



Denver Mile High  
**Rotary**  
Club



#### High Rotary on the Web:

[www.denvermilehigh.org](http://www.denvermilehigh.org)

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[Rotary District 5450 Web-  
site](#)

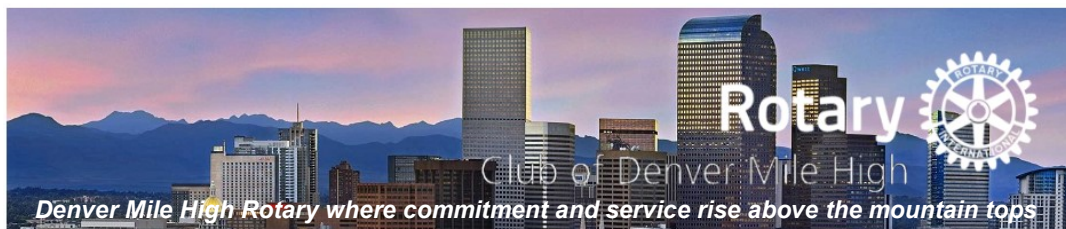
[Rotary International Web-  
site](#)

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## President's Column:

July 12, 2016

The year is already off to a great start! First I would like to give Geoff Nobel a big shout out for such a successful rafting trip event. There are more details on page 2, but everyone had such a wonderful time and we made a wonderful donation to Warriors on Cataract! Thank you!



Tomorrow, we will be hosting 6 Rotarians from Japan and their hosts. Lawton Shinsato's company has brought a youth Baseball team from Japan to Colorado. Along with them are a group of Rotarians from Osaka. Be sure to be welcoming when they are here.

On page 3, you can see some wonderful photos from the Mini Dinner that Michele and Keith Ashby hosted on the 25th of June. Thank you Michele. If you haven't already the next one is hosted by Michael Tapp and Heidi Restartis on August 13th. Be sure to ask for details. If you don't know what a mini dinner is? Be sure to ask! Attend one, find out for yourself!

July is a busy month! Be sure to join us this Saturday the 16th to celebrate Bob Kemp! The past president's party is a time we celebrate all the time and effort and service that Bob gave over his last year. Please RSVP to the Evite if you haven't already. Thank you Bob for all you did this past year.

The next Happy Hour has already been arranged so you can mark your calendars. July 27th at the Thirsty Lion in Cherry Creek. 5p—7p.

Greg, Tom, Paul, Michele are still in the works on the Greenhouse for the Little Sisters of the Poor. They have made wonderful progress but still do need (2) 2x6x10ft boards to fill in the gaps along

the foundation that will keep the critters out.

They also need 6 in ch or so of angular aggregate for the floor. Tom Cella will help build the front door. If you would like to help on this project be sure to reach out to Michael Tapp.

On July 26th, for new members who have questions about anything regarding the Denver Mile High Club - we are hosting a New Member gathering to go over some of the details that possibly you may not know yet about the Denver Mile High Rotary club. How to get more involved - who to ask for certain things. Bring questions, we will send more details separately.

See you tomorrow!

-Melanie



## Denver Mile High Rotary Rafting Trip



On Saturday, July 9th, over 40 Rotarians, family members, and INTERACT students braved the chilling white water of Clear Creek on a rafting trip with Denver Mile Hi Rafting company. Although a couple members of the group did go for a brief swim, no one was injured and we all survived the adventure. Rotarian, their children and grandchildren enjoyed the experience. The weather was beautiful, the ice-cold water was invigorating and the experience was thrilling!

After rafting, most of us met at Beau Jo's in Idaho Springs for an all you can eat pizza buffet and salad bar. Fread Solheim, the founder of Warriors on Cataract, was our guest for lunch and we presented him with an initial check contribution of \$1,000. The final proceed from this FUNdraising event, including contributions, discounts and rebates will total just over \$2,000.

**Thank you to everyone who supported or participated in this event!!!**

- Geoff Nobel





## Mini Dinners

On June 25th, Michele and Keith Ashby hosted a mini dinner! A wonderful Summer evening of food and fellowship!



A Mini Dinner is hosted by a Rotarian in the club. The host agrees to provide a wonderful time and dinner for people who show up. You can limit it to 6 people or 30 people, whatever works best. Then each attendee donates the suggested amount for that evening's dinner and fellowship and the money raised all goes to the Denver Mile High Rotary Foundation.

The Denver Mile High Rotary Foundations supports our service project s, RYLA, Polio Plus Donations, etc—Be sure to join the next one CHOPS—on August 13th.

## Denver Mile High Rotary Upcoming Programs

**July 13th—** Dr. Jean Abbott will be our guest speaker. Dr. Abbott will speak about the increasingly complex topic of medical ethics. She is a retired emergency medicine physician, but still teaches in the Denver Health Emergency Medicine Residency on ethics and professionalism. Dr. Abbott also a member of the University of Colorado Hospital Ethics Committee and manages the Ethics Consult Service. She lectures regionally and nationally and writes about ethics and professionalism issues in clinical practice and emergency medicine. (Kevin will host.)

**July 20th—**Coordinating travel for an organization as large and expansive as Rotary International is a complex, challenging, and interesting task. Our guest speaker will be Robert Mitz, RI Global Travel Director. Make sure to join us for this interesting look at an important part of our International organization.



### July Birthdays

**July 8—Dan Himelspach**  
**July 24th—Betty Speir**

Denver Mile High  
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Club





## Weekly Inspirators, Greeters & Hosts

### July 13th

**Inspiration - Tony Vaida**

**Greeters - Paul Anderson & Sonny Wiegand**

**Host - Diane Wilson**

**Rotary Minute - Kevin Gallaway**

### July 20th

**Inspiration - Paul Anderson**

**Greeters - Michele Ashby and Pat Barry**

**Host - Kurt Bartley**

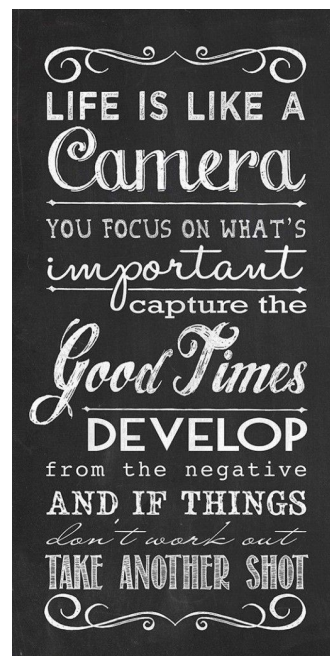
**Vocational -**

### July 27th

**Inspiration - TBD**

**Greeters - TBD**

**Host - TBD**



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WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS  
BELIEVE IT STARTS WITH A COMMITMENT TO  
**SERVICE ABOVE SELF**

## Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

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## Denver Mile High Rotary Calendar

**July 12th - Denver Mile High Rotary Board meeting 4:30p**

**July 16th - Past President's Party, 6pm—2450 E. 5th Ave.**

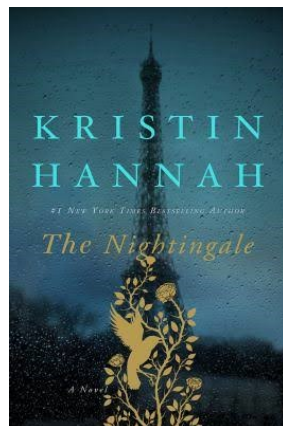
**July 26th - New Member gathering**

**July 27th - Monthly Happy Hour - Thirsty Lion - Cherry Creek, 201 Columbine, Denver.**

**August 13th - CHOPS—Michael Tapp and Heidi Restartis Mini Dinner**

**August 20th - Grants and Club Qualification Training - 9:00 to 11:30 am—**  
To register email Carolyn Schrader at [schrader407@gmail.com](mailto:schrader407@gmail.com)

**January 7th - RI President's Dinner & Polio Fundraiser 5:30—8:30**



Would you like to join the Denver Mile High Rotary Book Club?

This Book: The Nightingale

Contact Sarah Hite for more information  
[schite2000@yahoo.com](mailto:schite2000@yahoo.com)



<http://www.endpolio.org/>

# Message from District Governor Bill Downes

## "ROTARY SERVING HUMANITY"



As our District's new Lieutenant and Assistant Governor's and Committee Chairs, and Club's presidents and their boards take office July 1, let us all be grateful for their leadership, willingness to give of their talents, time and treasure to accomplish all that we have set out to do.

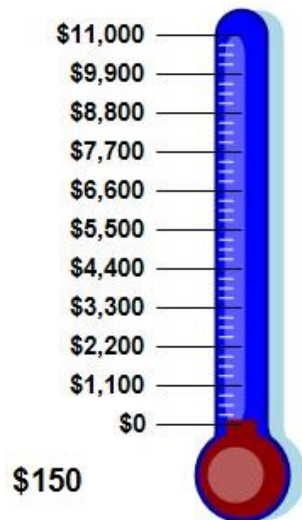
See more— <http://www.rotary5450.org/>

**Denver Mile High Rotary gifting Goals 2016—2017** to the Rotary International Foundation and Polio Plus campaign.

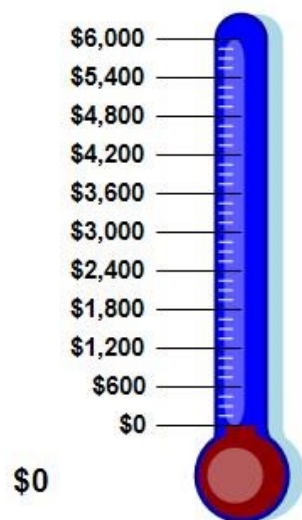
Year to date in 2015-2016 the Denver Mile High Club donated \$10,884 to the RI Foundation and \$5,614 to the Polio Plus fund.

I thought it would be fun to track our success this year on these goals that the district and Rotary International asks us to achieve!

### Rotary International



### Polio Plus



### Membership

