

Club of Denver Mile High Denver Mile High Rotary where commitment and service rise above the mountain to

President's Column:

December 7, 2016



High Rotary on the Web:

www.denvermilehigh.org

Denver Mile High Rotary on Facebook

Denver Mile High Rotary on LinkedIn

Rotary District 5450 Website

Rotary International Website

Inside this issue:

- **Upcoming Programs** 2
- Inspirators, Greeters, Hosts
- **Holiday Party & Local** 4 **Community Service**
- **Hearts for Humanity** 5 **Fundraiser**
- Calendar & Updates
 - State Luncheon
- Mental Health Symposi- 8 um
- Thank You from Honor 9 Flight Committee

end of the year and I can feel it in the air. There are so many things going on and yet a wonderful spirit in the air.

Tomorrow, please be on your best behavior! We are hosting our very own District Governor - Bill Downes. Bill will update us as to what is going on in District 5450 and other Rotary news. It is a special honor to have him visit our club. Assistant District Governor - Deborah Dale Brackney will also be attending, so as you do so well - The State of the State Lunchwelcome them warmly:)

Thank you Michael Tapp for organizing the Adopt a Family for the holidays. Thank you to each person who has stepped in to donate a present or time to this effort. About 20 of our members are directly involved! (probably more).

We have a handful of people signed up to sort toys for the Salvation Army on the 14th -This is a wonderful way to give your time to our community! Melanie Gentz, Michael Tapp, Audrey Levitt, Pat Gorman Barry, Betty Speir, and Carolyn Nobel will be there with her office. There are a few more spots available if you would like to volunteer on the 14th from 4-6pm. click here

The Bryant / Food for Thought

We are quickly approaching the program will be happening this Friday the 9th. Only one person has officially registered, so if you would like to volunteer, please register click here.

> The Denver Mile High Holiday Party is this Sunday! Thanks to all who have already RSVPed on the Evite. Should be a wonderful evening!! Thank you again Bart and Sara items. Think of things like the for hosting. Let us know if you Escape Room or Clue Room, 4 have questions.

eon is on the 15th and I know a handful of you are planning to attend! Look forward to hearing about it. If you need more details on how to sign up, look in the newsletter.

As for the Presidents Dinner, I have a handful of RSVPs, -Bob Kemp, Ann Tull, Heidi Resetarits, Audrey Leavitt I know others have told me, but if you can send a quick email to Mela-

nie.gentz@gmail.com if you have signed up, so I do not miss anyone. Should be a great night and is also a fundraiser for Polio Plus!

Speaking of fundraisers! Thanks to all who contributed to Shelter Box. This is a great organization that partners with Rotary and we were able to donate one Shelter Box (by collaborating with other clubs).

On February 11th - save the date for a fun Cocktail - Heart for Humanity fundraiser and silent auction for the Denver Mile High Rotary Foundation. We are in need of silent auction items. We will help with a letter of request to reach out to local businesses to donate somes at the Golf Course, Restaurant gift Certificate, bottles of wine, vacation get aways, Paintings, sport packages, Broncos tickets, etc. The list is endless and if each member asks one business in the community we can have a wonderful fun night and raise money to help with our projects next year. More details to follow.

See you all tomorrow,

Melanie President Denver Mile High



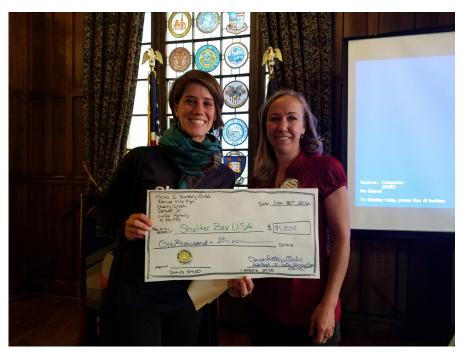


Denver Mile High Rotary Upcoming Programs

December 7th - We welcome our very own District Governor - Bill Downes! Bill will update us about what is going on in our Rotary District as well as Rotary in the United States and Globally.

December 14th - Kent Drotar will be speaking to the club about the Wild Animal Sanctuary.

December 21st - Dark for Christmas week.



Kara Lapso (last week's speaker) receiving a check from Melanie for Shelter Box



December Birthdays

3rd—Noreen Keleshian 4th—Tom Gregory 13th—Tom Cella 16th—Bob Kemp





Weekly Inspirators, Greeters & Hosts

December 7th

Inspiration - Sarah Schaffer

Greeters - Ronnie Weiss and Sara Schaffer

Host - Carolyn Schrader

Vocational - Tom Giordano

December 14th

Inspiration - Linda Sue Shirkey

Greeters - Kevin LeVezu and Roberta Simonton

Host - Vass Sirpolaidis

Vocational - Kurt Bartley

December 21st

Dark for Christmas Week





Rotary Holiday Party

Rotary Holiday Party
Dec 11th, 6-10 pm, Hosts: Bart & Sara Schaffer
The Pinnacle Tower 1 Party room first floor
2990 East 17th Ave, Denver 80206
Bring a side dish or dessert, turkey ham and drinks provided

Local Community Service

In addition to the Sponsor a Family program we have a hands on Volunteer Opportunity for you. We have committed 10 spots to volunteer at the Salvation Army to sort toys. This is a wonderful time of year to be hands on and working with the community.

Come help us provide Christmas to over 1,000 families in Denver this season by picking unique toys for individuals and packing them into family bags. These bags will fill up an entire gymnasium that turns into something more like the North Pole. This is one of the most rewarding volunteer opportunities we offer. To make the experience even more rewarding, bring your whole family, a large group of friends or even a full office of coworkers. The more the merrier!

Other shifts are available, but if we can get a group of at least 10 for December 14th, 2016. Just let Michael Tapp know if you can make it.

If you have more time and would like to host a shift - you can choose a date https://volunteer.usawest.org/OpportunityDetail.aspx?ID=1939
Please let us know if you have questions!

12/14/2016 Start: 4:00 PM End: 6:00 PM Pack toy bags with us
Your group reserved 10
spots
Remove this shift

The Salvation Army Denver Red Shield 2915 High Street Denver CO. 80205



Hearts for Humanity Fundraiser

Heart for Humanity Fundraiser: 6:00 PM 2.11.2016Denver Mile High Rotary Dinner and Silent Action

We're excited about raising money for our projects here and abroad, and we want to have fun with it! DMHR wants to share our heart for humanity from our involvement in community projects in Denver to our global reach. Details for ticket sales, location and sponsorships will be sent soon, but for now we need you to do two things:



- 1. Save the date for February 11, 2017
- 2. Donate items for our silent auction.

Ideas include:

- -Restaurant or store gift certificates
- -Wine, Coffee or Tea Basket (ask for assistance or ideas for putting this together)
- -Tickets to movies, theater, museums, concerts or games
- -Spa/Nails/Massage gift certificates
- -Days at a mountain home or vacation rental
- -Signed books, artwork or sports memorabilia
- -High quality homemade gifts like knit hats, blankets or gloves

We're looking for one or two high-value item that will be used to raise funds in an auction-like setting.

Please send a confirmation of a silent auction donation to Heidi, <u>heidi.rr@gmail.com</u>. She will send you details on the next steps.

We can't wait to share our hearts for humanity with the community!

WHAT WOULD IT TAKE TO CHANGE THE WORLD?

BELIEVE IT STARTS WITH A COMMITMENT TO

SERVICE ABOVE SELF

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

Reminder! We WILL be at Bryant Webster on Dec. 9. December 16 we will NOT be filling food bags at Bryant Webster Elementary School. Several organizations have been asking to participate with 15-20 people - with our team that would be too many people. After this year end push we will likely be there each week.

December 14th - Pack toy bags from 4-6PM with the Salvation Army Denver Red Shield! 2915 High Street, Denver CO 80205. Contact Michael Tapp or Melanie Gentz to sign up!

December 15th - State of the State Mental Health Symposium—Hyatt Denver Tech Center

January 26th - Rotarians who Sing and Friends—Can you sing? Want to hear others sing? you don't have to sing, but join us for a fun night - and a little fundraiser, bring friends, spouses, partners, siblings, Rotarians from other clubs. \$15 donation to the DMHRF and \$1-\$2 gratuity for Private Room Karaoke. Don't be shy!

Join us for Rotarians who Sing and Friends - Register HERE - or let us know you are coming and you can write a check to the foundation - there is only room for 30, so please RSVP. - Thursday, January 26th from 5:45 - 8pm at Voice Box. We will have our own Private Room.

VoiceBox Karaoke, 2601 Walnut Street, Denver CO 80205.

Save the Date!

December 11th - Denver Mile High Rotary Holiday Party 6-10PM The Pinnacle Tower 1 Party room first floor; 2990 East 17th Ave, Denver 80206

January 7th - RI President's Dinner Denver Marriott South (10345 Park Meadows Drive, Lone Tree, CO 80124) 5:30—8:30PM

February 11th - Heart for Humanity Fundraiser

SAVE THE DATE!

Thursday, December 15, 2016 Hyatt Regency DTC

ROTARY CLUB OF DENVER SOUTHEAST AND DISTRICT 5450 PRESENT:

10th State of the State Luncheon Expo and Symposium

Rotary is supporting a Mental Health vision for our members, our community and our nation. In accordance, this year's 10th State of the State Luncheon will include a presentation by Dr. Geetha Jayaram whose lifetime work has been to improve mental health in our country. The annual state of the state address will be presented by Lieutenant Governor Donna Lynne.

Preceding the luncheon, there will be a Mental Well-Being Symposium and Expo:

Mental Well-Being Symposium: 9-11:20am

Mental Health & Wellness Expo: 11am - 11:55am

Lunch Registration: 11am-11:55am Lunch Program: 12pm – 1:30pm

Mental Health Well-Being Symposium

Breakout Sessions

9:00 to 10:00 (choose one when registering)

<u>Building Better Relationships----parents, peers, and friends----</u>
<u>"the art of peace".</u>

Rotarians and Mental Health Organizations Working Together:

A dialogue between Rotarians and Expo participants....

Best practices.

10:00 to 10:20 Break: Coffee and Water provided by *Mile High Behavioral Healthcare*

10:20 to 11:20 (choose one when registering)

Rotarian's Well-being: Balancing work, family and community.... Is Rotary an Rx for Good Mental Health?

Helping Others in a Mental Health Crisis: Three experts on trauma, suicide and Crisis Services.

The Symposium is free and open to the public. You do not have to register for the luncheon to attend. Register at: https://www.eventbrite.com/e/rotary-district-5450-mental-well-being-symposium-tickets-28713730541

For luncheon, register at:

http://portal.clubrunner.ca/2193/Event/2016-state -of-the-state-luncheon

Thank You from Honor Flight Committee

Wednesday, December 7, 2016, is the 75th Anniversary of the Japanese attack on Pearl Harbor, which resulted in the U.S. entering WWII fighting Japan, Germany and their allies. Numerous historians evaluate this worldwide conflict as, "The second World War was the most catastrophic war in history." Some 16.1 million American men and women answered the call to duty. More than 405,000 lost their lives, 672,000 were injured, 124,000 became Prisoners of War, and 30,000 are missing in action.

On behalf of COL Stan Cass, US Army (Ret), founder and President of Honor Flight Northern Colorado (HFNC), the volunteer Board of Officers, and our Estes Park HF Committee, the continued support of your Rotary Club of Denver Mile High Foundation is most appreciated. As you know, our cost per veteran for these flights is \$1000. With your November 2016 donation, since Spring 2012 you have made it possible for six veterans to visit their memorials in Washington, D.C. Your club/foundation continues to be the #1 donor group among Colorado Rotary clubs.

WWII veterans always will be our top priority. It is estimated by the Veterans Administration that across the USA we are losing some 640 of them per day - yes, per day. We volunteers with HFNC are now taking the men and women from anywhere in Colorado, western NE, and southern WY, who served during WWII.

In June I met Garold Fox, a WWII Army Air Force enlisted man from Littleton, CO, and his daughter, who were unaware of Honor Flight. Thus I provided them our website, www.honorflightnortherncolorado.org. After our September flight I received a thank you note from him, with details of his two day adventure. His grandson served as his Guardian, remaining at his side and pushing his wheelchair. He is extremely proud of the rain resistant jacket given to all veterans, on the back of which is emblazoned in one inch tall letters, "All Gave Some, Some Gave All".

He concluded with, "It was an honor to be part of that group. Some of us were thirsty, so, led by a B-17 pilot, we had a glass of beer." "Thanks again for your kindness."

Note that Mr. Fox was on our 17th flight. Since HFNC began chartering aircraft in September 2008, our flights in May and September have now given 2225 veterans this experience which they earned in uniform more than seven decades ago.

Mile High Rotarians, please help us spread the word to families, friends and fellow Rotarians in our great state to seek out eligible veterans. Encourage them to consult our website for details, print the veteran application - and one for a family member who wants the experience of accompanying a parent or grandparent as a Guardian. Mail them to our P.O. box in Ault, CO.

Our May 7-8, 2017, flight is only ~five months away, and applicants are accepted based on the date their applications arrive in our box.

Feel free to contact me with questions.

Sincerely,

Richard "Dick" Life, Captain, US Navy (Ret)