

Denver Mile High Rotary where commitment and service rise above the mountain to

party at 6:30p at Carolyn

show off your stamps and stories. Should be a fun

Club of Denver Mile Hig

#### **President's Column:**

short Pres column this week, Nobel's house. Bring your

November 1, 2016



#### **High Rotary on the Web:**

www.denvermilehigh.org

**Denver Mile High Rotary on** Facebook

**Denver Mile High Rotary on** LinkedIn

**Rotary District 5450 Website** 

**Rotary International Website** 

#### Inside this issue:

1	Upcoming Programs	2
I	nspirators, Greeters, Hosts	3
	Passport Party	4
ŀ	American Museum of Western Art	5
(	Calendar & Updates	6
	State Luncheon	7
M	ental Health Symposi- um	8
	Zimbabwe Grant	9
1	Rotary is Everywhere	10

I am still traveling but will be passport or passports back soon. I am sorry to Miss the tour of evening.

Hi everyone, sorry for the

the museum but it will be fabulous and we have a great turnout expected. Please note the happy hour location has changed with the following.

UPDATE - Change of Location Rotary International to for after happy hour - Join us hear all the wonderful for libations after the Museum Tour on Wednesday 11/2. We are meeting at Bayou Bob's. The address is 1635 Glenarm Place, which is For those of you at the the next street West and one passport party, see you block south of the Museum's there, otherwise see you location.

Also for Friday morning - you at the University Club! may have seen a request from Greg for volunteers. Thank you to everyone that has stepped forward and filled out all 8 spots for this week at Bryant Webster Elementary. If you are looking at your calendar and are able to volunteer at a coming Friday, sign up ahead of time and keep

Melanie

Today is the first day to register for the Presidents Dinner, please go on the district site and sign up! It will be a great evening with John Germ the president to things Rotary is doing in this world.

Have fun at the museum. next Wednesday at our regular morning meeting time

Have a great week,

Rotary



This Friday is the passport

this initiative running strong.

## **Denver Mile High Rotary Upcoming Programs**

**November 2<sup>nd</sup> -** Touring the American Museum of Western Art from 3-4:30PM followed by Happy Hour at the Brown Palace Ship's Tavern.

**November 9<sup>th</sup> -** W. Bart Berger, Denver Mountain Parks Foundation. Few know of Denver's Mountain Park system, much less its scope or its importance. In fact, a significant part of Denver's early vision was a Mountain Park system. Mr. Berger will discuss the Foundation's efforts to assist in the oversight of the Mountain Parks, its resource challenges, and its importance to Denver's residents.



**November Birthdays** 

17th—Chuck Rudolph 23rd—Diane Messamore 26th—Carolyn Schrader





## Weekly Inspirators, Greeters & Hosts

#### **November 2nd**

Meeting at the American Museum of Western Art

#### **November 9th**

Inspiration - Constance Mortell

Greeters - Diane Messamore and Lawrence Mundy

**Host - Carolyn Nobel** 

**Rotary Minute - Geoff Noble** 

## November 16th

Inspiration - Alex Orkow Greeters - Karl Paulson and Adams Price Host - Heidi Resetarits Vocational - Chuck Rudolph







#### PASSPORT

# DENVER MILE HIGH Passpor ROTARY PASSPORT PARTY

United Sta of Amer

Denver Mile High Rotarians are well traveled and have stories, stamps,

photos and videos to share

Join other members at The Passport Party

# NOVEMBER 4, 2016 6-9PM

HOSTED BY WELL TRAVELED ROTARIANS - LOCATION CAROLYN NOBELS HOUSE

3255 BEECH COURT GOLDEN, CO 80401

\$20 per a person donation to the Denver Mile High Rotary Foundation plus either a bottle of wine (or 6 pack) OR your favorite cultural appetizer or dish (French, Italian, Ethiopian, German, Mexican, etc)

Be prepared to share a favorite travel story or adventure from a most recent trip or even a tour of the past. Bring your passport and show off your stamps!





# Tour of the American Museum of Western Art PLEASE MAKE YOUR RESERVATION

At our July 27 DMHR meeting, Kristin Fong, Educator of the American Museum of Western Art invited the club members and guests for a private tour. We have scheduled our visit for Wednesday November 2 at 3 pm. This will be our get together in lieu of our club meeting for that date.

After an approximate 1 ½ hour audio tour, we will adjourn to <u>Bayou Bob's</u>.

UPDATE - Change of Location for after happy hour - Join us for libations after the Museum Tour. We are meeting at Bayou Bob's. The address is 1635 Glenarm Place, which is the next street West and one block south of the Museum's location.

We have ample space (limited by audio devices) at 50 units but we need to get your reservation. Please bring a spouse or friend. This is also a great way to introduce new people to the club. Your sole cost at the Museum will be \$5 per audio set.

A Evite invitation will be sent out to all members. Please reply to the invitation as it will make it easier to track responses. If you did not receive the evite, you can also follow the following web address: http://www.evite.com/event/0249TMSGKK4PPECVCEPGLGS3JFGELY/activity? gid=006AQ6OB5WBWA4A7IEPGLGTA5W2DPU&utm\_campaign=view\_invitatio

n button&utm medium=email&utm source=GUEST INVITE EVENT

The American Museum of Western Art provides access to one of the world's most comprehensive collections of Western art in one of the most unique settings in the country, the historic Navarre Building. The Collection is displayed in a salon style, which is in keeping with the Navarre's 19<sup>th</sup> Century origins and allows the Museum to exhibit a survey of Western art and history. The Museum's permanent exhibition (which includes over 300 paintings, drawings, and sculptures by more than 180 artists and spans nearly 200 years of American history) promotes the public's understanding and appreciation of art depicting the American West from the early 1800s through the present day.

RUTARY 5 12 MILLION MEMBERS BELIEVE IT STARTS WITH A COMMITMENT TO SERVICE ABOVE SELF

### Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

#### **Denver Mile High Rotary Calendar**

October 28th - Bryant Elementary Food Bag Program/Food for Thought

**November 2nd -** Tour of American Museum of Western Art. 3:00 to 4:30PM followed by Happy Hour at Bayou Bob's

November 4th - Bryant Elementary Food Bag Program/Food for Thought

November 4th - Passport Party 6-9PM at Carolyn Nobel's home.

**December 15th -** State of the State Mental Health Symposium—Hyatt Denver Tech Center

#### **Save the Date!**

December 11th - Denver Mile High Rotary Holiday Party

**January 7th -** RI President's Dinner Denver Marriott South (10345 Park Meadows Drive, Lone Tree, CO 80124) 5:30—8:30PM

#### **King Soopers Cards**

Did you know the minute you load your King Soopers card our club gets a percentage of the money you add? You don't even need to spend it and our club gets a percentage! Use it for your daily coffee run. That's right, it's good at King Soopers' Starbucks too!

Sarah Hite has King Sooper's cards. It's an easy way to make money for our Club and make shopping easier for you! They also make great gifts.



## SAVE THE DATE! Thursday, December 15, 2016

Hyatt Regency DTC

ROTARY CLUB OF DENVER SOUTHEAST AND DISTRICT 5450 PRESENT:

# 10th State of the State Luncheon Expo and Symposium

Rotary is supporting a Mental Health vision for our members, our community and our nation. In accordance, this year's 10<sup>th</sup> State of the State Luncheon will include a presentation by Dr. Geetha Jayaram whose lifetime work has been to improve mental health in our country. The annual state of the state address will be presented by Lieutenant Governor Donna Lynne.

Preceding the luncheon, there will be a Mental Well-Being Symposium and Expo:

Mental Well-Being Symposium: 9-11:20am Mental Health & Wellness Expo: 11am – 11:55am Lunch Registration: 11am-11:55am Lunch Program: 12pm – 1:30pm

# Mental Health Well-Being Symposium

#### **Breakout Sessions**

9:00 to 10:00 (choose one when registering)
Building Better Relationships----parents, peers, and friends----"the art of peace".
Rotarians and Mental Health Organizations Working Together: A dialogue between Rotarians and Expo participants.... Best practices.
10:00 to 10:20 Break: Coffee and Water provided by <u>Mile High Behavioral Healthcare</u>
10:20 to 11:20 (choose one when registering)
Rotarian's Well-being: Balancing work, family and community.... Is Rotary an Rx for Good Mental Health?
Helping Others in a Mental Health Crisis: Three experts on trauma, suicide and Crisis Services.

The Symposium is free and open to the public. You do not have to register for the luncheon to attend. Register at: <u>https://www.eventbrite.com/</u> e/rotary-district-5450-mental-well-beingsymposium-tickets-28713730541

For luncheon, register at: http://portal.clubrunner.ca/2193/Event/2016-state -of-the-state-luncheon

# nucary

Denver Mile High has been a partner with the Highlands Rotary Club in Zimbabwe since 2005. During this time, we have jointly sponsored several grants that provided economic and computer trainings, primarily to women, in high-density communities in Harare Zimbabwe. We have engaged at least 25 Rotary Clubs in the USA and Zimbabwe to participate in the grant.

RI President Ravi Ravindran visited the project in early March 2016 and called this project a model for community development that should be replicated through the world.

In late 2015, Harare and Colorado Rotarians met with the participants, trainers and very supportive local government officials to explore how best to

assist other women in greater Harare. We considered how best to serve the communities and take advantage of what we had learned from previous trainings.

Together we decided to replicate the project in communities where we have not previously been involved. This would enable us to share the program with women who wanted to acquire the skills, both economic and computer, to support themselves. These new trainings will be even more focused on preparing the women for economic independence, with two training tracks and more hands-on activities to reinforce concepts in the training.

Host Rotarians worked with the training organization to select the training sites, and they have been actively engaged in the development of the grant. They will participate in the selection of the participants and provide special topics training sessions. They will manage the grant funds and stay in touch with Denver Mile High throughout the duration of the grant.

Nineteen Rotary Clubs and two Rotary Districts contributed to the Global Grant that will provide \$84,500 for this new endeavor.

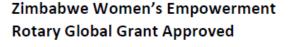
I am delighted to announce that this grant was approved on Monday.

Host Rotarians Rachel, Jean, Susan, with Carolyn

Plans are underway to schedule the launch and start the training, which will last about one year. The big celebration, and one that we

hope many of you will attend, will probably be scheduled next September. It will be a great opportunity to see the power of Rotary in action and meet the women who have changed their lives through this program.

Carolyn Schrader October 17, 2016



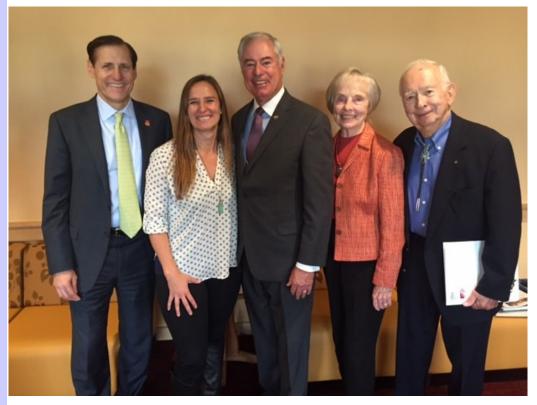




President Ravi at the Grant Site

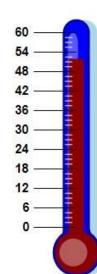
### **Rotary is Everywhere!**

Heidi wanted to share this lovely picture with all of you. She was lucky enough to go on a tour with Greg and John and Grant and his wife Marlene at the University of Denver. She was so happy to see these awesome Rotary luminaries at her workplace! They were there for a variety of reasons, and Heidi was very happy they made time to say hello to the Conflict Resolution Institute and her!



From left:John Hewko,General Secretary and CEO Rotary International and The Rotary Foundation. Heidi Resetarits, District 5450 Alumni Group Chairwoman and President Greg Podd, Regional Rotary Foundation Coordinator for Zone 27 Marlene Wilkins, Grant Wilkins, Past Rotary International Director and Polio Plus major fundraiser

#### Membership



52



\$5,000

\$4,500

\$4,000

\$3,500

\$3,000

\$2,500

\$2,000

\$1,500

\$1,000

\$500

\$500

\$0

#### DMHR Foundation



