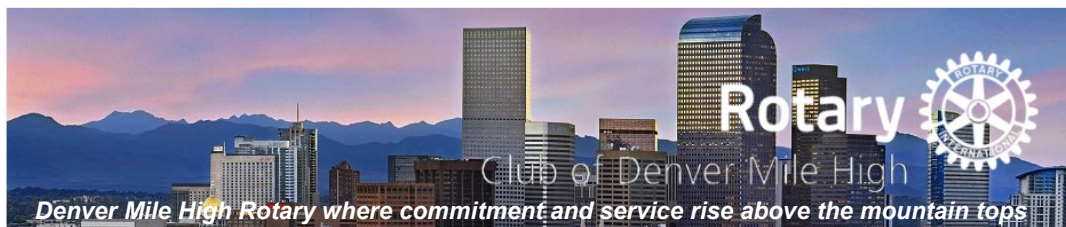




Denver Mile High
Rotary
Club



President's Column:

February 21, 2017

High Rotary on the Web:

www.denvermilehigh.org

[Denver Mile High Rotary
on Facebook](#)

[Denver Mile High Rotary
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[Rotary District 5450 Web-
site](#)

[Rotary International Web-
site](#)

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For those of you who had a nice long weekend, hope you enjoyed it!

I want to say Thank You again to all who donated, bid, volunteered for the Silent Auction—in which we raised \$10,280 for the Denver Mile High Rotary Foundation. So awesome.

I am looking forward to turning our “Oatmeal Wednesdays” into Paul Harris Day! I will try to remind you, but be sure to wear your Bling on the 2nd Wednesdays of the month! We will honor new and old Paul Harris Fellows and educate those who don’t know what that means!

I am also excited to announce Kristy Bayley and Jane Fisher have applied for membership this week! The board has approved if any members would like to share, please let me know, otherwise we will look forward to inducting the two of them into the club in the next few weeks! Also very exciting!

Please be sure to invite friends, co workers, people you meet in the elevator to Rotary! Our club is fantastic and has a lot to offer! Let’s share!

As for happening, this week - people sign up to volunteer at Byrant Elementary for Food for Thought if you can.

Don’t forget we have a Happy hour this week on the 23rd at the Avenue Grill from 5p—7p. Hope to see you there!

The group of 11 are leaving for Nepal on the 25th of February, so wish them well and look forward to hearing about your trip!

District Conference will be here before we know it! Are you interested? Do you want to know more? Would you like to go just for one of the days or the nights. There were wonderful speakers and Rotarians from all over the District. You can learn more about Rotary, what our district is doing, hear fantastic speakers and even enjoy a night at the Cheyenne Mountain Resort. Ask for more details!

Thanks again to Scott Smeester for speaking last week and sharing about Cyber Security! Fantastic speech. This week we have - Alan Carpenter—his speech is titled—**Fall Down, Get Up, Get Moving** - Sometimes life’s greatest

challenges offer exceptional opportunities for personal growth. On June 16, 2013, while hiking alone on the 2,660-mile long Pacific Crest Trail in California, Alan suffered a life-threatening accident. He was miles from the nearest road and couldn’t walk. His presentation, Fall Down, Get Up, Get Moving, describes how he survived the accident and illustrates three key lessons that: 1) each of us has far more internal strength that we imagine, 2) it’s not what happens in life that really matters, it’s how we respond to what happens, and 3) be prepared for what life might send your way.

Look forward to seeing you on Wednesday.

Melanie
Denver Mile High Rotary



Denver Mile High Rotary Upcoming Programs

February 22nd - Alan Carpenter Fall Down, Get Up, Get Moving - Sometimes life's greatest challenges offer exceptional opportunities for personal growth. On June 16, 2013, while hiking alone on the 2,660-mile long Pacific Crest Trail in California, Alan suffered a life-threatening accident. He was miles from the nearest road and couldn't walk. His presentation, Fall Down, Get Up, Get Moving, describes how he survived the accident and illustrates three key lessons that: 1) each of us has far more internal strength than we imagine, 2) it's not what happens in life that really matters, it's how we respond to what happens, and 3) be prepared for what life might send your way

March 1st - Christina Burri - Denver Water – Watershed Scientist

March 8th—Chris Armstrong Denver's Smart Cities Challenge



February Birthdays

February 8th—Pat Gorman Barry

February 11th—Sonny Weigand

February 24th—Adams Price



Weekly Inspirators, Greeters & Hosts

Weekly Inspirators, Greeters & Hosts

February 22nd

Inspiration - Greg Smith

Greeters - Betty Speir and Robin Springer

Host - Jeff Sprole

Rotary Minute - Michael Tapp

March 1st

Inspiration - Greg Thielen

Greeters - Tony Vaida and Bruce Ward

Host - Ronnie Weiss

Rotary Minute - Sonny Wiegand

March 1st

Inspiration - Diane Wilson

Greeters - Chris Wong and Michelle Ashby

Host - Pat Gorman Barry

Rotary Minute - Bob Connaghan



Denver Mile High Rotary Calendar

February 23rd - Denver Mile High Rotary Happy Hour - Avenue Grill from 5 - 7pm

February 25th - Group leaves for Nepal

April 1st - Rotary Ski Day

April 28th—30th- District Conference - -Cheyenne Mountain

June 10-14 Rotary International Convention—Atlanta

June 17th - Denver Mile High Rotary Rafting trip!



WHAT WOULD IT TAKE TO CHANGE THE WORLD?

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT TO
SERVICE ABOVE SELF

Mile High Rafting Trip

ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 17TH. A \$5 DONATION IS INCLUDED IN THE COST OF EACH TRIP. ALL PROCEEDS GO TO SUPPORT THE WARRIORS ON CATARACT PROGRAM

SURE-SHOT - \$49 ADULTS, \$44 CHILD

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$59 ADULTS

Perhaps you've already been there and done that, and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$79 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

Contact Heidi Resetarit at heidi.rr@gmail.com

Sara Schaffer at sarabschaffer@gmail.com

Bart Schaffer at bsaschaffer@yahoo.com

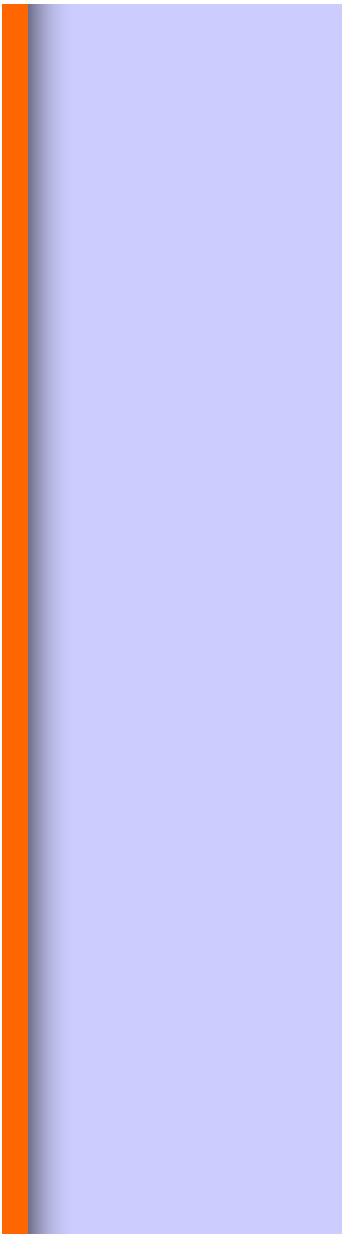
Or, Geoff Noble at gtnoble@comcast.net



<http://www.endpolio.org/>

We can get a 10% rebate for every rafter booked by March 1st 2017. All rebates to be donated directly to the Colorado based non-profit program

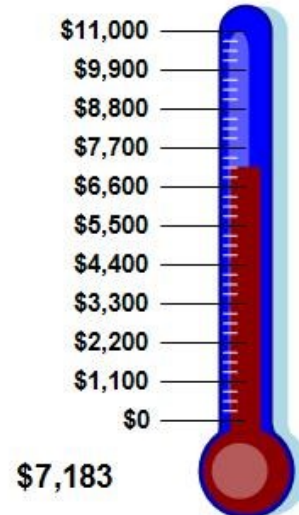
Warriors on Cataract



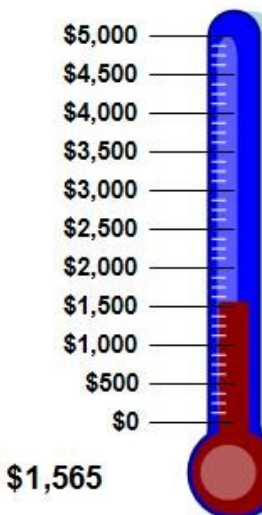
DMHR Foundation



Rotary Foundation



Polio Plus Giving



Membership

