



Denver Mile High Rotary
where commitment and service
rise above the mountain tops



Denver Mile High
Rotary
Club



Sept 21, 2020

President's Column

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Greetings Denver Mile Rotarians!

Sept 21, 2020

I hope all of you have been enjoying the terrific weather we have had this past week and have gotten out for some fresh air and exercise. I am eager to hear all of the details from Geoff and Annely's mini-mini dinner. Knowing how they both enjoy entertaining I am sure it was an enjoyable evening. Today is Amanda's birthday, so we will be celebrating her today...actually all month, as she believes that's how we should ALL celebrate our birthdays! LOL.

Barbara McFarlane's presentation and stories she shared last week were incredibly impactful. She made us laugh and cry, from one moment to the next, sharing her journey with her autistic son. One of the best things about our club is the weekly presentations that are so impactful and educational. I look forward to them weekly. Keep up the great job Brian Good and Adams Price! [Editor's note: Please see recommended resources related to autism on page 3 of this newsletter]

Joke of the week: If a pig is sold in a pawn shop, is it called a Ham Hock? 😊 (This joke of the week was brought to you by Geoff Noble. Thanks Geoff!)

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

Important info! The Denver Mile High Rotary *Foundation* is looking for an individual to take the role of Foundation Treasurer beginning July 1, 2021. This would entail sitting on the board for a three-year position. The Foundation *Treasurer* position is a one-year commitment with hopes that the individual would continue the role beyond that year. It would be beneficial for the candidate to attend Foundation Board meetings as a guest prior to taking the Foundation Treasurer role on July 1, 2021. Please speak with the current Foundation Treasurer, Tom Giordano (303-263-5091) for more information.

New Member Orientation!

Join us for a fun happy hour and social gathering to welcome our newest DMHR members and to answer all of your questions! Longer standing members, please bring something to nibble or drink to share; one or the other is fine. New members, Margaret, Janine and Marcus...no need to bring anything, this is our treat!

When - Tuesday, Sept 29, 5-7 pm

Where - [816 Acoma St, Denver 80204](#) - north end of the lobby.

Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGMyNEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

For details on what to expect via Zoom of the routine Wednesday morning meetings, [please click here](#) to refer to the monthly detailed newsletter published on the first Monday of the month.

A word from your editor...

Dear fellow Rotarians,

So...the abbreviated newsletter has a mind of its own and seems to be growing! Let me know if you have suggestions for improvements. Highlights this week include a report on the first Mini-Mini Dinner, on page 5.

Kaili Purviance, after doing all the difficult work of setting up the new accounting program for the Club, sadly has stepped down from the Club treasurer role and Carolyn Schrader graciously has stepped in until a permanent treasurer is again in place. If you see Kaili, be sure to thank him for all the work he has done on our behalf!

If you have questions regarding dues or invoices, please contact Carolyn. Please contact Brad Thompson if you would like to fulfill the treasurer role for the DMHR Club, or you can wait to BE volunteered! JK

Believing in the power of Rotary to improve the world...together we can achieve...

Annelly Noble

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*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary experience.
What and how are YOU contributing to Rotary?*



Denver Mile High Rotary Calendar of Events

September 23 - Ann Tull, Carolyn Schrader and Elaine Love - The Rotary Foundation and DMHR Foundation - What are they, how does the magic work, and how have our club and projects benefitted?

September 29 - 4:00pm - DMHR Book Group discusses Freeman by Leonard Pitts, Jr. More info to follow.

September 29 - 5-7pm - DMHR New Member Orientation - 816 Acoma St, Denver 80204 - north end of the lobby.

September 30 - Steve O'Dorisio, Adams County Commissioner - Updates on development around DIA/DEN. Updates include the 2015 deal with Denver-Adams, Opportunity Zones, Colorado Air & Space Port, Aerotropolis Regional Transportation Authority, and more.

October 7 - Street sweeping on Sherman, park on another street

October 7 - Annual Message and Update from the Rotary District 5450 Governor; our very own, BOB KEMP!!!

October 13 - DMHR Board meeting - 4-5pm - Watch the newsletter for meeting information

For more programs through the end of November, [please click here](#) and scroll to the Calendar of Events page.

Weekly Inspirators, Greeters, Hosts, Birthdays, etc.

Date	Inspiration	Greeters	Host
Sept 23	Mary Walta	Bruce Ward and Marty Waters	Amy Weed
Sept 30	Ronnie Weiss	Sonny Wiegand	Pat Gorman Barry
Oct 7	Jared Beach	Andrew Bell and Steve Blazek	Bob Connaghan

September Birthdays

Sept 22 - Marty Waters
Sept 27 - Jeff McAnallen

Mental Wellness Tip
brought to you by
Diane Messamore

Mental Wellness Tip of the Week

Plan your week, your month,
your year, but remain flexible.



Flower Bowl
at the
Jim Thompson
House in
Bangkok, Thailand



December Project - "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help between now and October. Janine Kempfer, our newest member is helping to put this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you. Janine's email is janine@primemortgage.biz.

Can't wait to see those cute mugshots!

Looking for a member's contact information?

Please know that as a member of DMHR, you have access to members' contact information on the secure [DMHR website](#).

You will need to **log in**, then **click on "About Us"** on the menu bar, **scroll down that page to click on "Members can click here to get contact information,"** and voila, you can find your fellow Rotarian's contact info.
So easy!

Last week, Barbara McFarlane gave a very interesting, passionate and moving presentation on life with an autistic child. She showed several resources for us to read and listen to, titles of which we will include as they become available to us. During the Q and A, members contributed the titles of two items which edify the understanding of autism: A television show - [Atypical](#), and a Netflix film - [Wretches and Jabberers](#).



[Click here](#) and scroll to page 5 to find info on the upcoming
Denver Mile High Rotary Mini-Mini Dinners!

[Click here](#) and scroll to page 6 for **District Announcements**

[Click here](#) and scroll to page 7 for **Member Contributions**

[Click here](#) and scroll to page 8 for **DMHR Year-At-A-Glance Calendar**

[Click here](#) and scroll to page 8 for **DMHR Admin Information**

[Click here](#) and scroll to page 9 for **Contributions to DMHR Foundation**

IMPORTANT INFO.... Sadly, Kaili Purviance has asked to step down from the treasurer role.
Please note that Carolyn Schrader will act as our interim treasurer.

DMHR Dues: schrader407@gmail.com - Thank you!

Please make out dues checks to *Rotary Club of Denver Mile High*

- **Mail** a check to Tom Cella (Sargent at Arms) 1739 Forest Parkway, Denver CO 80220
- **Bring** a check to a Club meeting and give it to Tom Cella or Carolyn Schrader, Treasurer, or
- **Pay by credit card** - [Click here](#) or use the following link
<https://rotary-club-of-denver-mile-high.square.site/>

DMHR Foundation: c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

Rotary Club of Denver Mile High Foundation* or *DMHR Foundation

- Hand to Tom Giordano at a meeting or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224
- **Or... [please click here](#) to go directly to our secure online donation site.**
You may make a one time donation or set up automatic monthly donations.

Please consider this opportunity...

At the last DMHR Foundation meeting, Tony Vaida brought this request from [Free Conference Call](http://www.freeconferencecall.com) (www.freeconferencecall.com) to the attention of the board, and suggested that the Club consider donating to the cause. His comment and recommendation, "I believe that all of our committees use the feature for their teleconference meetings and have for some years now. I thought it would be more than fair to give some back for our Free service. It has been a great service for us and hasn't cost a dime." Tony will bring this request to this Wednesday's Rotary meeting.

Denver Mile High Rotary Mini-Mini Dinners!



Before —>

<— Cooking Indian food means using at least 16 different spices!



L—>R Linda Sue Shirkey, Michael and Betsy Tapp, Geoff Noble, Janine and Kurt Kempfer, and taking the photo, Annely Noble.

There may be openings in other dinners, please call **Brad Thompson** to see what is available...hosts include:

Oct 3 - Steve and Jeannie Blazek - Autumnal Harvest!

Oct 10 - Michael and Betsy Tapp - Gi' Me Some Baby Back, Baby Back Ribs!

Oct 24 - Amy Weed and Sabin - Ciao Bella!

Geoff and Annely Noble held the first Mini-Mini Dinner this weekend. Linda Sue Shirkey, Janine and Kurt Kempfer, and Michael and Betsy Tapp were the delightful guests who supported this Mini-Mini Dinner. We had 13 different Indian dishes including Beef Madras, Murg Dahi (chicken in coconut curry), Gajar Nariya (carrots with coconut and nuts), Masoor Dal (lentils and onions), Channa Dal (curried chick peas), apple mango chutney, naan bread, and more. There was much laughter and we got to know each other so much better than we would by just chatting at meetings. Although we started the evening with drinks on the patio, it was a bit chilly so we decide to eat inside.

We highly recommend these Mini-Mini Dinners!

Responding to Denver's Hunger Crisis

**Metro Caring and the Denver Cherry Creek Rotary Club
joined forces to feed the hungry in Denver**

The pandemic-inspired demand for food challenges Denver area food pantries

In May of this year Metro Caring, one of Denver's larger food pantries, was hit with a surge in the pandemic-inspired demand from families in need. Buying staples such as rice, bean, oats and flour in bulk quantities was cost-effective and economical, but processing and distributing such bulk quantities to individual families proved challenging, and Metro Caring lacked the facilities needed to receive, store and break down the bulk goods.

The Denver Cherry Creek Rotary Club responded to this dilemma in two ways. A club member arranged for the use of a vacant warehouse, which was cleaned, outfitted and organized for food repackaging, and the club pledged to both supervise the warehouse and to find and schedule volunteers for up to eight shifts per week. The Warehouse Project has been operational since early June.

During shifts on weekdays and weekends, mornings, afternoons and evenings, up to 16 volunteers and a supervisor, all donating their time, masked and gloved, gather in a "socially distant" manner in the 20,000 square foot ventilated warehouse to repackage 50-pound bags of dry goods into 1-2 pound bags suitable for distribution. The three-hour shifts are punctuated by laughter, conversation and music. A typical shift processes over 2000 lbs. of packaged food. Metro Caring sends trucks to pick up to packaged goods which are then distributed through their pantry to over 3000 families each week. The operation is efficient, safe and fun, but finding 70 to 80 volunteers each week, however, is a constant struggle.

To volunteer please go to Denver Cherry Creek Rotary Website: <https://www.cherrycreekrotary.org>

Rotarian Marcus Hanlon and his wife Chris
are part of the Scoop Troops volunteering
at Metro Caring and making DMH proud!



Volunteers from
other organizations
helping at Metro
Caring.

