



Denver Mile High Rotary
where commitment and service
rise above the mountain tops



Oct 5, 2020



President's Column

Denver Mile High Rotary on the Web:

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Inside this issue:

President's Column	1
Zoom - Club Mtg Link	2
Word from your editor	
Upcoming Program	3
Details and Calendar	
Inspirators, Greeters,	4
Hosts, Birthdays	
Tip of the Week	
DMHR News and Events,	5
New Member and	
Book Club	
Member Contributions	6
and	
Volunteer Opportunity	
District Announcements	7
Calendar-at-a-Glance,	8
DMHR Admin Info for	
dues payments, etc.	
DMHR Foundation	9

Greetings Denver Mile Rotarians!

Oct 5, 2020

My daughter Margaux, Amanda, and I made a quick trip back to Iowa to see my mom this past weekend. It was great to see her and I know, we were a welcomed sight with the lack of connections she has had since mid-March, due to the COVID lockdown. The thing I regret being away this past weekend is missing Steve and Jeannie's Autumnal mini-dinner! Can't wait to hear all the details this week!

Let's show some love to our very own DMHR member and District Governor Bob Kemp at our meeting on Wednesday! We had a record turn out with attendance last week and I know we can do even better this week! So show up in person or dial in and let's make Bob proud!

Joke of the week: (HALLOWEEN THEME THIS MONTH) What do you call a really smart monster? Frank-EINSTEIN! 😊

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

So Long Soirée for Brad and Amanda Thompson
October 27th from 5-7pm at north end of the lobby
Brad and Amanda's apartment building
816 Acoma St, Denver 80204

A-M Please bring a beverage to share

N-Z Please bring an appetizer to share

Questions? Contact Betty Speir

No fears, Brad is continuing as DMHR's President, just long distance.

Important info! The Denver Mile High Rotary *Foundation* is looking for an individual to take the role of Foundation Treasurer beginning July 1, 2021. This would entail sitting on the board for a three-year position. The Foundation *Treasurer* position is a one-year commitment with hopes that the individual would continue the role beyond that year. It would be beneficial for the candidate to attend Foundation Board meetings as a guest prior to taking the Foundation Treasurer role on July 1, 2021. Please speak with the current Foundation Treasurer, Tom Giordano (303-263-5091) for more information.



Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGM5NEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

If you are participating via ZOOM, here's what you can expect:

7:00 - Dial into the call and chat amongst yourselves, mute and unmute yourselves to mix and mingle.

7:15 - Ding, Ding! Everyone mute. Brad will go live and call the meeting to order, announce guests, inspiration and pledge.

7:20 - Brad will mute his phone to prevent audio feedback, all Zoom participants can unmute and chat amongst yourselves again. We will try to have some cameo appearances by our "in person" members, walk by, wave, and say hello via my computer with the audio on. We'll see if that works next week.

7:40 - Everyone mute yourselves; the meeting announcements/presentation will begin.

8:25 - Q&A

8:30 - 4 way test and end the meeting. Ding, Ding!

A word from your editor...

Dear fellow Rotarians,

This is your first monthly newsletter, the comprehensive issue, to which I will link in the following shorter newsletters, (weeks 2, 3, and 4). Please let me know which you prefer, this format, or to have everything at your fingertips weekly, i.e. to have the longer version weekly rather than the abbreviated issues.

Be sure to greet our newest member, **Josh Peck**, whose bio you will find on page 5 of this newsletter.

Have you sent your youthful photo to Janine yet (don't wait until December!)? Check for details on page 4.

Have you read the latest version of the Rotarian International magazine? Always worth reading!

Believing in the power of Rotary to improve the world...together we can achieve...

Annelly Noble

M 303-842-8725

Annelly.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary experience.
What are YOU contributing to Rotary?*



Denver Mile High Rotary Calendar of Events

October 7 - Street sweeping on Sherman, park on another street

October 7 - Annual Message and Update from the Rotary District 5450 Governor; our very own, BOB KEMP!!!

October 10 - Michael and Betsy Tapp's Mini-mini Dinner - Gimme those baby back, baby back, baby back ribs!

October 13 - DMHR Board meeting - 4-5pm Tuesday - Join Zoom meeting by clicking on the link that follows:
<https://us02web.zoom.us/j/89392319378?pwd=akZ5L0w2anM3Qk4rZUIFWENrOVQzUT09>

October 14 - Frank Anello, Executive Director Project Worthmore and Rebecca Thomas, Cherry Creek Rotary
We will learn how Project Worthmore serves an international community of refugees in Colorado. In addition to their English program, Project Worthmore operates a dental clinic, a community farm and a food share program. Ms. Thomas will share how Cherry Creek Rotary is involved with this "worth"y cause.

October 17 - Adams and Holly Price's Mini-mini Dinner - ESPANOLA! OLÉ .

October 21 - Amanda Thompson will share how **Emotional Intelligence** (your EQ) helps you always and especially during times of crisis, how EQ can support yourself and others, and how to "read" those close to you.

October 24 - World Polio Day - [Please listen](#) to Bob Kemp's monthly message on this important topic.

October 24—Amy Weed and her beau Sabin's Mini-mini dinner - CIAO BELLA!

October 28 - Kip Otteson—Platte Canyon Yacht Club - How do you motivate a group of mountain high school students in a creative, innovative way? Enter them in a 70-mile ocean race and tell them they have to build their own boat. You won't believe the outcome!

November 1 - Margaret Van Vliet's Mini-mini Sunday Brunch – ALPEN STYLE!

November 4 - Street sweeping on Sherman, park on another street. Last month until April 2021 for sweeping.

November 4 - DMHR Club Activity - Writing cards to our deployed military. Time also available for a vocational talk.

November 11 - Heather Potters, Pharmajet - relays her story of discovering need and inventing the solution, specifically...Polio eradication!

November 18 - Sara Dawson (in person) - Researching the History of Your Home. Sara Dawson researches older homes to discover the historic significance of the people, place, architecture, and events that took place there to assist homeowners and associations applying for historic designations. What's in your home?

November 19 - DMH Rotary Foundation Board Meeting - 7:00am - Contact Tony Vaida for call-in information.

November 25 - CLUB DARK - THANKSGIVING.

December 2 - Parking on Sherman - No restrictions. Street sweeping runs April through November.

December 9 - Pem Dorjee Sherpa - Everest ascents, to a home in the US, to Projects Back in his native Nepal.

Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
October 7	Jared Beach	Andrew Bell and Steve Blazek	Bob Connaghan
October 14	Ted Hendryx	Alessandro Eichstaedt and Debra Flick	Melanie Gentz
October 21	Brian Good	Tom Giordano and Tom Gregory	Marcus Hanlon
October 28	Janine Kempfer	Dan Himelspace and Sarah Hite	Noreen Keleshian



Welcome new member,
Josh Peck, inducted last
Wednesday and shown here
with **Marty Waters**,
his mentor.
Please see the next page for
details on Josh and his family!



October Birthdays

Oct 6 Scott Smeester
Oct 7 Carolyn Noble
Oct 8 Kevin Gallaway
Oct 14 Alessandro Eichstaedt

December Project - "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help between now and October. Janine Kempfer, our newest member, is helping to put this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you. Janine's email is janine@primemortgage.biz.

Can't wait to see those cute mugshots!

Mental Wellness brought to you
by **Diane Messamore**

Mental Wellness Tip of the Week

Plan your week, your month,
your year, but remain flexible.

Denver Mile High Rotary News and Events



Meet our newest member, Josh Peck!

Josh is the Managing Director of JOPE Capital, a private financial research and consulting firm that takes a systems approach to help clients grow their businesses. Josh, his wife Aimee, and their Cocker Spaniel Lady, are settling down in Colorado after several years of Digital Nomading between technology startup communities at home and around the globe. Josh & Aimee enjoy hiking and tennis and Josh recently picked up golf as a pandemic hobby. Josh joined Rotary to support the service mission and make great friendships along the way.

Contact Information:

Mobile: 785-865-7226

Email: josh@jopeindustries.com

Donate to the DMHR Foundation Painlessly

Melanie Gentz had a great idea regarding **raising money for the DMHR Foundation**.

If you have items cluttering up your home that you no longer need or want, she suggests selling them online and donating the funds to the DMHR Foundation.

Melanie can give instructions on how to do this or she has offered to help sell the items online.

Please contact Melanie if you would like help selling your items online.

Rotary Book Discussion Group

As fall approaches and the weather allows you to sit comfortably on your patio, porch or balcony, please consider reading the next book, **Girls Like Us by Cristina Alger**, and joining the Rotary book club discussion on **Oct 27 at 4:30 pm**. Contact **Linda Sue Shirkey** to be included in the Zoom link distribution. The group will decide closer to the date whether this will be an "in person" or strictly Zoom event, or hybrid of the two.

Member Contributions

Metro Caring Update

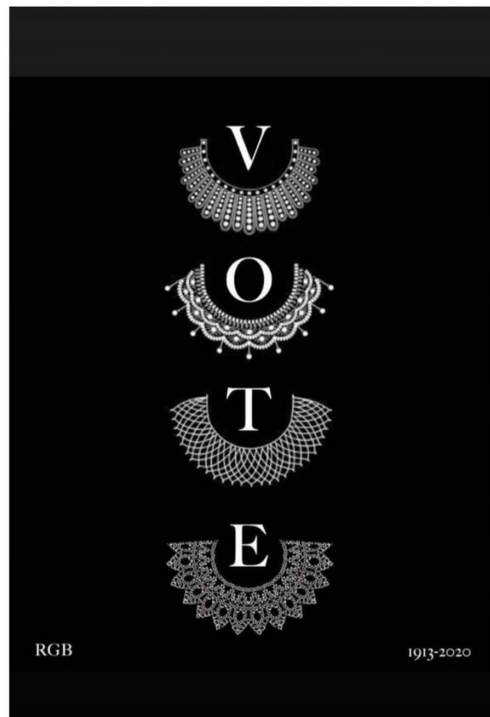
Please [click here](#) for an update regarding food insecurity and continuing adverse effects due to COVID.

[And here](#) for other Metro Caring news and volunteer opportunities.

Cherry Creek Rotary has increased the maximum age restrictions in order to volunteer as a Scoop Trooper; **they now allow volunteers to be 65 and above.**

[Click here](#) for more information and to sign up for scooping. **Additional volunteers are needed for Monday, Oct 12 from 9-12:30.**

Directions to the scooping warehouse: From Colorado Blvd., go East on 40th, the road curves and becomes Smith Rd., the warehouse is approximately 1/3 of a mile down the road. Make a right on Forest St., the warehouse is about 1/2 block down on your left. FYI: Semi-trailers may block the entrance to the gate. PLEASE ENTER ON THE WEST SIDE OF THE BUILDING - USE THE ENTRANCE ON FOREST STREET, and please remember to wear your mask!

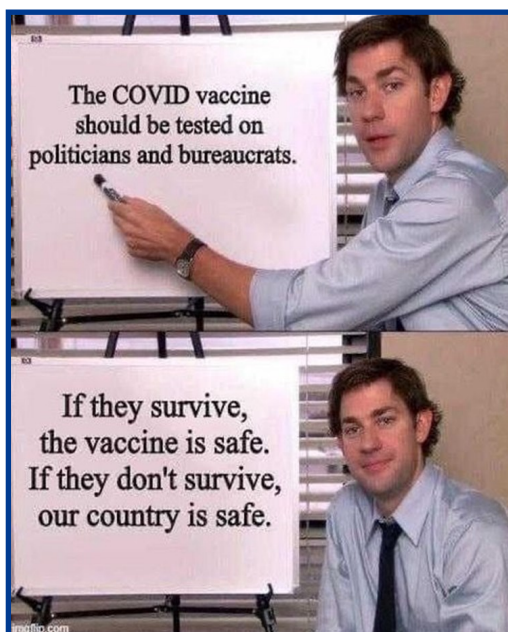


Turning to One Another inspiration shared by **Ronnie Weiss**

There is no power greater than a community discovering what it cares about.
Ask "What's possible?" not "What's wrong?" Keep asking.
Notice what you care about.
Assume that many others share your dreams.
Be brave enough to start a conversation that matters.
Talk to people you know.
Talk to people you don't know.
Talk to people you never talk to.
Be intrigued by the differences you hear.
Expect to be surprised.
Treasure curiosity more than certainty.
Invite in everybody who cares to work on what's possible.
Acknowledge that everyone is an expert about something.
Know that creative solutions come from new connections.
Remember, you don't fear people whose story you know.
Real listening always brings people closer together.
Trust that meaningful conversations can change your world.
Rely on human goodness. Stay together.

Author - Margaret Wheatley, "Turning to One Another," 2002

Thank you, **Constance Mortell**,
for sharing the above and below images.





District Announcements

[Click here](#) for the **October link** to the District 5450 home page where you can see the district calendar, other club activities, etc.

[Click here](#) to see and hear DG **Bob Kemp's** message for **October**.

Training Opportunities through the District

All times listed are Mountain Time
Click on announcement for more information:

Oct 13 - 7-8pm - [Free Clubrunner Basics Webinar](#)

Oct 17 - 3-4pm - [Free Youth Protection Considerations Webinar](#)

Nov 1 - 12-1pm - [Luncheon with RI President](#)
Holger Knaack. Live from Germany!

Nov 10 - 7-8pm - [Free Alternative Membership Options Webinar](#)

More sessions will be scheduled soon!
Watch the District website and monthly newsletter
for a current schedule.

For more information, contact
Beverly Mendel
District Operations Manager
Ph: 303-477-0654 E: office@rotary5450.org

Upcoming District events - sign up now!

Sunday, November 1 - 12:00 noon to 1:00 pm MST

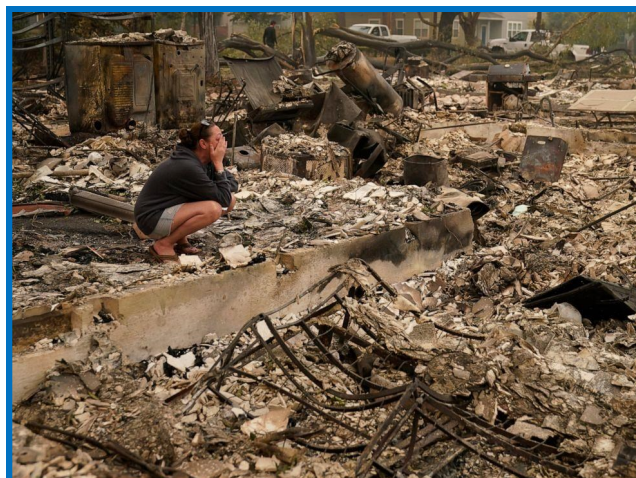
Virtual Lunch with Rotary International
President Holger Knaack & Polio Update
Guest Speaker: Rachel Lonsdale, from the
Bill & Melinda Gates Foundation
Polio Program Advocacy & Communications

\$28 per person - \$25 will be donated to End Polio
Registration closes at noon Saturday, Oct. 31
[Click here to register](#) now!

For more information, contact
Beverly Mendel, District Operations Manager
Ph: 303-477-0654 E: office@rotary5450.org

SOUTHERN OREGON WILDFIRE DISASTER RELIEF FUND:

Entire communities have been devastated by the fires.
[Donations can be made online](#) or you can mail a check
to Rotary District 5450, Subject Line:
Oregon Fires, 5103 Dvorak Circle, Frederick CO 80504.
[Click Here to learn more](#) and see photos.



DMHR Year-At-A-Glance Calendar

JANUARY Write Valentine Cards for Seniors Mini-Dinner Fundraiser Rotary Awareness Month	FEBRUARY Craig Hospital Dinner New Member Orientation World Awareness Month	MARCH Mini-Dinner Fundraiser Literacy Month
APRIL Mile High Spring Swing RI Magazine Month	MAY Craig Hospital Dinner RYLA Interviews Promote International Convention Mth	JUNE River Rafting Rotary Fellowship Month
JULY Inner City Kids Hike/Rotary Peak RYLA Camp Literacy Month & New Rotary Year	AUGUST School Supplies Drive Past President's Party Membership and Extensions Month	SEPTEMBER Mini-Dinner Fundraiser New Member Orientation New Generations Month
OCTOBER 9 Health Fair & Craig Hospital Dinner World Polio Day Event Economic & Community Development Month Vocational Service Month	NOVEMBER Write Holiday Cars for Active and Deployed Military Citrus Fundraiser Rotary Foundation Month	DECEMBER Holiday Party Toy Drive Family Month

DMHR Admin Information

Please note that Kaili Purviance, our treasurer, has asked to step down from this role.
Carolyn Schrader will take over until a permanent treasurer can be found.

Please note the following change:

DMHR Dues: Carolyn Schrader, Interim Treasurer — schrader407@gmail.com — Thank you!

Please make out dues checks to **Rotary Club of Denver Mile High**

- **Mail** a check to the Tom Cella (Sargent at Arms) 1739 Forest Parkway, Denver CO 80220
- **Bring** a check to a Club meeting and give it to Tom Cella or Carolyn Schrader, or
- **Pay by credit card** - [Click here](#) or use the following link

<https://rotary-club-of-denver-mile-high.square.site/>

DMHR Foundation: c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

Rotary Club of Denver Mile High Foundation or DMHR Foundation

- Hand to Tom Giordano at a meeting or
 - Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224
 - Or... [please click here](#) to go directly to our secure online donation site.
- You may make a one time donation or set up automatic monthly donations.

Contributions to DMHR Foundation

*Giving Generously
For the
Greater Good*

2020 - 2021 Individual Donors

Pat Gorman-Barry	Carolyn Nobel	Tony Vaida
Tom Cella	Annely Noble	Mary Walta
Melanie Gentz	Adams Price	Marty Waters
Tom Giordano	Chuck Rudolph	Ronnie Weiss
Tom Gregory	Roberta Simonton	Sonny Wiegand
Bob Kemp	Robin Springer	<i>Room for more, will it be you?</i>
Diane Messamore	Michael Tapp	<i>Or you?</i>
Constance Mortell	Ann Tull	<i>Or who?</i>



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2020-2021 Corporate Sponsors

