

## President's Column:

October 23, 2018

Denver Mile High  
**Rotary**  
Club

### High Rotary on the Web:

[www.denvermilehigh.org](http://www.denvermilehigh.org)

[Denver Mile High Rotary on Facebook](#)

[Denver Mile High Rotary on LinkedIn](#)

[Denver Mile high Rotary on Instagram](#)

[Rotary District 5450 Website](#)

[Rotary International Website](#)

### Inside this issue:

Upcoming Programs **2**

Inspirators, Greeters, Hosts **3**

DMHR Calendar **4**

Sponsors **6**

Hi everyone,

There is so much going on this week. Tuesday afternoon there will be a Local Community Service Committee meeting—contact Greg Thielen for more information.

Wednesday is World Polio Day and we will have an update on the current status of Rotary's End Polio Now Campaign. We will follow that up with a Happy Hour Thursday from 5pm to 7pm at 816 Acoma, hosted by Brad Thompson. Bring a \$20 donation to the Polio Plus Campaign and a bottle of wine or an appetizer.

We will be inducting Charlene Porter at the meeting Wednesday—Charlene's dad was a member until he passed away. Welcome Charlene.

The dinner that Mary Walta and Linda Sue Shirkey put on Sunday night was a great event, full of fellowship and also fundraising for our Club's service projects.

I want to give special recognition to Pat Gorman Barry for her amazing job of collecting stories about our Club members. Kudos Pat.

The stories are just wonderful.

Paul and I will be leaving Friday for Italy, staying in our house in Le Marche, on the eastern side of Italy, close to the Adriatic. Scott Smeester has agreed to host the Club meetings for the next two Wednesdays. Be kind.

Have a great week.  
Carolyn

End Polio Now  
Happy Hour  
Fundraiser  
Thursday, Oct 25, 2018  
5-7pm  
1029 E 8th Ave #408

Location has been changed for the Happy Hour Fundraiser on Thursday, Brad's mother has fallen and broke her pelvis, so Brand and Amanda are on their way to Iowa.



Volunteers at Craig Hospital last week

When you arrive at the Park Place Towers—Buzz Melanie Gentz on the call box. Head to the 4th floor ~ #408

## Denver Mile High Rotary Upcoming Programs

October 24th – Nancy Gaines of Gain Advantages, Inc., will join us to share how to grow your business with free, national media attention. Help a Reporter (aka HARO) is a tool that connects sources with reporters from magazines, TV, and radio. If the reporter likes your submission, you and your company will be featured in their story - which often leads to new business. Nancy will share why HARO must be part of your marketing strategy, how to stand out so you are selected by reporters, and how to avoid rookie mistakes that get you on the media blacklist. Discover how just one email can increase the exposure of your business - for free!

10/31 - Cari Frank, MBA, VP of Communication and Marketing for the Center for Improving Value in Health Care (CIVHC) is an objective, not-for-profit organization whose mission is to support organizations, communities and individuals working to improve care, improve health and lower health care costs. CIVHC provides information and collaboration opportunities to create knowledge that improves the lives of Coloradans. Publicly available information from the CO All Payer Claims Database helps patients and families make informed health care decisions to find the highest quality care at the lowest price



### October Birthdays

October 6th - **Scott Smeester**  
October 7th - **Carolyn Nobel**  
October 8th - **Kevin Gallaway**  
October 15th—**Alessandro Eichstaedt**  
October 25th - **Heidi Resetarits**

\*If you would like your birthday listed be sure to update your membership info so we can wish you Happy Birthday!



## Weekly Inspirators, Greeters & Hosts

### October 24th

Inspiration - **Tom Giordano**  
 Greeters - **Constance Mortell and Lawrence Mundy**  
 Host - **Carolyn Nobel**



### October 31st

Inspiration - **Diane Messamore**  
 Greeters - **Alex Orkow and Karl Paulson**  
 Host - **Adams Price**

### November 7th

Inspiration - **Kaili Purviance**  
 Greeters - **Heidi Resetarits and Chuck Rudolph**  
 Host - **Linda Sue Shirkey**

### November 14th

Inspiration - **Roberta Simonton**  
 Greeters - **Vass Sirpolaidis and Scott Smeester**  
 Host - **Betty Speir**

### November 21st

Inspiration - **Robin Springer**  
 Greeters - **Michael Tapp and Greg Thielen**  
 Host - **Anson Thompson**



# Denver Mile High Rotary Calendar

Be sure to check the calendar online for all events (meetings, happy hours, committee meetings)

<http://denvermilehigh.org/Events/Calendar>

**October 23rd** - The Local Community Service Committee will meet at 5:00 p.m. at Michael Tapp's office (10th floor of the Wells Fargo building). Call in number is 1-888-549-3557, passcode 8636752.

**October 24th** - World Polio Day - <https://www.youtube.com/watch?v=obRI8Hm93uI&feature=youtu.be>

**October 25th - World Polio Day Fundraiser** 5p - 7p - \$20 and a bottle of wine(or six pack of beer)/or appetizer. Park Place Towers - 1029 E 8th Ave. #408, Denver—When you arrive, please find Melanie Gentz on the key pad, buzz up, come to the 4th floor. #408

## **FOUNDATION WORKSHOP**

*(the agenda will be tailored to the knowledge level and interests of participants)*

Saturday, November 10 - 8:30 to Noon  
Red Rocks Community College

[REGISTER NOW](#)

## **MEMBERSHIP WORKSHOP**

Saturday, November 10 - 8:30 to Noon  
Red Rocks Community College

[REGISTER NOW](#)

## **ROTARY LEADERSHIP/LEARNING INSTITUTE (RLI)**

Saturday, December 1 - 8:00 to 3:00  
Red Rocks Community College

*RLI Flyer is attached*

[REGISTER NOW](#)

## **STATE OF THE STATE LUNCHEON & MENTAL HEALTH SYMPOSIUM**

Thursday, December 13  
Marriott Denver Tech Center  
*Save the Date Flyer Attached*



# Holiday Citrus Fruit

20lb gift boxes of fresh ruby red grapefruits and fresh navel oranges straight from the Rio Grande valley in Texas. The perfect gift for clients, friends and family! To top it off, proceeds from these gifts go to projects serving the Denver and global communities via Denver Mile High Rotary. A fantastic way to give twice!

There are three choices of box:

20lbs Red Ruby Grapefruit (16 to 24 per box)

20lbs Navel Oranges (36 to 50 per box)

20lbs mix of Red Ruby Grapefruit and Navel Oranges.

Each box is \$32. Orders can be picked up downtown or delivery can be arranged. They will arrive in early December. Payments in advance for boxes go to Denver Mile High Rotary (DMHR) Foundation.

All proceeds of the sale go to projects in Denver, including:

9Health Fair

Rotary Youth Leadership Awards (RYLA)

Veterans Honor Flight

Warriors on Cataract

Outdoor activities for low-income kids

Mental Health Awareness

Food for Thought Program



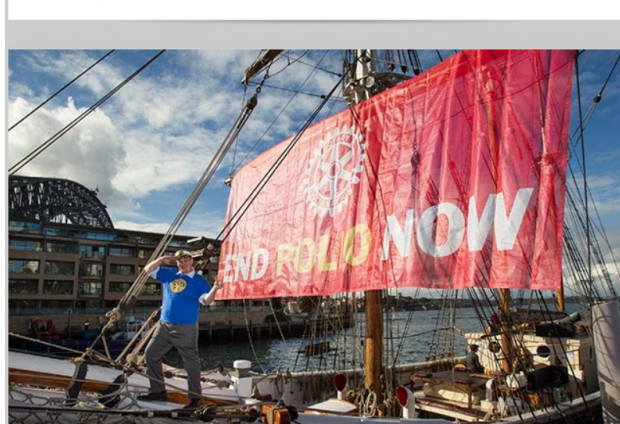
To Order:

Name:			
Address:			
	Box Count	Cost Per Box	Extended Cost
Grapefruit only		X \$32 =	
Navel Orange Only		X \$32 =	
Grapefruit/Navel Orange mix		X \$32 =	
<b>Total Order</b>			

To order on line, go to <https://squareup.com/store/dmhr>

\_\_\_\_\_ *Cut Here; Receipt Below is for Buyer*

Rotarian Name				
Rotarian Contact (email or phone)				
Amount Due		Amount Paid		
Boxes Ordered	Grapefruit	Oranges	Mixed	Total



## Are you ready to celebrate?

World Polio Day, 24 October, is just a few weeks away.

Denver Mile High Rotary will be participating by Hosting a **World Polio Day** Happy Hour on October 25th, 2018 from 5pm to 7pm at the Park Place Towers. You should have received an invitation, please RSVP so Melanie knows how many to expect.

[endpolio.org](http://endpolio.org).

Oct 25, 2018

5 - 7pm

Park Place Towers—1029 E. 8th Ave #408 (Hosted by Melanie Gentz)

Location has been changed, Brad's mother has fallen and broke her pelvis, so Brand and Amanada are on their way to Iowa

Audrey Leavett will have items for auction!! (see photos)

Bring a \$20 donation to the Polio Plus Campaign and a bottle of wine **or** an appetizer. Join us to connect with friends from Rotary and to raise funds for a great cause!

In the U.S., the Rotary Clubs of Evanston and Evanston Lighthouse are screening Rotary's latest virtual reality film, [Two Drops of Patience](#), at their event so attendees can experience what it's like to immunize children against polio.

In Indonesia, the Rotary Club of Bandung Selatan is hosting a walk to raise awareness about the need to eradicate polio.

In the Bahamas, the Rotary Club of Nassau is hosting a livestream viewing party and fundraising event, with all proceeds going to End Polio Now.

This year we're encouraging all 35,000 Rotary clubs to create an event and promote it at [endpolio.org](http://endpolio.org). [Join the celebration.](#)



# FAMILY OF ROTARY

DMHR held an off-site meeting at the Elliot Street Café, the culinary arts restaurant that is one of many certified career programs CEC offers high school students. CEC's Interactors were unable to join us because of testing conflict, which was disappointing because **Adams Price** arranged to have STEM Educator and Entertainer Steve Spangler present. Steve's performance was extraordinary, and he appears regularly feature on the Ellen DeGeneres show. Pre-schoolers from CEC's onsite child care attended and watched with rapt attention. Steve Spangler gave all children in an Energy Stick, fun devices that allow them to conduct electricity with their bodies. Also, in attendance were the following children and grandchildren of DMHR members.



**Karl and Kelley Marie Paulson** are parents extraordinaire. With five children ranging in age from 15 months to 11, Karl brought Christian (11), Vivi (9) and Callister (5) to the 7:15a.m.



DMHR meeting at CEC featuring Steve Spangler presenting entertaining STEM experiments. The children attend the STEM Highlands Ranch school and learned some fun tricks to show their classmates. This was Christian's second visit to DMHR, as a few years ago, he accompanied his dad to watch jets take off on the tarmac at Buckley Air Base. (Geoff's daughter, Kinder, arranged the DMHR Buckley visit!)



**Goeff and Annely Noble** also attended the Spangler presentation with their three grandsons, children of their daughter Kinder, and her husband, Steven Blacke. Strategic planning was involved in getting the boys from Parker to CEC in North Denver. The effort was worth it, as the boys were thrilled by the educational and entertaining presentation. The boys, Reggie (age 10), Rawley, (8) and Bolt (6) attend Pine Ridge Elementary School. Grandfather Goeff says their "take away" skill from the presentation was learning to create the sound of a bone breaking by hiding a plastic cup under their arms. We know that the Blacke and Paulson children have already shocked their family and friends with their suddenly broken bones!





# **You Are Invited: The Opioid Abuse Epidemic-- Panel Discussion at McAulliffe High 10/29/18**

## **The Opioid Epidemic**

LET'S TALK ABOUT IT...

Learn about the epidemic of Opioid Abuse in our community

- understand the issue and how it effects our children
- recognize the signs
- learn how you can help with prevention and recovery

**MONDAY, OCT 29th 6:30-8:00pm**

**McAuliffe International School - 2540 Holly Street**

Panel discussion with:

- Dr. Rob Valuck, Colorado Consortium for the Prevention of Prescription Drug Abuse
- Suzi Stolte, The JP Opioid Interaction Awareness Alliance
- Michael Miller, Young People in Recovery
- Video and handout from SAFE Project

Generously sponsored by Cherry Creek Rotary Club

Open to the public, free of charge



## Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to  
Tom Giordano  
7271 East Wesley Avenue  
Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

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ANN TULL

TOM CELLA  
TOM GREGORY  
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