



Oct 12, 2020



President's Column

Denver Mile High Rotary on the Web:

Denver Mile High Rotary

DMHR on Facebook

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DMHR on Instagram

Rotary District 5450

Rotary International

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Greetings Denver Mile Rotarians!

Oct 12, 2020

It's been a pretty quiet week for me. I have been getting a few loose ends tied up, packed a couple more boxes, got both of our cars tuned up in preparation for heading south at the end of the month. Our social calendar has been filling up as well, with coffees, lunches and dinners with many of our friends, too. It has been nice to see them and touch base with so many.

Joke of the week: (HALLOWEEN THEME THIS MONTH) Why didn't the skeleton go trick or treating? Because he had no-BODY to go with!

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

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So Long Soirée

for Brad and Amanda Thompson
October 27th from 5-7pm at north end of the lobby
Brad and Amanda's apartment building
816 Acoma St, Denver 80204

A-M Please bring a beverage to share N-Z Please bring an appetizer to share

Questions? Contact Betty Speir

No fears, Brad is continuing as DMHR's President, Zooming in long distance.

NOTE

<u>Please click here</u> for last week's <u>newsletter</u> and for more information on

- District Announcements
- Calendar-at-a-Glance.
- **DMHR Admin Info** for dues payments, etc.
- DMHR Foundation

Important info!

The Denver Mile High Rotary *Foundation* is looking for an individual to take the role of Foundation Treasurer beginning July 1, 2021. This would entail sitting on the board for a three-year position. The Foundation *Treasurer* position is a one-year commitment with hopes that the individual would continue the role beyond that year. It would be beneficial for the candidate to attend Foundation Board meetings as a guest prior to taking the Foundation Treasurer role on July 1, 2021. Please speak with the current Foundation Treasurer,

Tom Giordano (303-263-5091) for more information.





Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

https://zoom.us/j/317120546?pwd=ZjZKeGMyNEFQU2pTSXErZUpUa0Z3UT09

Meeting ID: 317 120 546 Password: DMHR2020

If you are participating via ZOOM, here's what you can expect:

- **7:00** Dial into the call and chat amongst yourselves, mute and unmute yourselves to mix and mingle.
- **7:15** Ding, Ding! Everyone mute. Brad will go live and call the meeting to order, announce guests, inspiration and pledge.
- **7:20** Brad will mute his phone to prevent audio feedback, all Zoom participants can unmute and chat amongst yourselves again. We will try to have some cameo appearances by our "in person" members, walk by, wave, and say hello via my computer with the audio on. We'll see if that works next week.
- 7:40 Everyone mute yourselves; the meeting announcements/presentation will begin.
- 3:25 Q&A
- 8:30 4 way test and end the meeting. Ding, Ding!

A word from your editor...

Dear fellow Rotarians,

Citrus Sales are upcoming. We could use some vitamin C in our lives, and so could our relatives, neighbors and friends! As well, our Denver Mile High Rotary Foundation could use an infusion of vitamin C, as in Cash, which is why we are selling oranges and grapefruit. Tom Giordano has formed a committee and will hand out order forms soon. Be the first to hand in your orders, and be the one with the most sales so you can be commended in public by the president! Stay tuned for details. All kidding aside, this will be our primary fundraiser this year so let's make it count! Solicit other clubs as well as your network of friends, neighbors and work relations. Whose kids sold you all that wrapping paper, candy bars, popcorn, Girl Scout cookies, pastries, Entertainment Coupon Books, flower bulbs, frozen cookie dough, etc.? Those folks are your first targets!

"Orange" you glad you read the word from the editor? Our club will do "grape" at selling; go out and be "fruitful"!

Believing in the power of Rotary to improve the world...together we can achieve...

Annely Noble

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The more you contribute to your Rotary Experience, the more you benefit from your Rotary experience. What are YOU contributing to Rotary?







Denver Mile High Rotary Calendar of Events

October 13 - DMHR Board meeting - 4-5pm Tuesday - Join Zoom meeting by clicking on the link that follows: https://us02web.zoom.us/j/89392319378?pwd=akZ5L0w2anM3Qk4rZUIFWENrOVQzUT09

October 14 - Frank Anello, Executive Director Project Worthmore, and Rebecca Thomas, Cherry Creek Rotary We will learn how Project Worthmore serves an international community of refugees in Colorado. In addition to their English program, Project Worthmore operates a dental clinic, a community farm and a food share program. Ms. Thomas will share how Cherry Creek Rotary is involved with this "worth"y cause.

October 17 - Adams and Holly Price's Mini-mini Dinner - ESPANOLA! OLÉ .

October 21 - Amanda Thompson will share how **Emotional Intelligence** (your EQ) helps you always and especially during times of crisis, how EQ can support yourself and others, and how to "read" those close to you.

October 24 - World Polio Day - Please listen to Bob Kemp's monthly message on this important topic.

October 24—Amy Weed and her beau Sabin's Mini-mini dinner - CIAO BELLA!

October 28 - Kip Otteson—Platte Canyon Yacht Club - How do you motivate a group of mountain high school students in a creative, innovative way? Enter them in a 70-mile ocean race and tell them they have to build their own boat. You won't believe the outcome!

November 1 - Margaret Van Vliet's Mini-mini Sunday Brunch - ALPEN STYLE!

November 4 - Street sweeping on Sherman, park on another street. Last month until April 2021 for sweeping.

November 4 - DMHR Club Activity - Writing cards to our deployed military. Time also available for a vocational talk.

November 11 - Heather Potters, Pharmajet - relays her story of discovering need and inventing the solution, specifically...Polio eradication!

November 18 - Sara Dawson (in person) - **Researching the History of Your Home.** Sara Dawson researches older homes to discover the historic significance of the people, place, architecture, and events that took place there to assist homeowners and associations applying for historic designations. What's in your home?

November 19 - DMH Rotary Foundation Board Meeting - 7:00am - Contact Tony Vaida for call-in information.

November 25 - CLUB DARK - THANKSGIVING.

December 2 - Parking on Sherman - No restrictions. Street sweeping runs April through November.

December 9 - Pem Dorjee Sherpa - From Everest ascents to a home in the US, to Projects Back in his native Nepal. Aside from his mountaineering achievements, Dorjee has worked on improving the quality of life in his home village of Chayangba. Dorjee has organized service projects such as dental, eye, and other health projects, as well as funding to build libraries, schools, and drinking water systems in his village and other remote villages in Nepal.

December 16 - Back in the Day - DMHR Rotarians' Childhood photos and memories; can you identify our members from their 10 year old or younger photos? Or from their stories? See next page for more information.





Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
October 14	Ted Hendryx	Alessandro Eichstaedt and Debra Flick	Melanie Gentz
October 21	Brian Good	Tom Giordano and Tom Gregory	Marcus Hanlon
October 28	Janine Kempfer	Dan Himelspach and Sarah Hite	Noreen Keleshian



Mental Wellness Tip of the Week

Compliment someone today.



Mental Wellness brought to you by **Diane Messamore**

October Birthdays

Oct 8 Kevin Gallaway
Oct 15 Alessandro Eichstaedt

Rotary Book Group is reading Girls Like Us by Cristina Alger.

Join the Rotary book club discussion on Oct 27 at 4:30 pm. Contact **Linda Sue Shirkey.**

December Project "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help between now and October. Janine Kempfer, one of our newer member, is helping to put this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you.

Janine's email is janine@primemortgage.biz.
Can't wait to see those cute mugshots!

For your Calendar - Then and Now, an overview of Metro Denver's African American history and African American experience.

Author Charlene Porter, Judge Gary Jackson, Ms. Rene Gash, and University of Northern Colorado Professor George Junne will be the guest panelists for the upcoming Lowry Speaker Series; Porter, Gash and Judge Jackson are from multi-generational families that were born and raised in Denver. The event occurs Tuesday, October 27th from 7-8:30 p.m. at the Eisenhower Chapel, 293 Roslyn St., in Lowry. The event is free and open to the public but reservations are required. Click here, or go to https://lowryfoundation.org/event/lowry-speaker-series-charlene-porter/) to reserve your spot. There is a limit of 45 socially-distanced audience members, and face masks are required. For more info call 303 344 0481.



Denver Mile High Member Contributions





Steve and Jeannie Blazek hosted an Autumnal mini-mini Feast attended by **Tom and Debra Gregory, Audrey Leavitt, Adams and Holly Price**. Not only was the food was amazing, but also the holiday décor was sensational, like out of a magazine!

Halloween Fun

In her retirement, **Noreen Kelesian**is doing fun things she didn't have time to
do as a busy working lady! She went all out
for Halloween **with ever changing** yard
displays she calls
"The Old Ledice of 2220 S. Leavet St."

"The Old Ladies of 3220 S Locust St."













Denver Mile High Member Contributions

History of the Rotary Bell

Inspiration shared by Audrey Leavitt on 10/7

In 1922, U.S. Rotarians organized an attendance contest: the challenge was that the losing clubs would join in giving the winning club a prize. The Rotary Club of New York City was declared the winner and to them was awarded as a prize a bell from a popular patrol boat, which was placed on wood that came from HMS "Victory", Admiral Nelson's vessel at the battle of Trafalgar.

Since then, the bell used in Rotary meetings started to represent, as on the ships, order, discipline, and the time to guide us through the weekly hour and a half meetings. The bell informs us with its sound the beginning of the Rotary meeting, at which time people present should stand, same as at the end, in order to salute the national and Rotary flags.

The gavel symbolizes the authority invested in the Rotarian elected to the highest position in Rotary and through him, reminds those present of his authority. When presidents transmit their positions to their successors at the end of their mandate, they give the bell their last hit turning the gavel over to their successor, symbolizing the transfer of authority.

Attendance 7 Oct 2020

56 Total membership 24 Attending in person 10 Attending on Zoom 22 Unaccounted for!

Metro Caring Volunteers

Our regular Scoop Troop volunteers, (pictured here, **Ronnie Weiss**) are saying that the Cherry Creek Rotary Club continues to need Scoopers.

<u>Please click here to sign up</u> to volunteer.

No matter on which side of the fence one sits, this is funny! Thank you to **Patricia Fiske** for providing.





Donate to the DMHR Foundation Painlessly

Melanie Gentz had a great idea regarding raising money for the DMHR Foundation. If you have items cluttering up your home, she suggests selling them online and donating the funds to the DMHR Foundation. Melanie can give instructions on how to do this or she has offered to help sell the items online. Please contact Melanie if you would like help selling your items.