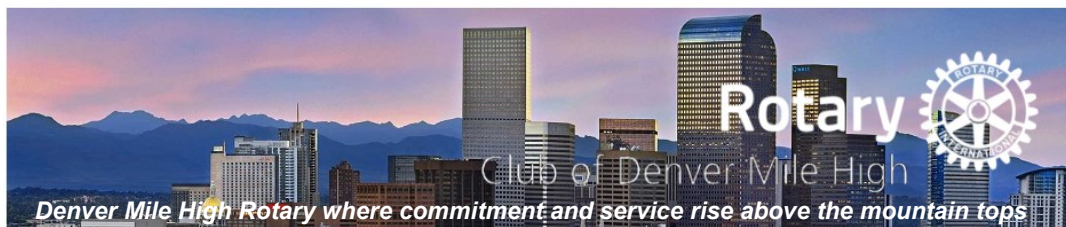




Denver Mile High
Rotary
Club



President's Column:

November 8, 2016

High Rotary on the Web:

www.denvermilehigh.org

[Denver Mile High Rotary on Facebook](#)

[Denver Mile High Rotary on LinkedIn](#)

[Rotary District 5450 Website](#)

[Rotary International Website](#)

Inside this issue:

Upcoming Programs	2
Inspirators, Greeters, Hosts	3
Passport Party Pictures	4-5
Calendar & Updates	6
State Luncheon	7
Mental Health Symposium	8
Rotary Five Points Happy Hour	9

Happy Election Day! I am sure I do not need to say it, but get out and Vote!

Here we are already into November and the clocks have turned back and onto the next season and a shift in our counties leadership. As we all brace the results.

It is great to be back, I want to say Thank You to Adams for filling in for me at the meeting and Chuck for doing so much to organize the museum and happy hour visit!

I heard the Tour of the American Museum of Western Art was excellent! As Chucck states—

The tour is an excellent exposure to the history of western art. It is an audio tour that takes you into small galleries of 5 - 10 paintings of a subject and time. It starts with the early illustrators like Remington and Russell and eventually to George Okeefe and living artists. There were 37 in our group and about 20 went on to Bayou Bob's for snacks and beverages. Hope everyone had a wonderful time!

It was great to see everyone at the Passport Party and sharing stories of wild and crazy and favorite travels of the past. Having the chance to compare passports and stamps, visas. Having the opportunity to learn about members in a

unique way of a common interest we all share. Thank you Carolyn Nobel and Jim for hosting, it was a wonderful time.

Onto volunteering— November 11th is a time you can volunteer for Food for Thought at Bryant Elementary - currently looks like two people have signed up - so if you are available, please do sign up - [CLICK HERE](#).

As I mentioned a few weeks ago, registration is now open for the Presidents Dinner on the 7th of January. Please register individually and let me know when you do, so I can have an idea of how many people will plan to be there. [CLICK HERE](#) to find out more about how to register. This is also a fundraiser for Polio Plus - we have set a goal for \$5,000 from our club, we are currently at \$500 (according to My Rotary, on the RI Website) - Maybe between now and this dinner we can do a big push from our club to come closer to meeting our goal! Please share ideas.

We have been invited by the Five Points Rotary Club to their happy hour on November 30th at the Blue Moon Brewery. Happy Hour will be from 6p - 7p and they will be

collecting tour for the Grow-haus who does a toy drive and holiday party for families every year. Feel free to join in the fun and bring a toy. Blue Moon Brewery is located at 3750 Chestnut Pl. Denver, CO 80216.

One more special event in Rotary— **10th Annual State of the State Luncheon** **December 15 | Hyatt Regency DTC**

Mental Well-Being Symposium: 9 - 11:15 am
Mental Health & Wellness Expo: 11 - 11:55 am
Lunch Program: 12 - 1:30 pm

[**CLICK HERE TO REGISTER NOW!**](#)

Have a wonderful day and week. See you tomorrow, and again, Happy Election Day!

Melanie



Denver Mile High Rotary Upcoming Programs

November 9th - W. Bart Berger, Denver Mountain Parks Foundation. Few know of Denver's Mountain Park system, much less its scope or its importance. In fact, a significant part of Denver's early vision was a Mountain Park system. Mr. Berger will discuss the Foundation's efforts to assist in the oversight of the Mountain Parks, its resource challenges, and its importance to Denver's residents.

November 16th - Kristin Henning from Soldiers' Angels will join us in celebration of Veteran's Day. Soldiers' Angels provides aid and comfort to the men and women of the United States Army, Marines, Navy, Air Force, Coast Guard, their families, and a growing veteran population. Thousands of Soldiers' Angels "Angel" volunteers assist veterans, wounded, deployed personnel, and their families in a variety of unique and effective ways.

November 23rd - No meeting - Week of Thanksgiving.

November Birthdays



17th—Chuck Rudolph
23rd—Diane Messamore
26th—Carolyn Schrader

Denver Mile High
Rotary
 Club





Weekly Inspirators, Greeters & Hosts

November 9th

Inspiration - Constance Mortell

Greeters - Diane Messamore and Bob Kemp

Host - Carolyn Nobel

Vocational - Tom Giordano

November 16th

Inspiration - Alex Orkow

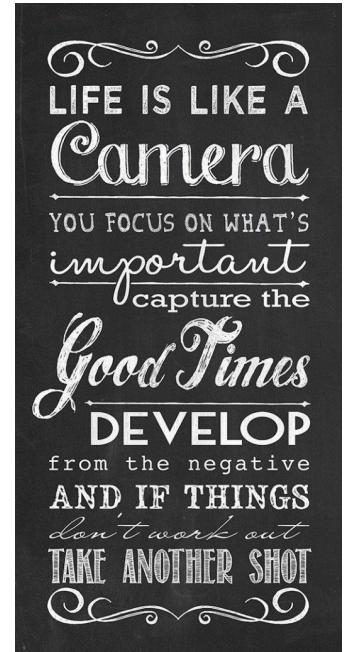
Greeters - Karl Paulson and Adams Price

Host - Heidi Resetarits

Rotary Minute - Chuck Rudolph

November 23rd

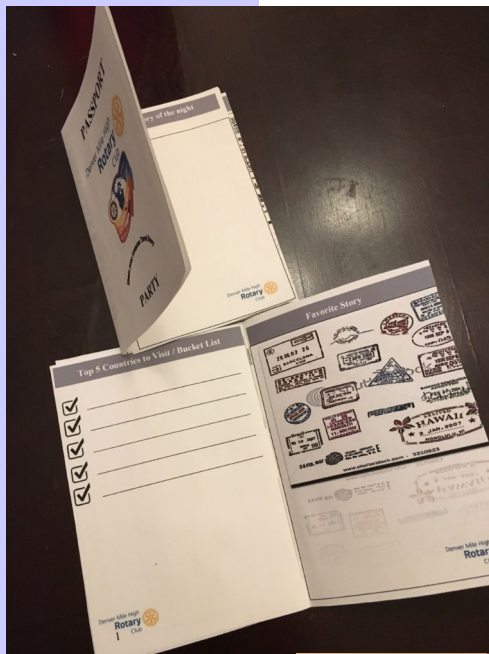
No Meeting - Week of Thanksgiving



Denver Mile High
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Passport Party Pictures





WHAT WOULD IT TAKE TO **CHANGE THE WORLD?**

ROTARY'S 1.2 MILLION MEMBERS
BELIEVE IT STARTS WITH A COMMITMENT TO
SERVICE ABOVE SELF

Continental Breakfast

The continental breakfast will be served every 2nd Wednesday of the month.

Denver Mile High Rotary Calendar

November 10th - Bryant Elementary Food Bag Program/Food for Thought

December 15th - State of the State Mental Health Symposium—Hyatt Denver Tech Center

Save the Date!

December 11th - Denver Mile High Rotary Holiday Party

January 7th - RI President's Dinner Denver Marriott South (10345 Park Meadows Drive, Lone Tree, CO 80124) 5:30—8:30PM

King Soopers Cards

Did you know the minute you load your King Soopers card our club gets a percentage of the money you add? You don't even need to spend it and our club gets a percentage! Use it for your daily coffee run. That's right, it's good at King Soopers' Starbucks too!

Sarah Hite has King Sooper's cards. It's an easy way to make money for our Club and make shopping easier for you! They also make great gifts.



SAVE THE DATE!

Thursday, December 15, 2016
Hyatt Regency DTC

ROTARY CLUB OF DENVER SOUTHEAST
AND DISTRICT 5450 PRESENT:

10th State of the State Luncheon Expo and Symposium

Rotary is supporting a Mental Health vision for our members, our community and our nation. In accordance, this year's 10th State of the State Luncheon will include a presentation by Dr. Geetha Jayaram whose lifetime work has been to improve mental health in our country. The annual state of the state address will be presented by Lieutenant Governor Donna Lynne.

Preceding the luncheon, there will be a Mental Well-Being Symposium and Expo:

Mental Well-Being Symposium: 9-11:20am

Mental Health & Wellness Expo: 11am – 11:55am

Lunch Registration: 11am-11:55am

Lunch Program: 12pm – 1:30pm

Mental Health Well-Being Symposium

Breakout Sessions

9:00 to 10:00 (choose one when registering)

Building Better Relationships----parents, peers,
and friends----“the art of peace”.

Rotarians and Mental Health Organizations Work-
ing Together: A dialogue between Rotarians
and Expo participants.... Best practices.

10:00 to 10:20 Break: Coffee and Water provided by
Mile High Behavioral Healthcare

10:20 to 11:20 (choose one when registering)

Rotarian’s Well-being: Balancing work, family
and community.... Is Rotary an Rx for Good
Mental Health?

Helping Others in a Mental Health Crisis: Three
experts on trauma, suicide and Crisis Services.

The Symposium is free and open to the public.
You do not have to register for the luncheon to
attend. Register at: [https://www.eventbrite.com/
e/rotary-district-5450-mental-well-being-
symposium-tickets-28713730541](https://www.eventbrite.com/e/rotary-district-5450-mental-well-being-symposium-tickets-28713730541)

For luncheon, register at:

[http://portal.clubrunner.ca/2193/Event/2016-state
-of-the-state-luncheon](http://portal.clubrunner.ca/2193/Event/2016-state-of-the-state-luncheon)

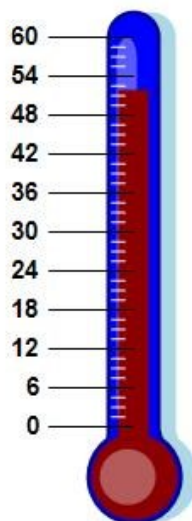
An Invitation from Rotary Five Points - 11/30

Final Wednesday Happy Hour, 6-7 pm, Blue Moon Brewing Company, 3750 Chestnut Pl, Denver, CO 80216

At the happy hour, we will be collecting unwrapped toys for the GrowHaus (www.thegrowhaus.org), for their Holiday Party and Toy Drive on December 10. GrowHaus is a nonprofit indoor farm, marketplace and educational center in Denver's Elyria-Swansea neighborhood. Last year they provided presents to 500 children, and with increased need they are targeting 600 children this year. We will be delivering the toys to them on December 7 (and our club is touring the GrowHaus on 11/16). Alternatively, we always welcome a used book that the kids (0-18) can pick out at our monthly Shots-for-Tots clinic.

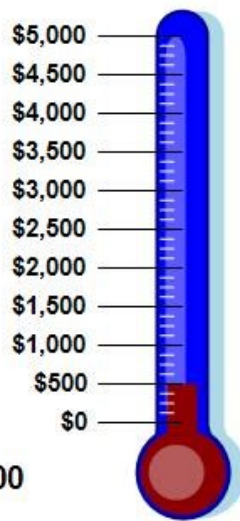
And if you're in a rush - just bring yourself and celebrate the holidays with us!

Membership



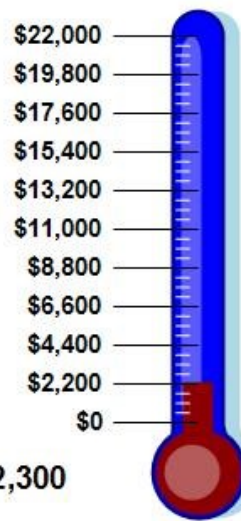
52

Polio Plus



\$500

DMHR Foundation



\$2,300

Rotary International



\$2,026