



Denver Mile High  
**Rotary**  
Club



#### High Rotary on the Web:

[www.denvermilehigh.org](http://www.denvermilehigh.org)

[Denver Mile High Rotary on Facebook](#)

[Denver Mile High Rotary on LinkedIn](#)

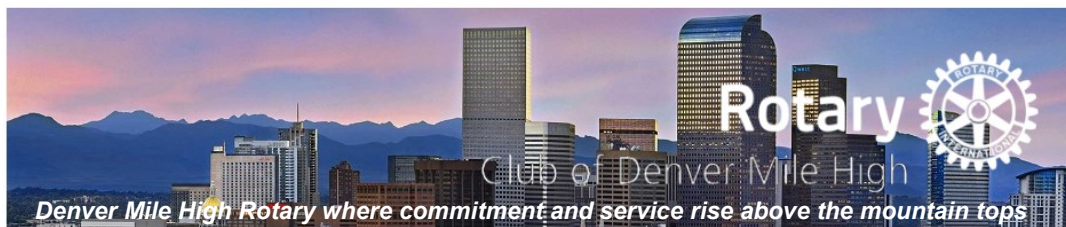
[Rotary District 5450 Website](#)

[Rotary International Website](#)

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**Rotary**



## President's Column:

November 15, 2016

This week we have speaker - Kristin Henning will be speaking about Soldiers' Angels. Soldiers' Angels—has many wonderful programs to support our military families, deployed service members, wounded service members and veterans. With the celebration of Veterans Day last Friday and all of our honored Veterans, it's wonderful to hear of so many great programs to support our military families.

We will not meet next week, so I hope everyone enjoys the Thanksgiving holiday with food, football, families and wonderful traditions. This means we are moving into the heart of the holiday season!

November 29 is #givingtuesday.

#GivingTuesday is a global day of giving fueled by the power of social media and collaboration. Celebrated on the Tuesday following Thanksgiving (in the U.S.) and the widely recognized shopping events Black Friday and Cyber Monday, #GivingTuesday kicks off the charitable season, when many focus on their holiday and end-of-year giving.

One of the best ways to get involved is in your own commu-

nity. We have many ways you can give this year with the Rotary International Foundation, our very own Denver Mile High Rotary Foundation, and the Polio Plus campaign. Chuck will share with us more about how we can give this year. We are so fortunate to have what we have and to be a part of Rotary, by giving to the Foundations, so much comes back to our members, our communities, and globally. Now is time to start thinking about how you can contribute.

We have been invited to the 5 Points Rotary Happy Hour on the 30th of November - they will be collecting unwrapped toys for the GrowHaus ([www.thegrowhaus.org](http://www.thegrowhaus.org)),

Alternatively, they always welcome a used book that the kids (0-18) can pick out at our monthly Shots-for-Tots clinic.

And if you're in a rush - just bring yourself and celebrate the holidays with the 5 Points Rotary. It will be held at the Blue Moon Brewery from 6p to 7p located at 3750 Chestnut Place, Denver, CO 80216.

Also, please mark your calendar for the Annual Denver Mile High Rotary Holiday Party! It

will be held this year on the 11th of December from 6p - 10pm. An invitation will be going out to everyone.

If you would like to do a little hands on volunteering this year, we have committed the spot for sorting toys for the Salvation Army on December 14th from 4-6pm. We already have 5 people signed up. We need 5 more. If you would like to do another day, we can create another shift. Please let Michael Tapp know. If you would like to learn more - visit the Salvation Army

Page - <https://volunteer.usawest.org/OpportunityDetail.aspx?ID=1939>

This is in addition to our own Adopt a Family through the Denver Rescue Mission. Once we pick a family we will have specific requests for their needs for the holidays.

So much going on! It's hard not to feel the Rotary Spirit!!

~ See you soon,

Melanie

President

Denver Mile High Rotary



## Denver Mile High Rotary Upcoming Programs

**November 16<sup>th</sup>** - Kristin Henning from Soldiers' Angels will join us in celebration of Veteran's Day. Soldiers' Angels provides aid and comfort to the men and women of the United States Army, Marines, Navy, Air Force, Coast Guard, their families, and a growing veteran population. Thousands of Soldiers' Angels "Angel" volunteers assist veterans, wounded, deployed personnel, and their families in a variety of unique and effective ways.

**November 23<sup>rd</sup>** - No meeting - Week of Thanksgiving.

**November 30<sup>th</sup>** - Kara Lapso will discuss Shelterbox and its commitment to those in need following natural disasters. With Hurricane Matthew's devastation, the Shelterbox team is again mobilizing to assist the relief efforts and partner with Rotary.

### November Birthdays



**17th—Chuck Rudolph**  
**23rd—Diane Messamore**  
**26th—Carolyn Schrader**

Denver Mile High  
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## Weekly Inspirators, Greeters & Hosts

### November 16th

**Inspiration - Alex Orkow**

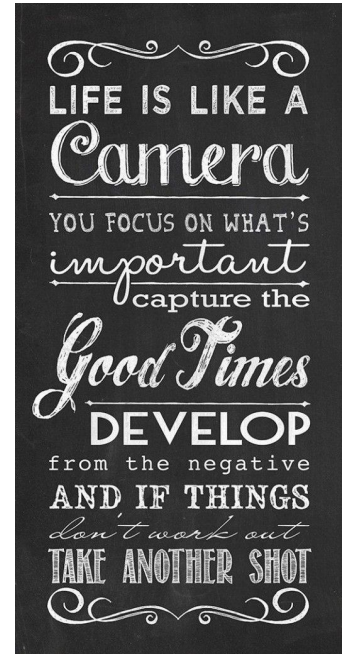
**Greeters - Karl Paulson and Adams Price**

**Host - Heidi Resetarits**

**Rotary Minute - Chuck Rudolph**

### November 23rd

**No Meeting - Week of Thanksgiving**



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## **Rotary Moment for November 16, 2016 Meeting**

As you begin to think about your annual giving in 2016, please keep room in your heart for the three most important charities in our Rotary World. These are Denver Mile Hi Rotary Foundation, Rotary Polio Plus, and The Rotary Foundation.

The following has been extracted and edited from this November's Rotary Magazine and is contained in President John Germ's letter this month:

**In the momentous 1917 Rotary Convention in Atlanta then-President Arch C. Klumph addressed the issue of establishing philanthropy within Rotary and especially the establishment of The Rotary Foundation. He spoke "It seems eminently proper that we should accept endowments for the purpose of doing good in the world". That was nearly 100 years ago but set in place the mechanism that allowed Rotary (and our club) to become the vast force for doing good in the world.**

Today, Denver Mile High Rotary members participate generously to The Rotary Foundation, Polio Plus and to our Denver Mile High Rotary Foundation for supporting the efforts that Rotary International and our club do locally, internationally and particularly in our fight to completely conquer Polio. These foundations work together to do good in the world. For example, our contributions to our Denver Mile High Foundation support our local and world community service projects. And we tap into our donations to the International Rotary Foundation through District grants and Global grants that increase the impact of our local and world community service projects

Noreen Keleshian is the treasurer for our club foundation and handles our contributions to The Rotary Foundation and to Polio Plus. She will handle your contributions to each and keep the records that are appropriate. All three entities are deductible for tax purposes.

**For mailing checks, Noreen's address is 3220 S. Locust St., Denver 80222-7410**

We hope you will participate,

Chuck Rudolph



## Update for Greenhouse Project

The Little Sisters of the Poor greenhouse project is finally complete. Special thanks to Tom Cella, Paul Leidig, Bob Kemp, Michael Tapp, Greg Thielen!



Michael Tapp and the Local Community Service committee have a hands on Volunteer Opportunity for you. We have committed 10 spots to volunteer at the Salvation Army to sort toys. This is in addition to our Adopt a Family with the Denver Rescue Mission. This is a wonderful time of year to be hands on and working with the community.

Come help us provide Christmas to over 1,000 families in Denver this season by picking unique toys for individuals and packing them into family bags. These bags will fill up an entire gymnasium that turns into something more like the North Pole. This is one of the most rewarding volunteer opportunities we offer. To make the experience even more rewarding, bring your whole family, a large group of friends or even a full office of coworkers. The more the merrier!

12/14/2016  
Start: 4:00 PM  
End: 6:00 PM

Pack toy bags with us  
[Your group reserved 10 spots](#)  
[Remove this shift](#)

The Salvation Army Denver Red Shield  
2915 High Street  
Denver CO. 80205

Other shifts are available, but if we can get a group of at least 10 for December 14th, 2016. Just let myself or Michael Tapp know if you can make it.

If you have more time and would like to host a shift - you can choose a date <https://volunteer.usawest.org/OpportunityDetail.aspx?ID=1939>

Please let us know if you have questions!





## Pack Toy Bag Volunteer Opportunity

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Please let Michael Tapp or Melanie Gentz know if you have questions!

WHAT WOULD IT TAKE TO CHANGE THE WORLD?

ROTARY'S 1.2 MILLION MEMBERS  
BELIEVE IT STARTS WITH A COMMITMENT TO  
**SERVICE ABOVE SELF**

## Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

### Denver Mile High Rotary Calendar

**Reminder!** This week we will NOT be filling food bags at Bryant Webster Elementary School. There is another group of volunteers who asked for this date some time ago. With the Thanksgiving holiday we will have a two week break and return to Bryant Webster on Dec. 2.

**December 14th** - Pack toy bags from 4-6PM with the Salvation Army Denver Red Shield! 2915 High Street, Denver CO 80205. Contact Michael Tapp or Melanie Gentz to sign up!

**December 15th** - State of the State Mental Health Symposium—Hyatt Denver Tech Center

### Save the Date!

**December 11th** - Denver Mile High Rotary Holiday Party

**January 7th** - RI President's Dinner Denver Marriott South (10345 Park Meadows Drive, Lone Tree, CO 80124) 5:30—8:30PM

### King Soopers Cards

Did you know the minute you load your King Soopers card our club gets a percentage of the money you add? You don't even need to spend it and our club gets a percentage! Use it for your daily coffee run. That's right, it's good at King Soopers' Starbucks too!

Sarah Hite has King Sooper's cards. It's an easy way to make money for our Club and make shopping easier for you! They also make great gifts.



# SAVE THE DATE!

Thursday, December 15, 2016  
Hyatt Regency DTC

ROTARY CLUB OF DENVER SOUTHEAST  
AND DISTRICT 5450 PRESENT:

## 10th State of the State Luncheon Expo and Symposium

Rotary is supporting a Mental Health vision for our members, our community and our nation. In accordance, this year's 10<sup>th</sup> State of the State Luncheon will include a presentation by Dr. Geetha Jayaram whose lifetime work has been to improve mental health in our country. The annual state of the state address will be presented by Lieutenant Governor Donna Lynne.

Preceding the luncheon, there will be a Mental Well-Being Symposium and Expo:

Mental Well-Being Symposium: 9-11:20am

Mental Health & Wellness Expo: 11am – 11:55am

Lunch Registration: 11am-11:55am

Lunch Program: 12pm – 1:30pm



# Mental Health Well-Being Symposium

## Breakout Sessions

9:00 to 10:00 (choose one when registering)

Building Better Relationships----parents, peers,  
and friends----“the art of peace”.

Rotarians and Mental Health Organizations Work-  
ing Together: A dialogue between Rotarians  
and Expo participants.... Best practices.

10:00 to 10:20 Break: Coffee and Water provided by  
Mile High Behavioral Healthcare

10:20 to 11:20 (choose one when registering)

Rotarian’s Well-being: Balancing work, family  
and community.... Is Rotary an Rx for Good  
Mental Health?

Helping Others in a Mental Health Crisis: Three  
experts on trauma, suicide and Crisis Services.

The Symposium is free and open to the public.  
You do not have to register for the luncheon to  
attend. Register at: [https://www.eventbrite.com/  
e/rotary-district-5450-mental-well-being-  
symposium-tickets-28713730541](https://www.eventbrite.com/e/rotary-district-5450-mental-well-being-symposium-tickets-28713730541)

For luncheon, register at:

[http://portal.clubrunner.ca/2193/Event/2016-state  
-of-the-state-luncheon](http://portal.clubrunner.ca/2193/Event/2016-state-of-the-state-luncheon)

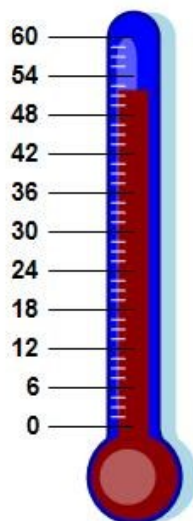
## An Invitation from Rotary Five Points - 11/30

**Final Wednesday Happy Hour**, 6-7 pm, Blue Moon Brewing Company, 3750 Chestnut Pl, Denver, CO 80216

At the happy hour, we will be collecting unwrapped toys for the GrowHaus ([www.thegrowhaus.org](http://www.thegrowhaus.org)), for their Holiday Party and Toy Drive on December 10. GrowHaus is a nonprofit indoor farm, marketplace and educational center in Denver's Elyria-Swansea neighborhood. Last year they provided presents to 500 children, and with increased need they are targeting 600 children this year. We will be delivering the toys to them on December 7 (and our club is touring the GrowHaus on 11/16). Alternatively, we always welcome a used book that the kids (0-18) can pick out at our monthly Shots-for-Tots clinic.

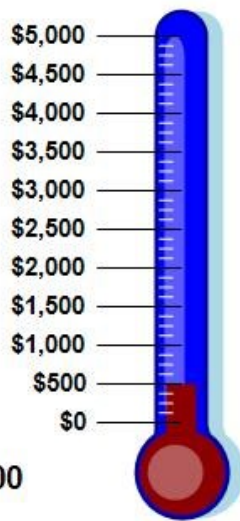
And if you're in a rush - just bring yourself and celebrate the holidays with us!

**Membership**



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**Polio Plus**



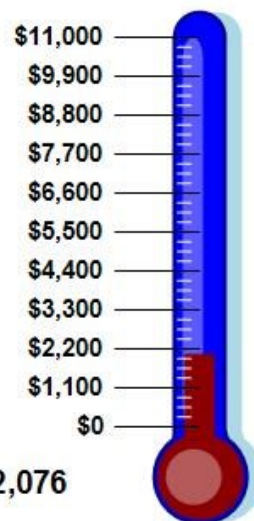
\$500

**Denver Mile High Four**



\$3,022

**Rotary International**



\$2,076