



Denver Mile High Rotary
where commitment and service
rise above the mountain tops



Sept 7, 2020



President's Column

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September 7, 2020

Greetings Denver Mile Rotarians!

I love three day weekends. Amanda and I were able to connect with our former neighbors in their backyard for a BBQ on Sunday afternoon. It was so fun to catch up with them and share some fond memories we created with the decade of living across the street from one another. It did make me really miss my Big Green Egg, which has been in storage for the past 3 ½ years! The smoked brisket my buddy Phil did was mighty tasty! Hopefully all of you had a chance to relax and enjoy the long weekend as well.

This week's program should be interesting, learning more about the work being done by Tipi Raisers and the Lakota people. Looking forward to a good turnout for sure.

Joke of the week: I just watched a program about beavers. It was the best dam show I have seen in a long time! 😊

Stay well and see you in person or on Zoom on Wednesday!

Brad Thompson

New Member Orientation!

Join us for a fun happy hour and social gathering to welcome our newest DMHR members and to answer all of your questions! Longer standing members, please bring something to nibble or drink to share; one or the other is fine. New members, Margaret, Janine and Marcus...no need to bring anything, this is our treat!

When - Tuesday, Sept 29, 5-7 pm

Where - [816 Acoma St, Denver 80204](#) - north end of the lobby.



Zoom Details and Meeting Schedule

ZOOM LINK

In addition to in-person meetings, we will have Zoom video conferencing available. The Zoom meeting “room” will open at 7:00 am, and the meeting will begin at 7:15.

To join the Zoom meeting, click on the following link:

<https://zoom.us/j/317120546?pwd=ZjZKeGM5NEFQU2pTSXErZUpUa0Z3UT09>

Meeting ID: 317 120 546

Password: DMHR2020

If you are participating via ZOOM next week and beyond, here's what you can expect:

7:00 - Dial into the call and chat amongst yourselves, mute and unmute yourselves to mix and mingle.

7:15 - Ding, Ding! Everyone mute. Brad will go live and call the meeting to order, announce guests, inspiration and pledge.

7:20 - Brad will mute his phone to prevent audio feedback, all Zoom participants can unmute and chat amongst yourselves again. We will try to have some cameo appearances by our "in person" members, walk by, wave, and say hello via my computer with the audio on. We'll see if that works next week.

7:40 - Everyone mute yourselves; the meeting announcements/presentation will begin.

8:25 - Q&A

8:30 - 4 way test and end the meeting. Ding, Ding!

A word from your editor...

Dear fellow Rotarians,

This is your last chance to donate to the Woohoomanity riders’ fund by [clicking here](#), or by simply writing a check to the DMHR Foundation and handing to Tom Giordano at the next Rotary meeting. Go team!

There is much happening in the club, check out the mini-mini dinner information on page 5, and watch your e-mail for the dinner choices. Don’t forget to upload your childhood photo for our interesting December club event (details on page 4)! Finally, a reminder - it’s time to pay your quarterly dues; new members, please see page 8 for details.

Happy Labor Day and enjoy the snow arriving on Tuesday!

Believing in the power of Rotary to improve the world...together we can achieve...

Annelly Noble

M 303-842-8725

Annelly.noble@comcast.net

*The more you contribute to your Rotary Experience,
the more you benefit from your Rotary experience.
What are YOU contributing to Rotary?*





Denver Mile High Rotary Calendar of Events

September 8 - Local Community Service Meeting - 7:30am - Call Chair, Tom Cella (303-981-1222), for Zoom details.

September 8 - DMHR Board meeting - 4-5pm - Watch the newsletter for meeting information.

September 9 - Dave Ventimiglia, CEO of The [Tipi Raisers](#). This organization is a 501(c)(3) that has been actively working to better the lives of the Lakota People of Pine Ridge Indian Reservation since 2009. Dave actually has been working with the Lakota People since 1990

September 12 - Woohoomanity Challenge [Use this link](#) to support DMHR riders. Details on page 5.

September 16 - Barbara McFarlane - A Mother's Journey with an Autistic Son

September 17 - DMH Rotary Foundation Meeting. Contact [Tony Vaida](#) for details and phone connection info.

September 23 - Ann Tull, Carolyn Schrader and Elaine Love - The Rotary Foundation and DMHR Foundation - What are they, how does the magic work, and how have our club and projects benefitted?

September 29 - 4:00pm - DMHR Book Group discusses [Freeman](#) by Leonard Pitts, Jr. More info to follow.

September 29 - 5-7pm - DMHR New Member Orientation - 816 Acoma St, Denver 80204 - north end of the lobby.

September 30 - Steve O'Dorisio, Adams County Commissioner - Updates on development around DIA/DEN. Updates include the 2015 deal with Denver-Adams, Opportunity Zones, Colorado Air & Space Port, Aerotropolis Regional Transportation Authority, and more.

October 7 - Street sweeping on Sherman, park on another street

October 7 - Annual Message and Update from the Rotary District 5450 Governor; our very own, BOB KEMP!!!

October 13 - DMHR Board meeting - 4-5pm - Watch the newsletter for meeting information.

October 14 - Frank Anello, Executive Director Project Worthmore and Rebecca Thomas, Cherry Creek Rotar
We will learn how Project Worthmore serves an international community of refugees in Colorado. In addition to their English program, Project Worthmore operates a dental clinic, a community farm and a food share program. Ms. Thomas will share how Cherry Creek Rotary is involved with this "worth"y cause.

October 21 - Amanda Thompson will share how Emotional Intelligence (your EQ) helps you always and especially during times of crisis, how EQ can support yourself and others, and how to "read" those close to you.

October 28 - Available for a program. Please call Brian Good with your thoughts, ideas and speaker suggestions.

November 4 - Street sweeping on Sherman, park on another street.

November 4 - DMHR Club Activity - Writing cards to our deployed military. Time also available for a vocational talk.

November 11 - Available for a program. Please call Brian Good with your thoughts, ideas and speaker suggestions.

November 18 - Available for a program. Please call Brian Good with your thoughts, ideas and speaker suggestions.

November 25—CLUB DARK - THANKSGIVING.

Weekly Inspirators, Greeters & Hosts

Date	Inspiration	Greeters	Host
Sept 9	Linda Sue Shirkey	Roberta Simonton and Vass Sirpolaidis	Scott Smeester
Sept 16	Betty Speir	Robin Springer and Michael Tapp	Tony Vaida
Sept 23	Mary Walta	Bruce Ward and Marty Waters	Amy Weed
Sept 30	Ronnie Weiss	Sonny Wiegand	Pat Gorman Barry



September Birthdays
 Sept 8 - Robert Simonton
 Sept 22 - Marty Waters
 Sept 27 - Jeff McAnallen

Mental Wellness brought to you by **Diane Messamore**

Mental Wellness Tip of the Week

Savor the sunshine.



December Project - "Back in the Day!"

Brad Thompson and Brian Good have thought of a fun and creative presentation which will be featured in December but for which they need your help between now and October. Janine Kempfer, our newest member, is helping to put this project together.

Scan and send to Janine a digital photo of yourself, under the age of ten and include a few sentences sharing what this photo means to you or why you love the memory it gives you. Janine's email is janine@primemortgage.biz.

Can't wait to see those cute mugshots!



Announcing Denver Mile High Rotary Mini-Mini Dinners!

**Calling all home-chefs and lovers of great food!
Since everyone raised their hands that they either liked to
COOK great food or EAT great food at our meeting this morning,
it's time to launch our DMHR Foundation "Mini-Mini Dinners!"**

Due to COVID 19, we are limiting the number of guests to either 2 or 4 people. Single tickets can be purchased if you are flying solo, so we can include as many people as we can of course. The goal is to raise at least \$1,000 for the foundation. Following are the details.

If you want to cook for others:

If you want to cook and donate the cost of food and beverage, create a mini-mini dinner menu, perhaps 3-4 courses, by Sept 9, 2020 and send it to brad.thompson5280@gmail.com. Describe in a sentence or two, why someone should buy this meal. Set the date and time at your house. The dates should be between September 19 and October 10. Clarify if you are cooking for an additional 2 or 4 people at your house. These limits are set due to covid-19. Remember to take photos so we can see your fun evening. Send the photos to Annelly and Carolyn so we can post them in the newsletter and website. We will recap the mini-dinners on a weekly basis at our weekly meetings, as they happen.

If you want to pay for dinner and eat great food:

On September 10, please see the menus shared by the chefs, which I will send out via email/clubrunner. Check your email early and often! Each ticket for 1 meal (1 person) is \$50. Please contact Brad Thompson for what meal you want. Ph. 303-478-5729 or Email: brad.thompson5280@gmail.com First come, First serve, so have your 2nd and 3rd options decided upon. Write your checks out for the amount you buy, to DMHR Foundation and get them to Tom Giordano.

Other notes:

You can both cook a meal and buy tickets to someone else's meal, if they are on two different evenings.
You can set a theme if you would like.
You can dine inside or outside, weather permitting.
You should only participate if you feel comfortable doing so.
Practice all of the safe/healthy practices that you can!

Have fun!



District Announcements

LAST CHANCE TO DONATE!



Woohoomanity Challenge...what is it?

A Rotary wide bike ride for all levels of riders, and open to all individuals who would like to [register and ride](#).

Four of our DMH Rotary members are riding and they invite you to pledge your [support by clicking here](#).

Our DMHR Team consists of:

Melanie "Go Getter" Gentz,

Steve "Beat the Pack" Blazek,

***Tom "Strides Ahead" Cella
and***

***Marty "Way Out in Front" Waters.
Go Team!***

Donations in any and all amounts are greatly appreciated; **funds go directly to the DMHR Foundation!**

**Your donation is the easy part,
the riders have the difficult job,
each will be riding 100 miles
on September 12th!**

For details, [click here](#).
To donate, [click here](#).

[Click here](#) for a link to the District 5450 home page where you can see the district calendar, other club activities, etc.

[Click here](#) to see and hear
DG **Bob Kemp's** message for **September**.

Upcoming District events - sign up now!

Sunday, November 1 - 12:00 noon to 1:00 pm

Virtual Lunch with Rotary International
President Holger Knaack & Polio Update
Save the Date! More information &
registration available August 30

For more information, please contact:

Beverly Mendel
District Operations Manager
303-477-0654
office@rotary5450.org

Peace Workshop - Let's Talk

[Click here](#) for a link to more information and for registration for this upcoming District 5450 event.

Presented by Randall Butler (J.D. and CEO of the Institute for Sustainable Peace, and International Mediation Trainer), this experiential learning workshop will focus on the difficulties we face in simple conversations. We'll have teach-ins and group exercises that cover simple principles and practices that make constructive conversations possible again.

WHEN? Saturday, September 26, 9 am – 5 pm by ZOOM

COST? Free. You must register (space is limited to 100)

QUESTIONS? Jim Halderman, Chair, District 5450

Peace Committee,

D5450PeaceCommittee@gmail.com or (303) 564-3315

Member Contributions

Rotary Book Group

As fall approaches and the weather allows you to sit comfortably on your patio, porch or balcony, please consider reading the next book, **Freeman by Leonard Pitts, Jr.**, and joining the Rotary book club discussion on September 29th at 4:00 pm. Contact **Linda Sue Shirkey** to be included in the Zoom link distribution. The group will decide closer to the date whether this will be an "in person" or strictly Zoom event, or both.



Meet our newest Rotarian...**Margaret VanVliet**
 A native of Greenwich, CT, my work was in clinical nursing until I made a mid-career transition into hospital management and corporate healthcare. I worked in the greater NYC area before moving to Colorado in 2019 where I now serve as the Executive Director of Uplift Internationale, a nonprofit surgical mission corporation that provides cleft palate and maxo-facial repair for children in the Philippines. In addition to my love for and devotion to my three grown daughters and two growing grandchildren, my life passions are the health and wellbeing of children here and across the globe. I hope I am able to honor these passions through Rotary committee service. I am an avid outdoors-person and particularly love skiing, sailing, shooting sports, and fly fishing. I have been blessed with the enjoyment of these sports all over the world but now that I'm in the great state of Colorado, many of these sports are right in my backyard!

2020 US Census

Robin Springer reminds us that September 30th is the deadline for the US Census. Why should you care? The census informs Congress how hundreds of billions of dollars in federal funding for the next 10 years are allocated to more than 100 programs, including Medicaid, Head Start, block grants for community mental health services, and the Supplemental Nutrition Assistance Program, also known as SNAP. The Census shows Congress where communities need new schools, new clinics, new roads, where more affordable housing is needed and more services for families, older adults. It even determines how many congressional leaders in the House of Representatives are allocated. Think of this as a large scale, highly impactful Local Community Service Project and one that all Colorado Rotarians can get behind. (No fundraising or time commitment required). Preserve our quality of life and share it with those less fortunate than we are. And please, encourage your neighbors and friends to take five minutes to join you in supporting those less fortunate than we are and help keep Colorado the great state it is.

The deadline is September 30th, complete it today:
 Online: <http://www.my2020census.gov>
 By Phone: 1-844-330-2020



DMHR Year-At-A-Glance Calendar

JANUARY Write Valentine Cards for Seniors Mini-Dinner Fundraiser <i>Rotary Awareness Month</i>	FEBRUARY Craig Hospital Dinner New Member Orientation <i>World Awareness Month</i>	MARCH Mini-Dinner Fundraiser <i>Literacy Month</i>
APRIL Mile High Spring Swing <i>RI Magazine Month</i>	MAY Craig Hospital Dinner RYLA Interviews <i>Promote International Convention Mth</i>	JUNE River Rafting <i>Rotary Fellowship Month</i>
JULY Inner City Kids Hike/Rotary Peak RYLA Camp <i>Literacy Month & New Rotary Year</i>	AUGUST School Supplies Drive Past President's Party <i>Membership and Extensions Month</i>	SEPTEMBER Mini-Dinner Fundraiser New Member Orientation <i>New Generations Month</i>
OCTOBER 9 Health Fair Craig Hospital Dinner World Polio Day Event <i>Vocational Service Month</i>	NOVEMBER Write Holiday Cars for Active and Deployed Military Citrus Fundraiser <i>Rotary Foundation Month</i>	DECEMBER Holiday Party Toy Drive <i>Family Month</i>

DMHR Admin Information

Please note that Kaili, our treasurer, will invoice dues on the first of January, April, July, and October. He asks that you pay within 30 days after receiving your invoice for the quarter.

DMHR Dues: Kaili Purviance, Treasurer — treasurerdmh@gmail.com — Thank you!
Please make out dues checks to *Rotary Club of Denver Mile High*

- **Mail** a check to the Tom Cella (Sargent at Arms) 1739 Forest Parkway, Denver CO 80220
- **Bring** a check to a Club meeting and give it to Tom Cella or Kaili Purviance, Treasurer, or
- **Pay by credit card** - [Click here](#) or use the following link
<https://rotary-club-of-denver-mile-high.square.site/>

DMHR Foundation: c/o Tom Giordano — 303-263-5091 — Thank you!
Please make out contribution checks to:
Rotary Club of Denver Mile High Foundation* or *DMHR Foundation

- Hand to Tom Giordano at a meeting or
- Mail to: Tom Giordano at 7271 E. Wesley Ave., Denver, CO 80224
- **Or... [please click here](#) to go directly to our secure online donation site.**
 You may make a one time donation or set up automatic monthly donations.



Contributions to DMHR Foundation

Giving Generously
 For the
 Greater Good

2020 - 2021

Individual Donors

Pat Gorman-Barry	Carolyn Nobel	Tony Vaida
Tom Cella	Annely Noble	Mary Walta
Melanie Gentz	Adams Price	Marty Waters
Tom Giordano	Chuck Rudolph	Ronnie Weiss
Tom Gregory	Roberta Simonton	Sonny Wiegand
Bob Kemp	Robin Springer	<i>Room for more, will it be you?</i>
Diane Messamore	Michael Tapp	<i>Or you?</i>
Constance Mortell	Ann Tull	<i>Or who?</i>



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