

Oct 19, 2020

Denver Mile High
Rotary
Club



President's Column

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NOTE

Please [click here](#) for the
October 7th [newsletter](#) and
for more information on

- District Announcements
- Calendar-at-a-Glance,
- DMHR Admin Info for
dues payments, etc.
- DMHR Foundation

Greetings Denver Mile Rotarians!

Oct 19, 2020

I have been trying to spend as much time as I can with my daughter, Margaux, this fall. In early September, she came back from Ecuador with a ring on her finger! It's a long story, but her finance is from there, and she'll be moving there in December to live. I need to start taking Spanish lessons so I can talk with my future extended family.

We had lots of fun and many laughs at Adams' and Holly's Spanish themed mini-dinner on Saturday night. The food was amazing, the company was even better. I could go on and on about the paella, but I won't because I don't want to make Adams blush. I am so happy to see the creativity, cooking skills, great success we are having with all of these this fall.

Joke of the week: (HALLOWEEN THEME THIS MONTH) What do you get when you cross a snowman with a vampire? FROSTBITE!

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

So Long Soirée

for Brad and Amanda Thompson
October 27th from 5-7pm on Zoom

Due to the upsurge in Coronavirus cases,
Mayor Hancock has tightened restrictions on in-person events
resulting in the need for a Zoom sendoff for Brad and Amanda.

[Click here for the news item](#). Questions? Contact Betty Speir
No fears, Brad is continuing as DMHR's President, Zooming in long distance.

Interesting Fact

Attendance 14 Oct 2020

56 Total membership
20 - Attending in person
15 - Attending on Zoom
21 - Unaccounted for
2 - Zoom speakers
3 - Zoom club views





Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGM5NEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

If you are participating via ZOOM, here's what you can expect:

7:00 - Dial into the call and chat amongst yourselves, mute and unmute yourselves to mix and mingle.

7:15 - Ding, Ding! Everyone mute. Brad will go live and call the meeting to order, announce guests, inspiration and pledge.

7:20 - Brad will mute his phone to prevent audio feedback, all Zoom participants can unmute and chat amongst yourselves again. We will try to have some cameo appearances by our "in person" members, walk by, wave, and say hello via my computer with the audio on. We'll see if that works next week.

7:40 - Everyone mute yourselves; the meeting announcements/presentation will begin.

8:25 - Q&A

8:30 - 4 way test and end the meeting. Ding, Ding!

A word from your editor...

Dear fellow Rotarians,

Don't miss the important events cited in this issue, such as our biggest fundraiser for 2020, the **Citrus Sales** which benefit our DMHR Foundation. See the info and sign up sheet on page 5.

October 24th is **World Polio Day**, but we promote **End Polio Now** all month; please contribute into the yellow bags found on the tables at the Wednesday meetings, or mail a check from Zoom land to Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224, or [click here](#) to go to our secure online payment platform (please note that your contribution is for Polio Plus).

Don't miss the virtual **President's Dinner** direct from Germany to learn the latest from Rotary International's President, Holger Knaack. Info and signup can be found on page 6.

Believing in the power of Rotary to improve the world...together we can achieve...

See you Wednesday!

Annelly Noble

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*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary Experience.
What are YOU contributing to Rotary?*

Denver Mile High Rotary Calendar of Events

October 21 - Amanda Thompson will share how **Emotional Intelligence** (your EQ) helps you always and especially during times of crisis, how EQ can support yourself and others, and how to “read” those close to you.

October 24 - World Polio Day - [Please listen](#) to Bob Kemp’s monthly message on this important topic.

October 24—Amy Weed and her beau Sabin’s Mini-mini dinner - CIAO BELLA!

October 27 - 5-7pm - So Long Soirée for Brad and Amanda Thompson - See details on first page of newsletter.

October 27 - CHANGE - Rotary Book Club moved to Nov 3 at 4:30pm. Now you can Zoom into the So Long Soirée.

October 28 - Kip Otteson—Platte Canyon Yacht Club - How do you motivate a group of mountain high school students in a creative, innovative way? Enter them in a 70-mile ocean race and tell them they have to build their own boat. You won’t believe the outcome!

November 1 - Margaret Van Vliet’s Mini-mini Sunday Brunch – ALPEN STYLE!

November 4 - Street sweeping on Sherman, park on another street. *Last month until April 2021 for sweeping.*

November 4 - DMHR Club Activity - Writing cards to our deployed military. Time also available for a vocational talk.

November 11 - Heather Potters, Pharmajet - relays her story of discovering need and inventing the solution, specifically...Polio eradication!

November 18 - Sara Dawson (in person) - **Researching the History of Your Home**. Sara Dawson researches older homes to discover the historic significance of the people, place, architecture, and events that took place there to assist homeowners and associations applying for historic designations. What’s in your home?

November 19 - DMH Rotary Foundation Board Meeting - 7:00am - Contact Tony Vaida for call-in information.

November 23 - Last day to order Citrus—Contact Amy Weed

November 25 - CLUB DARK - THANKSGIVING.

December 2 - Parking on Sherman - No restrictions. Street sweeping runs April through November.

December 9 - Pem Dorjee Sherpa - From Everest ascents to a home in the US, to Projects Back in his native Nepal. Aside from his mountaineering achievements, Dorjee has worked on improving the quality of life in his home village of Chayangba. Dorjee has organized service projects such as dental, eye, and other health projects, as well as funding to build libraries, schools, and drinking water systems in his village and other remote villages in Nepal.

December 12 - Pick up Citrus orders at 1600 W. Colfax; details will follow.

December 16 - Back in the Day - DMHR Rotarians’ Childhood photos and memories; can you identify our members from their 10 year old or younger photos? Or from their stories? See next page for more information.

December 23 - Club Dark

December 30 - Club Dark

January 6 - Time available for a presentation, please contact Brian Good.

January 13 - Club Activity - Write Valentine’s Cards for shut ins, those we haven’t seen for a while, etc.

January 20 - Debra Fine - Author of the Fine Art of Small Talk and The Fine Art of the Big Talk. Local author!

Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
October 21	Brian Good	Tom Giordano and Tom Gregory	Marcus Hanlon
October 28	Janine Kempfer	Dan Himelspace and Sarah Hite	Noreen Keleshian
November 4	Scott Smeester	Audrey Leavitt and Kevin LeVezu	Susanne Lorenz



Mental Wellness Tip of the Week
Write a heartfelt letter
to a loved one.



Mental Wellness brought to you
by **Diane Messamore**

November Birthdays

17 Nov - Chuck Rudolph
23 Nov - Diane Messamore
26 Nov - Kaili Purviance
26 Nov - Carolyn Schrader

Rotary Book Group is reading
Girls Like Us by Cristina Alger.

Join the Rotary book club
discussion on **Nov 3 at 4:30 pm.**
Contact **Linda Sue Shirkey.**

December Project "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help as soon as possible. Janine Kempfer is putting this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you.

Janine's email is janine@primemortgage.biz.

Can't wait to see those cute mugshots!

For your Calendar - Then and Now, an overview of Metro Denver's African American history and African American experience.

Author Charlene Porter, Judge Gary Jackson, Ms. Rene Gash, and University of Northern Colorado Professor George Junne will be the guest panelists for the upcoming Lowry Speaker Series; Porter, Gash and Judge Jackson are from multi-generational families that were born and raised in Denver. The event occurs

Tuesday, October 27th from 7-8:30 p.m. at the Eisenhower Chapel, 293 Roslyn St., in Lowry.

The event is free and open to the public but **reservations are required.** [Click here](https://lowryfoundation.org/event/lowry-speaker-series-charlene-porter/), or go to <https://lowryfoundation.org/event/lowry-speaker-series-charlene-porter/> to reserve your spot. There is a limit of 45 socially-distanced audience members, and face masks are required. For more info call 303 344 0481.

Denver Mile High Rotary Citrus Sales

Fresh ruby red grapefruits and fresh navel oranges straight from the Rio Grande Valley in Texas are available in 20 lb. boxes. Boxes of citrus are the perfect gifts for clients, friends and family or for your own winter enjoyment. In addition, boxes of oranges are available for donation to Food for Thought (FFT), which provides food for schoolchildren in Denver and Aurora.

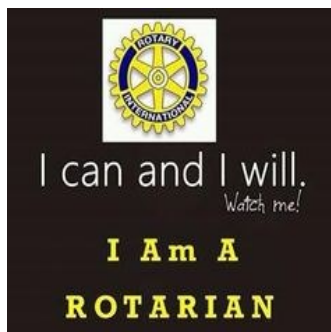
The Denver Mile High Rotary Club uses the proceeds from the sale to fund projects serving Denver and international communities. Buying holiday citrus is a fantastic way to give twice! Denver projects include:



- 9HealthFair
- The Conflict Center
- Metro Caring
- Organizations affected by COVID-19
- Warriors on Cataract
- Mental Health Awareness
- Rotary Youth Leadership Awards (RYLA)

Orders can be picked up or delivery can be arranged. Orders must be received by November 23. Pickup will be at 1600 West Colfax Avenue on December 12. Details will be provided later. To order, bring this completed form with checks or cash to the club meeting or mail this form along with checks to: Amy Weed, 1535 Newport St., Denver, CO 80220. Please make checks out to: Denver Mile High Rotary Foundation. Credit card orders can be made at club meetings or online (<https://dmhr-105472.square.site/>). For additional questions, contact Tom Giordano (giordant@comcast.net) or Amy Weed (aeweet7@yahoo.com).

Name	email	Rotarian Name





District 5450 News

2020 Rotary International President's Dinner

Due to COVID-19, the District is unable to hold the typical President's dinner, so we've opted for a **virtual luncheon with RI President Holger Knaack LIVE from Germany**. The program will include a polio update, and this event will also serve as our annual polio fundraiser. We hope that you will attend, and continue to support the End Polio Now program!

Sunday, Nov. 1st from noon to 1 pm MST

Only \$28 to register! \$25 goes to fight polio - additional donations welcome

Additional Guest Speaker Rachel Lonsdale, Gates Foundation Polio Program

[REGISTER NOW!](#)

Watch this great [polio update video from DG Bob Kemp](#), which includes photos from his March 2020 Uganda trip and the impact polio has on its victims.



If you have questions, please call

Bev Mendel

District Operations Manager

303-477-0654

office@rotary5450.org



Register now for these great events!
All times listed are Mountain Time US. **Daylight Savings Time ends Nov. 1!!!**

Youth Protection Considerations -

Saturday, Oct. 17 | 3:00 to 4:00 pm MDT

Virtual Lunch w/RI President Holger Knaack & Polio Fundraiser —>

Sunday, Nov. 1 | 12:00 to 1:00 pm MST

Alternative Membership Options & Satellite Clubs -

Tuesday, Nov. 10 | 7:00 to 8:00 pm MST

Ethics of the 4-Way Test

Tuesday, Dec. 1 | 7:00 to 8:00 pm MST

Membership Panel Discussion (Satellites, Alumni, Engagement)

Tuesday, Jan. 5 | 7:00 to 8:00 pm MST

Strategies for Developing RI Leads

Tuesday, Jan. 26 | 7:00 to 8:00 pm MST



Holger Knaack
2020-2021
RI President

Registration and descriptions for all events is on the District website at www.rotary5450.org.
You do not need to log in to register for events.

Beverly Mendel
District Operations Manager
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office@rotary5450.org

DMHR Mini-mini Dinner Reviews

Having met as youngsters over Spanish paella in a restaurant in France (the rest being history ☺), **Holly and Adams Price** have made paella their signature dish to which they treated their guests at their mini-mini dinner. Rowdy merriment, amazing hors d'oeuvres and watching Adams "construct" paella, made the four hours pass in a flash! Holly's homemade potato chip dish, salad and flan produced smiles and high praises!

Wanted - Photos and report from **Michael and Betsy Tapp's Gimme' Those Baby Back Ribs** Mini-mini dinner!
Please send info to annely.noble@comcast.net



Above, **Holly and Adams** coordinate courses.



Member Contributions and Updates

Metro Caring is the latest site of DMHR volunteering. Saturday and Monday of the past week found **Marcus Hanlon, Audrey Leavitt, Tom Giordano, Tom Cella, Linda Sue Shirkey, Noreen Keleshian, Bob Kemp, Annely Noble, Janine Kempfer, Amy Weed, Marty Waters, Robin Springer, and other DMHR Rotarians** hard at work lifting, scooping, bagging, singing, laughing and joking! Volunteering to have a good time while bagging over 2000 lbs of grains, beans and flours, is a privilege and an opportunity. This project, which benefits the Metro Caring is the initiative and action of the Cherry Creek Rotary. **Joel Russman** of that Rotary was there to get the days started. [Click here to volunteer.](#)



To sign up to volunteer,
[click here.](#)

