



President's Column:

October 30, 2018



High Rotary on the Web:

www.denvermilehigh.org

<u>Denver Mile High Rotary on</u> <u>Facebook</u>

<u>Denver Mile High Rotary on</u> <u>LinkedIn</u>

Denver Mile high Rotary on Instagram

Rotary District 5450 Website

Rotary International Website

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A SPECIAL THANKS to Melanie and Audrey for

organizing the End Polio Now event. there was a great turnout and we collected almost \$900 for RI's Polio campaign.



from the world, and we will be following the elections on the internet in early November. Thanks Scott for taking over while I'm gone. I'm sure he will do a great job.



Last Tuesday there was a Local Community Service meeting to discuss and approve local service projects. There are at least 10 different projects that you can choose to participate in. Thanks to all the champions of these activities. These are the one of the things that makes this Club so great.

These next two weeks, Paul and I will be in Italy on our fall trip to Petritoli, in the Marche region of Italy, close to the Adriatic Sea. It is beautiful and incredibly peaceful. We go to the market, cook, drink wine and relax while we are here. We support our local bar and restaurants. We are not completely disconnected

And don't forget the Citrus Sales. The funds we raise are what support our Local and World Community Services Committees. A special thanks to Robin for being our lead sales person so far this year.

See you in a couple of weeks. Carolyn









FAMILY OF ROTARY

Hanging Out with Big Brother



Big brothers can often be endearing, and Melanie Gentz's older brother, Travis, earned bonus points when he scored an extra ticket to the 2018 Rocky Mountain Navy Ball and invited her as his guest. Commander Gentz's distinguished career includes a Masters in Solar Energy, Engineering, and Commercialization, service on the USS Tucson and two Navy Marine Corps Achievement medals, and assignments involving large-scale solar power installations, STEM, Counter Improvised Explosive Devices, Solar technology, Undersea Warfare Operations, and Warfare Watch Commander.

Invitations are coveted to the

black tie event, and Melanie was stunning in her LBD. No word on how her brother managed to keep his cool with the attention she received, but my guess is that he gladly gave her the spotlight.



Moons and Tunes River Raft Trip

When **Linda Sue Shirkey** isn't raising money for Rotary by co-hosting minidinners, recruiting for RYLA and Young RYLA, organizing community projects

like the 9 Health Fair, or serving on DMHR global projects, she has fun with her friends. This summer, she was able to participate in the annual "Moons and Tunes," five-day river raft trip that has been organized for twenty years by her friends. She joyously talked about the fun she had, from the trip's start at Green River, Utah on seven rafts with guides,

to its end at Lake Powell. Activities ranged from running rapids to taking hikes, and observing petroglyphs to get-



ting geology lessons. The excellent meals were eaten in amazing settings, and moonlit nights were accompanied by music, including Scottish songs and dancing. This was the first time she was able to go on the trip, and she hopes to do it again.

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Denver Mile High Rotary Upcoming Programs

10/31 - Maria de Jesus Diaz-Perez, Ph.D., Director of Public Reporting

As Director of Public Reporting, Maria is responsible for advancing CIVHC's capabilities in reporting health care quality measures to health care providers, consumers, and other stakeholders. Prior to joining CIVHC, Maria managed data reporting and analysis from Electronic Health Records for a Federally Qualified Health Center System, producing measures to inform operations, clinical quality outcomes, performance improvement, program implementation, and evaluation. Maria has a doctoral degree in Health and Behavioral Sciences from the University of Colorado and a Master in Social Psychology from the National Autonomous University in Mexico City.

November 7th - TBA

November 14th - TBA

November 21st - Dark, no meeting, Happy Thanksgiving



November Birthdays

October 6th - **Scott Smeester** October 7th - **Carolyn Nobel**

*If you would like your birthday listed be sure to update your membership info so we can wish you Happy Birthday!



Weekly Inspirators, Greeters & Hosts

October 31st

Inspiration - Diane Messamore
Greeters - Alex Orkow and Karl
Paulson
Host - Adams Price



November 7th

Inspiration - Kaili Purviance
Greeters - Heidi Resetarits and Chuck Rudolph
Host - Linda Sue Shirkey

November 14th

Inspiration - Roberta Simonton
Greeters - Vass Sirpolaidis and Scott Smeester
Host - Betty Speir





Denver Mile High Rotary Calendar

Be sure to check the calendar online for all events (meetings, happy hours, committee meetings)

http://denvermilehigh.org/Events/Calendar

Planning Calls for the Spring Fling event will be 1st and 15th of every month from 8 a.m. to 8:30 a.m. If you are interested in helping, please join in on the planning calls.

Download the software to your computer or mobile device.

Log into www.zoom.us or download the software to your computer or app on your mobile phone before the call!

Then you click to JOIN the call at 720-219-8737.

Click the video camera icon so we can see your bright and shining faces...or keep it off if

you are just rolling out of bed and would rather not be seen!



April 13th - Denver Mile High Rotary Spring Swing

FOUNDATION WORKSHOP

(the agenda will be tailored to the knowledge level and interests of participants)
Saturday, November 10 - 8:30 to Noon
Red Rocks Community College
REGISTER NOW

MEMBERSHIP WORKSHOP

Saturday, November 10 - 8:30 to Noon Red Rocks Community College REGISTER NOW

ROTARY LEADERSHIP/LEARNING INSTITUTE (RLI)

Saturday, December 1 - 8:00 to 3:00 Red Rocks Community College RLI Flyer is attached REGISTER NOW

STATE OF THE STATE LUNCHEON & MENTAL HEALTH SYMPOSIUM

Thursday, December 13 Marriott Denver Tech Center Save the Date Flyer Attached



Holiday Citrus Fruit

20lb gift boxes of fresh ruby red grapefruits and fresh navel oranges straight from the Rio Grande valley in Texas. The perfect gift for clients, friends and family! To top it off, proceeds from these gifts go to projects serving the Denver and global communities via Denver Mile High Rotary. A fantastic way to give twice!

There are three choices of box:

20lbs Red Ruby Grapefruit (16 to 24 per box)

20lbs Navel Oranges (36 to 50 per box)

20lbs mix of Red Ruby Grapefruit and Navel Oranges.

Each box is \$32. Orders can be picked up downtown or delivery can be arranged. They will arrive in early December. Payments in advance for boxes go to Denver Mile High Rotary (DMHR) Foundation.

All proceeds of the sale go to projects in Denver, including:

9Health Fair

Rotary Youth Leadership Awards (RYLA)

Veterans Honor Flight

Warriors on Cataract

Outdoor activities for low-income kids

Mental Health Awareness

Food for Thought Program

To Order:

Name:		-	
Address:			
	Box Count	Cost Per Box	Extended Cost
Grapefruit only		X \$32 =	
Navel Orange Only		X \$32 =	
Grapefruit/Navel Orange mix		X \$32 =	
Total Order			

To order on line, go to https://square	reup.com/store/dmhr
	Cut Here; Receipt Below is for Buy-

21					

Rotarian Name				
Rotarian Contact (email o	r phone)			
Amount Due		Amount Paid		
Boxes Ordered	Grapefruit	Oranges	Mixed	Total



"Wish-lists" for three of Bridge Hope's "survivor leaders."

These incredible individuals are survivors of human trafficking and now assist Jessa in supporting other victims across the Front Range. Below is a brief description from Jessa Crisp, Executive Director of Bridge Hope:

"I am helping to put together a 2 day retreat for 8 adult survivors of human trafficking in Colorado that do not have anyone else to shower love, compassion, and care on them even though they keep giving to other victims in across the Front Range as survivor leaders.

As part of the retreat, I have asked these survivors what their favorites are (e.g., like snacks, stores they like, magazines, scents they enjoy) and I was wondering if your Rotary club would like to "adopt" 2 or 3 of them to put together a basket off of their "favorites" list and write them notes of gratefulness for the work that they do?"

I have the specific lists from Jessa and in order to make sure the items are all accounted for, I will assign a specific item to anyone who is interested in participating. I am happy to work with each of you to make sure you are comfortable with the price range, but in general the items are gift cards, a few pieces of clothing, magazines, snack foods, etc.

This is completely voluntary, but if you are willing to purchase an item, please reply to me directly and we can work out the specifics. I will be collecting the items at the November 7th meeting, or can make other arrangements if you are not able to attend that morning. I will also bring cards to the meeting that day that we can fill out with our messages.

Thanks, Kevin

kgallaway@copera.org

Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to
Tom Giordano
7271 East Wesley Avenue
Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

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