



Rotary Club of  
Denver Mile High

"Service Above Self"



*Denver Mile High Rotary where commitment and service rise above the mountain tops*

## President's Column: 'Light Up Rotary'

May 5th, 2015

Denver Mile High Rotary

### High Rotary on the Web:

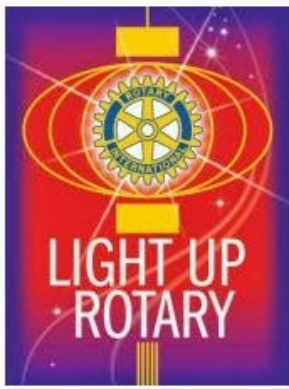
[www.denvermilehigh.org](http://www.denvermilehigh.org)

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[Rotary International Website](#)



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The Rotary Club of Denver Mile High is celebrating its 26th birthday at the regular morning meeting on May 6. The Fellowship and Fund Raising Committees have planned a full morning of fun and opportunities to raise funds for our 2015-2016 projects. Current, prior and retired members of Denver Mile High are all invited! Bring a friend, bring your spouse and participate in the silent auction. Bring yourself and be prepared to enjoy Charter Day/ Fellowship Day.

This past weekend the Denver Mile High Rotary represented at the District Conference in Keystone. Congratulations to our own Dan Himelspace, Carolyn Schrader and Ann Tull for winning awards. More details to follow.

The Denver Mile High

Rotary club continues to come together to help donate to ShelterBox USA to help the people of the Nepal who have lost everything they have to find shelter.



Thanks to the 13 people who used their king soopers card last month.

This is an increase in the number of people using the card this month so thank you very much! We will be receiving a check

for \$281 this month. If you would like to purchase a grocery card please see Sara Hite or Betsy Boudreau at

[betsyboudreau9@gmail.com](mailto:betsyboudreau9@gmail.com)

Thank you for your support!



WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS  
BELIEVE IT **STARTS WITH A COMMITMENT**

**SERVICE ABOVE SELF**

## Denver Mile High Rotary Upcoming

### Programs

**May 6th** - Denver Mile High Rotary was chartered on May 3, 1989. This year we will celebrate our 26th birthday at our regular morning meeting on May 6.

The Fellowship and Fund Raising Committees have planned a full morning of fun and opportunities to raise funds for our 2015-2016 projects.

Bring a friend or acquaintance that might be interested in membership. Bring your spouse to participate in the silent auction. Bring yourself and be prepared to enjoy! Charter Day/Fellowship Day. **IF YOU PLAN TO BRING A GUEST, PLEASE NOTIFY GREG THIELEN.**

**May 13th** - Our guest speaker will be Frederick Solheim.

Mr. Solheim is a scientist from Boulder and a "river runner" on big water. Five years ago he started Warriors on Cataract, a nonprofit that takes our disabled veterans on 4 day big water, whitewater expeditions on the Colorado River from Moab Utah to Lake Powell through Canyonlands National Park. These trips are conducted by commercial operators, up to 25 vets on each of 4 trips.

**May 20th** - Harris Sherman will speak to us about the Colorado Water Plan. Harris served as the Executive Director for the Colorado Department of Natural Resource under Roy Romer and again under Bill Ritter. He went to Washington, DC after finishing his second tour of duty with the state to become the Director of the US Forest Service under President Obama. You won't want to miss this exceptional leader and his important message on one of our state's most critical and threatened resources.

### The Gregory Group



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### Personal Sponsors of the Denver Mile High Rotary Foundation

**Michael Tapp**...DMHR member since 2000, Chairman Local Community Service

**Roberta Simonton**....DMHR member since 2009



**END  
POLIO  
NOW**

## **Weekly Inspirators, Greeters & Hosts**

### **May 6th -**

Inspiration - Sarah Hite

Greeters - Noreen Keleshian and Bob Kemp

Host - Susan Kirkpatrick

Rotary Minute - Jeff McAnallen

### **May 13th -**

Inspiration - Diane Messamore

Greeters - Carolyn Nobel and Geoff Noble

Host - Karl Paulson

Rotary Minute - Adams Price

### **May 20th -**

Inspiration - Chuck Rudolph

Greeters - Carolyn Schrader and Linda Sue Shirkey

Host - Roberta Simonton

Rotary Minute - Vass Sirpolaidis

### **May 20th -**

Inspiration - Greg Smith

Greeters - Betty Speir and Robin Springer

Host - Jeff Springer

Rotary Minute - Michael Tapp

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Thank you for your support!



# Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

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## Denver Mile High Rotary Calendar

**May 8th** - Harrington Food for Thought Harrington Elementary School 7:00 - 8:30

**May 9th** - CEC ~ Estes Park

**May 15th** - Harrington Food for Thought Harrington Elementary School 7:00 - 8:30

**May 22nd** - Harrington Food for Thought Harrington Elementary School 7:00 - 8:30

**May 29th** - Harrington Food for Thought Harrington Elementary School 7:00 - 8:30

**June 6—9th** - Rotary International Convention

**July 11th** - Denver Mile High Rotary Fellowship cycling ride.



May 10th - **Robin Springer**

May 11th - **Tony Vaida**

## Denver Mile High Rotary Fellowship Cycling Ride



\$30 donation to mental health initiatives  
approx. 30 mile Ride, Fellowship, Family, Fun - OR a FUN 5 Mile ride!!

Click [HERE](#) To register ~ [Rotary Ride ~ Event ~ Denver Mile High Rotary Fellowship](#)

### The Denver Mile High Rotary Hosts 1st Annual Rotary 30 Mile Fellowship Ride

**7:00AM** - START July 11th at REI, 1416 Platte St., Denver

**7:45/8:00am** - Riverpoint Water Stop We should arrive there about 7:45/8am

Address: 3565 S Platte River Dr, Sheridan, CO 80110

**9:00am** - Ride to Fox Hollow Golf Course Clubhouse, 13410 W. Morrison Rd., Lakewood

Meet/Regroup at Fox Hollow - turn around

Ride back to REI to complete ride about 10:30/11am

**11:30** - Ride/drive over to Denver Beer Co. for fellowship, fun, and liquid refreshments.

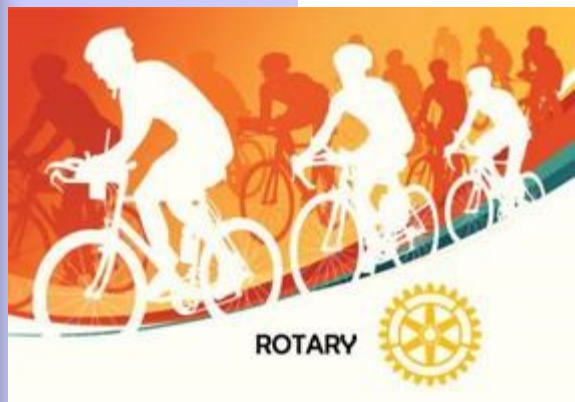
1695 Platte St, Denver, CO 80202

There will be a 5 Mile Ride ~

Meet at 8:30am on July 11th at REI, 1416 Platte St., Denver @ the B-cycle Station ~ if you do not have a bike you can rent a B cycle, or bring your bike and enjoy a fun 5 mile ride.

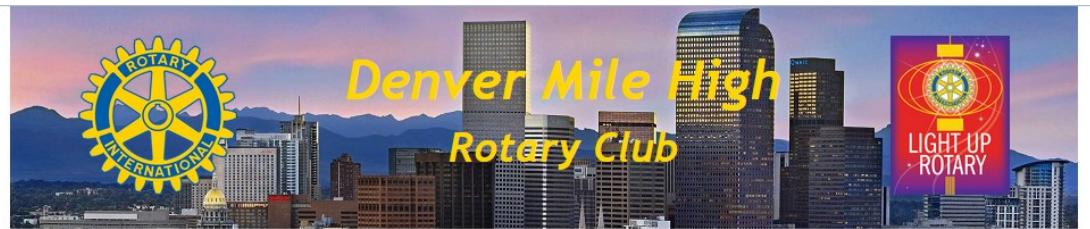
Will rejoin with the rest of the group at Denver Beer Co

~ If you would like to order a cycling jersey contact  
[melanie\\_gentz@yahoo.com](mailto:melanie_gentz@yahoo.com)





The New Web site is LIVE ~ [www.denvermilehigh.org](http://www.denvermilehigh.org)



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# Denver Mile High Rotary Club



Join us!  
Wednesdays at 7 a.m.

University Club, 1673 Sherman Street, Denver, CO 80203

Denver Mile High Rotary welcomes you to our club, Rotary International, and a wonderful opportunity for fellowship and service to others.

[READ MORE...](#)

## What is Rotary?



## Who We Are

SMART



## UPCOMING EVENTS

Weekly Meeting  
University Club  
May 06, 2015  
7:15 AM – 8:30 AM

Harrington Food for Thought  
05-08-2015  
Harrington Elementary  
School

May 08, 2015  
7:00 AM – 8:30 AM

INTERACT trip to Estes Park  
TBA  
May 09, 2015

Weekly Meeting  
University Club  
May 13, 2015  
7:15 AM – 8:30 AM

Harrington Food for Thought  
05-15-2015  
Harrington Elementary  
School  
May 15, 2015  
7:00 AM – 8:30 AM

Weekly Meeting  
University Club  
May 20, 2015  
7:15 AM – 8:30 AM

Harrington Food for Thought  
05-22-2015  
Harrington Elementary  
School

# DENVER MILE HIGH ROTARY FOUNDATION 2015 SPONSORS

DMHR relies on its foundation to fund its service projects. The funding is accomplished by fund raisers and sponsors. Starting this year, 2015, Sponsors will be celebrated the entire year at all events plus the weekly meetings. This is a change from the past practice of Sponsoring a specific event. Sponsorships, business and personal, will be for the calendar year. This aligns the sponsorship dollars to the business and tax year. Being a sponsor is easy simply talk to Roberta or Robin. Our Foundation goal is \$25,000 for the year. We are off to a great start.

Let's give a big shout out to Sonny Wiegand and Tom Gregory for kicking off the year as our first Business Sponsors for the DMHR 2015 service projects. Thank you to Michael Tapp and Roberta Simonton for launching this years Personal Sponsorship.


**Give what you can when you can.**

## **Business Sponsors**

**Gregory Group** and Merrill Lynch  
**Wiegand Attorney & Counselors LLC**  
**Tony Vaida Legacy Family office LLC & UBS Financial Services**

All funds from Sponsors goes to the Denver Mile High Rotary Foundation in support of our service projects.

[www.legacyfamilyofficellc.com](http://www.legacyfamilyofficellc.com)



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Thursday 30 April 2015

First ShelterBox aid distributed to hospitals in Kathmandu

*ShelterBox response team member Nicola Hinds with Geeta Shrestha, Nursing Director at one of the Kathmandu hospitals that have received ShelterBox tents. (Phil Duloy/ShelterBox)*

**After Nepal's worst earthquake in 80 years, hospitals in the country's capital Kathmandu were devastated, forcing medical staff to treat their patients outside with dwindling supplies.**



However, ShelterBox has been able to provide tents to four hospitals in the city creating safe, covered spaces where patients can be treated in privacy. They will be used for carrying out minor operations, changing dressings and as mobile health clinics too.

Phil Duloy, ShelterBox response team member, said: 'Most hospitals in Kathmandu have just been condemned, so we are immediately distributing our pre-positioned stocks in the city to give a space for the medical staff to treat the patients who have been evacuated in the hospital grounds.'

Fellow response team member and former nurse and midwife Nicola Hinds describes the scene at one of the hospitals. She said: 'The devastation is enormous. My husband is a GP in Northern Ireland, and it really puts things into perspective about how lucky we are to have the NHS when you see the scene here. People are being treated in the open air with limited resources - the difference is staggering.'

ShelterBox is also sending further aid to Nepal, starting with an initial 500 shelter kits, which can be used to mend structures and create temporary shelters. However, our pre-positioned stocks of equipment in the country meant that the response team was able to start helping people whose lives have been shattered by the earthquake as soon as they arrived in the country.

We have aid pre-positioned all around the world to make sure that we can help people in need as soon as possible. Geeta Shrestha, Nursing Director at one of the four hospitals that received our tents, said: 'From my heart and from my hospital, I thank you.'

You can help our response to Nepal and to [build up our stocks of pre-positioned aid](#) too.