - HAPPY NEW YEAR!**

**January 6 - Time available** for a presentation, please contact Brian Good.

**January 13 - Club Activity** - Write Valentine's Cards for shut ins, those we haven't seen for a while, etc.

**January 20 - Debra Fine - Author of the Fine Art of Small Talk and The Fine Art of the Big Talk.** Local author!



## Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
November 4	Scott Smeester	Audrey Leavitt and Kevin LeVezu	Susanne Lorenz
November 11	Jeff Mcanallen	Geoff Noble and Constance Mortell	Carolyn Nobel
November 18	Annely Noble		



### Mental Wellness Tip of the Week

Think of ways to improve your world.



Mental Wellness brought to you by **Diane Messamore**

### November Birthdays

17 Nov - Chuck Rudolph  
23 Nov - Diane Messamore  
26 Nov - Kaili Purviance  
26 Nov - Carolyn Schrader

**Rotary Book Group** is reading **Girls Like Us** by **Cristina Alger**.  
Join the Rotary book club discussion on **Nov 3 at 4:30 pm**.  
Contact **Linda Sue Shirkey**.

### December Project "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help as soon as possible. Janine Kempfer is putting this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you.

Janine's email is [janine@primemortgage.biz](mailto:janine@primemortgage.biz).

Can't wait to see those cute mugshots!

### Meeting Leader Calendar

Note: One must have been a Rotary president to fill this role.

Nov 4	Scott Smeester	Dec 16	Steve Blazek
Nov 11	Adams Price	Dec 23	Dark - no meeting Happy Holidays to all!
Nov 18	Stetve Blazek	Dec 30	Dark - no meeting - Enjoy family time, don't go crazy!
Nov 25	Dark - no mtg Happy Thanksgiving.	Jan 6	Melanie Gentz
Dec 2	Melanie Gentz	Jan 13	Adams Price
Dec 9	Melanie Gentz	Jan 20.	Melanie Gentz
		Jan 27	Steve Blazek



## Denver Mile High Rotary Citrus Sales

Fresh ruby red grapefruits and fresh navel oranges straight from the Rio Grande Valley in Texas are available in 20 lb. boxes. Boxes of citrus are the perfect gifts for clients, friends and family or for your own winter enjoyment. In addition, boxes of oranges are available for donation to Food for Thought (FFT), which provides food for schoolchildren in Denver and Aurora.

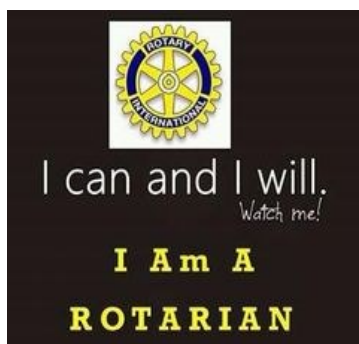
The Denver Mile High Rotary Club uses the proceeds from the sale to fund projects serving Denver and international communities. Buying holiday citrus is a fantastic way to give twice! Denver projects include:



- 9HealthFair
- The Conflict Center
- Metro Caring
- Organizations affected by COVID-19
- Warriors on Cataract
- Mental Health Awareness
- Rotary Youth Leadership Awards (RYLA)

Orders can be picked up or delivery can be arranged. Orders must be received by November 23. Pickup will be at 1600 West Colfax Avenue on December 12. Details will be provided later. To order, bring this completed form with checks or cash to the club meeting or mail this form along with checks to: Amy Weed, 1535 Newport St., Denver, CO 80220. Please make checks out to: Denver Mile High Rotary Foundation. Credit card orders can be made at club meetings or online (<https://dmhr-105472.square.site/>). For additional questions, contact Tom Giordano ([giordant@comcast.net](mailto:giordant@comcast.net)) or Amy Weed ([aeweet7@yahoo.com](mailto:aeweet7@yahoo.com)).

Name	email	Rotarian Name







## DMHR Club Activity Details

### **Military Holiday Cards November 4 Club Activity Additional information**

For general information regarding this project, [please click here](#) or go to <https://www.forthetroops.org>. See below for quick guidelines for writing our American heroes.

Rotarians participating at home have two ways to send greetings to our troops.

- 1.) You may write cards at home and mail them yourselves, or
- 2.) you may e-mail a greeting by [clicking here](#).

Address your packet of cards to "For the Troops", PO Box 12, Simi Valley, CA 93062

E-mail to [USA@ForTheTroops.org](mailto:USA@ForTheTroops.org) Website: [www.ForTheTroops.org](http://www.ForTheTroops.org) Phone: 805-306-0830

### **Guidelines for writing to our U.S. Troops**

You can send your thanks, encouragement, or even make a difference in the life of a U.S. Serviceperson by writing a letter, signing a greeting card or coloring a picture for one of America's brave heroes. Our troops love hearing from supporters back home. Please follow these guidelines to maintain security, privacy, safety and appropriateness:

- 1.) Address the letter to Freedom Fighter or American Hero.
- 2.) Letters should be uplifting and positive—kids can write about pets, sports, school subjects or activities they like; questions about the weather/landscape/area where The Troops are serving are perfectly acceptable.
- 3.) Thank the freedom fighter/American hero for protecting our country and our freedoms. If time permits, The Troops enjoy responding with their own messages—please provide a mailing or email address with every letter/card/picture delivered to For The Troops.
- 4.) Send letters to:  
For The Troops  
P.O. Box 12  
Simi Valley, CA 93062.

Thank you!

We encourage you and/or your organization to continue corresponding with our American heroes *even beyond the holidays*.





## District 5450 News

**Wanted: A Past Club President looking for a challenging, rewarding leadership position....**  
to help inspire Rotarians to do great things! Rotary District 5450 is accepting nominations  
for our 2023-2024 District Governor.

Any past club president who is a member in good standing of his/her club and has been a member of Rotary for at least seven years when he/she would become District Governor (July 1, 2023), may be nominated. Submit nominations for District Governor directly to the Chair of the DG Nominating Committee, Past District Governor Curt Harris at [DGCurt2019.20@Rotary5450.org](mailto:DGCurt2019.20@Rotary5450.org). Applications must be submitted by January 31, 2021.

The nominations will be reviewed, and selected candidates will be notified. PDG Curt Harris and his selected team will interview candidates in February 2021. [Click here for more details](#) and to find the nomination form.

Bob Kemp     Rotary Club of Denver Mile High     District 5450 Governor 2020-21     [DGBob2020.21@gmail.com](mailto:DGBob2020.21@gmail.com)



[Click here](#) for the link to the **October** District 5450 home page where you can see the district calendar, other club activities, etc.  
A link to the November District newsletter is not available yet.

At last count, the DMHR Club raised \$378 during the Polio Plus month, which is October! Thank you all!



### Register now for these great events!

All times listed are Mountain Time US.

#### Let's Talk...Some More with Randy Butler

Thursday, November 5 | 6:30 to 7:30 pm MST  
Registration closes at midnight Nov. 5!

#### Alternative Membership Options & Satellite Clubs -

Tuesday, Nov. 10 | 7:00 to 8:00 pm MST

#### Ethics of the 4-Way Test

Tuesday, Dec. 1 | 7:00 to 8:00 pm MST

#### Tolerance, Diversity & Cultural Understanding with Meme Kinoti

Thursday, December 3 | 6:30 to 7:30 pm MST

#### Membership Panel Discussion (Satellites, Alumni, Engagement)

Tuesday, Jan. 5 | 7:00 to 8:00 pm MST

#### Strategies for Developing RI Leads

Tuesday, Jan. 26 | 7:00 to 8:00 pm MST



Holger Knaack  
2020-2021  
RI President

Find registration and descriptions for all events on the District website at [www.rotary5450.org](http://www.rotary5450.org).  
**You do not need to log in to register for events.**

Beverly Mendel  
District Operations Manager     303-477-0654     [office@rotary5450.org](mailto:office@rotary5450.org)



## Warriors on Cataract Review

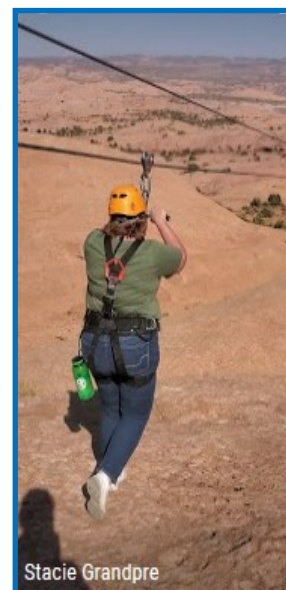


River  
was  
low  
this  
year...  
←



130 Mohawk Drive  
Boulder, CO 80303-3648  
303.818.7600  
[www.WarriorsOnCataract.org](http://www.WarriorsOnCataract.org)  
Facebook: Warriors on Cataract  
Instagram WarriorsOnCataract

*We owe much to those who served and defended our Nation at great personal cost*



**Warriors on Cataract** thank Denver Mile High Rotary for the annual contributions which allow for physical adventure, emotional healing, and military fellowship while rafting down and camping along the Colorado River through Cataract Canyon. Mishaps include flipped rafts, tossed rafters, and broken props, but all go away happy!

Our U.S. military veterans are a band of brothers and sisters who need each other because they have witnessed and experienced so much that others have not. Their shared experiences have not only wounded them but also bonded them, and their Warriors on Cataract Rafting experience helps to heal them.





## DMHR - The last word

### Donate to the DMHR Foundation Painlessly

**Melanie Gentz** had a great idea regarding **raising money for the DMHR Foundation**.

If you have items cluttering up your home, she suggests selling them online and donating the funds to the DMHR Foundation. Melanie can give instructions on how to do this or she has offered to help sell the items online. Please contact Melanie if you would like help selling your items.



**Noreen Kelesian** has a real affinity for Halloween and made her final scary couple this past week! See past issues for photos of other characters and Halloween décor Noreen designed. Way to go Noreen!

**Geoff Noble** had fun making a unicorn chute to distribute candy and to keep trick-or-treaters safe!



### Metro Caring Scoop Troop Update

**Robin Springer** will set up a recurring day and shift for the Denver Mile High Rotary Club to volunteer to re-bag 50 lb food bags into 2 lb bags for the Metro Caring food bank. We will be volunteering as a club and it is important that we make an ongoing weekly commitment. If you cannot volunteer every week, please partner with someone who can alternate weeks with you.

**Morning shifts:** 9:00a-12:30p (includes break and cleanup)

**Afternoon shifts:** 1:00p-4:30p (includes break and cleanup)

**The available times/shifts include:** 2nd Thursday of the month: morning **OR** afternoon shift;  
2nd Saturday of the month: afternoon shift

[Click here](#) to e-mail Robin with your preference. Thank you! Robin will set up our club on the day that is most popular.

**Directions to the scooping warehouse:** From Colorado Blvd., go East on 40th, the road curves and becomes Smith Rd., the warehouse is approximately 1/3 of a mile down the road. Make a right on Forest St., the warehouse is about 1/2 block down on your left. FYI: Semi-trailers may block the entrance to the gate.

Enter on the west side of Forest.

**Please wear a mask.**

[Read the latest from Metro Caring.](#)





## DMHR Year-At-A-Glance Calendar

<b>JANUARY</b> Write Valentine Cards for Seniors Mini-Dinner Fundraiser  Rotary Awareness Month	<b>FEBRUARY</b> Craig Hospital Dinner New Member Orientation  World Awareness Month	<b>MARCH</b> Mini-Dinner Fundraiser  Literacy Month
<b>APRIL</b> Mile High Spring Swing  RI Magazine Month	<b>MAY</b> Craig Hospital Dinner RYLA Interviews  Promote International Convention Mth	<b>JUNE</b> River Rafting  Rotary Fellowship Month
<b>JULY</b> Inner City Kids Hike/Rotary Peak RYLA Camp  Literacy Month & New Rotary Year	<b>AUGUST</b> School Supplies Drive Past President's Party  Membership and Extensions Month	<b>SEPTEMBER</b> Mini-Dinner Fundraiser New Member Orientation  New Generations Month
<b>OCTOBER</b> 9 Health Fair & Craig Hospital Dinner World Polio Day Event <a href="#">Economic &amp; Community Development</a> Month Vocational Service Month	<b>NOVEMBER</b> Write Holiday Cards for Active and Deployed Military Citrus Fundraiser  Rotary Foundation Month	<b>DECEMBER</b> Holiday Party Toy Drive  Family Month

## DMHR Admin Information

### Club Dues and Foundation Donations

**DMHR Dues:** Carolyn Schrader, Interim Treasurer — schrader407@gmail.com — Thank you!

**Please make out dues checks to *Rotary Club of Denver Mile High***

- **Mail** a check to the Tom Cella (Sargent at Arms) 1739 Forest Parkway, Denver CO 80220
- **Bring** a check to a Club meeting and give it to Tom Cella or Carolyn Schrader, or
- **Pay by credit card** - [Click here](#) or use the following link  
<https://rotary-club-of-denver-mile-high.square.site/>

**DMHR Foundation:** c/o Tom Giordano — 303-263-5091 — Thank you!

**Please make out contribution checks to:**

***Rotary Club of Denver Mile High Foundation* or *DMHR Foundation***

- Hand to Tom Giordano at a meeting or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224
- **Or... [please click here](#) to go directly to our secure online donation site.**  
You may make a one time donation or set up automatic monthly donations.



## Contributions to DMHR Foundation

### *2020 - 2021 Individual Donors*

*Giving Generously  
For the  
Greater Good*

Pat Gorman-Barry	Carolyn Nobel	Tony Vaida
Tom Cella	Annely Noble	Mary Walta
Melanie Gentz	Adams Price	Marty Waters
Tom Giordano	Chuck Rudolph	Ronnie Weiss
Tom Gregory	Roberta Simonton	Sonny Wiegand
Bob Kemp	Robin Springer	<i>Room for more, will it be you?</i>
Diane Messamore	Michael Tapp	<i>Or you?</i>
Constance Mortell	Ann Tull	<i>Or who?</i>



### *2020-2021*

*Corporate  
Generosity*

*Cor-*



*Corporate Sponsors*