



President's Column:

April 25th, 2017



High Rotary on the Web:

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Congrats to Chris Wong who ran the Boston Marathon last week - he writes "I ran 1:31:23 for the first half and 1:31:57 for the second half, for a total finish time of 3:03:20. This is good enough for a return visit to Boston to run in 2018" Be sure to congratulate him!

Tomorrow we will hear from Erick Scheminsk, the Deputy Director of the Colorado Office of State Planning and Budgeting. He will speak about - Colorado's Planning & Budgeting.

This Thursday the 27th, we are having a Happy Hour at Brio, we will be joined by some members of the Cherry Creek Rotary. Bring friends who may be interested in Rotary. Happy goes from 5p-7p. Thanks Betty for organizing.

This weekend is the Rotar **District Conference.** We still have one more scholarship for a Saturday. Come down and see what it is all about. Register on line—District Conference is at beautiful Cheyenne Mountain Resort. CLICK HERE to register. The speakers will be fantastic. Bill **Downes our District Governor** has done a lot of work to

make this a great conference and is really wanting to increase attendance.

There is no Bryant Elementary this Friday for Food for Thought. We have moved to an every other week format.

the The Cinco De Mayo Fiesta? It will be here before we know it. Dan and Leslie are hosting! You can register online or let Roberta or Dan know if you can make it. This is your chance to invite friends who are not yet in the Denver Mile High Rotary Club. <u>CLICK HERE</u> to sign up (you can pay by check as well) - send the link to a Do you have an announcefriend. There is also a "Chance to Win" - Tickets are \$5 or 3 for \$10, you will have of the pool of money!

Bob Connaghan announced last meeting he will be hosting a mini Dinner May 20th! \$40 each, and limited to 6 or 7 people. More details to come.

Remember to keep using your King Soopers cards. 5% of every dollar loaded

spent goes towards the club! If you don't have one yet, contact Sarah Hite to get one (schite2000@yahoo.com).

Ronnie Wiess announced last week that the 17th Annual Enchanted Gardens of Northwest Denver Are you planning to attend Garden Tour can use volunteers. This tour showcases gardens in northwest Denver.

> Want to volunteer for this year's Garden Tour? Interested in being on the Garden Tour? Call Ronnie Weiss at 303-433-4983 or email ron-

nie.weiss@conflictcenter. org

ment or would like to put something in the newsletter? Be sure to let Chris Wong know - you can send a request at chris.wong@crestonepr.co

Have a great week, see you tomorrow!

Melanie Denver Mile High Rotary



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Denver Mile High Rotary Upcoming Programs

April 26th – Erick Scheminske, deputy director of the Office of State Planning & Budgeting. Erick will discuss the broad outlook for Colorado's economy, the budget for the State of Colorado, and the competing constitutional requirements that make Colorado's budget such a uniquely challenging one to manage.

May 3rd - Rotary Founders Day! Join us to celebrate and share in your Rotary experiences.

May 10th - Ken Kurowski - Colorado Brewers Guild

May 17th - Nepal Recap - Dan, Chuck and Linda Sue



April Birthdays

13th—Greg Smith

15th—Jane Fisher



Weekly Inspirators, Greeters & Hosts

April 26th

Inspiration - Bart Schaffer

Greeters - Bart Schaffer and Carolyn Schrader

Host - Linda Sue Shirkey

Rotary Minute - Roberta Simonton

May 3rd

Inspiration - Vass Sirpolaidis

Greeters - Greg Smith and Betty Speir

Host - Robin Springer

Rotary Minute - Jeff Sprole

May 10th

Inspiration - Michael Tapp

Greeters - Greg Thielen and Tony Vaida

Host - Bruce Ward

Rotary Minute - Ronnie Weiss



Denver Mile High Rotary Calendar

April 27th - Happy Hour at Brio

April 28th—30th- District Conference - - Cheyenne Mountain

May 5th—Cinco De Mayo Fiesta

May 13th - Rotary Bike Ride (TBD)

June 10-14 Rotary International Convention—Atlanta

June 10th - Visit Garden Tour of Northwest Denver

June 17th - Denver Mile High Rotary Rafting trip!



Save the Date - Next Rotary Bike Ride May 13, 2017—More details to come!

June 10, 2017 Visit the Garden Tour of Northwest Denver

Garden Tour

The 17th Annual Enchanted Gardens of Northwest Denver Tour will be Saturday, June 10, 2017!

(Rain or shine!)

The 17th Annual Enchanted Gardens of Northwest Denver Garden Tour has served as a fundraiser for The Conflict Center's local school programs since 2001. This tour showcases gardens in northwest Denver. Watch your email for more information as this year's event takes shape!

Want to volunteer for this year's Garden Tour? Interested in being on the Garden Tour? Call Ronnie Weiss at 303-433-4983 or email ronnie.weiss@conflictcenter.org

Buy your tickets before May 15 at the early bird price of \$15 each (after May 15 tickets will be \$20)

Tickets are on sale now at The Conflict Center, or purchase online:



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WHAT WOULD IT TAKE TO CHANGE THE WORLD?

BELIEVE IT STARTS WITH A COMMITMENT TO

SERVICE ABOVE SELF

Mile High Rafting Trip

ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 17TH. A \$5 DONATION IS INCLUDED IN THE COST OF EACH TRIP. ALL PROCEDES GO TO SUPPORT THE WARRIORS ON CATARACT PROGRAM

SURE-SHOT - \$49 ADULTS, \$44 CHILD

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$59 ADULTS

Perhaps you've already been there and done that, and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$79 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

Contact Heidi Resetarit at heidi.rr@gmail.com



http://www.endpolio.org/

Sara Schaffer at sarabschaffer@gmail.com

Bart Schaffer at bsaschaffer@yahoo.com

Or, Geoff Noble at gtnoble@comcast.net

We can get a 10% rebate for every rafter booked by March 1st 2017. All rebates to be donated directly to the Colorado based non-profit program Warriors on Cataract

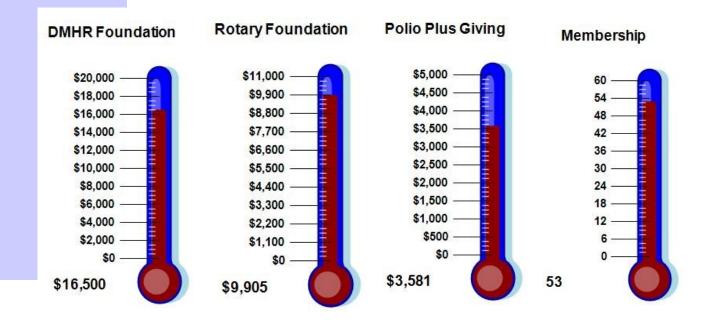
Redesign the Club Banner/Flag

Tom Cella is pursuing the possibility of re-designing/new art for our club banner / flag. Anyone interested should contact Tom. Cell: 303-981-1222

King Soopers Cards

Remember to keep using your King Soopers cards. 5% of every dollar loaded spent goes towards the club! If you don't have one yet, contact Sarah Hite to get one (schite2000@yahoo.com).





Honor Flight Send Off

Please join Geoff Noble, Carolyn Nobel and kids as we help send off WWII Veterans, Korean War Veterans, and any Veteran who has earned a Purple Heart from any conflict for an Honor Flight to Washington D.C to tour the various memorials in their honor. Please arrive at the Signature Air Terminal at Denver International Airport by 9:00 AM on Sunday, May 7th, (You can call Geoff if you have any questions (303) 669-5281)

Directions to the Signature Air Terminal:

Signature Flight Support Terminal 7850 Harry B. Combs Parkway Denver, CO 80249 (303) 342-5600

Take Pena Boulevard toward DIA

Take the Jackson Gap Street exit to the right.

At the bottom of the exit ramp turn right on to Jackson Gap Street At the 4-Way Stop, turn left on to East 75th Avenue.

Follow E. 75th Ave and it will turn into Harry B. Combs Parkway. Signature Flight Support Terminal will be on your right.



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Ipoderac Fundraiser

The LoDo Rotary Club has been in support of Ipoderac a boys orphanage in Mexico. The Orphanage is looking to build an orphanage for girls in the same area.

The event below is a moving documentary on Ipoderac and follows a few of the youth on the path as they grow in the orphanage and progress into life.

Date:

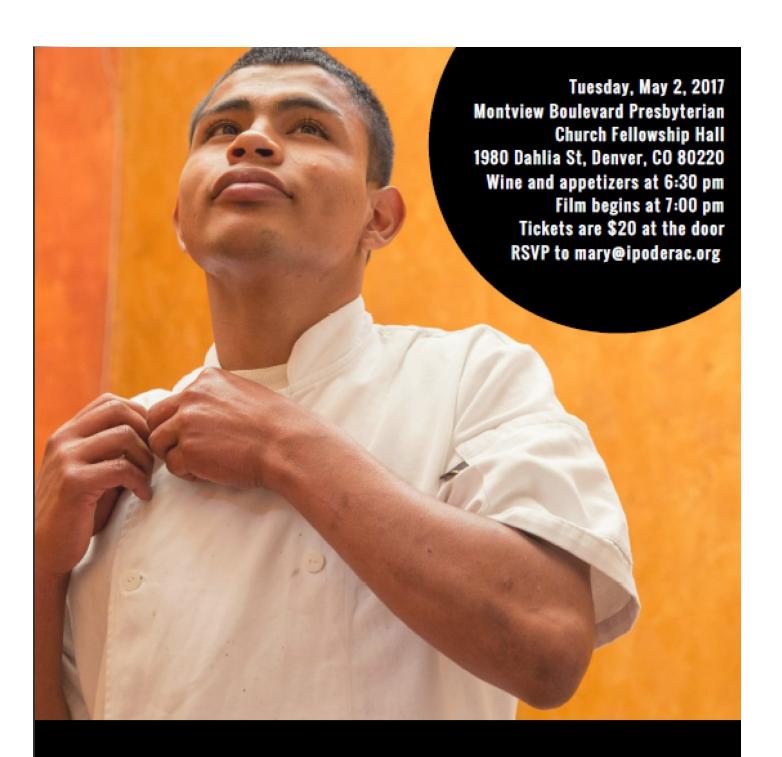
Tuesday, May 2, 2017

Location:

Montview Boulevard Presbyterian Church Fellowship Hall 1980 Dahlia St, Denver, CO 80220

Wine and appetizers at 6:30 pm Film begins at 7:00 pm Tickets are \$20 at the door

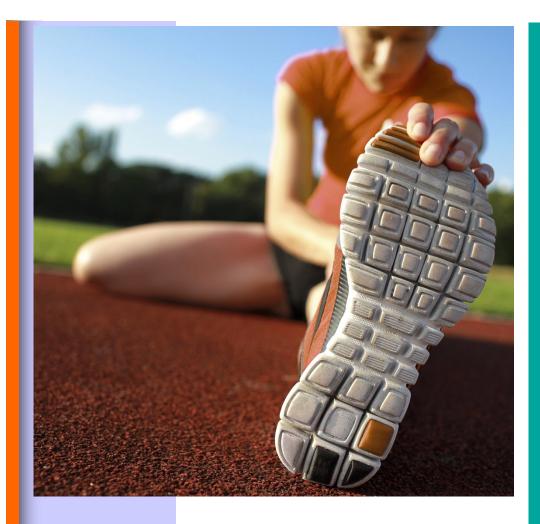
RSVP to mary@ipoderac.org



Join us for a showing of

VISITOR'S DAY

A recently premiered documentary about the lives of four boys living at IPODERAC, a successful 50 year-old home for abandoned children that Montview, the LoDo Rotary Club and Ipoderac's Children Fund have supported for many years.



MAY 21, 2017

COLFAX MARATHON BE A SHELTERBOX CHARITY PARTNER-RUN FOR SHELTER RUN FOR COLUMBIA & PERU

Run 3, 10, 13, 26 or mix it up in a relay, but run for ShelterBox and make a positive impact for families devastated by natural disasters. When you register be sure to select ShelterBox as the Charity Partner you are running for. http://shelterbox.kintera.org/tammimayfield



Log on to shelterboxusa.org to learn more about this awesome NGO

Log on to donate

register at runcolfax.org

Join us at the shelterbox tent in the charity village after the race to see and learn more

Register before the rates increase

invite a shelterbox ambassador to your work, school, group or association to share the details of what we do and how you can help!

Contact: Tammi Mayfield 720.366.4721 tammimayfeild@msn.com



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