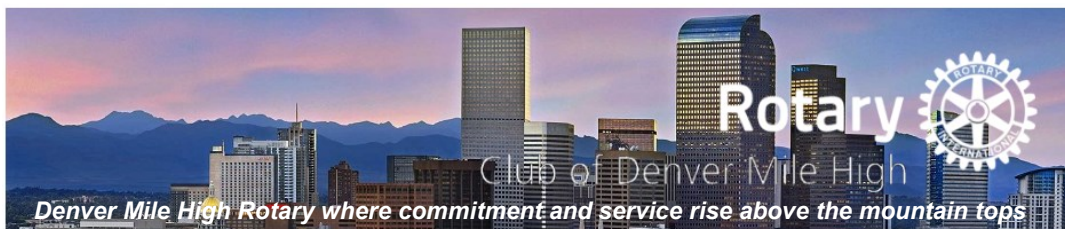




Denver Mile High  
**Rotary**  
Club



## President's Column:

November 29, 2016

### High Rotary on the Web:

[www.denvermilehigh.org](http://www.denvermilehigh.org)

[Denver Mile High Rotary on Facebook](#)

[Denver Mile High Rotary on LinkedIn](#)

[Rotary District 5450 Website](#)

[Rotary International Website](#)

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Hope everyone had a wonderful Thanksgiving! Possibly you went out for Black Friday and did some shopping, or hit the computer sales for Cyber Monday, but did you know TODAY is actually #GivingTuesday! While you are on your computer you have the opportunity to give your favorite Charity. If the Denver Mile High Rotary is one of them (well of course it is) - you can donate right on line on our site = [CLICK HERE - http://denvermilehigh.org/Page/support-the-foundation](http://denvermilehigh.org/Page/support-the-foundation)

We are back at it tomorrow after a nice break from Rotary – We will be hosting Kara Lapso from ShelterBox USA. We also have donations to give her to support a Shelter Box. I have checks from the Denver Cherry Creek Rotary and the Denver 31 Club as we collaborate together to make a difference. I know the other two clubs are donating as well!

If you don't have plans Wed. night, join the 5 Points Rotary in their monthly Happy Hour at Blue Moon Brewery. Bring a toy and support their cause. More details in

the newsletter.

As you saw from Greg Thielen there will not be a food bag session at Bryant Elementary this week. – the 2<sup>nd</sup> and the 16<sup>th</sup>.

Thanks to those who have signed up to volunteer sorting toys through the Salvation Army on the 14<sup>th</sup>. Sounds like we will have a great group!

Don't forget to save the date for the Denver Mile High Holiday Party on the 11<sup>th</sup> of December it will be a wonderful way to celebrate and enjoy each others company. Should be a wonderful night.

Also, as Heidi announced at the last meeting we are planning to host a fundraiser for the Denver Mile High Rotary Club – Heart for Humanity. This money raised will come back to the Denver Mile High Rotary Foundation. This is an opportunity to invite Friends and Family to attend – there will be dinner and a Silent Auction! We need you help with silent auction items, we will be seeking out sponsors for this event as

well as for the Denver Mile High Rotary Club. Please contact Heidi, we will need members to get involved in many ways. There is more information in the newsletter.

Thanks for everything, in gratitude, see you tomorrow,

Melanie  
President  
Denver Mile High



## Denver Mile High Rotary Upcoming Programs

**November 30<sup>th</sup>** - Kara Lapso Kara Lapso will speak about Shelter Box - We know of the disaster of Haiti from Hurricane Matthew, but an earthquake hit Ecuador in April of 2016 and some other current active deployments include Chile, Nepal, Malawi for flooding and many others. Each Box costs about \$1,000. ShelterBox aid is tailored to a disaster but typically includes a disaster relief tent for a family, thermal blankets and ground-sheets, water storage and purification equipment, solar lamps, cooking utensils, a basic tool kit, mosquito nets and children's activity pack.

**December 7<sup>th</sup>** - We welcome our very own District Governor - Bill Downes! Bill will update us about what is going on in our Rotary District as well as Rotary in the United States and Globally.

**December 14<sup>th</sup>** - Kent Drotar will be speaking to the club about the Wild Animal Sanctuary.

### November Birthdays



**17th—Chuck Rudolph**  
**23rd—Diane Messamore**  
**26th—Carolyn Schrader**

Denver Mile High  
**Rotary**  
 Club





## Weekly Inspirators, Greeters & Hosts

### November 30th

**Inspiration - Greg Smith**

**Greeters - Betty Speir and Robin Springer**

**Host - Jeff Sprole**

**Rotary Minute - Michael Tapp**

### December 7th

**Inspiration - Bart Schaffer**

**Greeters - Ronnie Weiss and Sara Schaffer**

**Host - Carolyn Schrader**

**Vocational - Tom Giordano**

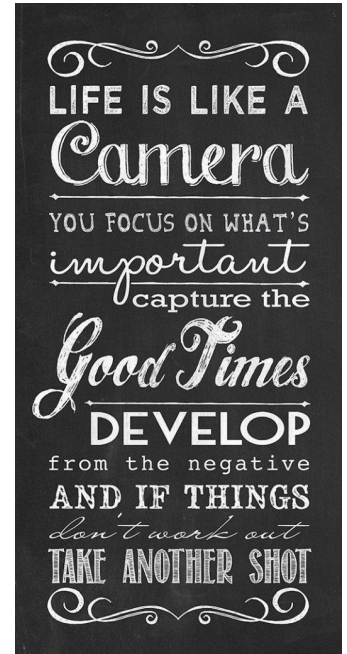
### December 14th

**Inspiration - Linda Sue Shirkey**

**Greeters - Kevin LeVezu and Roberta Simonton**

**Host - Vass Sirpolaidis**

**Vocational - Kurt Bartley**



Denver Mile High  
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## Rotary Holiday Party

Rotary Holiday Party  
 Dec 11th, 6-10 pm, Hosts: Bart & Sara Schaffer  
 The Pinnacle Tower 1 Party room first floor  
 2990 East 17th Ave, Denver 80206  
 Bring a side dish or dessert, turkey ham and drinks provided

## Local Community Service

**REMINDER: Denver Rescue Mission Holiday Adopt-a-Family Program—We still have 4 members of the Abdullah family who are in need of a sponsor to buy Holiday gifts this year. If you have not already done so, please contact Michael Tapp at your earliest convenience to participate in this valuable project. Michael can be reached at 303-863-5210 or by e-mail at [michael.tapp@wellsfargo.com](mailto:michael.tapp@wellsfargo.com).**

In addition to the Sponsor a Family program we have a hands on Volunteer Opportunity for you. We have committed 10 spots to volunteer at the Salvation Army to sort toys. This is a wonderful time of year to be hands on and working with the community.

Come help us provide Christmas to over 1,000 families in Denver this season by picking unique toys for individuals and packing them into family bags. These bags will fill up an entire gymnasium that turns into something more like the North Pole. This is one of the most rewarding volunteer opportunities we offer. To make the experience even more rewarding, bring your whole family, a large group of friends or even a full office of coworkers. The more the merrier!

Other shifts are available, but if we can get a group of at least 10 for December 14th, 2016. Just let Michael Tapp know if you can make it.

12/14/2016	Pack toy bags with us	The Salvation Army
Start: 4:00 PM	<a href="#">Your group reserved 10</a>	Denver Red Shield
End: 6:00 PM	<a href="#">spots</a>	2915 High Street
	<a href="#">Remove this shift</a>	Denver CO. 80205

If you have more time and would like to host a shift - you can choose a date <https://volunteer.usawest.org/OpportunityDetail.aspx?ID=1939>

Please let us know if you have questions!



## Hearts for Humanity Fundraiser

**Heart for Humanity Fundraiser: 6:00 PM 2.11.2016**

*Denver Mile High Rotary Dinner and Silent Auction*

We're excited about raising money for our projects here and abroad, and we want to have fun with it! DMHR wants to share our heart for humanity from our involvement in community projects in Denver to our global reach. Details for ticket sales, location and sponsorships will be sent soon, but for now we need you to do two things:

1. Save the date for February 11, 2017
2. Donate items for our silent auction.



*Ideas include:*

- Restaurant or store gift certificates
- Wine, Coffee or Tea Basket (ask for assistance or ideas for putting this together)
- Tickets to movies, theater, museums, concerts or games
- Spa/Nails/Massage gift certificates
- Days at a mountain home or vacation rental
- Signed books, artwork or sports memorabilia
- High quality homemade gifts like knit hats, blankets or gloves

We're looking for one or two high-value item that will be used to raise funds in an auction-like setting.

Please send a confirmation of a silent auction donation to Heidi, [heidi.rr@gmail.com](mailto:heidi.rr@gmail.com). She will send you details on the next steps.

We can't wait to share our hearts for humanity with the community!

WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS  
BELIEVE IT STARTS WITH A COMMITMENT TO  
**SERVICE ABOVE SELF**

## Continental Breakfast

The continental breakfast will be served every 2<sup>nd</sup> Wednesday of the month.

### Denver Mile High Rotary Calendar

**Reminder!** This week (Dec 2) and the December 16 we will NOT be filling food bags at Bryant Webster Elementary School. Several organizations have been asking to participate with 15-20 people - with our team that would be too many people. After this year end push we will likely be there each week. We WILL be at Bryant Webster on Dec. 9.

**December 14th** - Pack toy bags from 4-6PM with the Salvation Army Denver Red Shield! 2915 High Street, Denver CO 80205. Contact Michael Tapp or Melanie Gentz to sign up!

**December 15th** - State of the State Mental Health Symposium—Hyatt Denver Tech Center

### Save the Date!

**December 11th** - Denver Mile High Rotary Holiday Party 6-10PM  
The Pinnacle Tower 1 Party room first floor; 2990 East 17th Ave, Denver 80206

**January 7th** - RI President's Dinner Denver Marriott South (10345 Park Meadows Drive, Lone Tree, CO 80124) 5:30—8:30PM

**February 11th** - Heart for Humanity Fundraiser

### King Soopers Cards

Did you know the minute you load your King Soopers card our club gets a percentage of the money you add? You don't even need to spend it and our club gets a percentage! Use it for your daily coffee run. That's right, it's good at King Soopers' Starbucks too!

Sarah Hite has King Sooper's cards. It's an easy way to make money for our Club and make shopping easier for you! They also make great gifts.



# SAVE THE DATE!

Thursday, December 15, 2016  
Hyatt Regency DTC

ROTARY CLUB OF DENVER SOUTHEAST  
AND DISTRICT 5450 PRESENT:

## 10th State of the State Luncheon Expo and Symposium

Rotary is supporting a Mental Health vision for our members, our community and our nation. In accordance, this year's 10<sup>th</sup> State of the State Luncheon will include a presentation by Dr. Geetha Jayaram whose lifetime work has been to improve mental health in our country. The annual state of the state address will be presented by Lieutenant Governor Donna Lynne.

Preceding the luncheon, there will be a Mental Well-Being Symposium and Expo:

Mental Well-Being Symposium: 9-11:20am

Mental Health & Wellness Expo: 11am – 11:55am

Lunch Registration: 11am-11:55am

Lunch Program: 12pm – 1:30pm

## Mental Health Well-Being Symposium

### Breakout Sessions

9:00 to 10:00 (choose one when registering)

Building Better Relationships----parents, peers, and friends----  
“the art of peace”.

Rotarians and Mental Health Organizations Working Together:  
A dialogue between Rotarians and Expo participants....  
Best practices.

10:00 to 10:20 Break: Coffee and Water provided by Mile High Be-  
havioral Healthcare

10:20 to 11:20 (choose one when registering)

Rotarian’s Well-being: Balancing work, family and communi-  
ty.... Is Rotary an Rx for Good Mental Health?

Helping Others in a Mental Health Crisis: Three experts on  
trauma, suicide and Crisis Services.

The Symposium is free and open to the public.  
You do not have to register for the luncheon to  
attend. Register at: [https://www.eventbrite.com/  
e/rotary-district-5450-mental-well-being-  
symposium-tickets-28713730541](https://www.eventbrite.com/e/rotary-district-5450-mental-well-being-symposium-tickets-28713730541)

For luncheon, register at:

[http://portal.clubrunner.ca/2193/Event/2016-state  
-of-the-state-luncheon](http://portal.clubrunner.ca/2193/Event/2016-state-of-the-state-luncheon)

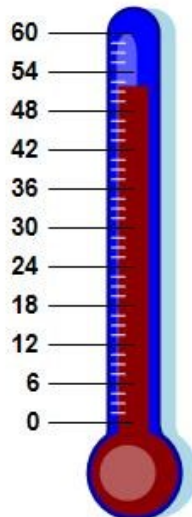
## An Invitation from Rotary Five Points - 11/30

**Final Wednesday Happy Hour**, 6-7 pm, Blue Moon Brewing Company, 3750 Chestnut Pl, Denver, CO 80216

At the happy hour, we will be collecting unwrapped toys for the GrowHaus ([www.thegrowhaus.org](http://www.thegrowhaus.org)), for their Holiday Party and Toy Drive on December 10. GrowHaus is a nonprofit indoor farm, marketplace and educational center in Denver's Elyria-Swansea neighborhood. Last year they provided presents to 500 children, and with increased need they are targeting 600 children this year. We will be delivering the toys to them on December 7 (and our club is touring the GrowHaus on 11/16). Alternatively, we always welcome a used book that the kids (0-18) can pick out at our monthly Shots-for-Tots clinic.

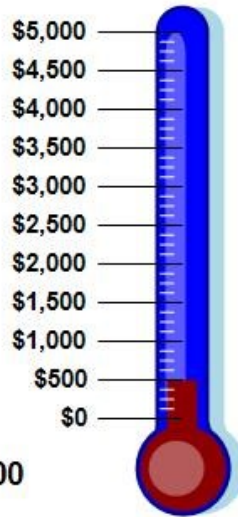
And if you're in a rush - just bring yourself and celebrate the holidays with us!

**Membership**



52

**Polio Plus**



\$500

**Denver Mile High Four**



\$3,022

**Rotary International**



\$2,076