

## President's Column:

October 8, 2019

Hello Denver Mile High Rotarians,

I am way behind this week in the newsletter intro. I really try to start it on Sundays, but have not succeeded. I've got to get this to Melanie or she's gonna "go to press" without it...

First off, I just want to say I appreciate everybody's individual efforts to what they do in the club. All of you contribute in your own unique way and I think it's awesome. Thanks!

As a reminder, citrus sales is coming up. Please consider going further this year and stepping it up. Adams Price is leading the charge and I'd love to see all of us crush it this year!

We have ANOTHER new inductee this week! We will be welcoming Susanne Lorenz to the club and she will be awesome! Please be there!

Today (Tues Oct 8) is the club's board meeting. Email me ([scott@smeester.com](mailto:scott@smeester.com)) if you want dial-in or location information.

Thanks and have a great week!

Scott

### High Rotary on the Web:

[www.denvermilehigh.org](http://www.denvermilehigh.org)

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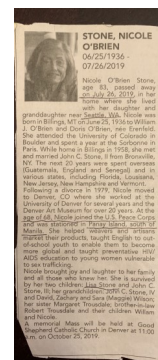


## Denver Mile High Rotary Calendar of Events

<http://denvermilehigh.org/Events/Calendar>

**October 15th** - The Local Community Service Committee will meet on Tuesday, October 15, at Michael Tapp's office (1700 Lincoln St., 10th Floor). The call in number is 1-888-549-3557 code 8636752. All project champions who are requesting club funds should plan to attend.

**October 25th, 2019** - a memorial mass will be held at Good Shepard Catholic Church in Denver at 11am for Nicole O'Brien Stone (past member of the Denver Mile High Rotary Club).



**October 30th - Volunteering at Craig Hospital** Craig Hospital dinner for patients and their families - Oct. 30 @ 5:30 PM

- 3425 S Clarkson St.
- meet in lobby of family housing building (across street from main hospital)
- park on the street or in visitor's parking lot
- food catered from Brother's Barbeque
- the patients and our Rotary will dress in Halloween costume - but it is not required



**November 5th** - there will be a short memorial for Loy Dickinson, the founder of Denver Mile High Rotary, who passed away earlier this year. We will meet at Bella Vita, where Loy lived his last days, to view a beautiful tree the Club had planted in his honor. After the memorial, we will adjourn to an nearby pub in Lowry for a Happy Hour to toast Loy properly. More details to follow.

**November 23rd** - Our DG Curt Harris is riding in the El Tour de Tucson on Nov 23 to raise money for Polio and is interested in riders to join him. If you are interested in joining Curt - it would be a great way for our Club to increase our Polio contributions. District 5500 has info on their webpage and also there is a site for the race. Any additional bikers in the Club willing to ride would be great. <https://rotaryd5500.org/page/ride-to-end-polio>

**April 18th, 2020** - 2<sup>nd</sup> Annual Mile High Spring Swing event! Date is set. Venue secured. Band is getting locked in. Catering should be good to go. Wheels are in motion. Discounted tickets are in the works

[CLICK HERE to](#) buy your tickets

\$75 until 12/31/19



## Denver Mile High Rotary Upcoming Programs

**October 9th** - David Cook - Parents think it's about money; children think it's about love. How do you prepare for end of life issues?

**October 16th** - TBD

**October 23rd** - Mary Penny Rotary Club 31 for Denver Kids—DPS is facing a crisis of students dropping out of school. Co-founded by Rotary Club of Denver Club 31 in 1946, Denver Kids, Inc. provides educational counseling and mentoring to K-12 students to help them graduate from high school. Mary Penny from Club 31 will be introducing us to the program and how Denver Mile High might join them in supporting youth development and lowering the drop out rates in Denver Public Schools.

**October 30th** - Jacqueline Chandonnet National Marrow Donor Program, Registry of volunteer hematopoietic cell donors and umbilical cord blood units in the United States.

**November 20th** - Rutt Bridges - Driverless Cars

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## **Weekly Inspirators, Greeters & Hosts**

### **October 9th -**

Inspiration - Debra Flick

Greeters - Debra Flick and Kevin Gallaway

Host - Melanie Gentz

### **October 16th -**

Inspiration - Tom Giordano

Greeters - Brian Good and Tom Gregory

Host - Sara Hanstad

### **October 23rd -**

Inspiration - Ted Hendryx

Greeters - Dan Himelspace and Sarah Hite

Host - Noreen Kelesian

### **October 30th -**

Inspiration - Bob Kemp

Greeters - Audrey Leavitt and Kevin LeVezu

Host - Michaela Levine

## **October Birthdays**

**Scott Smeester - October 6th**

**Carolyn Nobel - October 7th**

**Kevin Gallaway - October 8th**

**Alessandro Eichstaedt - October 15th**



**Get thinking about the Spring Swing..... You are invited  
this Sunday .....**

**Sunday, Oct 13th, 5:00 - 7:30 pm  
Sunday Swing at the Rose  
1119 Washington Ave., Golden CO**

Join us at the newly remodeled Buffalo Rose for an early evening of Dinner and Swing Dancing with the Fabulous Flatirons Jazz Orchestra featuring Deborah Stafford! Three course Prix Fixe menu for only \$15!



FLATIRONS JAZZ ORCHESTRA  
PRESENTS...

*Sunday Swing  
at the Rose*



at The Buffalo Rose Event Center,  
1119 Washington Ave, Golden



**MILE**



**HIGH**

*Spring Swing*

*Music by The Flatirons Jazz Orchestra*

*Featuring Vocalist Deborah Stafford*

**APRIL 18, 2020**

**6:00 to 10:00 PM**

**INDUSTRY RiNO STATION  
3858 Walnut Street  
Denver, CO 80205**

*Snazzy Casual Attire*

**Catering by INDULGE Bistro + Wine Bar**



Proceeds Benefit Local, Regional, & Global Efforts Supported By **Rotary**  
Club of Denver Mile High



**Advance Ticket Purchase Only:  
<https://springswing2020.eventbrite.com>**



**WOUNDED WARRIORS ON CATARACT**

[www.WarriorsOnCataract.org](http://www.WarriorsOnCataract.org)

FaceBook Warriors On Cataract

WarriorsOnCataract@gmail.com

130 Mohawk Drive, Boulder CO 80303

303.818.7600

16 April 2019



Mile High Rotary Club of Denver  
1673 Sherman Street  
Denver, CO 80203-1603

Dear Rotary Club, Supporter of Warriors on Cataract,

Thank you very much from me and all of the disabled veterans and caregivers who were able to participate on our 4 day whitewater raft excursions from Moab to Lake Powell on the Colorado through Canyonlands National Park.

The adventure and beauty and peace and "campfire time" of these trips enable the veterans to share experiences and difficulties and successes, and bond and form a support network that goes beyond landing at Lake Powell. We see email and Facebook traffic well beyond the end of the trip.

Three of the trips were 4 day excursions in May when the river flow is expected to be high. These soldiers are adrenaline junkies and like the high water. One trip was for the 2nd Battalion 7th Regiment Marines out of Helmand who had a high suicide rate. Corpsman "Doc" Gwinn told me they had lost 22 to suicide, but none since they started coming on our raft trips two years ago. Two Royal British Commandos joined the 2/7s. The other two May trips were "open manifest," all conflicts, all branches of the Military, both sexes.

We staged the All Female trip in September when the rapids are more reasonable, the water warmer, the beaches wider, the weather milder. We extended this trip to 5 days to allow more hiking and paddleboat and kayak and camp activities. We had wonderful female wilderness counselor/therapists, three of whom have rowed the Grand Canyon. They had great tools and activities for and experience in healing the women. One of the biggest hits was blowing through the rapids in life jackets. Of the 22 trips we have undertaken over the past seven years, this was the best. Six female Brits came over for this trip, and spent a few extra days before and after the trip to explore the Canyonlands area.

Please let me know if I can come speak to your members again.

Best of regards, and Thanks from all of us for your support!

Fred Solheim



## Contributions to DMHR Foundation

Contributions to the DMHR Foundation can be made by giving them to Tom Giordano at club meetings or by mailing checks directly to

Tom Giordano

7271 East Wesley Avenue

Denver, CO 80224

Checks should be made out the Rotary Club of Denver Mile High Foundation (although DMHR Foundation will work). For questions, contact Tom at 303-263-5091

GIVING

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GIVING

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