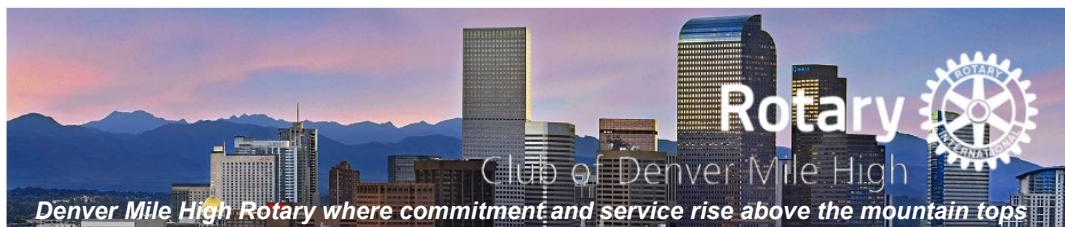




Denver Mile High
Rotary
Club



November 22, 2016

President's Column:

This is a reminder we are not meeting this week. Have a wonderful time with your friends and family this Thanksgiving!

It was fun to see the group of Denver Mile High Rotarians show up at the US Capitol Christmas Tree. We are lucky we had the chance to see this grand tree roll through Denver.

Thank you to those who have let me know you will be attending the Presidents Dinner on the 7th of January! Please do sign up and let me know when you do! This dinner will sell out. It should be a fun night.

We will back at the University Club on the 30th to hear Kara Lapso speak about ShelterBox, we will present her with enough money from your generous donations and the other Denver

Rotary Clubs (Cherry Creek, Denver, LoDo) to cover at least one Shelter Box.

Then if you are up for it, 5 Points Rotary is hosting their happy hour on the evening of the 30th! They have put a person invite out to the Denver Mile High Rotary Club so it would be great to have a few members attend. You can bring a toy if you would like or just yourself.

Again, have a wonderful Thanksgiving. Remember today is #GivingTuesday! Think of the Denver Mile High Rotary Foundation, the Rotary International Foundation and the Polio Plus Campaign for your #GivingTuesday!

~

Melanie

High Rotary on the Web:

www.denvermilehigh.org

[Denver Mile High Rotary on Facebook](#)

[Denver Mile High Rotary on LinkedIn](#)

[Rotary District 5450 Website](#)

[Rotary International Website](#)

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Denver Mile High Rotary Upcoming Programs

November 23rd - No meeting - Week of Thanksgiving.

November 30th - Kara Lapso will discuss Shelterbox and its commitment to those in need following natural disasters. With Hurricane Matthew's devastation, the Shelterbox team is again mobilizing to assist the relief efforts and partner with Rotary.

December 7th - Bill Downes, District Governor will be speaking to the club.



November Birthdays

17th—Chuck Rudolph
23rd—Diane Messamore
26th—Carolyn Schrader

Denver Mile High
Rotary
Club





Weekly Inspirators, Greeters & Hosts

November 23rd

No Meeting - Week of Thanksgiving

November 30th

Inspiration - Greg Smith

Greeters - Betty Speir and Robin Springer

Host - Jeff Sprole

Rotary Minute - Michael Tapp

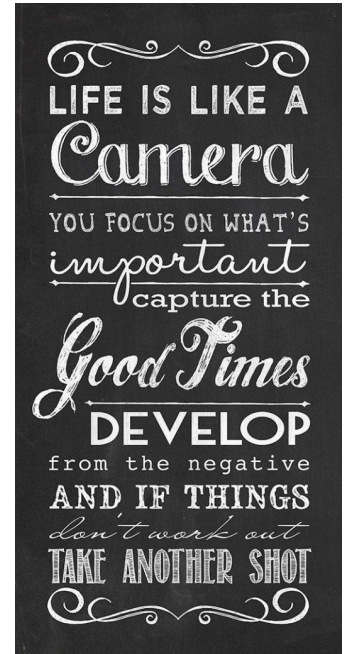
December 7th

Inspiration - Bart Schaffer

Greeters - Ronnie Weiss and Sara Schaffer

Host - Carolyn Schrader

Vocational - Tom Giordano



Denver Mile High
Rotary
Club



Rotary Holiday Party

Rotary Holiday Party
 Dec 11th, 6-10 pm, Hosts: Bart & Sara Schaffer
 The Pinnacle Tower 1 Party room first floor
 2990 East 17th Ave, Denver 80206
 Bring a side dish or dessert, turkey ham and drinks provided

Local Community Service

We still have 6 members of the Abdullah family who are in need of a sponsor to buy Holiday gifts this year. If you have not already done so, please contact Michael Tapp at your earliest convenience to participate in this valuable project. Michael can be reached at 303-863-5210 or by e-mail at michael.tapp@wellsfargo.com.

In addition to the Sponsor a Family program we have a hands on Volunteer Opportunity for you. We have committed 10 spots to volunteer at the Salvation Army to sort toys. This is a wonderful time of year to be hands on and working with the community.

Come help us provide Christmas to over 1,000 families in Denver this season by picking unique toys for individuals and packing them into family bags. These bags will fill up an entire gymnasium that turns into something more like the North Pole. This is one of the most rewarding volunteer opportunities we offer. To make the experience even more rewarding, bring your whole family, a large group of friends or even a full office of coworkers. The more the merrier! Other shifts are available, but if we can get a group of at least 10 for December 14th, 2016. Just let myself or Michael Tapp know if you can make it.

12/14/2016	Pack toy bags with us	The Salvation Army Denver Red
Start: 4:00 PM	Your group reserved 10 spots	Shield
End: 6:00 PM	Remove this shift	2915 High Street
		Denver CO. 80205

If you have more time and would like to host a shift - you can choose a date <https://volunteer.usawest.org/OpportunityDetail.aspx?ID=1939>

Please let us know if you have questions!



US Capitol Christmas Tree

Some photos from when the US Capitol Christmas tree rolled through Denver





Hearts for Humanity Fundraiser

Heart for Humanity Fundraiser: 6:00 PM 2.11.2016

Denver Mile High Rotary Dinner and Silent Auction

We're excited about raising money for our projects here and abroad, and we want to have fun with it! DMHR wants to share our heart for humanity from our involvement in community projects in Denver to our global reach. Details for ticket sales, location and sponsorships will be sent soon, but for now we need you to do two things:

1. Save the date for February 11, 2017
2. Donate items for our silent auction.



Ideas include:

- Restaurant or store gift certificates
- Wine, Coffee or Tea Basket (ask for assistance or ideas for putting this together)
- Tickets to movies, theater, museums, concerts or games
- Spa/Nails/Massage gift certificates
- Days at a mountain home or vacation rental
- Signed books, artwork or sports memorabilia
- High quality homemade gifts like knit hats, blankets or gloves

We're looking for one or two high-value item that will be used to raise funds in an auction-like setting.

Please send a confirmation of a silent auction donation to Heidi, heidi.rr@gmail.com. She will send you details on the next steps.

We can't wait to share our hearts for humanity with the community!

WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT TO
SERVICE ABOVE SELF

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

Reminder! This week we will NOT be filling food bags at Bryant Webster Elementary School. There is another group of volunteers who asked for this date some time ago. With the Thanksgiving holiday we will have a two week break and return to Bryant Webster on Dec. 2.

December 14th - Pack toy bags from 4-6PM with the Salvation Army Denver Red Shield! 2915 High Street, Denver CO 80205. Contact Michael Tapp or Melanie Gentz to sign up!

December 15th - State of the State Mental Health Symposium—Hyatt Denver Tech Center

Save the Date!

December 11th - Denver Mile High Rotary Holiday Party 6-10PM
The Pinnacle Tower 1 Party room first floor; 2990 East 17th Ave, Denver 80206

January 7th - RI President's Dinner Denver Marriott South (10345 Park Meadows Drive, Lone Tree, CO 80124) 5:30—8:30PM

February 11th - Heart for Humanity Fundraiser

King Soopers Cards

Did you know the minute you load your King Soopers card our club gets a percentage of the money you add? You don't even need to spend it and our club gets a percentage! Use it for your daily coffee run. That's right, it's good at King Soopers' Starbucks too!

Sarah Hite has King Sooper's cards. It's an easy way to make money for our Club and make shopping easier for you! They also make great gifts.



SAVE THE DATE!

Thursday, December 15, 2016
Hyatt Regency DTC

ROTARY CLUB OF DENVER SOUTHEAST
AND DISTRICT 5450 PRESENT:

10th State of the State Luncheon Expo and Symposium

Rotary is supporting a Mental Health vision for our members, our community and our nation. In accordance, this year's 10th State of the State Luncheon will include a presentation by Dr. Geetha Jayaram whose lifetime work has been to improve mental health in our country. The annual state of the state address will be presented by Lieutenant Governor Donna Lynne.

Preceding the luncheon, there will be a Mental Well-Being Symposium and Expo:

Mental Well-Being Symposium: 9-11:20am

Mental Health & Wellness Expo: 11am – 11:55am

Lunch Registration: 11am-11:55am

Lunch Program: 12pm – 1:30pm

Mental Health Well-Being Symposium

Breakout Sessions

9:00 to 10:00 (choose one when registering)

Building Better Relationships----parents, peers,
and friends----“the art of peace”.

Rotarians and Mental Health Organizations Work-
ing Together: A dialogue between Rotarians
and Expo participants.... Best practices.

10:00 to 10:20 Break: Coffee and Water provided by
Mile High Behavioral Healthcare

10:20 to 11:20 (choose one when registering)

Rotarian’s Well-being: Balancing work, family
and community.... Is Rotary an Rx for Good
Mental Health?

Helping Others in a Mental Health Crisis: Three
experts on trauma, suicide and Crisis Services.

The Symposium is free and open to the public.
You do not have to register for the luncheon to
attend. Register at: [https://www.eventbrite.com/
e/rotary-district-5450-mental-well-being-
symposium-tickets-28713730541](https://www.eventbrite.com/e/rotary-district-5450-mental-well-being-symposium-tickets-28713730541)

For luncheon, register at:

[http://portal.clubrunner.ca/2193/Event/2016-state
-of-the-state-luncheon](http://portal.clubrunner.ca/2193/Event/2016-state-of-the-state-luncheon)

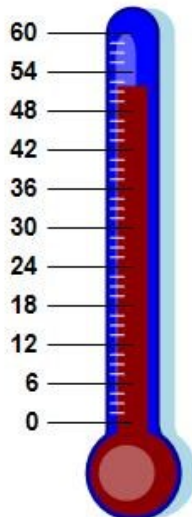
An Invitation from Rotary Five Points - 11/30

Final Wednesday Happy Hour, 6-7 pm, Blue Moon Brewing Company, 3750 Chestnut Pl, Denver, CO 80216

At the happy hour, we will be collecting unwrapped toys for the GrowHaus (www.thegrowhaus.org), for their Holiday Party and Toy Drive on December 10. GrowHaus is a nonprofit indoor farm, marketplace and educational center in Denver's Elyria-Swansea neighborhood. Last year they provided presents to 500 children, and with increased need they are targeting 600 children this year. We will be delivering the toys to them on December 7 (and our club is touring the GrowHaus on 11/16). Alternatively, we always welcome a used book that the kids (0-18) can pick out at our monthly Shots-for-Tots clinic.

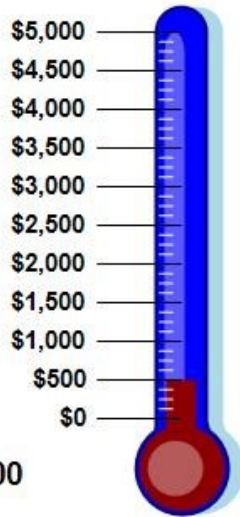
And if you're in a rush - just bring yourself and celebrate the holidays with us!

Membership



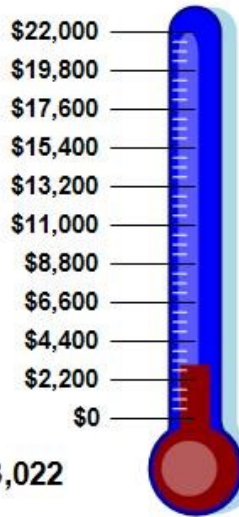
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Polio Plus



\$500

Denver Mile High Four



\$3,022

Rotary International



\$2,076