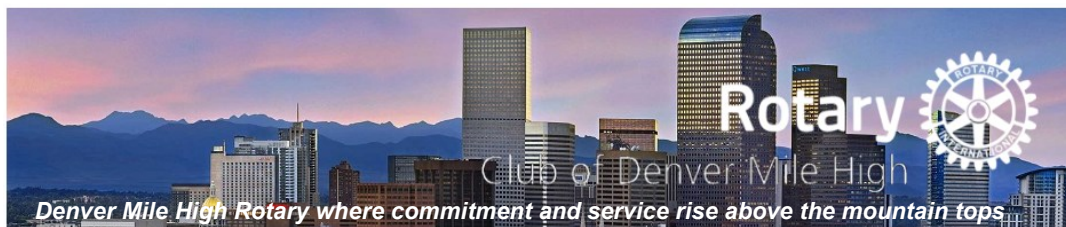




Denver Mile High
Rotary
Club



May 2nd, 2017

President's Column:

High Rotary on the Web:

www.denvermilehigh.org

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[Rotary District 5450 Web-
site](#)

[Rotary International Web-
site](#)

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There is so much going on this month! First Happy Birthday Denver Mile High Rotary, as our club turns 28! We will be celebrating our "charter" tomorrow at the meeting, be sure to bring your favorite Denver Mile High Rotary memory to share with other members of the club!

This past weekend at District Conference I am reminded what a great club we have and how lucky we are part of District 5450! My favorite memory from the past weekend was watching our members tear it up on the dance floor! It was a weekend of fun and inspirational speakers. We had the opportunity to hear of all the wonderful projects going on in our District and in Rotary.

Congratulations to Denver Mile High Rotary – we won the Youth Services Award! A lot of the work our club has been doing with CEC Interact and each of you who has been a part of it! So many people have contributed to maintaining and moving the CEC club forward. We were also presented with a plaque for the Paul Harris award for 2015-2016 as we passed along our fellow Paul Harris

to the Denver Tech Center Rotary club for this year! Thank you to all who have contributed to the Polio Plus Campaign I will be bringing cute little boxing gloves to show our club is one in the district who has given more than \$50 per a member. We are so close to eradicating polio. Let's keep fighting.

This Friday is the Cinco De Mayo Fiesta – it will be a wonderful evening of Fellowship, thank you to Dan and Leslie for hosing. You can sign up online – (there is a tab if you would like to pay by check and pay later), [CLICK HERE](#) to sign up – or just show up on Friday evening. Let Roberta know if you can make it. She will also have Chance to Win Tickets, winner will be announced this Friday!

Food For Thought this Friday morning! We as always need volunteers, if you can help please sign up – [CLICK HERE](#) – Right now it only looks like one person is signed up! Keep the tradition going after volunteering – join other members of the club for a quick breakfast.

This Sunday, May 7th, please join Geoff Noble and Carolyn Nobel as they send off Veterans on an Honor Flight to D.C. More details in the newsletter – meet a DIA at 9:00am on Sunday May 7th. Get in touch with Geoff Noble for more information. Get your calendars out as we have other great events coming up – May 20th Bob Connaghan is hosting a mini dinner, this filled up faster than fast! May 13th will be another Fellowship Bike Ride, details will be sent this week. June 17th is the rafting trip, it will be here before we know it. As Geoff said, there is still more room! Invite friends.

See you all tomorrow and thanks for the great work you are doing,

Melanie
Denver Mile High Rotary



Denver Mile High Rotary Upcoming Programs

May 3rd - Rotary Founders Day! Join us to celebrate and share in your Rotary experiences.

May 10th - Steve Kurowski - We have all seen the explosion of craft breweries in the Denver area, and beyond. The Colorado Brewers Guild is a non-profit trade association who promotes and protects the Colorado craft brewing industry. Steve, Operations Director at the CBG, will join us to talk all things Colorado beer.

May 17th - Nepal Recap - Dan, Chuck and Linda Sue



May Birthdays

10th—Robin Springer

11th—Tony Vaida



Weekly Inspirators, Greeters & Hosts

May 3rd

Inspiration - Vass Sirpolaidis

Greeters - Greg Smith and Betty Speir

Host - Robin Springer

Rotary Minute - Jeff Sprole

May 10th

Inspiration - Michael Tapp

Greeters - Greg Thielen and Tony Vaida

Host - Bruce Ward

Rotary Minute - Ronnie Weiss

May 17th

Inspiration - Sonny Wiegand

Greeters - Diane Wilson and Chris Wong

Host - Michelle Ashby

Rotary Minute - Pat Gorman Barry



Denver Mile High Rotary Calendar

May 5th—Cinco De Mayo Fiesta

May 7th—Honor Flight Send-off

May 13th - Rotary Bike Ride (TBD)

**June 10-14 Rotary International Convention—
Atlanta**

June 10th - Visit Garden Tour of Northwest Denver

June 17th - Denver Mile High Rotary Rafting trip!



Save the Date - Next Rotary Bike Ride May 13, 2017—More details to come!

June 10, 2017 Visit the Garden Tour of Northwest Denver

Garden Tour

**The 17th Annual Enchanted Gardens of Northwest
Denver Tour will be Saturday, June 10, 2017!**

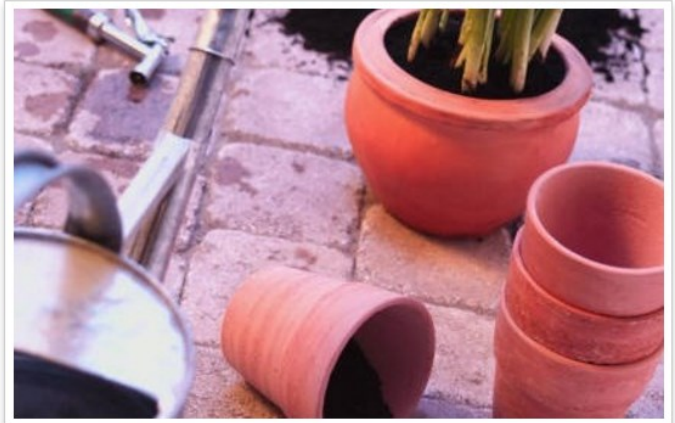
(Rain or shine!)

The 17th Annual Enchanted Gardens of Northwest Denver Garden Tour has served as a fundraiser for The Conflict Center's local school programs since 2001. This tour showcases gardens in northwest Denver. Watch your email for more information as this year's event takes shape!

Want to volunteer for this year's Garden Tour? Interested in being on the Garden Tour? Call Ronnie Weiss at 303-433-4983 or email ronnie.weiss@conflictcenter.org

Buy your tickets before May 15 at the early bird price of \$15 each (after May 15 tickets will be \$20)

Tickets are on sale now at The Conflict Center, or purchase online:



WHAT WOULD IT TAKE TO CHANGE THE WORLD?

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT TO
SERVICE ABOVE SELF

Mile High Rafting Trip

ROTARY HALF-DAY RAFTING TRIPS WITH MILE HI RAFTING ON SATURDAY, JUNE 17TH. A \$5 DONATION IS INCLUDED IN THE COST OF EACH TRIP. ALL PROCEEDS GO TO SUPPORT THE WARRIORS ON CATARACT PROGRAM

SURE-SHOT - \$49 ADULTS, \$44 CHILD

Rafting on Clear Creek River's mountain water is an experience that's fun for the whole family. Get ready for some fun on our exciting 'Sure Shot' beginner-rafting trip. Begin with passing by the historic Charlie Taylor Water Wheel experiencing Class II rapids (ripples). While rafting through Historic Idaho Springs the Class III rapids of Castle Falls and Argo Holes test your newly developed rafting skills. Below town history and nature abound, with the occasional sighting of Retail Hawk, Deer, Fox, Bob Cat, Lynx, Elk, and Big Horn Sheep. Dizzy Lizzy, Power Line, Mountain Lion, and Box prepare us for the grand finale of Mr. Twister! The perfect beginner - starting with Class II water so you can practice, and then the Class III rapids. There is a 50 pound minimum for rafting to insure proper fit of the life jacket. Allow 3 hours for the trip.

BLAST (INTERMEDIATE HALF DAY) - \$59 ADULTS

Perhaps you've already been there and done that, and are looking for something more. Most folks who paddle the Blast weren't expecting some of Colorado's most consistent whitewater, and come back for more! With five solid class IV rapids and more class three whitewater than we have space to mention, the Blast is waiting for those with good physical conditioning and an attitude for adventure. If you are active in your daily life the 'Blast' is the trip for you. Allow 3 hours for the trip. Minimum age 14.

KAMIKAZE (ADVANCED HALF DAY) - \$79 ADULTS

One of our former guests refers to this trip as "the best darn whitewater around!", and after braving the rapids of the Kamikaze trip you'll understand why. Add another two miles of continuous (and we aren't kidding!) class IV/III whitewater onto the Blast and you have an adventure that will bring you back over and over. If you're on your toes you might have time to enjoy the scenery of the Front Range before you dive into your next rapid. Previous experience and the ability to swim is highly recommended. Allow 3 hours for the trip. Minimum age 14.

Contact Heidi Resetarit at heidi.rr@gmail.com

Sara Schaffer at sarabschaffer@gmail.com

Bart Schaffer at bsaschaffer@yahoo.com

Or, Geoff Noble at gtnoble@comcast.net

We can get a 10% rebate for every rafter booked by March 1st 2017. All rebates to be donated directly to the Colorado based non-profit program Warriors on Cataract



**END
POLIO
NOW**



<http://www.endpolio.org/>

Redesign the Club Banner/Flag

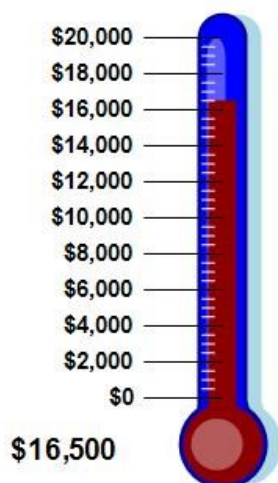
Tom Cella is pursuing the possibility of re-designing/new art for our club banner / flag. Anyone interested should contact Tom. Cell: 303-981-1222

King Soopers Cards

Remember to keep using your King Soopers cards. 5% of every dollar loaded spent goes towards the club! If you don't have one yet, contact Sarah Hite to get one (schite2000@yahoo.com).



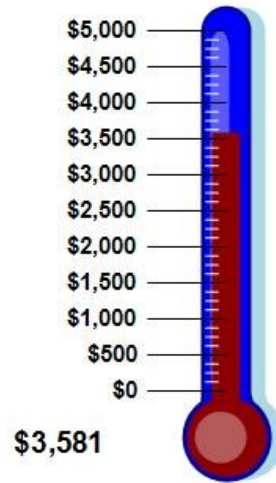
DMHR Foundation



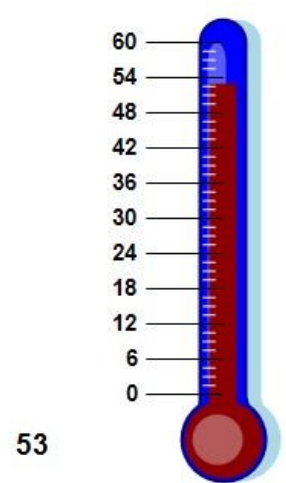
Rotary Foundation



Polio Plus Giving



Membership



Honor Flight Send Off

Please join Geoff Noble, Carolyn Nobel and kids as we help send off WWII Veterans, Korean War Veterans, and any Veteran who has earned a Purple Heart from any conflict for an Honor Flight to Washington D.C to tour the various memorials in their honor. Please arrive at the Signature Air Terminal at Denver International Airport by 9:00 AM on Sunday , May 7th, (You can call Geoff if you have any questions (303) 669-5281)

Directions to the Signature Air Terminal:

Signature Flight Support Terminal

7850 Harry B. Combs Parkway

Denver, CO 80249

(303) 342-5600

Take Pena Boulevard toward DIA

Take the Jackson Gap Street exit to the right.

At the bottom of the exit ramp turn right on to Jackson Gap Street

At the 4-Way Stop, turn left on to East 75th Avenue.

Follow E. 75th Ave and it will turn into Harry B. Combs Parkway.

Signature Flight Support Terminal will be on your right.



District Conference pictures





Travel to Zimbabwe for Grant Celebration September 1, 2017

Background

Denver Mile High has sponsored Rotary Grants in Harare Zimbabwe since 2006. Starting with a very small Matching Grant focusing on AIDS awareness, we have partnered with the Highlands Rotary Club to jointly sponsor a series of grants. Since 2009, these have been economic development grants with an enormous impact. The attached document describes the history and the development of the current Rotary Grant that started last October.

Since 2006, we have also developed a deep affection and respect for the Rotarians in Harare. Their courage and commitment to Rotary is amazing and it is always a delight to see them. And the confidence and achievements of the women who have been involved in these grants are incredible.

The Current Global Grant

The Zimbabwe Women's Empowerment Global Grant is being implemented in high density communities where Rotary has not been previously involved. The grant includes both economic and computer training for every participant. Computer training in particular is valuable since the training certificates are credentials that help the participants get jobs.

For both economic and computer skills, a week-long intensive training is followed by seven weeks of follow-up training. Training is continuing throughout the year. The last follow-up training will be Monday through Thursday starting the 28th of August. The closing celebration will be on Friday September 1.

Colorado Rotarian Visit

Travel to Harare Zimbabwe includes an overnight flight from the US. The two main itineraries from Denver are:

United from Denver to Dulles to Johannesburg to Harare
Return Harare to Jo'burg to JFK; taxi to LaGuardia for faster return
Delta from Denver to Atlanta to Johannesburg to Harare
Return Harare to Jo'Burg to Atlanta to Denver.

Both flights depart around 10:00 am and arrive the next night at 9:15 pm. Harare time is 8 hours ahead of Denver time.

Checking this week, the price for Delta was \$2,400, while the price for United was only \$1840. But these prices fluctuate and generally the cost is around \$2,000 per person. Adding other destinations would probably cost more. There are other possible routes, but less convenient. You will likely need a travel agent to assist you. If you want to make a side trip, generally the best approach is to fly back to Johannesburg and from there you can get to all parts of southern Africa easily. Victoria Falls is amazing, so I would recommend that as a destination if you can.

There are two very convenient hotels in the center of Harare where we normally stay. There is a Victorian Hotel: The Bronte which has beautiful grounds, two restaurants, excellent wi-fi and a number of small meeting rooms for guests. I checked and there are 5 rooms available at present. Prices are \$170 for 2 guests per room, \$140 for one guest.

On the diagonal corner to the Bronte Hotel is the Baines B&B, which is less fancy but comfortable. The Baines is a sister hotel to the Bronte so we are able to use the grounds of the Bronte Hotel as well as the restaurants. The prices for the Baines are about 30% lower. I can help if you want a reservation at the Baines; the Bronte is on Expedia.

Both hotels, because they are in the center of town, are quite convenient for Rotarians to meet us. They are also very close to the Rotary Centre, where almost all the Rotary meetings are held.

Our Activities

Our primary activity will be attending the closing celebration for the Grant on September 1. This will be a grand event with local dignitaries, singing, dancing, speeches by a several participants, distribution of certificates, and a lunch. Generally it starts at 9:00 am and ends about 1:30 pm. Quite a day.

Our other significant activity will be visiting the project site, observing the participants in their training and interviewing participants. Rotarians who are adept at video will be extremely valuable to document the visit. Even if you are not, photos taken with smart phones or cameras are very valuable. Mostly we will be trying to capture the stories of the participants and will provide a list of questions for your interviews. We plan to do visits on Wednesday morning and all day Thursday. We will also visit the previous participants one day.

We will also try to visit the Highlands Rotary Club meeting on Wednesday about 1 pm. If time allows, we will visit other Rotary Clubs that have been strong supporters of the Community Empowerment Grants. You may want to talk to Diane Messamore, Melanie Gentz, Robin Springer or Susan Henderson about their experiences when they traveled to Harare.

A suggested timeline follows:

Sun 8-27	Mon 8-28	Tue 8-29	Wed 8-30	Thu 8-31	Fri 9-1
Depart	Arrive	Rotary Clubs	Visit Train-	Visit Train-	Graduation

The important days to be in Harare are:

Arriving Tuesday evening Aug. 29 and departing Saturday September 2.

I encourage you, however, to arrive on Monday night and stay over Saturday night, departing on Sunday Sept. 3 to participate in all the events.

I will update you on the plans as I learn more. Carolyn. schrader407@gmail.com



MAY 21, 2017

COLFAX MARATHON BE A SHELTERBOX CHARITY PARTNER-RUN FOR SHELTER RUN FOR COLUMBIA & PERU

Run 3, 10, 13, 26 or mix it up in a relay, but run for ShelterBox and make a positive impact for families devastated by natural disasters. When you register be sure to select ShelterBox as the Charity Partner you are running for. <http://shelterbox.kintera.org/tammimayfield>

**shelter
BOX**

Log on to shelterboxusa.org to learn more about this awesome NGO

Log on to donate

<http://shelterbox.kintera.org/tammimayfield>

register at runcolfax.org

Join us at the shelterbox tent in the charity village after the race to see and learn more

Register before the rates increase

invite a shelterbox ambassador to your work, school, group or association to share the details of what we do and how you can help!

Contact: Tammi Mayfield
720.366.4721 tammimayfeild@msn.com

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