



Denver Mile High Rotary
where commitment and service
rise above the mountain tops



Denver Mile High
Rotary
Club



Sept 28, 2020

President's Column

Denver Mile High Rotary on the Web:

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Greetings Denver Mile High Rotarians!

Sept 28, 2020

Volunteering comes in many forms. Amanda and I "volunteered" to help some friends, by house sitting and taking care of their two cats in Breckenridge, Thursday through Saturday, as they wanted to get away to celebrate their 5 year anniversary. It was great to see the leaves changing and get a couple of hikes in up there, and to simply spend a couple of days in the mountains.

Betty sparked a great idea with Melanie at last week's meeting. Check out the details below about how all of us finding one thing we don't use or are tired of to sell at a virtual garage sale as a fund raiser for the DMHR foundation! Of course, you don't have to limit yourself to just one thing though!

Joke of the week: Have you met my dogs? I named them Timex and Rolex. They are my watch dogs! 😊

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

PLEASE NOTE that **Carolyn Shrader** is temporarily filling in as the Club treasurer. Contact Carolyn for any dues questions and please give her any dues payments at meetings or via mail. **See page 4 for further details.**

Melanie Gentz had a great idea regarding making money for the DMHR Foundation. If you have items at your home that you no longer need or want, she suggests selling them online and donating the funds to the DMHR Foundation. She can give instructions on how to do this or she has offered to help sell the items online. Please contact Melanie if you would like help selling your items online.

Important info! The Denver Mile High Rotary *Foundation* is looking for an individual to take the role of Foundation Treasurer beginning July 1, 2021. This would entail sitting on the board for a three-year position. The Foundation *Treasurer* position is a one-year commitment with hopes that the individual would continue the role beyond that year. It would be beneficial for the candidate to attend Foundation Board meetings as a guest prior to taking the Foundation Treasurer role on July 1, 2021. Please speak with the current Foundation Treasurer, Tom Giordano (303-263-5091) for more information.

Please take 30 seconds to confirm your voting rights, [click here to confirm your voter's registration](#). Thank you!



Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting "room" will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGMvNEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

For details on what to expect via Zoom of the routine Wednesday morning meetings, [please click here](#) to refer to the monthly detailed newsletter published on the first Monday of the month.

A word from your editor...

Dear fellow Rotarians,

This newsletter is the last of this month's **abbreviated issues**; next week will be the full edition...something to which to look forward! If that is true, then you might want to find a hobby!

Please help build our DMH Rotary Foundation account. Declutter your home and sell online those precious belongings you have not looked at for eons. You can donate your profits (tax deductible) to the DMHR Foundation. Melanie will help you navigate the online sales apps.

Have you read the most recent Rotary Magazine? It's full of great ideas we could use in our Rotary Club. And, speaking of reading, join the Rotary book club discussion this Tuesday at 4:00pm.

Believing in the power of Rotary to improve the world...together we can achieve...

Annelly Noble

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*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary experience.*

What and how are YOU contributing to Rotary?



Denver Mile High Rotary Calendar of Events

September 29 - 4:00pm - DMHR Book Group discusses Freeman by Leonard Pitts, Jr. Meeting via Zoom as below:

Join Zoom Meeting <https://us02web.zoom.us/j/88427912977> Meeting ID: 884 2791 2977

September 29 - 5-7pm - DMHR New Member Orientation - 816 Acoma St, Denver 80204 - north end of the lobby.

September 30 - Steve O'Dorisio, Adams County Commissioner - Updates on development around DIA/DEN. Updates include the 2015 deal with Denver-Adams, Opportunity Zones, Colorado Air & Space Port, Aerotropolis Regional Transportation Authority, and more.

October 7 - Street sweeping on Sherman, park on another street

October 7 - Annual Message and Update from the Rotary District 5450 Governor; our very own, BOB KEMP!!!

October 13 - DMHR Board meeting - 4-5pm - Watch the newsletter for meeting information

October 14 - Frank Anello, Executive Director Project Worthmore and Rebecca Thomas, Cherry Creek Rotary will share how Project Worthmore serves an international community of refugees in Colorado. In addition to their English program, Project Worthmore operates a dental clinic, a community farm and a food share program. Ms. Thomas will share how Cherry Creek Rotary is involved with this "worth"y cause.

For more programs through the end of November, [please click here](#) and scroll to the Calendar of Events page.

Weekly Inspirators, Greeters, Hosts, Birthdays, etc.

Date	Inspiration	Greeters	Host
Sept 30	Ronnie Weiss	Sonny Wiegand	Pat Gorman Barry
Oct 7	Jared Beach	Andrew Bell and Steve Blazek	Bob Connaghan
Oct 14	Ted Hendryx	Alessandro Eichstaedt and Debra Flick	Melanie Gentz

October Birthdays

6 Oct - Scott Smeester
 7 Oct - Carolyn Nobel
 8 Oct - Kevin Gallaway
 15 Oct - Alessandro Eichstaedt

African Violet Birthday Flower.

Mental Wellness Tip of the Week
 Call someone about whom you've been thinking recently.

Denver Mile High
Rotary
 Club



Mental Wellness Tip brought to you by
Diane Messamore



December Project - "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help between now and October. Janine Kempfer, our newest member is helping to put this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you. Janine's email is janine@primemortgage.biz.

Can't wait to see those cute mugshots!

Please see page 4 of this newsletter for the inspiration by **Ruth Bader Ginsburg** found by **Mary Walta** and presented by **Audrey Leavitt** at last Wednesday's meeting.

Please consider this opportunity...

At the last DMHR Foundation meeting, **Tony Vaida** brought to the attention of the board this request from Free Conference Call (www.freeconferencecall.com), and suggested that the Club consider donating to the cause. His comment and recommendation, "I believe that all of our committees use the feature for their teleconference meetings and have for some years now. I thought it would be more than fair to give some back for our Free service. It has been a great service for us and hasn't cost a dime." Tony will bring this request to this Wednesday's Rotary meeting.



[Click here](#) and scroll to page 5 to find info on the upcoming
Denver Mile High Rotary Mini-Mini Dinners!

[Click here](#) and scroll to page 6 for **District Announcements**

[Click here](#) and scroll to page 7 for **Member Contributions**

[Click here](#) and scroll to page 8 for **DMHR Year-At-A-Glance Calendar**

[Click here](#) and scroll to page 8 for **DMHR Admin Information**

[Click here](#) and scroll to page 9 for **Contributions to DMHR Foundation**

IMPORTANT INFO.... Sadly, Kaili Purviance has asked to step down from the treasurer role.
Please note that Carolyn Schrader will act as our interim treasurer.

DMHR Dues: schrader407@gmail.com - Thank you!

Please make out dues checks to *Rotary Club of Denver Mile High*

- **Mail** a check to Tom Cella (Sargent at Arms) 1739 Forest Parkway, Denver CO 80220
- **Bring** a check to a Club meeting and give it to Tom Cella or Carolyn Schrader, Treasurer, or
- **Pay by credit card** - [Click here](#) or use the following link

<https://rotary-club-of-denver-mile-high.square.site/>

DMHR Foundation: c/o Tom Giordano — 303-263-5091 — Thank you!

Please make out contribution checks to:

Rotary Club of Denver Mile High Foundation* or *DMHR Foundation

- Hand to Tom Giordano at a meeting or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224
- **Or... [please click here](#) to go directly to our secure online donation site.**

You may make a one time donation or set up automatic monthly donations.

For those of you who requested the inspiration found by Mary Walta and read by Audrey Leavitt...

RBG – INSPIRATIONAL WORDS

“My mother was very strong about my doing well in school and living up to my potential. Two things were important to her and she repeated them endlessly. One was to ‘be a lady,’ and that meant conduct yourself civilly, don’t let emotions like anger or envy get in your way. And the other was to be independent, which was an unusual message for mothers of that time to be giving their daughters.”

Continued on next page...



"My mother's advice was, don't lose time on useless emotions like anger, resentment, remorse, envy. Those, she said, will just sap time; they don't get you where you want to be. One way I coped with times I was angry: I would sit down and practice the piano. I wasn't very good at it, but it did distract me from whatever useless emotion I was feeling at the moment. Later, I did the same with the cello. I would be absorbed in the music, and the useless emotion faded away."

"I remember envying the boys long before I even knew the word feminism, because I liked shop better than cooking or sewing."

"Another often-asked question when I speak in public: 'Do you have some good advice you might share with us?' Yes, I do. It comes from my savvy mother-in-law, advice she gave me on my wedding day. 'In every good marriage,' she counseled, 'it helps sometimes to be a little deaf.' I have followed that advice assiduously, and not only at home through 56 years of a marital partnership nonpareil, I have employed it as well in every workplace, including the Supreme Court of the United States. When a thoughtless or unkind word is spoken, best tune out. Reacting in anger or annoyance will not advance one's ability to persuade."

"The greatest menace to freedom is an inert people; public discussion is a political duty; and that this should be a fundamental principle of the American government."

"So often in life, things that you regard as an impediment turn out to be great, good fortune."

"Generally, change in our society is incremental, I think. Real change, enduring change, happens one step at a time."

"Women's rights are an essential part of the overall human rights agenda, trained on the equal dignity and ability to live in freedom all people should enjoy."

"Fight for the things that you care about, but do it in a way that will lead others to join you."

"Women belong in all places where decisions are being made. It shouldn't be that women are the exception."

"You can disagree without being disagreeable."

"How to live like RBG...Work for what you believe in, but pick your battles, and don't burn your bridges. Don't be afraid to take charge, think about what you want, then do the work, but then enjoy what makes you happy, bring along your crew, have a sense of humor."

Added by Audrey Leavitt: If you want to be a true professional, you will do something outside yourself. Something to repair tears in your community. Something to make life a little better for people less fortunate than you. That's what I think a meaningful life is. Living not for oneself, but for one's community.

Many thanks to **Carolyn Schrader**, **Elaine Love** and **Audrey Leavitt** for enlightening us last week about the significant impact of our donations to the Denver Mile High Rotary Foundation, The Rotary Foundation, and PolioPlus. We want to follow up and tell you here how you can easily make those donations. Thanks to **Noreen Keleshian**.

Denver Mile High Rotary Foundation - Tom Giordano is the treasurer of our Club Foundation. You can mail a check to Tom at 7271 E. Wesley Ave., Denver 80224, hand him a check, or donate online at www.denvermilehigh.org.

The Rotary Foundation - Noreen Keleshian processes our Club contributions to The Rotary Foundation. You can mail a check to Noreen at 3220 S. Locust St., Denver 80222. You can also donate online at www.rotary.org. Your personal donations to The Rotary Foundation earn credit towards achieving the Paul Harris Fellow designation. Our Club also matches your donations with additional credit to help you become a first time or multiple Paul Harris Fellow faster. **If you donate online, please notify Noreen via e-mail at noreenkeleshian@gmail.com so she can process your credit appropriately.**

PolioPlus - PolioPlus donations are sent to The Rotary Foundation and you can give cash to **Audrey**, mail a check to **Noreen** or donate online. Your personal donations to PolioPlus earn Paul Harris Fellow credit, but do not qualify for a Club match.

If you have any questions or need additional information, please ask **Carolyn Schrader**. Thank you.