

President's Column:

October 16, 2018

Denver Mile High
Rotary
Club



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www.denvermilehigh.org

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Hi everyone,

Welcome to winter in the Rockies, even if just for a day.

I thought the meeting last week with Steve Spangler was extraordinary—almost the best program ever. Wasn't he amazing?

I had the pleasure of brunch Sunday with my granddaughter, a sophomore at DU. Whoever said grandchildren were the best knew what he/she was talking about. What a joy to gain some insight into another generation.

I am sorry to announce that Michele Ashby has resigned due to business constraints and care for her father. We will miss her and her love of Zambia.

Don't forget Local and World Community Service Committee meetings this month, as well as the Craig Hospital dinner. Please check the calendar on the DMHR website for details.

Carolyn



Denver Mile High Rotary Upcoming Programs

October 17th – Greg Aden, a business consultant and leadership coach, will be our speaker. We all learn in different ways and lead according to beliefs we learned along the way. One irrefutable approach is to compare what is not serving you and others and a comparable to what is good for self, team and organization. Greg will walk through a group of leadership distinctions that he has been coaching with for years.

October 24th – Nancy Gaines of Gain Advantages, Inc., will join us to share how to grow your business with free, national media attention. Help a Reporter (aka HARO) is a tool that connects sources with reporters from magazines, TV, and radio. If the reporter likes your submission, you and your company will be featured in their story - which often leads to new business. Nancy will share why HARO must be part of your marketing strategy, how to stand out so you are selected by reporters, and how to avoid rookie mistakes that get you on the media blacklist. Discover how just one email can increase the exposure of your business - for free!

10/31 - Cari Frank, MBA, VP of Communication and Marketing for the Center for Improving Value in Health Care (CIVHC) is an objective, not-for-profit organization whose mission is to support organizations, communities and individuals working to improve care, improve health and lower health care costs. CIVHC provides information and collaboration opportunities to create knowledge that improves the lives of Coloradans. Publicly available information from the CO All Payer Claims Database helps patients and families make informed health care decisions to find the highest quality care at the lowest price



October Birthdays

October 6th - **Scott Smeester**
October 7th - **Carolyn Nobel**
October 8th - **Kevin Gallaway**
October 15th—**Alessandro Eichstaedt**
October 25th - **Heidi Resetarits**

*If you would like your birthday listed be sure to update your membership info so we can wish you Happy Birthday!



Weekly Inspirators, Greeters & Hosts

October 17th

Inspiration - **Bob Kemp**

Greeters - **Audrey Leavitt and Kevin LeVezu**

Host - **Jeff McAnallen**

October 24th

Inspiration - **Tom Giordano**

Greeters - **Constance Mortell and Lawrence Mundy**

Host - **Carolyn Nobel**

October 31st

Inspiration - **Diane Messamore**

Greeters - **Alex Orkow and Karl Paulson**

Host - **Adams Price**

November 7th

Inspiration - **Kaili Purviance**

Greeters - **Heidi Resetarits and Chuck Rudolph**

Host - **Linda Sue Shirkey**

November 14th

Inspiration - **Roberta Simonton**

Greeters - **Vass Sirpolaidis and Scott Smeester**

Host - **Betty Speir**

November 21st



Denver Mile High Rotary Calendar

Be sure to check the calendar online for all events (meetings, happy hours, committee meetings)

<http://denvermilehigh.org/Events/Calendar>

October 16th - World Community Service Committee meeting—@5:00 at - Carolyn Noble's office at Leonard Rice Engineers located at 1221 Aurora Pkwy. Call in Number is 1-877-255-41421. No passcode required.

October 20th - Mary Walta and Linda Sue Shirkey are hosting the Fall mini dinner. The proceeds from the dinner will be donated to the Denver Mile High Foundation. **Please RSVP to Linda Sue.**

October 23rd - Local Community Service Meeting

October 24th - World Polio Day - <https://www.youtube.com/watch?v=obRI8Hm93uI&feature=youtu.be>

October 25th - World Polio Day Fundraiser 5p - 7p - \$20 and a bottle of wine/or appetizer.
Location The Acoma - 816 Acoma, Denver

Nov. 10 - Membership Workshop

Nov. 10 - Foundation Workshop



Do Business with Fellow Rotarians!

[Click Here on the Photo to Access the 2018 Rotary Business Directory](#)



Rotary 
Club of Denver Mile High

Holiday Citrus Fruit

20lb gift boxes of fresh ruby red grapefruits and fresh navel oranges straight from the Rio Grande valley in Texas. The perfect gift for clients, friends and family! To top it off, proceeds from these gifts go to projects serving the Denver and global communities via Denver Mile High Rotary. A fantastic way to give twice!

There are three choices of box:

20lbs Red Ruby Grapefruit (16 to 24 per box)

20lbs Navel Oranges (36 to 50 per box)

20lbs mix of Red Ruby Grapefruit and Navel Oranges.

Each box is \$32. Orders can be picked up downtown or delivery can be arranged. They will arrive in early December. Payments in advance for boxes go to Denver Mile High Rotary (DMHR) Foundation.

All proceeds of the sale go to projects in Denver, including:

9Health Fair

Rotary Youth Leadership Awards (RYLA)

Veterans Honor Flight

Warriors on Cataract

Outdoor activities for low-income kids

Mental Health Awareness

Food for Thought Program



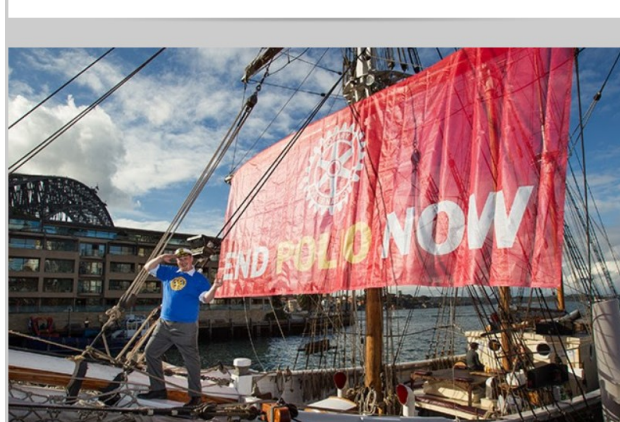
To Order:

Name:			
Address:			
	Box Count	Cost Per Box	Extended Cost
Grapefruit only		X \$32 =	
Navel Orange Only		X \$32 =	
Grapefruit/Navel Orange mix		X \$32 =	
Total Order			

To order on line, go to <https://squareup.com/store/dmhr>

_____ *Cut Here; Receipt Below is for Buyer*

Rotarian Name				
Rotarian Contact (email or phone)				
Amount Due		Amount Paid		
Boxes Ordered	Grapefruit	Oranges	Mixed	Total



Are you ready to celebrate?

World Polio Day, 24 October, is just a few weeks away.

Denver Mile High Rotary will be participating by Hosting a **World Polio Day** Happy Hour on October 25th, 2018 from 5pm to 7pm at the Acoma. You should have received an invitation, please RSVP so Brad know how many to expect.

endpolio.org.

Oct 25, 2018

5 - 7pm

The Acoma - 816 Acoma (Hosted by Brad Thompson)

Audrey Leavett will have items for auction!! (see photos)

Bring a \$20 donation to the Polio Plus Campaign and a bottle of wine **or** an appetizer. Join us to connect with friends from Rotary and to raise funds for a great cause!

In the U.S., the Rotary Clubs of Evanston and Evanston Lighthouse are screening Rotary's latest virtual reality film, [Two Drops of Patience](#), at their event so attendees can experience what it's like to immunize children against polio.

In Indonesia, the Rotary Club of Bandung Selatan is hosting a walk to raise awareness about the need to eradicate polio.

In the Bahamas, the Rotary Club of Nassau is hosting a livestream viewing party and fundraising event, with all proceeds going to End Polio Now.

This year we're encouraging all 35,000 Rotary clubs to create an event and promote it at endpolio.org. [Join the celebration.](#)



FAMILY OF ROTARY



Chris Wong joined DMHR when he was single and moved to Denver from Dallas. He had met Sandy, his future bride, at a company training course and they married and moved to Genesee in the Spring of 2014. Today, they are the proud parents of three-and-a-half - year-old Jake and 9-months-old Isla.

Last July the family took a trip to Croatia with Sandy's sister and her family. They traveled from Zagreb to Sandy's great grandfather's farm near Divosevci, on to Sarajevo, then to Dubrovnik, Hvar, and Murter.

Their joy is evident from that attached pictures of Chris holding Isla and other pictures of their beautiful family. Chris has great pictures of the children on his phone, so if you need a "feel good" moment, ask to see them.

Picture of Chris holding Isla

Picture of Chris with Isla and Sandy with Jake on her shoulders on a street in Sarajevo

Picture of Sandy holding Jake and Chris holding Isla in market with red umbrellas



+++++

Chuck Rudolph graciously hosts fishing trips at his condominium along the Roaring Fork in Carbondale, and often uses them to raise money for Rotary global projects. Chuck, Dan, Adams and Tom Gregory recently got together and shared pictures of the gathering.

The "catch and release" event was competitive, and Adams won the prize – more Scotch to drink. Dan prepared a hearty chicken and potatoes dinner on Saturday, and Chuck made breakfasts. No longer able to stay up late drinking, they hit the bunks when everyone started to nod off. Still, they did well considering that both Tom and Dan are recovering from hip surgeries. Perhaps the Scotch helped?



You Are Invited: The Opioid Abuse Epidemic-- Panel Discussion at McAulliffe High 10/19/18

The Opioid Epidemic

LET'S TALK ABOUT IT...

Learn about the epidemic of Opioid Abuse in our community

- understand the issue and how it effects our children
- recognize the signs
- learn how you can help with prevention and recovery

MONDAY, OCT 29th 6:30-8:00pm

McAuliffe International School - 2540 Holly Street

Panel discussion with:

- Dr. Rob Valuck, Colorado Consortium for the Prevention of Prescription Drug Abuse
- Suzi Stolte, The JP Opioid Interaction Awareness Alliance
- Michael Miller, Young People in Recovery
- Video and handout from SAFE Project

Generously sponsored by Cherry Creek Rotary Club

Open to the public, free of charge

Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to
Tom Giordano
7271 East Wesley Avenue
Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

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